



All-Academic Release

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2023 NSIC Fall All-Academic Teams Announced

BURNSVILLE, Minn. — The Northern Sun Intercollegiate Conference announced that 831 student-athletes have earned NSIC All-Academic honors for the 2023 fall athletic season; 522^A student-athletes were named to the NSIC All-Academic Team of Excellence, while 309^A earned NSIC All-Academic Team honors.

To be eligible for the NSIC All-Academic Team of Excellence, a student-athlete must have a 3.60 cumulative GPA or higher, while NSIC All-Academic Team members must have a 3.20 cumulative GPA or higher.

Additionally, the student-athlete must be a member of the varsity traveling team, have reached sophomore athletic and academic standing at her/his institution (true freshmen, red-shirt freshmen and ineligible athletic transfers are not eligible) and must have completed at least one full academic year at that institution.

^AAs of 12/04/23 at 5:00 p.m.

*All-Academic Team of Excellence Members

MEN'S CROSS COUNTRY (81/*41)

*Colten Brand	Sr. Augustana	Winona, Minn.
*Patrick Vogel	So. Augustana	Sioux Falls, S.D.
*Kadin Groen	So. Augustana	Sioux Falls, S.D.
*Nick Batchelor	So. Augustana	Milbank, S.D.
*Alex Otten	So. Augustana	Rapid City, S.D.
*Beau Brock	Jr. Augustana	Pewaukee, Wis.
*Ryan Hartman	Jr. Augustana	Wausau, Wis.
*Erik Gundersen	So. Augustana	Stavanger, Norway
*Caden Tegethoff	Jr. Augustana	Platte, S.D.
*Soren Weeg	So. Augustana	Sioux Falls, S.D.
Nick Larson	Sr. Augustana	Omaha, Neb.
Isaac Fink	Jr. Augustana	Duluth, Minn.
Parker Fitzgerald	So. Augustana	Harrisburg, S.D.
Evan Myran	Jr. Augustana	Hawley, Minn.
Daniel Street	Jr. Augustana	Aberdeen, S.D.
Ryan Schroeder	Jr. Augustana	Sioux Falls, S.D.
*Matthew Helser	Jr. Concordia-St. Paul	Big Lake, Minn.
*Owen Erickson	Jr. Concordia-St. Paul	Blaine, Minn.
*Travis Andrews	Jr. Concordia-St. Paul	Arlington, Minn.
*Ethan Blischke	So. Concordia-St. Paul	Ely, Minn.
Matt Krummel	Jr. Concordia-St. Paul	Oakdale, Minn.
Josh Sims	Jr. Concordia-St. Paul	Little Canada, Minn.
James Frigstad	Jr. Concordia-St. Paul	St. Anthony, Minn.
Emmett Faltesek	Jr. Concordia-St. Paul	Ely, Minn.
Caleb Hanson	So. University of Mary	Dickinson, N.D.
Guillermo Fregoso	Jr. University of Mary	Twin Falls, Idaho
*Warden Dahlgren	Sr. Minnesota Crookston	Edgeley, N.D.
Connor Thoenes	So. Minnesota Crookston	Coleraine, Minn.
*Jack Van Kempen	Sr. Minnesota Duluth	Elbow Lake, Minn.
*Lucas Selman	Gr. Minnesota Duluth	Minneapolis, Minn.
Austin Antony	Sr. Minnesota Duluth	Lonsdale, Minn.
Zachary Anderson	So. Minnesota Duluth	Blaine, Minn.
Jordan Gruenes	Gr. Minnesota Duluth	Becker, Minn.
Nathaniel Brandt	So. Minnesota Duluth	Excelsior, Minn.
Owen Dickenson	Sr. Minnesota Duluth	Solon Springs, Wis.
*Tanner Maier	Sr. Minnesota State	Lodi, Wis.
*Ray Ure	Jr. Minnesota State	Des Plaines, Ill.
*Adam Bohm	Jr. Minnesota State	Havana, Ill.
*Leif Larsen	So. Minnesota State	Williston, N.D.
Caden Speikers	Jr. Minnesota State	Farmington, Minn.
Maquanet Collins	So. Minnesota State	Apple Valley, Minn.
Nikolai Schmanski	Jr. Minnesota State	Minnetonka, Minn.
*Caaden Rath	So. MSU Moorhead	Kindred, N.D.
*Braxton Bruer	Sr. MSU Moorhead	West Fargo, N.D.
Lane Dullum	So. MSU Moorhead	West Fargo, N.D.
*Jacob Jensen	Gr. Minot State	Belcourt, N.D.
*Yoni Neyshtadt	Jr. Minot State	Richmond Hill, Ontario

MEN'S CROSS COUNTRY (CONT)

