



ALL-ACADEMIC RELEASE

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2022-23 NSIC Winter All-Academic Teams Announced

BURNSVILLE, Minn. — The Northern Sun Intercollegiate Conference announced that 768 student-athletes have earned NSIC All-Academic honors for the 2022-23 winter athletic season; 460 student-athletes were named to the NSIC All-Academic Team of Excellence, while 308 earned NSIC All-Academic Team honors.

To be eligible for the NSIC All-Academic Team of Excellence, a student-athlete must have a 3.60 cumulative GPA or higher, while NSIC All-Academic Team members must have a 3.20 cumulative GPA or higher.

Additionally, the student-athlete must be a member of the varsity traveling team, have reached sophomore athletic and academic standing at her/his institution (true freshmen, red-shirt freshmen and ineligible athletic transfers are not eligible) and must have completed at least one full academic year at that institution.

Updated 3/22/23 - 4:30 p.m.

*All-Academic Team of Excellence Members

MEN'S BASKETBALL (75/*39)

*Isaac Fink	Sr.	Augustana	Springfield, Minn.
*Ryan Miller	GS	Augustana	Walker, Iowa
Eric Tiedman	GS	Augustana	Jordan, Minn.
Zac Johnson	So.	Augustana	River Falls, Wis.
Jayne Lowman	So.	Bemidji State	Mandan, N.D.
Dalton Albrecht	Sr.	Bemidji State	Grafton, N.D.
Johnathon Sutherland	Jr.	Bemidji State	Grand Rapids, Minn.
Colton Roderick	So.	Bemidji State	Alexandria, Minn.
*Roy Grigsby	Jr.	Concordia-St Paul	Superior, Colo.
*Jacob Everson	So.	Concordia-St Paul	Menasha, Minn.
Caden Hoffman	Jr.	Concordia-St Paul	Scottsdale, Ariz.
Ian Sluice	So.	Concordia-St Paul	Tulsa, Okla.
*Treyton Mattern	Jr.	University of Mary	Bismarck, N.D.
*Gertautas Urbonavicius	Jr.	University of Mary	Vilnius, Lithuania
*Veljko Radakovic	Jr.	University of Mary	Novi Sad, Serbia
Liam Dougherty	So.	University of Mary	River Falls, Wis.
*Rambo Badyal	Sr.	Minnesota Crookston	Kelowna, B.C.
*Joshua Strong	So.	Minnesota Duluth	Brooklyn Park, Minn.
*Jack Middleton	Sr.	Minnesota Duluth	Edina, Minn.
*Austin Andrews	Jr.	Minnesota Duluth	Eden Prairie, Minn.
*Zachary Lea	Jr.	Minnesota Duluth	Chaska, Minn.
Lincoln Meister	Jr.	Minnesota Duluth	Rochester, Minn.
Matthew Thompson	So.	Minnesota Duluth	Duluth, Minn.
*Harrison Braudis	So.	Minnesota State	Overland Park, Kan.
*Brady Williams	So.	Minnesota State	Eyota, Minn.
Mason Muller	So.	Minnesota State	Petersburg, Ill.
Kelby Kramer	Sr.	Minnesota State	Rock Springs, Wyo.
Kyrese Willingham	So.	Minnesota State	Waseca, Minn.
*Jacob Beeninga	SO	MSU Moorhead	Maple Grove, Minn.
*Gabriel Myren	SO	MSU Moorhead	Blaine, Minn.
*Gavin Baumgartner	SR	MSU Moorhead	Plymouth, Minn.
Trevor Kaiser	SR	MSU Moorhead	Dassel, Minn.
Dane Zimmer	JR	MSU Moorhead	Hopkins, Minn.
*Jaxon Gunville	Jr.	Minot State	Minot, N.D.
*Ben Bohl	Sr.	Minot State	Minot, N.D.
*Roman Srejma	Jr.	Minot State	Fargo, N.D.
Eduardo Fiorotto	Sr.	Minot State	Sao Paulo, Brazil
Mason Hedberg	Sr.	Minot State	Minot, N.D.
*Jordan Belka	Gr.	Northern State	Rogers, Minn.
*Treyson Longstreet	Jr.	Northern State	Waverly, Minn.
Sam Masten	Sr.	Northern State	Highlands Ranch, Colo.
Jackson Moni	So.	Northern State	Fargo, N.D.
*Matt Cartwright	Gr.	Sioux Falls	Sioux Falls, S.D.
*Jack Thompson	Sr.	Sioux Falls	Eagan, Minn.
Jack Cartwright	So.	Sioux Falls	Sioux Falls, S.D.
Noah Puetz	Jr.	Sioux Falls	Marshall, Minn.
Chase Grinde	Gr.	Sioux Falls	Spring Grove, Minn.
*Jonathan Zinniel	Jr.	SMSU	New Ulm, Minn.
*Dunwa Omot	So.	SMSU	Mankato, Minn.
*Anthony Costello	Sr.	SMSU	Waukegan, Iowa

MEN'S BASKETBALL (CONT)

*Sam Schwartz	Sr.	SMSU	White Bear Lake, Minn.
Hillesheim	Sr.	SMSU	New Ulm, Minn.
*Luke Taylor	Sr.	St. Cloud State	Germantown, Wis.
*Matthew Willert	Jr.	St. Cloud State	Buffalo, Minn.
Sam Rex	Sr.	St. Cloud State	San Diego, Calif.
Joseph Mutimer	So.	St. Cloud State	Melbourne, Australia
*Jackson Foley	Grad.	Upper Iowa	Swisher, Iowa
*Baden Noennig	Sr.	Upper Iowa	Northwood Young America, Minn.
*Dylan Jones	Sr.	Upper Iowa	Waukegan, Iowa
*Brennan Sefrit	Jr.	Upper Iowa	New Market, Iowa
Lucas Duax	R-Sr.	Upper Iowa	Dubuque, Iowa
Nick Reid	Jr.	Upper Iowa	Central City, Iowa
Jake Hilmer	Sr.	Upper Iowa	Walker, Iowa
Jarrett Kruse	Jr.	Upper Iowa	Waterloo, Iowa
*Jordan Janssen	Gr.	Wayne State	Lincoln, Neb.
*Cody McCullough	Jr.	Wayne State	Ankeny, Iowa
Jay Saunders	Jr.	Wayne State	Omaha, Neb.
Noah Erickson	Jr.	Wayne State	Omaha, Neb.
Sean Stokes	Jr.	Wayne State	Bensalem, Pa.
Nate Mohr	5th	Wayne State	Glenwood, Iowa
*Owen King	5th.	Winona State	Caledonia, Minn.
*Connor Dillon	Jr.	Winona State	Peoria, Ill.
*Carson Arenz	Jr.	Winona State	Onalaska, Wis.
Connor Drew	So.	Winona State	Huxley, Iowa
Carter Lomas	Jr.	Winona State	Waukegan, Wis.

