



ALL-ACADEMIC RELEASE

MARCH 28, 2024

www.NorthernSun.org



Nick Kornder • Asst. Commissioner for Media Relations • 2999 County Road 42 West • Burnsville, Minn. 55306 • P: 651.288.4017 • Kornder@northernsun.org

2023-24 NSIC Winter All-Academic Teams Announced

BURNSVILLE, Minn. — The Northern Sun Intercollegiate Conference announced that 759 student-athletes have earned NSIC All-Academic honors for the 2023-24 winter athletic season; 455 student-athletes were named to the NSIC All-Academic Team of Excellence, while 304 earned NSIC All-Academic Team honors.

To be eligible for the NSIC All-Academic Team of Excellence, a student-athlete must have a 3.60 cumulative GPA or higher, while NSIC All-Academic Team members must have a 3.20 cumulative GPA or higher.

Additionally, the student-athlete must be a member of the varsity traveling team, have reached sophomore athletic and academic standing at her/his institution (true freshmen, red-shirt freshmen and ineligible athletic transfers are not eligible) and must have completed at least one full academic year at that institution.

Last Updated 6/13/24 - 2:00 p.m.

*All-Academic Team of Excellence Members

MEN'S BASKETBALL (63/*30)

*Brady Helgren	So.	Augustana	Edina, Minn.
*Isaac Fink	Sr.	Augustana	Springfield, Minn.
*Brayden Williams	So.	Bemidji State	Owatonna, Minn.
Johnathon Sutherland	Sr.	Bemidji State	Grand Rapids, Minn.
Johnny Tennyson	So.	Bemidji State	St. Michael, Minn.
Dalton Albrecht	Gr.	Bemidji State	Grafton, N.D.
Daniel Ijadimbola	So.	Bemidji State	Brooklyn Park, Minn.
Colton Roderick	Jr.	Bemidji State	Alexandria, Minn.
*John Grigsby	Jr.	Concordia-St. Paul	Louisville, Colo.
Cal Greene	So.	Concordia-St. Paul	Mahtomedi, Minn.
Gunner Swanson	Jr.	University of Mary	Bismarck, N.D.
Liam Dougherty	Jr.	University of Mary	River Falls, Wis.
Marquel Saleek	So.	University of Mary	Villa Park, Ill.
*Isaiah Bundy-Smith	So.	Minnesota Crookston	Rugby, N.D.
Pedro Rossi	Jr.	Minnesota Crookston	Bahia Blanca, Argentina
*Jack Middleton	Gr.	Minnesota Duluth	Edina, Minn.
*Austin Andrews	Sr.	Minnesota Duluth	Eden Prairie, Minn.
*Lincoln Meister	Sr.	Minnesota Duluth	Rochester, Minn.
Matthew Thompson	Jr.	Minnesota Duluth	Duluth, Minn.
Noah Paulson	Jr.	Minnesota Duluth	Duluth, Minn.
*Harrison Braudis	Jr.	Minnesota State	Overland Park, Kan.
Dawson Rudolph	So.	Minnesota State	Brooklyn Park, Minn.
Mason Muller	Jr.	Minnesota State	Petersburg, Ill.
Brady Williams	Jr.	Minnesota State	Eyota, Minn.
Malcolm Jones	So.	Minnesota State	Prior Lake, Minn.
Chase Bartlett	So.	Minnesota State	Pleasant Hill, Iowa
*Jacob Beeninga	Jr.	MSU Moorhead	Maple Grove, Minn.
*Gabe Myren	Jr.	MSU Moorhead	Blaine, Minn.
*Owen Hektner	So.	MSU Moorhead	Fargo, N.D.
*Eddie Beeninga	So.	MSU Moorhead	Maple Grove, Minn.
*Logan Kinsey	So.	MSU Moorhead	Blaine, Minn.
Dane Zimmer	Sr.	MSU Moorhead	Hopkins, Minn.
*Jaxon Gunville	Sr.	Minot State	Minot, N.D.
*Caleb Van De Griend	So.	Minot State	Bridgetown, Australia
*Benjamin Bohl	5th	Minot State	Minot, N.D.
Quincy Minor Jr.	Gr.	Minot State	Milwaukee, Wis.
Dylan Gichaba	Jr.	Minot State	Brooklyn Park, Minn.
*Josh Dilling	Jr.	Northern State	Oshkosh, Wis.
*Treyson Longstreet	Jr.	Northern State	Waverly, Minn.
Jackson Moni	Jr.	Northern State	Fargo, N.D.
*Jack Thompson	Gr.	Sioux Falls	Eagan, Minn.
*Ian Clewley	So.	Sioux Falls	Custer, S.D.
*Jack Cartwright	R-Jr.	Sioux Falls	Sioux Falls, S.D.
*Kenji Scales	So.	Sioux Falls	Richfield, Minn.
Noah Puetz	Sr.	Sioux Falls	Marshall, Minn.
Kyle Ingwersen	So.	Sioux Falls	Omaha, Neb.
*Dunwa Omot	Jr.	SMSU	Mankato, Minn.
Mason Lund	So.	SMSU	Sartell, Minn.
*Luke Taylor	Gr.	St. Cloud State	Germantown, Wis.
*Andre Renta	So.	St. Cloud State	Hudson, Wis.

MEN'S BASKETBALL (CONT)

*Matthew Willert	Sr.	St. Cloud State	Buffalo, Minn.
Joseph Mutimer	Sr.	St. Cloud State	Melbourne, Australia
Tony Dahl	Sr.	St. Cloud State	Buffalo, Minn.
*Cody McCullough	Jr.	Wayne State	Ankeny, Iowa
David Harmon	So.	Wayne State	Omaha, Neb.
Sean Stokes	Jr.	Wayne State	Bensalem, Pa.
Noah Erickson	Jr.	Wayne State	Omaha, Neb.
Alec Millender	Jr.	Wayne State	Chicago, Ill.
*Connor Dillon	Sr.	Winona State	Peoria, Ill.
*Carson Arenz	Sr.	Winona State	Onalaska, Wis.
Tyler Borowski	So.	Winona State	Appleton, Wis.
Connor Drew	Jr.	Winona State	Huxley, Iowa
Carter Lomas	Sr.	Winona State	Wauzeka, Wis.

WOMEN'S BASKETBALL (119/*85)