*Camden Jasmin	Jr. Minot State	Williston, N.D.
*Charles Hardcastle	So. Minot State	Williston, N.D.
Grayson Bonilla	Sr. Minot State	Helena, Mont.
Peyton Tuhy	So. Minot State	Hettinger, N.D.
Casey McMahon	Jr. Minot State	Minot, N.D.
*Evan Halbe	So. Northern State	Watertown, S.D.
*Jonathan Burkhalter	Jr. Northern State	Prairie City, S.D.
*Blake Stoks	So. Northern State	Porter, Minn.
Jacob Angerhofer	So. Northern State	Aberdeen, S.D.
Nathan Alto	Jr. Northern State	Bemidji, Minn.
John Jacklin	Sr. Northern State	Glendale, Ariz.
*Parker Hahn	Sr. Sioux Falls	Cottage Grove, Minn.
*Ben Morrison	Sr. Sioux Falls	Bozeman, Mont.
*Zachary Matzner	Sr. Sioux Falls	Marshall, Minn.
*Christian Lietz	Sr. Sioux Falls	Worthington, Minn.
*Caleb Roggenbuck	Sr. Sioux Falls	Sioux Falls, S.D.
Dylan Saur	So. Sioux Falls	Sioux Falls, S.D.
Caleb Rivera	Sr. Sioux Falls	Saint James, Minn.
Justin Steffensmeier	Sr. Sioux Falls	Kansas City, Mo.
Micade Shumway	Sr. Sioux Falls	Williston, N.D.
Nicholas Muller	Jr. Sioux Falls	Sergeant Bluff, Iowa
Miles Olofson	Sr. Sioux Falls	Elk River, Minn.
Kade Bullion	Jr. Sioux Falls	Brighton, Colo.
*Daniel Olson	So. SMSU	Nashwauk, Minn.
*Quentin Dreyer	So. Wayne State	Manning, Iowa
*Gabe Peitz	Sr. Wayne State	Wakefield, Neb.
*Abe Schroeder	Sr. Wayne State	Ravenna, Neb.
Andrew Wyllie	Jr. Wayne State	Wahoo, Neb.
Brandon Mitzel	Jr. Wayne State	West Point, Neb.
Titus Kiptoo	Sr. Wayne State	Kapsabet, Kenya
*Mitchell Buerkle	Sr. Winona State	Springfield, Minn.
*Connor Hallaway	So. Winona State	Glencoe, Minn.
Tyler Merrell	Jr. Winona State	Mounds View, Minn.
Mitchell Johnstone	Sr. Winona State	Cleveland, Minn.

WOMEN'S CROSS COUNTRY (110/*81)

*Ella Bakken	Jr. Augustana	Eden Prairie, Minn.
*Laura Thompson	So. Augustana	Fairmont, Minn.
*Tenley Nelson	So. Augustana	Luverne, Minn.
*Caroline Sudbeck	Jr. Augustana	Sioux Falls, S.D.
*Aubrey Surage	Jr. Augustana	Monument, Colo.
*Taylor Melton	Jr. Augustana	Moorhead, Minn.
*Andrea McCabe	Sr. Augustana	Janesville, Minn.
*Lindsey Young	So. Augustana	Maple Grove, Minn.
Eleni Lovgren	So. Augustana	Williston, N.D.
*Mary Goodwin	Sr. Bemidji State	Eagle River, Alaska
*Callie Ressler	So. Bemidji State	Fargo, N.D.
Maggie McCarthy	So. Bemidji State	Woodbury, Minn.
*Olivia Cole	So. Concordia-St. Paul	Farmington, Minn.
*Kelsey Thelen	Jr. Concordia-St. Paul	Farmington, Minn.
*Nyadio Chan	So. Concordia-St. Paul	Ames, Iowa
*Makayla Harmer	So. Concordia-St. Paul	Elk River, Minn.
Anna Sajdak	Jr. Concordia-St. Paul	West Bend, Wis.
*Grace Acheson	Gr. University of Mary	Northfield, Minn.
*Kristine Kalthoff	Jr. University of Mary	Albany, Minn.
*Alyssa Becker	Jr. University of Mary	Seabeck, Wash.
*Andrijana Fundak	Jr. University of Mary	Richland, Wis.
*Elizabeth Folk	Sr. University of Mary	Minot, N.D.
*Rachael Neu	Gr. University of Mary	Albany, Minn.
*Teresa Blote	Sr. University of Mary	Rapid City, S.D.
*Natalee Sample	Sr. University of Mary	Marshall, Minn.
*Marisa Shiland	Sr. University of Mary	Danbury, Conn.
*Terez Wycklendt	So. University of Mary	New Berlin, Wis.
*Madison Hilliard	So. Minnesota Crookston	Jacksonville, N.C.
Alex Middendorf	Sr. Minnesota Crookston	Sauk Centre, Minn.