WOMEN'S BASKETBALL (127/*86)

*Lizzy Karp	Sr.	Augustana	Andover, Minn.
*Michaela Jewett	Jr.	Augustana	Brookings, S.D.
*Johanna Miller	So.	Augustana	Brookings, S.D.
*Jennifer Aadland	So.	Augustana	Laramie, Wyo.
*Aby Phipps	So.	Augustana	Sioux Falls, S.D.
Lauren Sees	Jr.	Augustana	Avon, S.D.
Aislinn Duffy	Sr.	Augustana	Rapid City, S.D.
*Rumer Flatness	Sr.	Bemidji State	Bemidji, Minn.
*Amme Sheforgen	Sr.	Bemidji State	St. Francis, Minn.
*Erin Barrette	So.	Bemidji State	Menominee, Mich.
*Samantha Pogatchnik	Sr.	Bemidji State	Proctor, Minn.
*Tori Bott	Sr.	Bemidji State	Two Harbors, Minn.
*Madeleine Schires	Sr.	Bemidji State	Wausau, Wis.
Ella Giorgi	So.	Bemidji State	Coon Rapids, Minn.
Alayna Suprenand	So.	Bemidji State	Fond du Lac, Wis.
Trinity Yoder	Sr.	Bemidji State	Hayward, Wis.
*Megan Gamble	So.	Concordia-St Paul	Clear Lake, Minn.
*Shawna Mell	Jr.	Concordia-St Paul	Rush City, Minn.
*Jadyn Hanson	Jr.	Concordia-St Paul	St. Michael, Minn.
Sarah Kuma	So.	Concordia-St Paul	Lakeville, Minn.
Makayla Johnson	So.	Concordia-St Paul	Champlin, Minn.
Alyssa Daugherty	So.	Concordia-St Paul	Zimmerman, Minn.
Lindsey Becher	So.	Concordia-St Paul	Shoreview, Minn.
*Carly Kottick	Gr.	University of Mary	Fargo, N.D.
*Ryleigh Wach	So.	University of Mary	Fargo, N.D.
*Julia Fitterer	So.	University of Mary	Bismarck, N.D.
*Cadee Ryckman	Jr.	University of Mary	Bismarck, N.D.
*Addison Rozell	So.	University of Mary	Redfield, S.D.
*Megan Voit	Sr.	University of Mary	Sauk Rapids, Minn.
Megan Zander	Jr.	University of Mary	Mandan, N.D.
Ellie Hasz	So.	University of Mary	Pine City, Minn.
Moriku Hakim	So.	University of Mary	Fargo, N.D.
Zoe Velde	Jr.	University of Mary	Pipestone, Minn.
Reese Wishart	Sr.	University of Mary	Buffalo, Minn.
*Eden Gollhofer	Jr.	Minnesota Crookston	Iron River, Mich.
*Bren Fox	Sr.	Minnesota Crookston	Norwood Young America, Minn.
*Lily Orazem	So.	Minnesota Crookston	Onamia, Minn.
*Veronica Schwartz	Sr.	Minnesota Crookston	Parkers Prairie, Minn.
Abigail Leach	Jr.	Minnesota Crookston	Wyoming, Minn.



2022-23 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S BASKETBALL (CONT)

*Maesyn Thiesen	Sr.	Minnesota Duluth	Sauk Centre, Minn.
*Madelyn Granica	Sr.	Minnesota Duluth	Amery, Wis.
*Ella Gilbertson	Jr.	Minnesota Duluth	Lake Zurich, Ill.
*Abby Johnson	Jr.	Minnesota Duluth	Eden Prairie, Minn.
*Brooke Olson	Sr.	Minnesota Duluth	Rice Lake, Wis.
Taytum Rhoades	Sr.	Minnesota Duluth	St. Paul, Minn.
Taya Hakamaki	Jr.	Minnesota Duluth	Cromwell, Minn.
Kaylee Nelson	Sr.	Minnesota Duluth	Roseville, Minn.
*Joey Batt	Jr.	Minnesota State	New Ulm, Minn.
*Molly Ihle	So.	Minnesota State	Huxley, Iowa
*Carah Drees	Jr.	Minnesota State	Sloan, Iowa
*Sophie Wood	So.	Minnesota State	Lindstrom, Minn.
*Grace Mueller	So.	Minnesota State	Mequon, Wis.
*Emily Herzberg	So.	Minnesota State	Melrose, Wis.
*Desiree Kleiman	So.	Minnesota State	Maribel, Wis.
Emily Russo	So.	Minnesota State	New Prague, Minn.
Destinee Bursch	So.	Minnesota State	Chaska, Minn.
Taylor Theusch	So.	Minnesota State	Fountain City, Wis.
*Natalie Jens	SO	MSU Moorhead	Beaver Dam, Wis.
*Peyton Boom	SR	MSU Moorhead	Barnesville, Minn.
*Sarah Kingland	SO	MSU Moorhead	Owatonna, Minn.
*Mariah McKeever	JR	MSU Moorhead	Ada, Minn.
Allisa Knight	SO	MSU Moorhead	Brooten, Minn.
*Kate Head	Gr.	Minot State	Brisbane, Australia
*Natasha Elliott	Sr.	Minot State	Brisbane, Australia
*Emma Mogen	So.	Minot State	Watford City, N.D.
*Breianna Smestad	Sr.	Minot State	Plymouth, Minn.
*Kennedy Harris	Sr.	Minot State	Mandan, N.D.
*Laurie Rogers	Sr.	Northern State	Aberdeen, S.D.
*Halle Heinz	So.	Northern State	Ispwich, S.D.
Abigail Holmes	Jr.	Northern State	Algona, Iowa
Rachel Garvey	Sr.	Northern State	Shakopee, Minn.
Zoe Hardwick	Gr.	Northern State	Eden Prairie, Minn.
Rianna Fillipi	Jr.	Northern State	Lennox, S.D.
*Elizabeth Olson	So.	Sioux Falls	Garretson, S.D.
*Abby Knobloch	So.	Sioux Falls	Hills, Minn.
*Olivia Gamoke	So.	Sioux Falls	Onalaska, Wis.
*Haley Knobloch	So.	Sioux Falls	Inwood, Iowa
*JeMae Nichols	So.	Sioux Falls	Cherokee, Iowa
*Dallie Hoskinson	Sr.	Sioux Falls	Hugoton, Kan.
Madison Wuebben	Jr.	Sioux Falls	Yankton, S.D.
Kennedy Goblirsch	Jr.	Sioux Falls	Beresford, S.D.
Sidney Swanson	So.	Sioux Falls	West Point, Neb.
Megan Fannin	Jr.	Sioux Falls	Watertown, S.D.
Madison Birnbaum	So.	Sioux Falls	Ponca City, Okla.
Lauren Sanders	Gr.	Sioux Falls	Millard, Neb.
*Madison Gehloff	Jr.	SMSU	Waseca, Minn.
*Sam Wall	Jr.	SMSU	Delhi, Iowa
*Sarah Conlon	Jr.	SMSU	St. Peter, Minn.
*Hannah Parsley	Jr.	SMSU	Flandreau, S.D.
*Bri Stoltzman	So.	SMSU	Mankato, Minn.
*Jenna Borchers	Sr.	SMSU	Grimes, Iowa
Peyton Blandin	So.	SMSU	Farmington, Minn.
*Morgan Draheim	Jr.	St. Cloud State	Hortonville, Wis.
*Dru Henning	Jr.	St. Cloud State	Mukwanago, Wis.
*Jasmine Litt	Jr.	St. Cloud State	Pulaski, Wis.
*Kelsey Peschel	Sr.	St. Cloud State	Sauk Centre, Minn.
*Victoria Peschel	Jr.	St. Cloud State	Sauk Centre, Minn.
*Elizabeth Wortz	Sr.	St. Cloud State	Hutchinson, Minn.
*Emma Anderson	Sr.	Upper Iowa	Big Lake, Minn.
*Brooke Evenson	Sr.	Upper Iowa	Baldwin, Wis.
*Lydia Haack	Jr.	Upper Iowa	Elk River, Minn.
*Mia Huberty	So.	Upper Iowa	Elk River, Minn.
*Callista Rochon-Baker	Sr.	Upper Iowa	Oshkosh, Wis.
*Alaina Brenning	Jr.	Upper Iowa	Rogers, Minn.
*Avery Fried	So.	Upper Iowa	Bondurant, Iowa
*Lexie Lodermeier	Sr.	Upper Iowa	Goodhue, Minn.
*Cassidy Pagel	Jr.	Upper Iowa	Sumner, Iowa
Katie Tornstrom	Sr.	Upper Iowa	Caledonia, Minn.
Bailey Winter	Jr.	Upper Iowa	Marquette, Iowa
*Kassidy Pingle	Sr.	Wayne State	Cherokee, Iowa
*Abby Kopecky	So.	Wayne State	Aberdeen, S.D.
*Tate Norblade	So.	Wayne State	Papillion, Neb.