*Jennifer Aadland	Jr.	Augustana	Laramie, Wyo.
*Michaela Jewett	Sr.	Augustana	Brookings, S.D.
*Johanna Miller	Jr.	Augustana	Brookings, S.D.
*Aby Phipps	Jr.	Augustana	Sioux Falls, S.D.
Lauren Sees	Sr.	Augustana	Avon, S.D.
Katie Leisen	So.	Augustana	Eden Prairie, Minn.
Izzy Moore	So.	Augustana	Sioux Falls, S.D.
*Alyssa Hill	So.	Bemidji State	Negaunee, Mich.
*Rachel Koenig	So.	Bemidji State	Nodine, Minn.
*Sydney White	Sr.	Bemidji State	Andover, Minn.
*Erin Barrette	Jr.	Bemidji State	Menominee, Mich.
*Amme Sheffergen	Sr.	Bemidji State	St. Francis, Minn.
*Samantha Pogatchnik	Sr.	Bemidji State	Proctor, Minn.
*Alayna Suprenand	Jr.	Bemidji State	Fond du Lac, Wis.
Ella Giorgi	Jr.	Bemidji State	Coon Rapids, Minn.
*Jalyn Shaw	Sr.	Concordia-St. Paul	Herriman, Utah
*Leah Dengerud	So.	Concordia-St. Paul	Lino Lakes, Minn.
*Ella Campbell	So.	Concordia-St. Paul	Edina, Minn.
*Ally Gietzel	Sr.	Concordia-St. Paul	Fond du Lac, Wis.
*Lauren Feddema	So.	Concordia-St. Paul	Buffalo, Minn.
*Megan Gamble	Jr.	Concordia-St. Paul	Clear Lake, Minn.
*Raegen Alexander	So.	Concordia-St. Paul	St. Louis Park, Minn.
Lindsey Becher	Jr.	Concordia-St. Paul	Shoreview, Minn.
*Ryleigh Wacha	Jr.	University of Mary	Fargo, N.D.
*Cassie Erickson	So.	University of Mary	Grafton, N.D.
*Cadee Ryckman	Sr.	University of Mary	Bismarck, N.D.
*Addison Rozell	Jr.	University of Mary	Redfield, S.D.
*Lexie Schneider	Gr.	University of Mary	Appleton, Wis.
Megan Zander	Sr.	University of Mary	Mandan, N.D.
Moriku Hakim	Jr.	University of Mary	Fargo, N.D.
Ellie Hasz	Jr.	University of Mary	Pine City, Minn.
*Natalie Mikrot	So.	Minnesota Crookston	Willow River, Minn.
*Janie Tormanen	So.	Minnesota Crookston	Menahga, Minn.
*Lily Orazem	Jr.	Minnesota Crookston	Onamia, Minn.
Taryn Frazer	So.	Minnesota Crookston	Cass Lake, Minn.
*Madelyn Granica	Gr.	Minnesota Duluth	Amery, Wis.
*Ella Gilbertson	Sr.	Minnesota Duluth	Lake Zurich, Ill.
*Myra Moorjani	So.	Minnesota Duluth	Eden Prairie, Minn.
*Helen Chen	So.	Minnesota Duluth	Menomonie, Wis.
*Abby Johnson	Sr.	Minnesota Duluth	Eden Prairie, Minn.
Taya Hakamaki	Sr.	Minnesota Duluth	Cromwell, Minn.
Taytum Rhoades	Sr.	Minnesota Duluth	St. Paul, Minn.
Haley Hawkinson	Jr.	Minnesota Duluth	Hibbing, Minn.
Augusta Boyer	Sr.	Minnesota Duluth	Waseca, Minn.
*Joey Batt	Sr.	Minnesota State	New Ulm, Minn.
*Delanyne Luneckas	So.	Minnesota State	Iowa City, Iowa
*Mackenzie Schweim	So.	Minnesota State	Mankato, Minn.
*Desiree Kleiman	Jr.	Minnesota State	Maribel, Wis.
*Ava Stier	So.	Minnesota State	Waconia, Minn.
Emily Herzberg	Sr.	Minnesota State	Melrose, Wis.



2023-24 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S BASKETBALL (CONT)

Bailey Conrad	Jr..	Minnesota State	Tea, S.D.
Grace Mueller	Sr.	Minnesota State	Mequon, Wis.
Natalie Bremer	So.	Minnesota State	Lake City, Minn.
Destinee Bursch	Jr.	Minnesota State	Chaska, Minn.
Emily Russo	Jr.	Minnesota State	New Prague, Minn.
Taylor Theusch	Sr.	Minnesota State	Fountain City, Wis.
Hannah Herzig	So.	Minnesota State	Lino Lakes, Minn.
*Natalie Jens	Jr.	MSU Moorhead	Beaver Dam, Wis.
*Sarah Kingland	Sr.	MSU Moorhead	Owatonna, Minn.
*Olivia Skibiel	Sr.	MSU Moorhead	Snohomish, Wash.
*Tori Ratz	So.	MSU Moorhead	Fergus Falls, Minn.
*Teryn Johnson	So.	MSU Moorhead	Kindred, N.D.
Kaila Youngs	So.	MSU Moorhead	Independence, Minn.
*Vilborg Jonsdottir	So.	Minot State	Njardvik, Iceland
*Jaime Skeggs	So.	Minot State	Mandurah, Western Australia
*Emma Mogen	Jr.	Minot State	Watford City, N.D.
Emily Srejma	So.	Minot State	Fargo, N.D.
*Morgan Fiedler	So.	Northern State	Aberdeen, S.D.
*Halle Heinz	Jr.	Northern State	Ipswich, S.D.
*Alayna Benike	Jr.	Northern State	Castlewood, S.D.
*Olivia Hanson	So.	Northern State	Aberdeen, S.D.
Abigail Holmes	Sr.	Northern State	Algona, Iowa
*Camryn Krogman	Jr.	Sioux Falls	Mitchell, S.D.
*Cassidy Siemonsma	Sr.	Sioux Falls	Humboldt, S.D.
*Madison Wuebben	Gr.	Sioux Falls	Yankton, S.D.
*JeMae Nichols	Sr.	Sioux Falls	Cherokee, Iowa
Megan Fannin	Sr.	Sioux Falls	Watertown, S.D.
Riley Moreland	Jr.	Sioux Falls	Monona, Iowa
Sidney Swanson	Sr.	Sioux Falls	West Point, Neb.
*Peyton Blandin	Jr.	SMSU	Farmington, Minn.
*Kennadi Buchholz	So.	SMSU	De Smet, S.D.
*Zoie Centers	So.	SMSU	Hugo, Minn.
*Madison Gehloff	Sr.	SMSU	Waseca, Minn.
*Sam Wall	Sr.	SMSU	Delhi, Iowa
*Hannah Parsley	Sr.	SMSU	Flandreau, S.D.
*Sarah Conlon	Sr.	SMSU	St. Peter, Minn.
*Bri Stoltzman	Jr.	SMSU	Mankato, Minn.
Maddie Thorfinnson	So.	SMSU	Glenwood, Minn.
Audrey Swanson	So.	SMSU	Waconia, Minn.
*Morgan Draheim	Sr.	St. Cloud State	Hortonville, Wis.
*Jada Eggebrecht	So.	St. Cloud State	Phillips, Wis.
*Kora Forsline	So.	St. Cloud State	Aurora, Minn.
*Dru Henning	Sr.	St. Cloud State	Mukwonago, Wis.
*Madelyn Herkenhoff	So.	St. Cloud State	Albany, Minn.
*Jasmine Litt	Sr.	St. Cloud State	Pulaski, Wis.
*Victoria Peschel	Sr.	St. Cloud State	Sauk Centre, Minn.
*Ashley Sawicki	So.	St. Cloud State	Waunakee, Wis.
*Alyssa Stamer	So.	St. Cloud State	Hutchinson, Minn.
*Makenna Vanzant	Sr.	St. Cloud State	Farmington, Ark.
*Delaney Clark	Jr.	Wayne State	Appleton, Wis.
*Tate Norblade	Jr.	Wayne State	Papillion, Neb.
*Abby Kopecky	Jr.	Wayne State	Aberdeen, S.D.
*Rachel Dahlen	So.	Wayne State	Devils Lake, N.D.
*Kylah vanDonkersgoed	So.	Wayne State	Sioux Falls, S.D.
*Meg Rietz	So.	Wayne State	Huxley, Iowa
*Maya Fitzpatrick	Jr.	Wayne State	Brooklyn Park, Minn.
*Annie Guentzel	Sr.	Wayne State	Lakeville, Minn.
*Paige Peaslee	So.	Winona State	North Branch, Minn.
*Mattie Schimenz	Sr.	Winona State	Milwaukee, Wis.
*Kaitlyn Schrimpf	Sr.	Winona State	Oregon, Wis.
*Stephanie Dasbach	Jr.	Winona State	Lombard, Ill.
*Hailey Markworth	So.	Winona State	LaGrange, Ill.
*Emma Kilpatrick	So.	Winona State	Kimberly, Wis.
*Emma Carpenter	Sr.	Winona State	Eagan, Minn.
Vanessa Alexander	Sr.	Winona State	St. Michael, Minn.
Lindsey Hahn	Jr.	Winona State	Western Springs, Ill.
Naomi Breunig	Jr.	Winona State	Sauk City, Wis.
Malia Nelson	So.	Winona State	Dover, Minn.
Alex Dornfeld	5th	Winona State	Markesan, Wis.