2023 NSIC FALL ALL-ACADEMIC TEAM

WOMEN'S CROSS COUNTRY (CONT)

Anna Grabowski	Jr.	Minnesota Crookston	Waterdown, Ontario
*Elizabeth VanLoon	So	Minnesota Duluth	New Brighton, Minn.
*Laurny Renier	Sr.	Minnesota Duluth	Rochester, Minn.
*Savannah Schley	Jr.	Minnesota Duluth	Loyal, Wis.
*Josie Bond	Jr.	Minnesota Duluth	Lisle, Ill.
*Kira Almsberger	So	Minnesota Duluth	Olath, Kan.
*Alexandra Bragg	Sr.	Minnesota Duluth	Anoka, Minn.
*Rebekah Muhlenkamp	Jr.	Minnesota Duluth	Swanville, Minn.
Eve Anderson	Jr.	Minnesota Duluth	Mankato, Minn.
Maddie Verkerke	Sr.	Minnesota Duluth	White Bear Lake, Minn.
Camilla Millett	So.	Minnesota Duluth	West St. Paul, Minn.
Anna Palodichuk	Sr.	Minnesota Duluth	Farmington, Minn.
Kathryn Wraspir	So.	Minnesota Duluth	Roseville, Minn.
Francine Seidel	Sr.	Minnesota Duluth	Medford, Wis.
*Marissa Ellenbecker	Jr.	Minnesota State	Edgar, Wis.
*Alison Zigler	Sr.	Minnesota State	Pewaukee, Wis.
*Cassidy O'Meara	Sr.	Minnesota State	Moorhead, Minn.
*Alexi MacDonald	So.	Minnesota State	Rice Lake, Wis.
*Madison Matzek	So.	Minnesota State	Prescott, Wis.
*McKenna Thurston	Sr.	Minnesota State	Nicollet, Minn.
*Makayla Bishop	Jr.	Minnesota State	Rosemount, Minn.
*Megan Narveson	Jr.	Minnesota State	Bloomington, Minn.
*Olivia Anderson	So.	Minnesota State	Jackson, Minn.
*Emmah Dmytrasz	So.	Minnesota State	North Mankato, Minn.
*Madelin Bruessel	Jr.	Minnesota State	Owatonna, Minn.
*Emily Cunningham	Jr.	Minnesota State	Wisconsin Dells, Wis.
Melanie Illies	Jr.	Minnesota State	Cold Spring, Minn.
Madelyn Skjeveland	Jr.	Minnesota State	Faribault, Minn.
Shye Johnson	So.	Minnesota State	Tama, Iowa
*Abbie Christen	So.	MSU Moorhead	Albany, Minn.
*Emery Smith	So.	Minot State	North Salt Lake, Utah
*Nicole Reeves	So.	Minot State	Anaheim, Calif.
*Monica Okopal	Sr.	Minot State	Reno, Nev.
*Sidra Sadowsky	Jr.	Minot State	Hettinger, N.D.
*Jazmin Gorder	So.	Minot State	Poplar, Mont.