WOMEN'S BASKETBALL (CONT)

*Delaney Clark	So.	Wayne State	Appleton, Wis.
*Logan Hughes	Sr.	Wayne State	Shenandoah, Iowa
*Lauren Zacharias	Gr.	Wayne State	North Liberty, Iowa
*Avery Kallman	So.	Wayne State	Omaha, Neb.
*Maya Fitzpatrick	So.	Wayne State	Brooklyn Park, Minn.
Ashley Gustavson	Sr.	Wayne State	North Mankato, Minn.
Annie Guentzel	Jr.	Wayne State	Lakeville, Minn.
*Mattie Schimenz	Jr.	Winona State	Milwaukee, Wis.
*Kaitlyn Schrimpf	Jr.	Winona State	Oregon, Wis.
*Lauren Fech	Gr.	Winona State	Wausau, Wis.
*Shea Dechant	Sr.	Winona State	Kimberly, Wis.
Vanessa Alexander	Jr.	Winona State	St. Michael, Minn.
Caitlin Riley	Sr.	Winona State	Cedar Rapids, Iowa
Naomi Breunig	So.	Winona State	Sauk City, Wis.
Alex Dornfeld	Sr.	Winona State	Markesan, Wis.

WOMEN'S SWIMMING & DIVING (114/72)

*Amaya Street	So.	Augustana	Milbank, S.D.
*Kamryn Robarge	GS	Augustana	Big Lake, Minn.
*Leona Coha	So.	Augustana	Zagreb, Croatia
*Grace Geffre	Sr.	Augustana	Fargo, N.D.
*Cailey Scott	Sr.	Augustana	Mitchell, S.D.
*Justine Stellmaker	Sr.	Augustana	Victoria, Minn.
*Anna Schmidt	So.	Augustana	Aberdeen, S.D.
*Colleen Lawrence	So.	Augustana	Fort Worth, Texas
*Lydia Smith	Sr.	Augustana	Fargo, N.D.
*Nesrine Jelliti	So.	Augustana	Tunisia
*Emily Alama	Sr.	Augustana	Watertown, S.D.
*Makoa Montgomery	So.	Augustana	Salem, Ill.
*Anna Tindall	Jr.	Augustana	Nampa, Idaho
*Angelina Chan	So.	Augustana	Malaysia
*Lara Carrier Matuck	So.	Augustana	Sao Paulo, Brazil
*Isabel Waite	GS	Augustana	Watertown, S.D.
Erin Danielewicz	So.	Augustana	Mount Prospect, Ill.
Molly Lienemann	Jr.	Augustana	Lincoln, Neb.
Meesha Montgomery	So.	Augustana	Salem, Ill.
Libby Breckon	So.	Augustana	Boise, Idaho
Abby Nelson	So.	Augustana	Monument, Colo.
Hailey Handevitdt	Sr.	Augustana	Jackson, Minn.
*Laura Vekony	So.	Concordia-St Paul	Budapest, Hungary
*Farida Maher	So.	Concordia-St Paul	Cairo, Egypt
*Charly Horn	So.	Concordia-St Paul	Berlin, Germany
*Victoria Murillo	Gr.	University of Mary	Cancun, Mexico
*Rylie Webb	Sr.	University of Mary	Minot, N.D.
*Korie Riely	Jr.	University of Mary	Dickinson, N.D.
*Breena DeLegge	Sr.	University of Mary	El Cajon, Calif.
*Madi Yonke	Jr.	University of Mary	West Fargo, N.D.
*Allie Elliot	Jr.	University of Mary	Minot, N.D.
*Breanna Lund	So.	University of Mary	West Fargo, N.D.
Marina Conde Revuelto	So.	University of Mary	Merida, Spain
Mikayla Brackin	Jr.	University of Mary	Bismarck, N.D.
Elle Holland	So.	University of Mary	Newman, Calif.
*Kaylee Sivertsen	So.	Minnesota State	Mankato, Minn.
*Sydney Hanson	So.	Minnesota State	Bettendorf, Iowa
*Maija Carriveau	So.	Minnesota State	Marinette, Wis.
*Olivia Hudoba	So.	Minnesota State	Ogilvie, Minn.
*Aspen Waryngora	So.	Minnesota State	Fort Collins, Colo.
*Jaedyn Hill	So.	Minnesota State	Oconomowoc, Wis.
*Julia Stegmaier	Jr.	Minnesota State	Waldstetten, Germany
*Eve Berg	Sr.	Minnesota State	Bettendorf, Iowa
*Nicole Beckman	Jr.	Minnesota State	Greenfield, Wis.
*Ella DeFever	So.	Minnesota State	Madison, Wis.
*Ainslee Hemmen	So.	Minnesota State	Rapid City, S.D.
*Rebecca Beam	So.	Minnesota State	Waukesha, Wis.
*Ayla Taylor	Jr.	Minnesota State	Cedar Rapids, Iowa
*Emily Taylor	Jr.	Minnesota State	Albert Lea, Minn.
Yasmin Nachmias	So.	Minnesota State	Plymouth, Minn.
Brooke Shell	So.	Minnesota State	Orlando, Fla.
Olivia Meinberg	So.	Minnesota State	Neosho, Wis.
Elise Mishmash	So.	Minnesota State	Salida, Colo.
Mari Dougherty	Jr.	Minnesota State	Farmington, Minn.
Abby Gronholz	So.	Minnesota State	Victoria, Minn.
Sienna Sirek Kreye	So.	Minnesota State	Madison, Wis.





2022-23 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S SWIMMING & DIVING (CONT)

*Demi -Lee Carlisle	SO	MSU Moorhead
*Anna Bratamidjaja	SO	MSU Moorhead
*Lily Lengerich	SO	MSU Moorhead
Molly Lenmark	SO	MSU Moorhead
Linnea Edgren	SO	MSU Moorhead
*Lillian Grebner	So.	Northern State
*Lauren Forsyth	Sr.	Northern State
*Delaney Ryken	Sr.	Northern State
*Mayson Sheldon	Jr.	Northern State
*Mia Fursedonne	So.	Northern State
*Haley Osborne	Jr.	Northern State
*Hannah Kiernan	Sr.	Northern State
*Estella Bullis	So.	Northern State
Madelyn Gonzales	Sr.	Northern State
Georgy Turner	Sr.	Northern State
Brianna Back	So.	Northern State
*Elizabeth Spaans	Sr.	Sioux Falls
*Sarah Knox	So.	Sioux Falls
*Domenica Solano Ocampo Jr.	Jr.	Sioux Falls
*Makenzy Kennedy	Sr.	Sioux Falls
*Megan Burrows	Sr.	Sioux Falls
Natalia Escalante	Jr.	Sioux Falls
Ilnde Du Plessis	Jr.	Sioux Falls
Abigail Ford	Sr.	Sioux Falls
Ursula Demarquet	Sr.	Sioux Falls
Valerie Childs	Sr.	Sioux Falls
Emma Bradley	So.	Sioux Falls
Inte Pas	So.	Sioux Falls