WOMEN'S SWIMMING & DIVING (114/*74)

*Maija Kangas	So.	Augustana	Excelsior, Minn.
*Savanna Osowski	So.	Augustana	Milbank, S.D.
*Amaya Street	Jr.	Augustana	Milbank, S.D.
*Eliza Prescher	So.	Augustana	Chaska, Minn.
*Leona Coha	Jr.	Augustana	Zagreb, Croatia
*Hannah Nelson	So.	Augustana	Yankton, S.D.
*Grace Cunningham	So.	Augustana	La Vista, Neb.
*Bryn Greenwaldt	So.	Augustana	Foley, Minn.
*Nesrine Jelliti	Jr.	Augustana	Tunisia
*Payton Kollmorgen	So.	Augustana	Lincoln, Neb.
*Maggie Lombardi	So.	Augustana	St. Michael, Minn.
*Clare Duplissis	So.	Augustana	Spring Lake, Mich.
*Anna Schmidt	Jr.	Augustana	Aberdeen, S.D.
*Makoa Montgomery	Jr.	Augustana	Salem, Ill.
*Anna Tindall	Sr.	Augustana	Nampa, Idaho
*Lara Matuck	Jr.	Augustana	Sao Paulo, Brazil
*Angelina Chan	Jr.	Augustana	Malaysia
*Molly Lienemann	Sr.	Augustana	Lincoln, Neb.
*Erin Danielewicz	Jr.	Augustana	Mount Prospect, Ill.
Meesha Montgomery	Jr.	Augustana	Salem, Ill.
Abby Nelson	Jr.	Augustana	Monument, Colo.
Allison Granat	So.	Augustana	Gillette, Wyo.
Ava Brogren	So.	Augustana	Atwater, Minn.
Libby Breckon	Jr.	Augustana	Boise, Idaho
Kate Robbins	Jr.	Augustana	Victoria, Minn.
Maggie Szerlong	So.	Augustana	St. Charles, Ill.
*Giulia Cury	So.	Concordia-St. Paul	Belo Horizonte, Brazil
*Laura Vekony	Jr.	Concordia-St. Paul	Budapest, Hungary
*Farida Maher	Jr.	Concordia-St. Paul	Cairo, Egypt
*Charly Horn	Jr.	Concordia-St. Paul	Berlin, Germany
*Chloe Rihon	So.	Concordia-St. Paul	Liège, Belgium
Hannah Hartlage	So.	Concordia-St. Paul	Rogers, Minn.
Emma Granovsky	So.	Concordia-St. Paul	St. Paul, Minn.
*Allie Elliott	Gr.	University of Mary	Minot, N.D.
*Michaela Desmond	So.	University of Mary	Bowling Green, Ohio
*Victoria Murillo	Gr.	University of Mary	Cancun, Mexico
*Sarah Towey	So.	University of Mary	Mesa, Ariz.
Teresa Cavanaugh	So.	University of Mary	LaVista, Neb.
Marina Conde Revuelto	Jr.	University of Mary	Merida, Spain
Mikayla Brackin	Sr.	University of Mary	Bismarck, N.D.
Jordn Wolsky	So.	University of Mary	Minot, N.D.
*Kolby Schendel	So.	Minnesota State	Buffalo, Minn.
*Megan Schultz	So.	Minnesota State	Raymond, Wis.
*Sydney Hanson	Jr.	Minnesota State	Bettendorf, Iowa
*Lauren Fisher	So.	Minnesota State	Ames, Iowa
*Sydney Miller	So.	Minnesota State	Muskego, Wis.
*Olivia Hudoba	Jr.	Minnesota State	Ogilvie, Minn.
*Aspen Warnygora	Jr.	Minnesota State	Fort Collins, Colo.
*Maija Carriveau	Jr.	Minnesota State	Marquette, Wis.
*Maci Boffeli	So.	Minnesota State	Cascade, Iowa
*Alexandra Gorecki	So.	Minnesota State	Palatine, Ill.
*Jaedyn Hill	Jr.	Minnesota State	Oconomowoc, Wis.
*Klair Bradley	So.	Minnesota State	Muskogee, Okla.
*Kaylee Sivertsen	Jr.	Minnesota State	Mankato, Minn.
*Ella DeFever	Jr.	Minnesota State	Madison, Wis.
*Morgan Hunt	So.	Minnesota State	West Des Moines, Iowa
*Ainslee Hemmen	Jr.	Minnesota State	Rapid City, S.D.
*Roëlle op de Haar	So.	Minnesota State	Hengelo, Netherlands
Yasmin Nachmias	Jr.	Minnesota State	Plymouth, Minn.
Brooke Shell	Jr.	Minnesota State	Orlando, Fla.
Abby Gronholz	Jr.	Minnesota State	Victoria, Minn.
Elise Mishmash	Jr.	Minnesota State	Salida, Colo.
Sienna Sirek Kreye	Jr.	Minnesota State	Madison, Wis.
*Demi-Lee Carlisle	Jr.	MSU Moorhead	Johannesburg, S.A.
*Arina Bratamidjaja	Sr.	MSU Moorhead	Sentul City, Indonesia
*Lily Lengerich	Jr.	MSU Moorhead	Salida, Colo.
Linnea Edgren	Jr.	MSU Moorhead	Göteborg, Sweden
Lacie Stark	So.	MSU Moorhead	Blaine, Minn.
*Mia Fursedonne	Jr.	Northern State	Orsett, Essex, England
*Alison Jones	So.	Northern State	Lawrence, Kan.
*Lillian Grebner	So.	Northern State	Aberdeen, S.D.
*Haley Osborne	Jr.	Northern State	Boise, Idaho
*Estella Bullis	Jr.	Northern State	Mitchell, S.D.





2023-24 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S SWIMMING & DIVING (CONT)

*Madelyn Gonzales	Sr.	Northern State	Northglenn, Colo.
Georgy Turner	Sr.	Northern State	Johannesburg, S.A.
Brianna Back	Jr.	Northern State	Cottage Grove, Wis.
*Josephine Schlachter	So.	Sioux Falls	Holyoke, Colo.
*Domenica Solano Ocampo	Sr.	Sioux Falls	Malacatos, Loja, Ecuador
*Weronika Mrozek	So.	Sioux Falls	Budzistowo, Poland
*Valentina Brunelli	So.	Sioux Falls	Rome, Italy
*Sarah Knox	Jr.	Sioux Falls	Blaine, Minn.
Natalia Escalante	Sr.	Sioux Falls	Las Vegas, Nev.
Abigail Ford	Sr.	Sioux Falls	Lansing, Mich.
Ashtyn Molesworth	Sr.	Sioux Falls	Alexandria, Minn.
Ursula Demarquet-Alban	Sr.	Sioux Falls	Guayaquil, Ecuador
Emma Bradley	Sr.	Sioux Falls	Mitchell, S.D.
Valerie Childs	Sr.	Sioux Falls	Big Lake, Minn.
Inte Pas	Jr.	Sioux Falls	Nieuwerkerk aan den IJssel, Netherlands