Paulette Dominguez	Jr.	Minot State	Aliso Viejo, Calif.
*Jenna Helms	Sr.	Northern State	Aberdeen, S.D.
*Megan Pickering	Sr.	Northern State	Brandon, S.D.
*Jordan Hermansen	Jr.	Northern State	Aberdeen, S.D.
*Summer Carlson	Jr.	Northern State	Moorhead, Minn.
*Kenzie Hamann	Sr.	Northern State	Clear Lake, S.D.
*Alli Jackson	Jr.	Northern State	Allen, Neb.
Avery Murray	Jr.	Northern State	Valley City, N.D.
Mary Franssen	Sr.	Northern State	Arvada, Colo.
Chloe Strom	Jr.	Northern State	Moorhead, Minn.
*Lillian McCone	So.	Sioux Falls	Sanborn, Minn.
*Annika Aho	Gr.	Sioux Falls	Menahga, Minn.
*Mallory Salazar	So.	Sioux Falls	Buena Vista, Colo.
*Khot Juac	Sr.	Sioux Falls	Sioux Falls, S.D.
*Josephine Boyd	Sr.	Sioux Falls	Harrisburg, S.D.
*Gracie Bucher	Sr.	Sioux Falls	Windom, Minn.
Ella Kolb	Jr.	Sioux Falls	Sioux Falls, S.D.
Faith Rustad	So.	Sioux Falls	Hawley, Minn.
Emma Thomas	So.	Sioux Falls	Gregory, S.D.
Raina Weigelt	So.	Sioux Falls	Sioux Falls, S.D.
Karlee Simmons	Gr.	Sioux Falls	Keystone, S.D.
*Catherine Ihrke	Jr.	SMSU	New Lenox, Ill.
*Kyra Kusnierek	So.	SMSU	Eagan, Minn.
*Macie Langstraat	Jr.	SMSU	Ankeny, Iowa
*Josephine Lentz	Jr.	SMSU	Big Lake, Minn.
Savanna Busch	Jr.	SMSU	Williamsburg, Iowa
*Erica Conrad	Sr.	St. Cloud State	Ashwaubenon, Wis.
*Greta Freed	Jr.	St. Cloud State	Rochester, Minn.
Cambrie Kowal	Jr.	St. Cloud State	Lake of the Ozarks, Mo.
*Lindsey Stuckey	Sr.	Wayne State	McCool Junction, Neb.
*Kelsey Larsen	Sr.	Wayne State	Bancroft, Neb.
*Alison Stineman	Sr.	Wayne State	Norfolk, Neb.
*Sydney Escritt	So.	Wayne State	Hebron, Neb.
*Brooke Solomon	Sr.	Wayne State	Yankton, S.D.
*Maelee Beacom	So.	Wayne State	Hooper, Neb.
*Faith Polacek	Jr.	Wayne State	Wahoo, Neb.
Kylie Pacht	Gr.	Wayne State	Chester, Neb.
*Lindsay Cunningham	Sr.	Winona State	Wisconsin Dells, Wis.
*Bellamy Sukalski	So.	Winona State	Marshall, Minn.
*Rhya Brandemuehl	So.	Winona State	Mount Horeb, Wis.
*Mara Talabac	So.	Winona State	Janesville, Wis.