*Juliana Villa	Sr.	SMSU
*Sarah McDonald	So.	SMSU
*Mavi Valentin	Sr.	SMSU
*Addi Schroeder	Sr.	SMSU
*Natalie Bohnert	Sr.	SMSU
Elayna Geiser	So.	SMSU
Quincie Klein	So.	SMSU
Madison Baker	So.	SMSU
Heather Arlen	So.	SMSU
Megan Anspach	Jr.	SMSU
Emma Polchow	Jr.	SMSU
Kaelyn DeRoche	So.	SMSU
Grace Busch	So.	SMSU
Annika Freiburger	Sr.	SMSU
*Olivia Travis	Sr.	St. Cloud State
*Leah Berscheit	Sr.	St. Cloud State
*Anna Reschko	So.	St. Cloud State
*Erin Bergman	So.	St. Cloud State
*Rosie Pang	Sr.	St. Cloud State
*Kara Cowell	Jr.	St. Cloud State
*Molly Arneson	Jr.	St. Cloud State
*Elle Kaiser	So.	St. Cloud State
*Kaitlyn Zuehl	Jr.	St. Cloud State
*Ashton Hobza	Sr.	St. Cloud State
*Alaina Friske	Sr.	St. Cloud State
Kailey Fossell	So.	St. Cloud State
Anna Case	Jr.	St. Cloud State
Meredith Matchinsky	Sr.	St. Cloud State
Demi Peterson	So.	St. Cloud State
Alden Von Bargaen	So.	St. Cloud State

MEN'S INDOOR TRACK & FIELD (144/*70)

*Jake Paron	Jr.	Augustana	Two Harbors, Minn.
*Matt Steiger	GS	Augustana	La Crescent, Minn.
*Colten Brand	Sr.	Augustana	Winona, Minn.
*Beau Brock	So.	Augustana	Pewaukee, Wisc.
*Ryan Hartman	So.	Augustana	Wausau, Wis.
*Matthew Schoessow	Jr.	Augustana	Wyoming, Minn.
*Caden Tegethoff	Jr.	Augustana	Platte, S.D.
*Jonah Breuer	Sr.	Augustana	Albertville, Minn.
*Ryley Nelson	GS	Augustana	Ashby, Minn.
Isaac Fink	So.	Augustana	Duluth, Minn.
Nick Larson	Jr.	Augustana	Omaha, Neb.
Daniel Street	So.	Augustana	Aberdeen, S.D.

MEN'S INDOOR TRACK & FIELD (CONT)

Andrew Martens	So.	Augustana	Sioux Falls, S.D.
Connor Clayton	Jr.	Augustana	Norfolk, Neb.
Benjamin Haberman	So.	Augustana	Golden Valley, Minn.
Cristopher Gandley	So.	Augustana	Colorado Springs, Colo.
Ryan Schroeder	Jr.	Augustana	Sioux Falls, S.D.
Evan Myran	So.	Augustana	Hawley, Minn.
*Thomas Schauerman	Sr.	Concordia-St Paul	Edina, Minn.
*Matthew Helser	So.	Concordia-St Paul	Big Lake, Minn.
*Calder Erick	So.	Concordia-St Paul	Forest Lake, Minn.
*Peyton Enders	So.	Concordia-St Paul	Ogema, Wis.
*Jakob Torsen	Sr.	Concordia-St Paul	Wausau, Wis.
*Owen Erickson	So.	Concordia-St Paul	Blaine, Minn.
*Travis Andrews	So.	Concordia-St Paul	Arlington, Minn.
Joshua Sims	So.	Concordia-St Paul	Little Canada, Minn.
Matthew Krummel	So.	Concordia-St Paul	Oakdale, Minn.
James Frigstad	So.	Concordia-St Paul	St. Anthony, Minn.
Jackson Klocow	So.	Concordia-St Paul	Cottonwood, Minn.
Cullen Feist	So.	Concordia-St Paul	Milltown, Wis.
Basheer Alam	So.	Concordia-St Paul	Rosemount, Minn.
*Dillan Kovash	Sr.	University of Mary	Manning, N.D.
*Akil Howell	So.	University of Mary	Barbados
*Joseph Patchen-Mills	Jr.	University of Mary	Bismarck, N.D.
Hayden Von Wald	Jr.	University of Mary	Selby, S.D.
Brian Miller	So.	University of Mary	Bowman, N.D.
Brendon Hoyte	So.	University of Mary	Barbados
Nathan Bender	So.	University of Mary	Rapid City, S.D.
Dawson Strom	Sr.	University of Mary	Moorhead, Minn.
Owen Jones	So.	University of Mary	Lyndon Station, Wis.
Jorgen Paulson	So.	University of Mary	Edgeley, N.D.
Iver Phillips	So.	University of Mary	Bismarck, N.D.
Guillermo Fregoso	Jr.	University of Mary	Twin Falls, Idaho
*Sam Ringger	Jr.	Minnesota Duluth	Sauk Rapids, Minn.
*Ted Rodgers	Jr.	Minnesota Duluth	Blaine, Minn.
*Jack Van Kempen	Jr.	Minnesota Duluth	Elbow Lake, Minn.
*Lucas Selman	Sr.	Minnesota Duluth	Minneapolis, Minn.
*Kyle Kucera	Jr.	Minnesota Duluth	Albertville, Minn.
*Josh Miley	Jr.	Minnesota Duluth	Wilmar, Minn.
*Colton Kostynick	Sr.	Minnesota Duluth	Perham, Minn.
Alexander Croston	So.	Minnesota Duluth	St. Francis, Minn.
Luke Oberleitner	So.	Minnesota Duluth	St. Francis, Minn.
Austin Antony	Jr.	Minnesota Duluth	Lonsdale, Minn.
Jordan Gruenes	Sr.	Minnesota Duluth	Clear Lake, Minn.
Brennan Amundson	Jr.	Minnesota Duluth	Battle Lake, Minn.
Eli Bicek	Jr.	Minnesota Duluth	Elk River, Minn.
Nicholas Westphal	So.	Minnesota Duluth	Maple Grove, Minn.
Bereket Loer	Jr.	Minnesota Duluth	Wadena, Minn.
*Austin Frank	So.	Minnesota State	Olivia, Minn.
*Carter Owen	So.	Minnesota State	West Des Moines, Iowa
*Kyler Bade	So.	Minnesota State	Plainview, Minn.
*Alex Berg	So.	Minnesota State	Mankato, Minn.
*Ray Ure	So.	Minnesota State	Des Plaines, Ill.
*Niko Schmanski	Sr.	Minnesota State	Minnetonka, Minn.
*Adam Bohm	So.	Minnesota State	Havana, Ill.
*Jon Shaner	So.	Minnesota State	West Des Moines, Iowa
*Daniel Atttoh	So.	Minnesota State	Lakeville, Minn.
Carson Dittel	Jr.	Minnesota State	Maplewood, Minn.
Carter Nesvold	Jr.	Minnesota State	Pipestone, Minn.
Reece Shannon	Sr.	Minnesota State	Laramie, Wyo.
Slade Heald	So.	Minnesota State	Forest Lake, Minn.
Zach Shaner	So.	Minnesota State	West Des Moines, Iowa
Justus Adams	Sr.	Minnesota State	Sioux Falls, S.D.
Onyi Ukaobasi	So.	Minnesota State	Geneva, Ill.
Tanner Maier	Jr.	Minnesota State	Lodi, Wis.
*Benjamin Oie	SR	MSU Moorhead	Pillager, Minn.
*Braxton Bruer	JR	MSU Moorhead	West Fargo, N.D.
*Colby Larson	SO	MSU Moorhead	Rothsay, Minn.
*Isaiah Johnson	SO	MSU Moorhead	Brooklyn Park, Minn.
Elliott MacLennan	SO	MSU Moorhead	Edmonton, Alberta
Jordan Nolan	SO	MSU Moorhead	Blaine, Minn.
Eric Gibbons	SR	MSU Moorhead	Moorhead, Minn.
Connor Hayes	SR	MSU Moorhead	Elkhorn, Neb.
Ibrahim Oduong	SO	MSU Moorhead	Bismarck, N.D.
Kade Larson	SO	MSU Moorhead	Langford, S.D.