Hannah Warmbrand	Jr.	Sioux Falls	Pukwana, S.D.
*Natalie Bohnert	Sr.	SMSU	Petersburg, Ind.
*Sarah McDonald	Jr.	SMSU	Prior Lake, Minn.
*Quincie Klein	Jr.	SMSU	Woodbury, Minn.
Elayna Geiser	Jr.	SMSU	Castle Rock, Colo.
Ella Swanson	So.	SMSU	Waconia, Minn.
Megan Anspach	Sr.	SMSU	Milwaukee, Ore.
Heather Arlen	Jr.	SMSU	Antigo, Wis.
Kaelyn De Roche	Jr.	SMSU	Superior, Wis.
Emily Ratajczak	Sr.	SMSU	Standish, Mich.
*Gabriella Sieber	So.	St. Cloud State	Green Bay, Wis.
*Erin Bergman	Jr.	St. Cloud State	Medford, Wis.
*Grace Rauker	Sr.	St. Cloud State	Woodbury, Minn.
*Anna Reschko	Jr.	St. Cloud State	Frankfurt, Germany
*Natalie Gneiser	So.	St. Cloud State	Baraboo, Wis.
*Kara Cowell	Sr.	St. Cloud State	Neenah, Wis.
*Molly Arneson	Sr.	St. Cloud State	Springboro, Ohio
*Isabella Koebele	So.	St. Cloud State	Bismarck, N.D.
*Amelia Travis	So.	St. Cloud State	Dassel, Minn.
*Kaitlyn Zuehl	Sr.	St. Cloud State	Verona, Wis.
*Elle Kaiser	Jr.	St. Cloud State	Buffalo, Minn.
*Kailey Fossell	Jr.	St. Cloud State	Tower, Minn.
Anna Case	Sr.	St. Cloud State	Castle Rock, Colo.
Demi Peterson	Jr.	St. Cloud State	Williston, N.D.
Claire Salzer	So.	St. Cloud State	Oshkosh, Wis.
Kate Edgerton	So.	St. Cloud State	Lake Mills, Iowa

MEN'S INDOOR TRACK & FIELD (158/*81)

*Nick Batien	So.	Augustana	Carson City, Nev.
*Patrick Vogel	So.	Augustana	Sioux Falls, S.D.
*Kadin Groen	So.	Augustana	Sioux Falls, S.D.
*Nick Bachelor	So.	Augustana	Milbank, S.D.
*Colten Brand	Sr.	Augustana	Winona, Minn.
*Alex Otten	So.	Augustana	Rapid City, S.D.
*Matthew Schoessow	Sr.	Augustana	Forest Lake, Minn.
*Beau Brock	Jr.	Augustana	Pewaukee, Wisc.
*Ryan Hartman	Jr.	Augustana	Wausau, Wis.
*Jesse Kaas	So.	Augustana	Graham, Wash.
*Erik Gundersen	So.	Augustana	Stavanger, Norway
*Caden Tegethoff	Sr.	Augustana	Platte, S.D.
*Andrew Martens	Jr.	Augustana	Sioux Falls, S.D.
Isaac Fink	Jr.	Augustana	Duluth, Minn.
Soren Weeg	So.	Augustana	Sioux Falls, S.D.
Jed Dooyema	Sr.	Augustana	Luverne, Minn.
Evan Myran	Jr.	Augustana	Hawley, Minn.
Elijah Oxner	So.	Augustana	Rapid City, S.D.
Parker Fitzgerald	So.	Augustana	Harrisburg, S.D.
Trent Decook	So.	Augustana	Byron, Minn.
Daniel Street	Jr.	Augustana	Aberdeen, S.D.
Benjamin Haberman	Jr.	Augustana	Golden Valley, Minn.
Ryan Schroeder	Sr.	Augustana	Sioux Falls, S.D.
Cole Berends	Jr.	Augustana	St. Charles, Minn.
Noah Gandley	Jr.	Augustana	Colorado Springs, Colo.
*Calder Erick	Jr.	Concordia-St. Paul	Forest Lake, Minn.
*Daniel Otto	So.	Concordia-St. Paul	Eau Claire, Wis.
*Owen Erickson	Jr.	Concordia-St. Paul	Blaine, Minn.
*Ethan Blischke	So.	Concordia-St. Paul	Waukesha, Wis.

MEN'S INDOOR TRACK & FIELD (CONT)

Matt Krummel	Jr.	Concordia-St. Paul	Oakdale, Minn.
James Frigstad	Jr.	Concordia-St. Paul	St. Anthony, Minn.
Cullen Feist	Jr.	Concordia-St. Paul	St. Paul, Minn.
Emmett Faltesek	Jr.	Concordia-St. Paul	Ely, Minn.
Carter Krummen	So.	Concordia-St. Paul	Nixa, Mo.
Payton Peterson	Jr.	Concordia-St. Paul	Kronenwetter, Wis.
Jackson Klocow	Jr.	Concordia-St. Paul	Cottonwood, Minn.
*Dawson Hawkinson	So.	University of Mary	Bismarck, N.D.
*Akil Howell	Jr.	University of Mary	Barbados
*Joseph Patchen-Mills	Sr.	University of Mary	Bismarck, N.D.
*Hayden Von Wald	Sr.	University of Mary	Selby, S.D.
Jorgen Paulson	Jr.	University of Mary	Edgeley, N.D.
Ethan Schaffer	So.	University of Mary	Horace, N.D.
Caleb Hansen	So.	University of Mary	Dickinson, N.D.
Guillermo Fregoso	Sr.	University of Mary	Twin Falls, Idaho
*Connor Kostynick	So.	Minnesota Duluth	Perham, Minn.
*Ted Rogers	Sr.	Minnesota Duluth	Blaine, Minn.
*Jack Van Kempen	Sr.	Minnesota Duluth	Elbow Lake, Minn.
*Cole Brisbois	So.	Minnesota Duluth	Forest Lake, Minn.
*Lucas Selman	Sr.	Minnesota Duluth	Minneapolis, Minn.
*Alexander Croston	Jr.	Minnesota Duluth	St. Francis, Minn.
*Colton Kostynick	Sr.	Minnesota Duluth	Perham, Minn.
*Bennett Nelson	So.	Minnesota Duluth	Iron River, Wis.
*Sam Blomberg	So.	Minnesota Duluth	New Ulm, Minn.
*Jackson Weston	So.	Minnesota Duluth	Grand Rapids, Minn.
Zachary Anderson	So.	Minnesota Duluth	Blaine, Minn.
Austin Antony	Sr.	Minnesota Duluth	Lonsdale, Minn.
Jordan Gruenes	Gr.	Minnesota Duluth	Clear Lake, Minn.
Luke Oberleitner	Jr.	Minnesota Duluth	St. Francis, Minn.
Nicholas Westphal	Jr.	Minnesota Duluth	Maple Grove, Minn.
Will Heydt	So.	Minnesota Duluth	Alexandria, Minn.
Eli Bicek	Sr.	Minnesota Duluth	Elk River, Minn.
Bereket Loer	Sr.	Minnesota Duluth	Wadena, Minn.
Owen Dickenson	Sr.	Minnesota Duluth	Solon Spring, Wis.
Nathaniel Brandt	So.	Minnesota Duluth	Deephaven, Minn.
*Owen Petersohn	So.	Minnesota State	Dodge Center, Minn.
*Steven Orzolek	Sr.	Minnesota State	Darwin, Minn.
*Austin Frank	Jr.	Minnesota State	Olivia, Minn.
*Kyler Bade	Jr.	Minnesota State	Plainview, Minn.
*Alex Berg	Jr.	Minnesota State	Mankato, Minn.
*Ray Ure	Jr.	Minnesota State	Des Plaines, Ill.
*Brock Unger	So.	Minnesota State	New Richmond, Wis.
*Leif Larsen	So.	Minnesota State	Williston, N.D.
*Adam Bohm	Jr.	Minnesota State	Havana, Ill.
*Thomas Rosengren	So.	Minnesota State	Stillwater, Minn.
Ben Wieser	So.	Minnesota State	Rushford, Minn.
Daniel Attoh	Jr.	Minnesota State	Lakeville, Minn.
Caden Speikers	So.	Minnesota State	Farmington, Minn.
Nikolai Schmanski	Jr.	Minnesota State	Minnetonka, Minn.
Maquanet Collins	So.	Minnesota State	Apple Valley, Minn.
Camden Combs	So.	Minnesota State	Beloit, Wis.
Zachary Shaner	Jr.	Minnesota State	West Des Moines, Iowa
Onyekachi Ukaobasi	Jr.	Minnesota State	Geneva, Ill.
Braxton Stewart	So.	Minnesota State	Waukon, Iowa
Jacob Ziebarth	Jr.	Minnesota State	Cambridge, Minn.
Renald Pierre	Sr.	Minnesota State	Lehigh Acres, Fla.
Slade Heald	Jr.	Minnesota State	Forest Lake, Minn.
*Jerome Crayton	Sr.	MSU Moorhead	East Grand Forks, Minn.
*Caaden Rath	So.	MSU Moorhead	Kindred, N.D.
*Elliott MacLennan	Jr.	MSU Moorhead	Edmonton, Alberta
*Braxton Bruer	Sr.	MSU Moorhead	West Fargo, N.D.
*Isaiah Johnson	Sr.	MSU Moorhead	Brooklyn Park, Minn.
*Colby Larson	Jr.	MSU Moorhead	Rothsay, Minn.
Jordan Nolan	Sr.	MSU Moorhead	Coon Rapids, Minn.
Ibrahim Oduong	Sr.	MSU Moorhead	Bismarck, N.D.
Kade Larson	Jr.	MSU Moorhead	Langford, S.D.
*Jacob Jensen	5th	Minot State	Belcourt, N.D.
*Yonatan Neyshtadt	Sr.	Minot State	Richmond Hill, Ontario
*Dallas Reese	Sr.	Minot State	Wolf Point, Mont.
*Samuel Kreins	Sr.	Minot State	Reno, Nev.
*Camden Jasmin	Sr.	Minot State	Williston, N.D.
Francis Short Bull	5th	Minot State	New Town, N.D.
Peyton Tuhy	So.	Minot State	Hettinger, N.D.