WOMEN'S CROSS COUNTRY (CONT)

*Kaylee Beyer	5th.	Winona State	Mukwonago, Wis.
*Sophia Taarud	Jr.	Winona State	Farmington, Minn.
Kylie Anderson	So.	Winona State	Waukesha, Wis.
Madeline Palmer	So.	Winona State	Menomonie, Wis.
Rachel Hoffman	Gr.	Winona State	Green Bay, Wis.

FOOTBALL (284/*147)

*Mitchell Goodbary	Sr.	Augustana	Sioux Falls, S.D.
*Ethyn Rollingner	So.	Augustana	Harrisburg, S.D.
*Isaak Sipple	So.	Augustana	St. Cloud, Minn.
*Blake Larson	Sr.	Augustana	Brandon, S.D.
*Devon Jones	Sr.	Augustana	San Diego, Calif.
*Logan Uttecht	Sr.	Augustana	Sioux Falls, S.D.
*Jorey Sorenson	Jr.	Augustana	Brandon, S.D.
*Logan Leonard	So.	Augustana	Minnetrista, Minn.
*Sam Scholten	So.	Augustana	Brandon, S.D.
*Thomas Scholten	Jr.	Augustana	Brandon, S.D.
*Jack Paradis	Jr.	Augustana	Omaha, Neb.
*Ayden Sand	Jr.	Augustana	Sioux Falls, S.D.
*Peyton Buckley	Jr.	Augustana	Rice Lake, Wis.
*Casey Bauman	Gr.	Augustana	Sumas, Wash.
*C.J. James	Jr.	Augustana	Des Moines, Iowa
*Lincoln Boetel	Jr.	Augustana	Harrisburg, S.D.
*Jake Zeplin	Sr.	Augustana	Omaha, Neb.
*Brayden Hoops	Sr.	Augustana	Storm Lake, Iowa
*Jack Teigen	So.	Augustana	Harrisburg, S.D.
Colton Hartford	Jr.	Augustana	Rapid City, S.D.
Brock Stiles	Jr.	Augustana	Altoona, Iowa
Dallas Rogers	Jr.	Augustana	Papillion, Neb.
Matt Chitty	Sr.	Augustana	Nevada, Iowa
Josh Buddenhagen	Jr.	Augustana	Hartford, Wis.
Zach Richardson	So.	Augustana	Canton, S.D.
Liam Porter	So.	Augustana	Rapid City, S.D.
Jack Fisher	Jr.	Augustana	Rochester, Minn.
Isaiah Huber	So.	Augustana	Rochester, Minn.
Jacob Wagner	So.	Augustana	Salem, S.D.
Connor Neill	Gr.	Augustana	Rockwall, Texas
Will Davis	Jr.	Augustana	Edina, Minn.
Jett Lamb	Jr.	Augustana	Onida, S.D.
Jarod Epperson	Sr.	Augustana	Omaha, Neb.
Gradee Sherman	So.	Augustana	Viborg, S.D.
Brock Fox	Jr.	Augustana	Treynor, Iowa
Zach Nickels	Jr.	Augustana	Rochester, Minn.
Quinton Adams	So.	Augustana	Lincoln, Neb.
Carter Robinson	Jr.	Augustana	Appleton, Wis.
Jacob Ludwig	Jr.	Augustana	Ashland, Neb.
*Shane Atz	Jr.	Bemidji State	Roseville, Minn.
*Bill Ketola	Sr.	Bemidji State	New Brighton, Minn.
*Ali Mohamed	Sr.	Bemidji State	Glendale, Ariz.
*Nick Gerlach	Gr.	Bemidji State	East Bethel, Minn.
*Colton Hinrichs	So.	Bemidji State	Bemidji, Minn.
*Josh McLain	Sr.	Bemidji State	Baxter, Minn.
*Drayton Lehman	Sr.	Bemidji State	Mosinee, Wis.
*Brice Peters	Jr.	Bemidji State	White Bear Lake, Minn.
*Colton Herman	Sr.	Bemidji State	Anchorage, Alaska
Cade Barrett	Sr.	Bemidji State	Lake Shore, Minn.
Jake Gannon	Sr.	Bemidji State	Franklin, Wis.
Conor Kovas	Jr.	Bemidji State	Joliet, Ill.
Arian Garcia	Jr.	Bemidji State	Gretna, Neb.
Clayton Birdsall	So.	Bemidji State	Alexandria, Minn.
Sean Cortright	Sr.	Bemidji State	New London, Wis.
Sam Kanne	Sr.	Bemidji State	Winona, Minn.
Dylan Wheeler	Sr.	Bemidji State	Arlington, Texas
Marco Cavallaro	Sr.	Bemidji State	Newport, Minn.
Spencer Wehr	Sr.	Bemidji State	Cloquet, Minn.
Zach Ott	Jr.	Bemidji State	Mason City, Iowa
Alex Current	Jr.	Bemidji State	Muskego, Wis.
Marcus Hansen	Jr.	Bemidji State	Waseca, Minn.
Caleb Young	Gr.	Bemidji State	Tampa, Fla.
Drew Lindgren	Jr.	Bemidji State	St. Paul, Minn.
Spencer Shaver	Gr.	Bemidji State	Savage, Minn.
Luke Hessenauer	So.	Bemidji State	Milton, Wis.
*Brayden Hilgemann	Jr.	Concordia-St. Paul	Marshall, Minn.