2022-23 NSIC WINTER ALL-ACADEMIC TEAM

MEN'S INDOOR TRACK & FIELD (CONT)

*Corbin Harris	Jr.	Minot State	Torrington, Wyo.
*Jacob Jensen	Sr.	Minot State	Belcourt, N.D.
*Sam Kreins	Sr.	Minot State	Reno, Nev.
*Camden Jasmin	So.	Minot State	Williston, N.D.
Grayson Bonilla	Jr.	Minot State	Helena, Mont.
Cael Lorenz	So.	Minot State	Grand Forks, N.D.
Casey McMahon	So.	Minot State	Minot, N.D.
*Samuel Tremelling	So.	Northern State	Chelmsford, Essex
*Glen Quayle	So.	Northern State	Isle of Man
*Jonathan Burkhalter	So.	Northern State	Prairie City, S.D.
*Dylan Schimke	So.	Northern State	Wessington Springs, S.D.
Brady Bauman	So.	Northern State	Bismarck, N.D.
Jackson Harrison	Gr.	Northern State	Aberdeen, S.D.
Rico Imus	So.	Northern State	Gillette, Wyo.
Dan Istvanovich	So.	Northern State	Chisago City, Minn.
Joel Matehs	So.	Northern State	Rugby, N.D.
Nathan Alto	So.	Northern State	Bemidji, Minn.
John Jacklin	Sr.	Northern State	Glendale, Ariz.
*David Ecker	Sr.	Sioux Falls	Eau Claire, Wis.
*Aaron Voigt	Gr.	Sioux Falls	Gregory, S.D.
*Benjamin Morrison	Jr.	Sioux Falls	Bozeman, Mont.
*Xavier Blackwell	Jr.	Sioux Falls	Mitchell, S.D.
*Dawson Davito	Jr.	Sioux Falls	North Mankato, Minn.
*Jaymeson Wolkow	Sr.	Sioux Falls	Alexandria, Minn.
*Zachary Matzner	Jr.	Sioux Falls	Marshall, Minn.
*Christian Lietz	Jr.	Sioux Falls	Worthington, Minn.
*Jakob Hanna	Gr.	Sioux Falls	Brandon, S.D.
*Ben Mandel	Jr.	Sioux Falls	Prior Lake, Minn.
Miles Olofson	So.	Sioux Falls	Elk River, Minn.
Micade Shumway	Jr.	Sioux Falls	Williston, N.D.
Justin Steffensmeier	Jr.	Sioux Falls	Kansas City, Mo.
Caleb Rivera	So.	Sioux Falls	St. James, Minn.
Nicholas Muller	So.	Sioux Falls	Sergeant Bluff, Iowa
Lucas Steiger	Jr.	Sioux Falls	Rapid City, S.D.
*Deekon Anvid	So.	SMSU	Culver, Minn.
*Carl Swedzinski	Sr.	SMSU	Milroy, Minn.
*John Ziemkowski	So.	SMSU	Lakeville, Minn.
*Hunter Smith	Jr.	SMSU	Plattsmouth, Neb.
*Brayden Tofeland	Jr.	SMSU	Luverne, Minn.
Max Schmitt	So.	SMSU	Muskego, Wis.
Nathan Lear	So.	SMSU	Watertown, S.D.
Luke Grannes	Jr.	SMSU	Belview, Minn.
*Nathan Goranson	Jr.	Upper Iowa	Greeley, Iowa
*Bryce Baker	Jr.	Upper Iowa	Rochester, Minn.
Jaylen Hobson	Sr.	Upper Iowa	Chicago, Ill.
David Snider	Sr.	Upper Iowa	Havana, Ill.
*Gabe Peitz	Jr.	Wayne State	Wakefield, Neb.
*Alex Brandt	So.	Wayne State	Grand Island, Neb.
*Wyatt Nissen	So.	Wayne State	Albion, Neb.
*Andrew Wyllie	So.	Wayne State	Wahoo, Neb.
*Logan Moeller	So.	Wayne State	Pierce, Neb.
*Abe Schroeder	Jr.	Wayne State	Ravenna, Neb.
Braden Johnson	Jr.	Wayne State	Gretna, Neb.
Brandon Mitzel	So.	Wayne State	West Point, Neb.
Liam McGonigal	Sr.	Wayne State	Hailey, Idaho
Dylan Kneifl	Jr.	Wayne State	Pilger, Neb.
Issac Richards	So.	Wayne State	Omaha, Neb.
Grant Fritsch	Sr.	Wayne State	Elkhorn, Neb.
Daniel Elge	So.	Wayne State	Aurora, Neb.

WOMEN'S INDOOR TRACK & FIELD (224/*156)

*Kaye Paschka	Sr.	Augustana	Alexandria, Minn.
*Elizabeth Schaefer	Sr.	Augustana	Rapid City, S.D.
*Nicolette Schmidt	GS	Augustana	Redfield, S.D.
*Ella Bakken	So.	Augustana	Eden Prairie, Minn.
*Patty Jo English	Sr.	Augustana	Elko, Minn.
*Anna Schmidt	So.	Augustana	Plymouth, Neb.
*Kylee Sallee	So.	Augustana	Hudson, Iowa
*Caroline Sudbeck	Jr.	Augustana	Sioux Falls, S.D.
*Aubrey Surage	So.	Augustana	Monument, Colo.
*Emma Hughes	So.	Augustana	Glenwood, Iowa
*Taylor Melton	Jr.	Augustana	Moorhead, Minn.
*Michelle Neece	Sr.	Augustana	Pipestone, Minn.