2023-24 NSIC WINTER ALL-ACADEMIC TEAM

MEN'S INDOOR TRACK & FIELD (CONT)

Grayson Bonilla	Sr.	Minot State	Helena, Mont.
*Samuel Tremelling	Jr.	Northern State	Chelmsford, Essex
*Samuel Garner	Sr.	Northern State	Arvada, Colo.
*Evan Halbe	So.	Northern State	Watertown, S.D.
*Dylan Schimke	Jr.	Northern State	Wessington Springs, S.D.
*Taylor Thorson	So.	Northern State	Mina, S.D.
*Blake Stoks	So.	Northern State	Porter, Minn.
*Jonathan Burkhalter	Jr.	Northern State	Prairie City, S.D.
*Seth Martens	Sr.	Northern State	Aberdeen, S.D.
Nathan Alto	Jr.	Northern State	Bemidji, Minn.
Jacob Angerhofer	So.	Northern State	Aberdeen, S.D.
Joel Matehs	Jr.	Northern State	Rugby, N.D.
Vance Borchers	So.	Northern State	Sioux Falls, S.D.
Isaac Ligon	So.	Northern State	Aberdeen, S.D.
Dan Istvanovich	Jr.	Northern State	Chisago City, Minn.
*Collin Dingsor	Jr.	Sioux Falls	Watertown, S.D.
*Dawson Davito	Sr.	Sioux Falls	North Mankato, Minn.
*Justin Steffensmeier	Sr.	Sioux Falls	Kansas City, Mo.
*Parker Hahn	So.	Sioux Falls	Cottage Grove, S.D.
*Benjamin Morrison	Jr.	Sioux Falls	Bozeman, Mont.
*Carter Friske	So.	Sioux Falls	Sioux Falls, S.D.
*Zachary Matzner	Sr.	Sioux Falls	Marshall, Minn.
*Caleb Roggenbuck	Sr.	Sioux Falls	Sioux Falls, S.D.
*Christian Lietz	Sr.	Sioux Falls	Worthington, Minn.
*Caleb Rivera	Jr.	Sioux Falls	St. James, Minn.
Micade Shumway	Jr.	Sioux Falls	Williston, N.D.
Dylan Saur	So.	Sioux Falls	Sioux Falls, S.D.
Miles Olofson	Sr.	Sioux Falls	Elk River, Minn.
Kade Bullion	Jr.	Sioux Falls	Brighton, Colo.
Ben Mandel	Sr.	Sioux Falls	Prior Lake, Minn.
Ean Minnaert	Jr.	Sioux Falls	Tea, S.D.
Marek Rex	Sr.	Sioux Falls	Garden Plain, Kan.
*Deekon Anvid	Jr.	SMSU	Culver, Minn.
*Hunter Smith	Sr.	SMSU	Plattsmouth, Neb.
*Carl Swedzinski	Sr.	SMSU	Milroy, Minn.
Daniel Olson	So.	SMSU	Nashauk, Minn.
Nathan Lear	Jr.	SMSU	Watertown, S.D.
Luke Grannes	Sr.	SMSU	Belview, Minn.
Max Schmitt	Jr.	SMSU	Muskego, Wis.
*Quentin Dreyer	Jr.	Wayne State	Manning, Iowa
*Gabe Peitz	Sr.	Wayne State	Wakefield, Neb.
*Alex Brandt	Jr.	Wayne State	Grand Island, Neb.
*Alex Leuenberger	So.	Wayne State	Waverly, Neb.
*Wyatt Nissen	Jr.	Wayne State	Albion, Neb.
*Debonaire Williams	Sr.	Wayne State	Lafayette, La.
*Abe Schroeder	Sr.	Wayne State	Ravenna, Neb.
*Andrew Wyllie	Jr.	Wayne State	Wahoo, Neb.
Logan Moeller	Jr.	Wayne State	Pierce, Neb.
Braden Johnson	Jr.	Wayne State	Gretna, Neb.
Matthew Logue	So.	Wayne State	Ponca, Neb.
Brandon Mitzel	Jr.	Wayne State	West Point, Neb.
Jake Peitz	So.	Wayne State	Hartington, Neb.
Keaton Wattier	So.	Wayne State	O'Neill, Neb.
Dylan Kneifl	Sr.	Wayne State	Pilger, Neb.
Daniel Elge	Jr.	Wayne State	Aurora, Neb.
Titus Kiptoo	Sr.	Wayne State	Kapsabet, Kenya

WOMEN'S INDOOR TRACK & FIELD (233/*149)

*Laura Thompson	So.	Augustana	Fairmont, Minn.
*Kaye Paschka	Sr.	Augustana	Alexandria, Minn.
*Tenley Nelson	So.	Augustana	Luverne, Minn.
*Ella Bakken	Jr.	Augustana	Eden Prairie, Minn.
*Kylee Sallee	Jr.	Augustana	Hudson, Iowa
*Caroline Sudbeck	Sr.	Augustana	Sioux Falls, S.D.
*Aubrey Surage	Jr.	Augustana	Monument, Colo.
*Katie Wentzy	So.	Augustana	Brandon, S.D.
*Emma Hughes	Jr.	Augustana	Glenwood, Iowa
*Lily Juhnke	So.	Augustana	Sioux City, Iowa
*Samantha Sundby	Sr.	Augustana	Rapid City, S.D.
*Taylor Melton	Sr.	Augustana	Moorhead, Minn.
*Olivia Amundson	So.	Augustana	Byron, Minn.
*Lindsey Young	So.	Augustana	Maple Grove, Minn.
*Ella Heinitz	Jr.	Augustana	Dell Rapids, S.D.