2023 NSIC FALL ALL-ACADEMIC TEAM

FOOTBALL (CONT)

*Drew Enke	Jr.	Concordia-St. Paul	Clear Lake, Iowa
*Beau Ruby	Jr.	Concordia-St. Paul	Elk River, Minn.
*Daniel Hornacek	So.	Concordia-St. Paul	De Pere, Wis.
*Richard Wauer	So.	Concordia-St. Paul	Muskego, Wis.
*Parker Dahlman	Jr.	Concordia-St. Paul	Blaine, Minn.
*Carson Krefft	So.	Concordia-St. Paul	Clear Lake, Iowa
*Conner Cordts	Jr.	Concordia-St. Paul	Peoria, Ariz.
*Brock Thornton	So.	Concordia-St. Paul	Menomonie, Wis.
*Jackson Savre	So.	Concordia-St. Paul	Hermantown, Minn.
*El-Osirir Jeudy	Jr.	Concordia-St. Paul	Miami, Fla.
*Carter Otto	So.	Concordia-St. Paul	Elk River, Minn.
*Davaris Cheeks	Jr.	Concordia-St. Paul	Aurora, Ill.
*Riley Heller	Jr.	Concordia-St. Paul	Bloomfield, Iowa
*Sam Henson	Jr.	Concordia-St. Paul	Owatonna, Minn.
Jac Carver	Jr.	Concordia-St. Paul	Delano, Minn.
Caden Baarts	So.	Concordia-St. Paul	Fairmont, Minn.
Adrian Adams	Jr.	Concordia-St. Paul	Brooklyn Park, Minn.
Austin Carrillo	So.	Concordia-St. Paul	Racine, Wis.
Peyton Ihns	So.	Concordia-St. Paul	Cresco, Iowa
Robby Carrillo	Jr.	Concordia-St. Paul	Racine, Wis.
Hudson Jean	So.	Concordia-St. Paul	Naples, Fla.
Drake Teal	So.	Concordia-St. Paul	St. Paul, Minn.
Ty Fisher	So.	Concordia-St. Paul	Clear Lake, Iowa
Caydon Christensen	So.	Concordia-St. Paul	Belmond, Iowa
Jaire Moore	Sr.	Concordia-St. Paul	Dallas, Texas
*Ryan Woroniecki	Gr.	University of Mary	Hebron, N.D.
*Elijah Heinrich	So.	University of Mary	Kindred, N.D.
*Mason Phillips	So.	University of Mary	Gilbert, Ariz.
*Raphael Hamilton	So.	University of Mary	Iowa City, Iowa
*Kevin Powell	Jr.	University of Mary	Bremerton, Wash.
*Jesse Forknell	Gr.	University of Mary	Fargo, N.D.
*Matthew Kelley	Jr.	University of Mary	Mesa, Ariz.
*Jaydon Coley	So.	University of Mary	Moorhead, Minn.
Grant Collins	Jr.	University of Mary	Peoria, Ariz.
Jaxon Young	So.	University of Mary	Las Vegas, Nev.
Joseph Terry	So.	University of Mary	Walla Walla, Wash.
Donzell Howard	Jr.	University of Mary	Florence, Ariz.
Caden Green	Sr.	University of Mary	Rocklin, Calif.
Jadon Hanzal	So.	University of Mary	Chandler, Ariz.
Collin Gapen	Jr.	University of Mary	Gilbert, Ariz.
Estevan Quintana	Jr.	University of Mary	Sioux City, Iowa
Ian Kopf	So.	University of Mary	Walla Walla, Wash.
Drake Lalim	Sr.	University of Mary	Saint Stephen, Minn.
*Arik Johnson	Gr.	Minnesota Duluth	Birchwood, Wis.
*DaShaun Ames	R-So.	Minnesota Duluth	Cumberland, Wis.
*Tyler Collien	R-So.	Minnesota Duluth	Fond du Lac, Wis.
*Ethan Jauquet	R-So.	Minnesota Duluth	Muskego, Wis.
*Jake Raines	R-So.	Minnesota Duluth	St. Paul, Minn.
*Luke Danielski	R-So.	Minnesota Duluth	Waukesha, Wis.
*Justin Hull	Sr.	Minnesota Duluth	West Chicago, Ill.
*Zachary Wallace	R-So.	Minnesota Duluth	Burlington, Wis.
*Kyle Walljasper	R-So.	Minnesota Duluth	Fond du Lac, Wis.
*Ethan Beffert	Sr.	Minnesota Duluth	Hutchinson, Minn.
*Sam Pitz	Gr.	Minnesota Duluth	Appleton, Wis.
*Cassius Rohadfox	Jr.	Minnesota Duluth	Sheboygan, Wis.
*Caden Osmonson	Sr.	Minnesota Duluth	Bloomington, Minn.
*Logan Eiden	Sr.	Minnesota Duluth	Neenah, Wis.
*Jayce Walrath	So.	Minnesota Duluth	Rice, Minn.
*Nathan Bursch	Gr.	Minnesota Duluth	Woodbury, Minn.
Drew Hennessey	Sr.	Minnesota Duluth	Highland, Wis.
Curtis Cox	Sr.	Minnesota Duluth	Dodgeville, Wis.
Treyvon Cahalan	Gr.	Minnesota Duluth	Champlin, Minn.
Joey Grillo	R-So.	Minnesota Duluth	Burnsville, Minn.
Mac Strand	Jr.	Minnesota Duluth	Appleton, Wis.
Logan Kobus	Jr.	Minnesota Duluth	Green Bay, Wis.
Joel Forgacs	Sr.	Minnesota Duluth	Livonia, Mich.
Cameron Miller	Jr.	Minnesota Duluth	Prior Lake, Minn.
*Jacob Daulton	Jr.	Minnesota State	Hudson, Wis.
*Dakota Smith	Sr.	Minnesota State	Inglewood, Calif.
*Marshall Foerner	Jr.	Minnesota State	Plano, Ill.
*Caleb Paulus	So.	Minnesota State	West Des Moines, Iowa
*Anthony Valainis	So.	Minnesota State	Davenport, Iowa
*Brock Galetich	So.	Minnesota State	Jewell, Iowa

FOOTBALL (CONT)