WOMEN'S INDOOR TRACK & FIELD (CONT)

*Mia Salas	Jr.	Augustana	Saint Michael, Minn.
*Ella Heinitz	So.	Augustana	Dell Rapids, S.D.
*Ana McCabe	Sr.	Augustana	Janesville, Minn.
*Jayda Becker	So.	Augustana	Shakopee, Minn.
Samantha Sundby	Jr.	Augustana	Rapid City, S.D.
Cami Streff	Jr.	Augustana	Madison, S.D.
Lily Soday	So.	Augustana	Keller, Texas
Kaja Salemonsén	So.	Augustana	Norway
*Mary Goodwin	Sr.	Bemidji State	Eagle River, Alaska
*Abigail Syverson	Sr.	Bemidji State	Pelican Rapids, Minn.
*Gwendoline Youso	Sr.	Bemidji State	Bemidji, Minn.
*Amanda Smith	Sr.	Bemidji State	Litchfield, Minn.
*Olivia Olson	Jr.	Bemidji State	Valley City, N.D.
*Alaina Hall	Sr.	Bemidji State	Riverview, Fla.
*Megan Judge	Sr.	Bemidji State	Fargo, N.D.
*Anastasia Klein	Sr.	Bemidji State	Pittsfield, Wis.
Lillian Johnson	Sr.	Bemidji State	Monticello, Minn.
Mikenna Pattrin	Jr.	Bemidji State	Alexandria, Minn.
Natalie Fultz	Sr.	Bemidji State	Eveleth, Minn.
Tierra Doss	Sr.	Bemidji State	Rosemount, Minn.
*Sofia Dodge	Sr.	Concordia-St Paul	Chisago Lakes, Minn.
*Jaid Perry	Sr.	Concordia-St Paul	Winneconne, Wis.
*Kelsey Thelen	So.	Concordia-St Paul	Farmington, Minn.
*Callie Reintsma	So.	Concordia-St Paul	Billings, Mont.
*Sydney Jackson	So.	Concordia-St Paul	St. Paul, Minn.
*Arika Harbo	Jr.	Concordia-St Paul	St. Paul, Minn.
Jenna Morris	So.	Concordia-St Paul	La Crosse, Wis.
Sarah Jeppesen	So.	Concordia-St Paul	Sunburg, Minn.
Breonna Graham	Sr.	Concordia-St Paul	Brooklyn Park, Minn.
*Grace Acheson	Gr.	University of Mary	Bradenton, Fla.
*Alyssa Becker	So.	University of Mary	Northfield, Minn.
*Laura Inama	So.	University of Mary	Seabeck, Wash.
*Morgan Hertz	Jr.	University of Mary	Homer, Alaska
*Nicole Kramchynsky	Sr.	University of Mary	Mott, N.D.
*Lizzy Folk	Jr.	University of Mary	Rosthern, Sask.
*Andriana Fundak	So.	University of Mary	Minot, N.D.
*Rachael Neu	Jr.	University of Mary	Richland, Wash.
*Abby Folk	Jr.	University of Mary	Albany, Minn.
*Taleigh Adrian	Sr.	University of Mary	Minot, N.D.
*Ellen Moore	Jr.	University of Mary	Hermosa, S.D.
*Teresa Blote	Sr.	University of Mary	Oshkosh, Wis.
*Tia Horning	Jr.	University of Mary	Rapid City, S.D.
*Ava Grimm	Sr.	University of Mary	Zap, N.D.
*Marisa Shiland	So.	University of Mary	Elk River, Minn.
*Arianna Passeri	Gr.	University of Mary	Danbury, Conn.
*Taylor Weidner	Jr.	University of Mary	Rosemount, Minn.
*Maria Vetter	So.	University of Mary	Bismarck, N.D.
Danalee Brock	So.	University of Mary	Hawley, Minn.
Grace Conzemius	So.	University of Mary	St. Elizabeth, Jamaica
Victoria Noland	So.	University of Mary	Breckenridge, Minn.
*Morgan Radel	Gr.	Minnesota Duluth	Kalispell, Mont.
*Analise Levesque	Sr.	Minnesota Duluth	Arco, Minn.
*Adrienne Thompson	Jr.	Minnesota Duluth	Sioux Falls, S.D.
*Anna Eich	So.	Minnesota Duluth	Farmington, Minn.
*Lauryn Renier	Jr.	Minnesota Duluth	Otsego, Minn.
*Lindsey Root	Jr.	Minnesota Duluth	Rochester, Minn.
*Megan Gilles	Jr.	Minnesota Duluth	St. Charles, Minn.
*Savannah Schley	So.	Minnesota Duluth	Prescott, Wis.
*Josie Bond	So.	Minnesota Duluth	Loyal, Wis.
*Mallory Dittel	So.	Minnesota Duluth	Lisle, Ill.
*Chloey Evans	Jr.	Minnesota Duluth	Maplewood, Wis.
*Kate Schmitz	Sr.	Minnesota Duluth	Melrose, Minn.
*Sabrina Segar	So.	Minnesota Duluth	St. Cloud, Minn.
*Haleigh Reindl	Gr.	Minnesota Duluth	Fairmont, Minn.
*Eve Anderson	So.	Minnesota Duluth	Waterford, Wis.
*Rebekah Muhlenskamp	So.	Minnesota Duluth	Makato, Minn.
Maddie Verkerke	Jr.	Minnesota Duluth	Swanville, Minn.
Kennedy Hawk	So.	Minnesota Duluth	White Bear Lake, Minn.
Alexandra Bragg	Jr.	Minnesota Duluth	Minot, N.D.
Jacqueline Olander	Jr.	Minnesota Duluth	Anoka, Minn.
Emily Jones	So.	Minnesota Duluth	Cambridge, Minn.
Julia Nielsen	Sr.	Minnesota Duluth	Cambridge, Minn.
Anna Palodichuk	Sr.	Minnesota Duluth	Anodur, Minn.
Bryn London	Sr.	Minnesota Duluth	Farmington, Minn.
			Rockford, Minn.





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WOMEN'S INDOOR TRACK & FIELD (CONT)