WOMEN'S INDOOR TRACK & FIELD (CONT)

*Jayda Becker	Jr.	Augustana	Shakopee, Minn.
Lauren Merkley	So.	Augustana	Sioux Falls, S.D.
Kaja Salemonsens	Jr.	Augustana	Haugesund, Norway
Lily Sonday	Jr.	Augustana	Keller, Texas
Maria Pedroso	Jr.	Augustana	Sant Feliu de Llobregat, Spain
Mackenzie Hemmer	So.	Augustana	Colman, S.D.
Baylee Van Zee	So.	Augustana	Rapid City, S.D.
Anna Langseth	Sr.	Augustana	Sioux Falls, S.D.
Eleni Lovgren	So.	Augustana	Williston, N.D.
*Mary Goodwin	Sr.	Bemidji State	Eagle River, Alaska
*Alyssa Hill	So.	Bemidji State	Negaunee, Mich.
*Abigail Syverson	Sr.	Bemidji State	Pelican Rapids, Minn.
*Olivia Olson	Sr.	Bemidji State	Valley City, N.D.
*Callie Ressler	Jr.	Bemidji State	Fargo, N.D.
*Mikenna Pattrin	Sr.	Bemidji State	Alexandria, Minn.
*Maggie McCarthy	So.	Bemidji State	Woodbury, Minn.
Natalie Fultz	Gr.	Bemidji State	Eveleth, Minn.
Abigail Disbrow	So.	Bemidji State	Saint Charles, Minn.
Molly Saboo	Jr.	Bemidji State	Onamia, Minn.
Tierra Doss	Gr.	Bemidji State	Rosemount, Minn.
*Olivia Cole	So.	Concordia-St. Paul	Farmington, Minn.
*Jaid Perry	Sr.	Concordia-St. Paul	Winneconne, Wis.
*Maya Lavendusky	So.	Concordia-St. Paul	Portage, Ind.
*Kelsey Thelen	So.	Concordia-St. Paul	Farmington, Minn.
*Callie Reintsma	Jr.	Concordia-St. Paul	Billings, Mont.
*Makayla Harmer	So.	Concordia-St. Paul	Elk River, Minn.
*Jenna Morris	Jr.	Concordia-St. Paul	La Crosse, Wis.
Sarah Jeppesen	Jr.	Concordia-St. Paul	Sunburg, Minn.
Chidera Osuoha	So.	Concordia-St. Paul	Brooklyn Park, Minn.
Annalise Sajdak	Jr.	Concordia-St. Paul	West Bend, Wis.
*Elizabeth Acheson	Gr.	University of Mary	Northfield, Minn.
*Grace Acheson	Gr.	University of Mary	Northfield, Minn.
*Rachael Neu	Gr.	University of Mary	Albany, Minn.
*Kristine Kalthoff	Jr.	University of Mary	Albany, Minn.
*Morgan Hertz	Sr.	University of Mary	Mott, N.D.
*Adeline Norgaard	Jr.	University of Mary	Tioga, N.D.
*Alyssa Becker	Jr.	University of Mary	Seabeck, Wash.
*Andrijana Fundak	Jr.	University of Mary	Richland, Wash.
*Lizzy Folk	Sr.	University of Mary	Minot, N.D.
*Kendall Berg	So.	University of Mary	Bismarck, N.D.
*Teresa Blote	Gr.	University of Mary	Rapid City, S.D.
*Tia Horning	Sr.	University of Mary	Zap, N.D.
*Anna Rader	So.	University of Mary	Bismarck, N.D.
*Marisa Shiland	Sr.	University of Mary	Danbury, Conn.
*Arianna Passeri	Gr.	University of Mary	Rosemount, Minn.
*Terez Wycklendt	So.	University of Mary	New Berlin, Wis.
*Taylor Weidner	Sr.	University of Mary	Bismarck, N.D.
*Maria Vetter	Jr.	University of Mary	Hawley, Minn.
Jerrica Pachl	Sr.	University of Mary	Vancouver, Wash.
*Elizabeth Vanloon	So.	Minnesota Duluth	New Brighton, Minn.
*Kate Fitzgerald	So.	Minnesota Duluth	Mosinee, Wis.
*Jadyn Krull	So.	Minnesota Duluth	Lakeville, Minn.
*Adalyn Lehman	So.	Minnesota Duluth	Mosinee, Wis.
*Lauryn Renier	Sr.	Minnesota Duluth	Oronoco, Minn.
*Alaina Hageman	So.	Minnesota Duluth	Foley, Minn.
*Megan Gilles	Sr.	Minnesota Duluth	Prescott, Wis.
*Megan Sandgren	So.	Minnesota Duluth	Franklin, Minn.
*Lindsey Root	Jr.	Minnesota Duluth	St. Charles, Minn.
*Savannah Schley	Jr.	Minnesota Duluth	Loyal, Wis.
*Josie Bond	Jr.	Minnesota Duluth	Lisle, Ill.
*Sabrina Segar	Jr.	Minnesota Duluth	Fairmont, Minn.
*Jordan Grell	So.	Minnesota Duluth	Waconia, Minn.
*Chloey Evans	Sr.	Minnesota Duluth	Melrose, Minn.
*Kira Almsberger	So.	Minnesota Duluth	Olathe, Kan.
*Camilla Millett	So.	Minnesota Duluth	West St. Paul, Minn.
*Marybeth Mathews	So.	Minnesota Duluth	Bemidji, Minn.
*Alexandra Bragg	Sr.	Minnesota Duluth	Andover, Minn.
*Eve Anderson	Jr.	Minnesota Duluth	Mankato, Minn.
*Emily Jones	Jr.	Minnesota Duluth	Cambridge, Minn.
Maddie Verkerke	Sr.	Minnesota Duluth	White Bear Lake, Minn.
Rebekah Muhlenkamp	Jr.	Minnesota Duluth	Swanville, Minn.
Francine Seidel	Sr.	Minnesota Duluth	Medford, Wis.
Anna Palodichuk	Sr.	Minnesota Duluth	Farmington, Minn.
Julia Nielsen	Sr.	Minnesota Duluth	Andover, Minn.
Bryn London	Sr.	Minnesota Duluth	Rockford, Minn.





2023-24 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S INDOOR TRACK & FIELD (CONT)