*Colton Hoffman	So.	Minnesota State	Solon, Iowa
*Max Pelham	So.	Minnesota State	Ankeny, Iowa
*Joey Goettl	Jr.	Minnesota State	Marshfield, Wis.
Luke Mulder	So.	Minnesota State	Oskaloosa, Iowa
Isaiah Emanuel	So.	Minnesota State	Montgomery, Ill.
Tony Anger	Jr.	Minnesota State	Apple Valley, Minn.
Jake Cicero	So.	Minnesota State	Hanover Park, Ill.
Zach Macintire	Sr.	Minnesota State	Livermore, Calif.
Grant Guyett	So.	Minnesota State	Omaha, Neb.
Cayden Lovett	So.	Minnesota State	Asbury, Iowa
Zach Roggow	Jr.	Minnesota State	Brandon, S.D.
Maven Kretche	Jr.	Minnesota State	Sun Prairie, Wis.
Hayden Ekern	Jr.	Minnesota State	Chicago, Ill.
Gabe Hagen	Jr.	Minnesota State	Bloomington, Minn.
Matthew Jaeger	So.	Minnesota State	Plymouth, Minn.
Karson Dunn	So.	Minnesota State	Des Moines, Iowa
*Josiah Behm	Jr.	MSU Moorhead	Appleton, Wis.
*Mitchell Jezierski	So.	MSU Moorhead	Rogers, Minn.
*Jack Strand	So.	MSU Moorhead	Bloomer, Wis.
*Brooks O'Brien	So.	MSU Moorhead	St. Michael, Minn.
*Jacob Schroeder	So.	MSU Moorhead	Sioux City, Iowa
*Tate Gustafson	So.	MSU Moorhead	Fargo, N.D.
*McKale Pierson	So.	MSU Moorhead	Glyndon, Minn.
*Justice Noel	So.	MSU Moorhead	Fargo, N.D.
*Denver Sheets	Jr.	MSU Moorhead	Williston, N.D.
*Luke Imdieke	Jr.	MSU Moorhead	Osakis, Minn.
*Ryan Bieberdorf	Sr.	MSU Moorhead	Bemidji, Minn.
*Jared Kallenbach	Sr.	MSU Moorhead	Jamestown, N.D.
*Tyson Powell	Sr.	MSU Moorhead	Ortonville, Minn.
*Adam Kallenbach	So.	MSU Moorhead	Jamestown, N.D.
*Jacob Brosius	So.	MSU Moorhead	Fargo, N.D.
*Gage Florence	So.	MSU Moorhead	Sawyer, N. D.
*Bennett Heftman	Jr.	MSU Moorhead	Winona, Minn.
*Connor Braaten	So.	MSU Moorhead	Cambridge, Minn.
Hayden Carr	Sr.	MSU Moorhead	Champlin, Minn.
Austin Lamotte	So.	MSU Moorhead	Apple Valley, Minn.
Jordan Marty	Jr.	MSU Moorhead	Cambridge, Wis.
Thomas Falk	Jr.	MSU Moorhead	Jamestown, N.D.
Alec White	Jr.	MSU Moorhead	Wauwatosa, Wis.
Cody Sorenson	Jr.	MSU Moorhead	Bismarck, N.D.
Owen Barthel	So.	MSU Moorhead	St. Michael, Minn.
Triston Emke	Jr.	MSU Moorhead	Minot, N.D.
Abe Hestdalen	So.	MSU Moorhead	Horace, N.D.
*Lafayette Bade	Sr.	Minot State	Elk River, Minn.
*Jonathon Leon	Jr.	Minot State	Laveen, Ariz.
*David Schneibel	Jr.	Minot State	Rugby, N.D.
*Emmett Espino	Jr.	Minot State	Fairfield, Calif.
*Phillip Green	Sr.	Minot State	Parker, Colo.
*Sean Hoover	Jr.	Minot State	Simi Valley, Calif.
*John Subiono	Sr.	Minot State	Honolulu, Hawaii
*Dawson Macleary	Jr.	Minot State	Cheyenne, Wyo.
*Nathan (Aden) Scott	Sr.	Minot State	Littleton, Colo.
Pelenatino Vito	Jr.	Minot State	Phoenix, Ariz.
Maxwell Bray	So.	Minot State	Mesa, Ariz.
Erik Palmquist	Jr.	Minot State	Yuba City, Calif.
Steven Brown	Sr.	Minot State	Newberry, Mich.
*Blake Clay	Jr.	Northern State	Whittier, Calif.
*Charlie Larson	Jr.	Northern State	Rapid City, S.D.
*Raynor Beierle	Gr.	Northern State	Royal City, Wash.
*Wyatt Block	Jr.	Northern State	Mankato, Minn.
*Dakota Larson	Gr.	Northern State	Spring Creek, Nev.
*Trey King	Sr.	Northern State	Irene, S.D.
*Jacob Schloe	Sr.	Northern State	Sauk Rapids, Minn.
*Brett Brenton	Sr.	Northern State	Casper, Wyo.
*Luke Gunderson	Jr.	Northern State	Buffalo, Minn.
*Jake Oliphant	Gr.	Northern State	Spring Creek, Nev.
Hunter DeRize	Sr.	Northern State	Victor, Idaho
Jaimen Farrell	Jr.	Northern State	Groton, S.D.
Clayton Grueneich	Gr.	Northern State	Ellendale, N.D.
Clayton Randall II	Sr.	Northern State	Herreid, S.D.
Logan Grossinger	Jr.	Northern State	Buffalo, Minn.
Carter Hogg	Jr.	Northern State	Aberdeen, S.D.
*Travis Yohnke	Sr.	Sioux Falls	Carlos, Minn.