Francine Seidel	Jr.	Minnesota Duluth	Medford, Wis.
Alaina Steele	Jr.	Minnesota Duluth	Pine City, Minn.
*Marissa Ellenbecker	So.	Minnesota State	Edger, Wis.
*Emma Borowicz	So.	Minnesota State	Crookston, Minn.
*Amanda Montplaisir	Sr.	Minnesota State	Buffalo, Minn.
*Samantha Sunnarborg	Jr.	Minnesota State	Bloomington, Minn.
*Paige Bauer	So.	Minnesota State	North Branch, Minn.
*Ashley Criddlebaugh	So.	Minnesota State	Rosemount, Minn.
*Micah Zaemisch	So.	Minnesota State	Stoughton, Wis.
*Molly Kahl	So.	Minnesota State	Columbus, Wis.
*MaKenna Thurston	Jr.	Minnesota State	Nicollet, Minn.
*Lauren Preiner	So.	Minnesota State	Rosemount, Minn.
*Makayla Bishop	So.	Minnesota State	Apple Valley, Minn.
*Stella Neophytou	So.	Minnesota State	Nicosia, Cyprus
*Logan Kuskie	So.	Minnesota State	Longmont, Colo.
*Makenna Bares	So.	Minnesota State	West Fargo, N.D.
*Emma Ward	So.	Minnesota State	Angora, Minn.
*Madelin Bruessel	So.	Minnesota State	Owatonna, Minn.
*Toryn Richards	So.	Minnesota State	Cleveland, Minn.
Lyric Brennen	So.	Minnesota State	Nassau, Bahamas
Abbi Stafslin-Dumale	Jr.	Minnesota State	La Crosse, Wis.
Madysen Johnstone	So.	Minnesota State	Sydney, Neb.
Madelyn Skjeveland	So.	Minnesota State	Faribault, Minn.
Mack Rath	So.	Minnesota State	Pierre, S.D.
Maggie Anderson	So.	Minnesota State	Rochester, Minn.
Denisha Cartwright	Jr.	Minnesota State	Nassau, Bahamas
Rose Cramer	Jr.	Minnesota State	Milwaukee, Wis.
Olivia Solis	So.	Minnesota State	Oswego, Ill.
*Katelyn Zaiger	SO	MSU Moorhead	Colorado Springs, Colo.
*Sophia Sowada	SR	MSU Moorhead	Little Falls, Minn.
Sydney Bahls	SR	MSU Moorhead	Frazee, Minn.
Mickalyn Babcock	JR	MSU Moorhead	Denmark, Wis.
*Monica Okopal	Sr.	Minot State	Reno, Nev.
*Sidra Sadowsky	So.	Minot State	Hettinger, N.D.
Chloe Gunderson	Jr.	Minot State	Minot, N.D.
Kenzy Kellum	Jr.	Minot State	Mountain View, Wyo.
Fadzai Madavo	Sr.	Minot State	Harare, Zimbabwe
Paulette Dominguez	So.	Minot State	Aliso Viejo, Calif.
*Jennifer Clark	Gr.	Northern State	Rochester, Minn.
*Vanessa Christensen	Jr.	Northern State	Rosholt, S.D.
*Jenna Helms	Jr.	Northern State	Aberdeen, S.D.
*Megan Pickering	Jr.	Northern State	Brandon, S.D.
*Jordan Hermansen	So.	Northern State	Aberdeen, S.D.
*Christine Stoltenberg	Jr.	Northern State	Stratford, S.D.
*Summer Carlson	So.	Northern State	Moorhead, Minn.
*Sierra Sweeney	Jr.	Northern State	Porters Lake, N.S.
*Cassidy Gough	Sr.	Northern State	Aberdeen, S.D.
*Victoria Kolbinger	Sr.	Northern State	Becker, Minn.
*Renea Taylor	So.	Northern State	Okanogan, Wash.
*Mckenzee Danielson	Jr.	Northern State	Harrisburg, S.D.
*Alli Jackson	So.	Northern State	Allen, Neb.
*Shawney Coenraad	Sr.	Northern State	Oranjestad, Aruba
*Alison Theis	Jr.	Northern State	Minot, N.D.
*Avery Murray	So.	Northern State	Valley City, N.D.
Jordan Tschumperlin	So.	Northern State	Barnesville, Minn.
Mary Franssen	Sr.	Northern State	Arvada, Colo.
*Cassidy O'Meara	Jr.	Sioux Falls	Moorhead, Minn.
*Sierra Stanton	So.	Sioux Falls	Watertown, S.D.
*Annika Aho	Sr.	Sioux Falls	Menahga, Minn.
*Myah Roggenbuck	Jr.	Sioux Falls	Sioux Falls, S.D.
*Moriah Bullerman	Jr.	Sioux Falls	Adrian, Minn.
*McKenna Comstock	Jr.	Sioux Falls	South Sioux City, Neb.
*Natalie Meyers	Sr.	Sioux Falls	Kansas City, Mo.
*Kayleigh Whippis	So.	Sioux Falls	Wausau, Wis.
*Avery Bartunek	Jr.	Sioux Falls	Dawson, Minn.
*Khot Juac	Jr.	Sioux Falls	Sioux Falls, S.D.
*Emily Swanson	So.	Sioux Falls	Odell, Neb.
*Josie Boyd	Jr.	Sioux Falls	Sioux Falls, S.D.
*Emma Kenkel	Sr.	Sioux Falls	Storm Lake, Iowa
*Kamry Lindsey	So.	Sioux Falls	Appleton, Wis.
*Gracie Bucher	So.	Sioux Falls	Windom, Minn.
Holly Mayers	Sr.	Sioux Falls	Albany, Minn.
Kayla Van Osdel	So.	Sioux Falls	Mission Hill, S.D.
Abbigail Webb	So.	Sioux Falls	Des Moines, Iowa
Jessica Lutmer	So.	Sioux Falls	Pierre, S.D.

WOMEN'S INDOOR TRACK & FIELD (CONT)

Karlee Simmons	Sr.	Sioux Falls	Keystone, S.D.
Ella Kolb	So.	Sioux Falls	Sioux Falls, S.D.
Tianna Voigt	Gr.	Sioux Falls	Pelican Rapids, Minn.
Mackenzie Bengston	Sr.	Sioux Falls	Buffalo Center, Iowa
Olivia Baumberger	So.	Sioux Falls	Colman, S.D.
*Catherine Ihrke	So.	SMSU	New Lenox, Ill.
*Morgan Hughes	Sr.	SMSU	Sioux Falls, S.D.
*Sierra Clifford	So.	SMSU	Hayward, Wis.
*Macie Langstraat	So.	SMSU	Ankeny, Iowa
*Kaaryna Smidel	So.	SMSU	Kewaunee, Wis.
*Nadia Sanford	Jr.	SMSU	Oak Grove, Minn.
*Leah Tietjens	So.	SMSU	Ames, Iowa
*Shealyn Tom	So.	SMSU	Brea, Calif.
*Josephine Lentz	So.	SMSU	Big Lake, Minn.
Lexy Gilbert	So.	SMSU	Huron, S.D.
Caitlyn Regan	Sr.	SMSU	Wodonga, Australia
Savanna Busch	So.	SMSU	Williamsburg, Iowa
Kate Battaforyen	Sr.	SMSU	Lakeville, Minn.
*Brooklyn Brouse	So.	St. Cloud State	Thief River Falls, Minn.
*Kasey Parish	Sr.	St. Cloud State	Winchelsea South, Australia
*Julia Rowles	Sr.	St. Cloud State	Plymouth, Minn.
*Clara Welhouse	Sr.	St. Cloud State	Green Bay, Wis.
*Greta Freed	So.	St. Cloud State	Rochester, Minn.
*Allie Butte	So.	St. Cloud State	Winneconne, Wis.
*Parker Buske	Sr.	St. Cloud State	Madison, Wis.
*Erica Conrad	Jr.	St. Cloud State	Ashwaubenon, Wis.
Lauren Sertich	So.	St. Cloud State	Cloquet, Minn.
Shelby Romig	So.	St. Cloud State	Ankeny, Iowa
Makaylin Christenson	So.	St. Cloud State	Prairie Farm, Wis.
*Ashley Donovan	Sr.	Upper Iowa	Dubuque, Iowa
*Genevieve Chenoweth	So.	Upper Iowa	Hedgesville, W.V.
*Jadyn Schultz	Jr.	Upper Iowa	Independence, Iowa
*Kiana Maghanoy	Jr.	Upper Iowa	Wailuku, Hawaii
*Carolina Regalado	Jr.	Upper Iowa	McAllen, Texas
Jordan Sekafetz	So.	Upper Iowa	Iowa City, Iowa
Macey White	Gr.	Upper Iowa	Mount Pleasant, Pa.
Kathryn McEnery	Jr.	Upper Iowa	Crystal Lake, Ill.
*Kelsey Larsen	Jr.	Wayne State	Walthill, Neb.
*Alison Stineman	Jr.	Wayne State	Norfolk, Neb.
*Brooke Solomon	Jr.	Wayne State	Yankton, S.D.
*Maya Couch	So.	Wayne State	David City, Neb.
*Megan Hansen	Jr.	Wayne State	South Sioux City, Neb.
*Kendra Paasch	Sr.	Wayne State	Scribner, Neb.
*Veronica Guenther	So.	Wayne State	Springfield, Neb.
*Hailey Baker	So.	Wayne State	Blair, Neb.
*Sarah Cotton	Sr.	Wayne State	Ida Grove, Iowa
Keyla Sambo	Sr.	Wayne State	Curacao
Brooklynn Chippis	5th	Wayne State	Elgin, Neb.
Annie McCartney	Jr.	Wayne State	Nelson, Neb.
Emily Smollen	Jr.	Wayne State	Grand Island, Neb.
*Lindsay Cunningham	Jr.	Winona State	Wisconsin Dells, Wis.
*Xana Leum	Sr.	Winona State	Viroqua, Wis.
*Ashlie Lockington	Sr.	Winona State	Bangor, Wis.
*Andrea Fromelt	Sr.	Winona State	St. Cloud, Minn.
*Kaylee Patnode	Sr.	Winona State	South Milwaukee, Wis.
*Brooklyn Schyvinck	5th	Winona State	Reedsburg, Wis.
*Kaylee Beyer	Sr.	Winona State	Mukwonago, Wis.
*Hanna Reichenberger	So.	Winona State	Combined Locks, Wis.
*Sophia Taarud	So.	Winona State	Farmington, Minn.
Regan Feit	So.	Winona State	Luverne, Minn.
Rachel Hoffman	Sr.	Winona State	Green Bay, Wis.
Kaylee Olson	Jr.	Winona State	De Pere, Wis.