Kathryn Wraspir	So.	Minnesota Duluth	Roseville, Minn.
Svea Smestad	So.	Minnesota Duluth	Fergus Falls, Minn.
*Alison Zigler	Sr.	Minnesota State	Pewaukee, Wis.
*Grace Hambel	So.	Minnesota State	Appleton, Wis.
*Ashley Criddlebaugh	Jr.	Minnesota State	Rosemount, Minn.
*Molly Kahl	Jr.	Minnesota State	Columbus, Wis.
*Paige Bauer	Jr.	Minnesota State	North Branch, Minn.
*Micah Zaemisch	Jr.	Minnesota State	Stoughton, Wis.
*Kennedy Speer	So.	Minnesota State	Rochester, Minn.
*Alexi MacDonald	So.	Minnesota State	Rice Lake, Wis.
*Abigail Olenius	So.	Minnesota State	Mankato, Minn.
*MaKenna Thurston	Sr.	Minnesota State	Nicollet, Minn.
*Megan Narveson	So.	Minnesota State	Bloomington, Minn.
*Lauren Preiner	Jr.	Minnesota State	Rosemount, Minn.
*Madison Matzek	So.	Minnesota State	Prescott, Wis.
*Stella Neophytou	Jr.	Minnesota State	Nicosia, Cyprus
*Melanie Marks	So.	Minnesota State	Germantown, Wis.
*Emmah Dmytrasz	So.	Minnesota State	North Mankato, Minn.
*Madelin Bruessel	Jr.	Minnesota State	Owatonna, Minn.
*Eilika Lane	Jr.	Minnesota State	Kingston, Jamaica
*Olivia Anderson	So.	Minnesota State	Jackson, Minn.
*Makayla Bishop	Jr.	Minnesota State	Apple Valley, Minn.
*Toryn Richards	Jr.	Minnesota State	Cleveland, Minn.
Elizabeth Schmidt	Jr.	Minnesota State	Belle Plaine, Minn.
Madysen Johnstone	Jr.	Minnesota State	Sydney, Neb.
Emily Cunningham	Jr.	Minnesota State	Wisconsin Dells, Wis.
Jenna Sikel	So.	Minnesota State	Mankato, Minn.
Madelyn Skjeveland	Jr.	Minnesota State	Faribault, Minn.
Lillian Washington	So.	Minnesota State	Spikkestad, Norway
Roxan Foster	Sr.	Minnesota State	St. Elizabeth, Jamaica
Lilly Orf	So.	Minnesota State	Woodbury, Minn.
Teagan Ramboldt	So.	Minnesota State	Inver Grove Heights, Minn.
Miranda Lauvstad	So.	Minnesota State	Nesoeysa, Norway
Mack Rath	Jr.	Minnesota State	Pierre, S.D.
Alexa Post	So.	Minnesota State	Bloomer, Wis.
Tiffany Kolb	So.	Minnesota State	Farmington, Minn.
Olivia Solis	Jr.	Minnesota State	Oswego, Ill.
Rose Cramer	Sr.	Minnesota State	Millwaukee, Wis.
Shye Johnson	So.	Minnesota State	Tama, Iowa
Jaci Newman	Jr.	Minnesota State	Wanamingo, Minn.
*Katelyn Zaiger	Jr.	MSU Moorhead	Colorado Springs, Colo.
*Abbie Christen	So.	MSU Moorhead	Albany, Minn.
Mickalyn Babcock	Sr.	MSU Moorhead	Denmark, Wis.
Adla Serrao	Jr.	MSU Moorhead	Moorhead, Minn.
*Nicole Reeves	So.	Minot State	Anaheim, Calif.
*Emery Smith	So.	Minot State	North Salt Lake, Utah
*Monica Okopal	Sr.	Minot State	Reno, Nev.
*Sidra Sadowsky	Jr.	Minot State	Hettinger, N.D.
Jessica Evenson	So.	Minot State	Towner, N.D.
Kenzy Kellum	Sr.	Minot State	Mountain View, Wyo.
Paulette Dominguez	Jr.	Minot State	Lauderhill, Fla.
Summer Krebsbach	So.	Minot State	Max, N.D.
*Vanessa Christensen	Jr.	Northern State	Rosholt, S.D.
*Jenna Helms	Sr.	Northern State	Aberdeen, S.D.
*Megan Pickering	Sr.	Northern State	Brandon, S.D.
*Jordan Hermansen	Jr.	Northern State	Aberdeen, S.D.
*Summer Carlson	Jr.	Northern State	Moorhead, Minn.
*Addison Cumbow	So.	Northern State	Pierre, S.D.
*Kamryn Schwartz	So.	Northern State	Volga, S.D.
*Morgan Sheldon	So.	Northern State	Mandan, N.D.
*Emily Breske	So.	Northern State	Summit, S.D.
*Cassidy Gough	Sr.	Northern State	Aberdeen, S.D.
*Sierra Sweeney	Jr.	Northern State	Porters Lake, N.S.
Makenna Glanzer	Jr.	Northern State	Aberdeen, S.D.
McKenzie Danielson	Sr.	Northern State	Harrisburg, S.D.
Alli Jackson	Jr.	Northern State	Allen, Neb.
Alison Theis	Sr.	Northern State	Minot, N.D.
Renea Taylor	Jr.	Northern State	Malott, Wash.
Avery Murray	Jr.	Northern State	Valley City, N.D.
Chloe Strom	Jr.	Northern State	Moorhead, Minn.
Mary Franssen	Sr.	Northern State	Arvada, Colo.
Jordan Tschumperlin	Jr.	Northern State	Barnsville, Minn.
*Shelby Svien	Jr.	Sioux Falls	Northfield, Minn.
*Delanie Van Driel	Jr.	Sioux Falls	Lesterville, S.D.
*McKenna Comstock	Sr.	Sioux Falls	South Sioux City, Neb.

WOMEN'S INDOOR TRACK & FIELD (CONT)

*Avery Bartunek	Sr.	Sioux Falls	Dawson, Minn.
*Sierra Stanton	Sr.	Sioux Falls	Watertown, S.D.
*Emily Swanson	Sr.	Sioux Falls	Odell, Neb.
*Kamry Lindsey	Jr.	Sioux Falls	Appleton, Wis.
*Davis Guetterman	Sr.	Sioux Falls	Bucyrus, Kan.
*Tamia Horton	So.	Sioux Falls	Maplewood, Minn.
*Grace Gioffredi	So.	Sioux Falls	Indianola, Iowa
*Lillian McCone	So.	Sioux Falls	Sanborn, Minn.
*Khot Juac	Sr.	Sioux Falls	Sioux Falls, S.D.
*Josephine Boyd	Sr.	Sioux Falls	Sioux Falls, S.D.
*Mallory Salazar	So.	Sioux Falls	Buena Vista, Colo.
Ella Kolb	Jr.	Sioux Falls	Sioux Falls, S.D.
Faith Rustad	So.	Sioux Falls	Hawley, Minn.
Morgan Gehl	Jr.	Sioux Falls	Fulda, Minn.
Kayla Van Osdel	Sr.	Sioux Falls	Mission Hill, S.D.
Abigail Webb	Jr.	Sioux Falls	Des Moines, Iowa
Olivia Baumberger	Sr.	Sioux Falls	Colman, S.D.
*Catherine Ihrke	Jr.	SMSU	New Lenox, Ill.
*Kyra Kusnierek	So.	SMSU	Eagan, Minn.
*Macie Langstraat	Jr.	SMSU	Ankeny, Iowa
*Nadia Sanford	Sr.	SMSU	Oak Grove, Minn.
*Shealyn Tom	Jr.	SMSU	Brea, Calif.
*Sierra Clifford	Jr.	SMSU	Hayward, Wis.
*Brooke Wetterstrom	So.	SMSU	Olathe, Kan.
*Leah Tietjens	Jr.	SMSU	Ames, Iowa
*Kaaryna Smidel	Jr.	SMSU	Kewaunee, Wis.
*Josephine Lentz	Jr.	SMSU	Big Lake, Minn.
Emily Van Roekel	So.	SMSU	Brandon, S.D.
Lexy Gilbert	Jr.	SMSU	Huron, S.D.
Nedoh Gyi	Jr.	SMSU	Worthington, Minn.
Savanna Busch	Jr.	SMSU	Williamsburg, Iowa
Stella Anderson	Sr.	SMSU	Ellsworth, Wis.
*Greta Freed	Jr.	St. Cloud State	Rochester, Minn.
*Erica Conrad	Sr.	St. Cloud State	Ashwaubenon, Wis.
Shelby Romig	Jr.	St. Cloud State	Ankeny, Iowa
Katie Lavato	Sr.	St. Cloud State	Buffalo, Minn.
Cambrie Kowal	Jr.	St. Cloud State	Lake of the Ozarks, Mo.
Makaylin Christenson	Jr.	St. Cloud State	Prairie Farm, Wis.
*Kelsey Larsen	Sr.	Wayne State	Walthill, Neb.
*Alison Stineman	Sr.	Wayne State	Norfolk, Neb.
*Brooke Solomon	Sr.	Wayne State	Yankton, S.D.
*Faith Polacek	Sr.	Wayne State	Wahoo, Neb.
*Olivia Schwarrock	So.	Wayne State	Gibson, Minn.
*Maya Couch	Jr.	Wayne State	David City, Neb.
*Maelee Beacom	So.	Wayne State	Hooper, Neb.
*Sarah Cotton	Gr.	Wayne State	Ida Grove, Iowa
Keyla Sambo	Gr.	Wayne State	Curaçao
Hailey Baker	Jr.	Wayne State	Blair, Neb.
Elizabeth Mayer	So.	Wayne State	Hemingford, Neb.
Annie McCartney	Sr.	Wayne State	Nelson, Neb.
Reilly Young	Jr.	Wayne State	Scotia, Neb.
Lindsey Kneifl	So.	Wayne State	Pilger, Neb.
Emily Smollen	Sr.	Wayne State	Grand Island, Neb.
Kylie Pachta	Gr.	Wayne State	Chester, Neb.
*Lindsay Cunningham	Sr.	Winona State	Wisconsin Dells, Wis.
*Rachel Hoffman	Grad	Winona State	Green Bay, Wis.
*Alyssa Larson	So.	Winona State	Independence, Iowa
*Mara Talabac	So.	Winona State	Janesville, Wis.
*Kaylee Beyer	5th	Winona State	Mukwonago, Wis.
*Bellamy Sukalski	So.	Winona State	Marshall, Minn.
*Sophia Taarud	Jr.	Winona State	Farmington, Minn.
*Rhya Brandemuehl	So.	Winona State	Mount Horeb, Wis.
*Hanna Reichenberger	Jr.	Winona State	Combined Locks, Wis.
Regan Feit	Jr.	Winona State	Luverne, Minn.
Kylie Anderson	So.	Winona State	Waukesha, Wis.
Kaylee Olson	Sr.	Winona State	De Pere, Wis.
Madeline Palmer	So.	Winona State	Menomonie, Wis.
Courtney Lukas	So.	Winona State	Almond, Wis.