WRESTLING (83/*37)

*Tyler Wagoner	Jr.	Augustana	Waconia, Minn.
*Jaxson Rohman	So.	Augustana	Trimont, Minn.
*Cade Mueller	Jr.	Augustana	Waconia, Minn.
John Babineau	So.	Augustana	Andover, Minn.
Edward Hajas	So.	Augustana	Delano, Minn.
Jack Huffman	Jr.	Augustana	Omaha, Neb.
Derek Werner	So.	Augustana	Lamberton, Minn.
Zach Peterson	So.	Augustana	Perham, Minn.
Kage Lenger	So.	Augustana	Liberty, Mo.
*Jacob Morgan	So.	University of Mary	Billings, Mont.
*Matthew Kaylor	So.	University of Mary	Bismarck, N.D.





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WRESTLING (CONT)

*Riley Mitchell	Sr.	University of Mary	Gillette, Wyo.
Riley Noble	Jr.	University of Mary	Murray, Utah
Anthony Velazquez	Sr.	University of Mary	Los Banos, Calif.
Laken Boese	Sr.	University of Mary	Bismarck, N.D.
Wyatt Lidberg	So.	University of Mary	Albertville, Minn.
Max Bruss	Jr.	University of Mary	De Pere, Wis.
Reece Barnhardt	So.	University of Mary	Bismarck, N.D.
Sam Bruss	So.	University of Mary	De Pere, Wis.
Levi Malcolm	Jr.	University of Mary	Billings, Mont.
Lincoln Turman	Sr.	University of Mary	Pierre, S.D.
*Max Schwabe	So.	Minnesota State	Stratford, Wis.
*Shane Gibson	So.	Minnesota State	Livingston, Mont.
*Isaiah Mlsna	So.	Minnesota State	St. Michael, Iowa
Nicolas Leo	So.	Minnesota State	Ankeny, Iowa
Brody Nielsen	Jr.	Minnesota State	Albert Lea, Minn.
Josh Piechowski	So.	Minnesota State	Stillwater, Minn.
Mike Smith	So.	Minnesota State	Amery, Wis.
*Samuel Grove	SR	MSU Moorhead	Moorhead, Minn.
*Gunnar Mogen	SO	MSU Moorhead	Velva, N.D.
Cody Dravis	JR	MSU Moorhead	Park Rapids, Minn.
*Kelby Armstrong	Jr.	Minot State	Minot, N.D.
*Cayden White	Jr.	Minot State	Marysville, Wash.
*Logen Fischer	Gr.	Minot State	Rapid City, S.D.
Brendan Barnes	Jr.	Minot State	Kalispell, Mont.
*Robert Coyle	Gr.	Northern State	Watertown, S.D.
*Kelby Hawkins	Gr.	Northern State	Groton, S.D.
*Kolton Roth	Gr.	Northern State	Graettinger, Iowa
*Teagan Block	So.	Northern State	Prior Lake, Minn.
*Wyatt Turnquist	Sr.	Northern State	Winner, S.D.
*Nathan Schauer	So.	Northern State	Ashley, N.D.
*Tyler Althoff	Jr.	Northern State	Watertown, S.D.
Brenden Salfrank	Jr.	Northern State	Aberdeen, S.D.
Samuel Stroup	Jr.	Northern State	Watertown, S.D.
Landen Fischer	Sr.	Northern State	Rapid City, S.D.
Tyson Lien	So.	Northern State	Huron, S.D.
*Sean Howk	Sr.	SMSU	New Ulm, Minn.
*Jace Paplow	Jr.	SMSU	Dundee, Minn.
Nye Becker	Jr.	SMSU	Browerville, Minn.
Tyler Soltau	Sr.	SMSU	Zumbrota, Minn.
Lucas Hodges	Sr.	SMSU	Cottonwood, Minn.
Carter Marx	Sr.	SMSU	Plainview, Minn.
Gage Wevley	Sr.	SMSU	Morris, Minn.
Kevin Bostwick	Sr.	SMSU	Missouri Valley, Iowa
*Philip Kue	Sr.	St. Cloud State	Gresham, Ore.
*Shaeden Scheidt	Jr.	St. Cloud State	Canton, S.D.
*Anthony Herrera	Sr.	St. Cloud State	Stansbury Park, Utah
Joseph Bianchini	Sr.	St. Cloud State	Elk Grove Village, Ill.
Cody Minor	Jr.	St. Cloud State	Green Bay, Wis.
Nicholas Novak	So.	St. Cloud State	New Prague, Minn.
Cameron Riggs	Sr.	St. Cloud State	North Platte, Neb.
Dominic Murphy	Sr.	St. Cloud State	Evergreen Park, Ill.
*Donny Schmit	Grad.	Upper Iowa	Readlyn, Iowa
*Jordan Baumler	R-Sr.	Upper Iowa	West Union, Iowa
*Chase Luensman	Sr.	Upper Iowa	Monticello, Iowa
*Connor Manderfeld	R-Sr.	Upper Iowa	Arlington, Texas
Scott Kellenberger	R-Jr.	Upper Iowa	Litchfield Park, Ariz.
Tate Murty	R-Jr.	Upper Iowa	Fountain City, Wis.
Kaden Anderlik	R-Jr.	Upper Iowa	Cresco, Iowa
Cameron Lopez	Sr.	Upper Iowa	Monee, Ill.
*Nate Lloyd	Gr.	Wisconsin Parkside	Luxemburg, Wis.
*Reece Worachek	Jr.	Wisconsin Parkside	Luxemburg, Wis.
*Benjamin Durocher	Jr.	Wisconsin Parkside	Wrightstown, Wis.
*Shane Gantz	Gr.	Wisconsin Parkside	Waukesha, Wis.
*Jordan Craft	Jr.	Wisconsin Parkside	Manitowoc, Wis.
*Eric Bower	Sr.	Wisconsin Parkside	Kewaskum, Wis.
*Cayden Henschel	Jr.	Wisconsin Parkside	West Bend, Wis.
Crosby Schlosser	So.	Wisconsin Parkside	West Bend, Wis.
Lloyd Reynolds	Jr.	Wisconsin Parkside	Edwardsville, Ill.
Jason Gudarrama	Jr.	Wisconsin Parkside	Mundelein, Ill.
Drake Regenhardt	Jr.	Wisconsin Parkside	Woodstock, Ill.
Isaac Riddle	Jr.	Wisconsin Parkside	Germantown, Wis.
Lucas Schevikhoven	Sr.	Wisconsin Parkside	Racine, Wis.