WRESTLING (72/*36)

*Gavin Gulbranson	So.	Augustana	Sioux Falls, S.D.
*Jaxson Rohman	Jr.	Augustana	Trimont, Minn.
*John Babineau	Jr.	Augustana	Andover, Minn.
Edward Hajas	Jr.	Augustana	Delano, Minn.
Tyler Wagener	Sr.	Augustana	Waconia, Minn.





2023-24 NSIC WINTER ALL-ACADEMIC TEAM

WRESTLING (CONT)

Daniel Reynolds	Jr.	Augustana	Andover, Minn.
Christian Olsen	So.	Augustana	Crystal Lake, Ill.
Kenneth Lenger	Jr.	Augustana	Liberty, Mo.
Cael Larson	So.	Augustana	Piedmont, S.D.
Payton Anderson	Jr.	Augustana	Sherburn, Minn.
Hunter Burnett	Sr.	Augustana	Pipestone, Minn.
Jack Huffman	Sr.	Augustana	Omaha, Neb.
Cade Mueller	Jr.	Augustana	Waconia, Minn.
Kade Sammons	So.	Augustana	Windom, Minn.
*Riley Mitchell	Gr.	University of Mary	Gillette, Wyo.
*Matthew Kaylor	Gr.	University of Mary	Bismarck, N.D.
*Chase Milligan	R-So	University of Mary	Spring Creek, Nev.
*Reece Barnhardt	Jr.	University of Mary	Bismarck, N.D.
Wyatt Lidberg	R-Jr	University of Mary	Albertville, Minn.
Max Bruss	R-Sr	University of Mary	De Pere, Wis.
Jaden Verhagen	R-Jr	University of Mary	Kaukauna, Wis.
Sam Bruss	R-Jr	University of Mary	De Pere, Wis.
Leo Mushinsky	R-Jr	University of Mary	Peoria, Ill.
*Kole Marko	So.	Minnesota State	Amery, Wis.
*Max Schwabe	Jr.	Minnesota State	Stratford, Wis.
*Isaiah Misna	Jr.	Minnesota State	St. Michael, Minn.
*Shane Gibson	Jr.	Minnesota State	Livingston, Mont.
Jerez Autridge	So.	Minnesota State	Owatonna, Minn.
Caleb Meunier	So.	Minnesota State	Winneconne, Wis.
Josh Piechowski	Jr.	Minnesota State	Stillwater, Minn.
*Gunnar Mogen	Jr.	MSU Moorhead	Velva, ND.
*Jonas Anez	So.	MSU Moorhead	Willmar, Minn.
Parker Benz	So.	MSU Moorhead	Bismarck, N.D.
*Kelby Armstrong	Sr.	Minot State	Minot, N.D.
*Cayden White	Sr.	Minot State	Marysville, Wash.
*Logen Fischer	Gr.	Minot State	Rapid City, S.D.
Brendan Barnes	Sr.	Minot State	Kalispell, Mont.
Cannon Potts	Sr.	Minot State	Bend, Ore.
Isaac Ortega	Jr.	Minot State	Camano Island, Wash.
*Ryan Hirschhorn	So.	Northern State	Harrisburg, S.D.
*Seth Brossard	Sr.	Northern State	Wanamingo, Minn.
*Teagan Block	Jr.	Northern State	Prior Lake, Minn.
*Braydon Mogle	Jr.	Northern State	Wellsville, Utah
*Nathan Schauer	Jr.	Northern State	Ashley, N.D.
*Ayden Viox	So.	Northern State	Sioux Falls, S.D.
*Cory St. Martin	So.	Northern State	Prior Lake, Minn.
*Mason Fey	So.	Northern State	Redfield, S.D.
*Devin Bahr	Sr.	Northern State	LaCrosse, Wis.
*Wyatt Turnquist	Sr.	Northern State	Winner, S.D.
Kolton Roth	Sr.	Northern State	Graettinger, Iowa
Brenden Salfrank	Sr.	Northern State	Aberdeen, S.D.
Tyson Lien	Jr.	Northern State	Huron, S.D.
Landen Fischer	Sr.	Northern State	Rapid City, S.D.
Cael Larson	So.	Northern State	Webster, S.D.
Cole Huss	Sr.	Northern State	Gretna, Neb.
*Hunter Pfantz	Sr.	SMSU	State Center, Iowa
*Elijah Sterner	Jr.	SMSU	Cottonwood, Minn.
*Sean Howk	Jr.	SMSU	New Ulm, Minn.
Jacob Dykes	Sr.	SMSU	Iowa City, Iowa
Lucas Hodges	Jr.	SMSU	Cottonwood, Minn.
*Anthony Herrera	Gr.	St. Cloud State	Stansbury Park, Utah
*Shaeden Scheidt	Sr.	St. Cloud State	Canton, S.D.
*Phillip Kue	Sr.	St. Cloud State	Gresham, Ore.
*Augustus Donovan	Jr.	St. Cloud State	Richland Center, Wis.
Nicholas Novak	Jr.	St. Cloud State	New Prague, Minn.
Dominic Murphy	Sr.	St. Cloud State	Evergreen Park, Ill.
*Reece Worachek	R-Jr	Parkside	Luxemburg, Wis.
*Ben Durocher	R-Jr	Parkside	Wrightstown, Wis.
*Cayden Henschel	R-Jr	Parkside	West Bend, Wis.
Crosby Schlosser	R-So	Parkside	West Bend, Wis.
Jason Guadarrama	R-Jr	Parkside	Mundelein, Ill.
Lloyd Reynolds	R-Jr	Parkside	Edwardsville, Ill.