2023 NSIC FALL ALL-ACADEMIC TEAM

FOOTBALL (CONT)

*Matt Grzybowski	Jr.	Sioux Falls	Green Bay, Wis.
*Adam Mullen	Gr.	Sioux Falls	Highlands Ranch, Colo.
*Jake Hoch	Sr.	Sioux Falls	Ripon, Wis.
*Jason LaGrange	Jr.	Sioux Falls	Prior Lake, Minn.
*Joseph Kohlbeck	Jr.	Sioux Falls	Prior Lake, Minn.
*Jack Scales	Jr.	Sioux Falls	Sugar Grove, Ill.
*Eli Schlagen	Jr.	Sioux Falls	Two Harbors, Minn.
*Mark Leonard	Sr.	Sioux Falls	Rochester, Minn.
*Cal Botsford	Sr.	Sioux Falls	Sussex, Wis.
Seamus Hall	Jr.	Sioux Falls	Walla Walla, Wash.
Brian Radish	Jr.	Sioux Falls	Muskego, Wis.
Jarome Jackson	Jr.	Sioux Falls	Primghar, Iowa
Hunter Schneider	Sr.	Sioux Falls	Ripon, Wis.
Kaden Oleson	Jr.	Sioux Falls	Amherst, Wis.
Mason Martinson	Jr.	Sioux Falls	New Glarus, Wis.
Ethan Bachmann	Jr.	Sioux Falls	Chaska, Minn.
Cain McWilliams	Jr.	Sioux Falls	Dubuque, Iowa
*Dustin Pampel	Sr.	SMSU	Johnson Creek, Wis.
*Bradley Gould	Sr.	SMSU	Las Vegas, Nev.
*Josiah Hedensten	So.	SMSU	Faribault, Minn.
Logan Booth	So.	SMSU	Ames, Neb.
Gideon Ervasti	So.	SMSU	Verndale, Minn.
Carter Dicker	Jr.	SMSU	Gilbert, Ariz.
Colin Maher	So.	SMSU	San Diego, Calif.
Jizreel Jeudy	Jr.	SMSU	South Miami Heights, Fla.
Joren Palmer	So.	SMSU	Fargo, N.D.
Blake Allen	Jr.	SMSU	Murrieta, Calif.
Thomas Mergen	Jr.	SMSU	Rochester, Minn.
*Alex Schall	Jr.	Wayne State	Kearney, Neb.
*Gage Dengel	Sr.	Wayne State	Bellevue, Neb.
*Jett Janssen	Jr.	Wayne State	Lincoln, Neb.
*Dawson Forgy	So.	Wayne State	Winterset, Iowa
*Dexter Larsen	Jr.	Wayne State	Blair, Neb.
*Alex Kowalczyk	Jr.	Wayne State	Sioux Falls, S.D.
*Zach Coleman	So.	Wayne State	Omaha, Neb.
*Ashten Schmaederer	Jr.	Wayne State	Bennington, Neb.
*Sam Rallis	So.	Wayne State	Council Bluffs, Iowa
Barrett Skrobecki	Sr.	Wayne State	Waverly, Neb.
Luke Sims	Jr.	Wayne State	Omaha, Neb.
Tyler Kalb	So.	Wayne State	Omaha, Neb.
Isaac Robinson	So.	Wayne State	Omaha, Neb.
Jaxon Johnson	Jr.	Wayne State	Bancroft, Neb.
Colton Andrews	So.	Wayne State	Elkhorn, Neb.
Trevor Marshall	So.	Wayne State	Omaha, Neb.
Rex Becker	Sr.	Wayne State	Hartington, Neb.
Jacoby Hurst	So.	Wayne State	Papillion, Neb.
Lane VanderWal	Jr.	Wayne State	Volga, S.D.
Tyler Leclair	Jr.	Wayne State	Bennington, Neb.
*Kyle Haas	So.	Winona State	Prior Lake, Minn.
*Ben Kingsbury	Jr.	Winona State	Frankfurt Ill.
*Easton Knoll	Sr.	Winona State	Kasson, Minn.
*Zachary Myhre	Gr.	Winona State	Grand Meadow, Minn.
*Clay Schueffner	Gr.	Winona State	St. Cloud, Wis.
*Morgan White	Gr.	Winona State	Pahrump, Nev.
*Tyler Zirpoli	Gr.	Winona State	Waukesha, Wis.
*Austin Zeeveld	Jr.	Winona State	Cascade, Wis.
*Noah Pappas	Sr.	Winona State	Plymouth, Minn.
*Trey Borske	Jr.	Winona State	Naperville, Ill.
*Drew Goettl	Jr.	Winona State	Eau Claire, Wis.
*Conner Haggerty	Sr.	Winona State	Onalaska, Wis.
Joseph Demro	Sr.	Winona State	Plymouth, Minn.
Nathaniel Wilcher	Sr.	Winona State	Mukwonago, Wis.
Jake Van Hulzen	Sr.	Winona State	Coon Rapids, Minn.
Clay Craker	Sr.	Winona State	Middleton, Wis.
Kyjuan Vengrowsky	Sr.	Winona State	De Pere, Wis.
Griffin Wiegel	Jr.	Winona State	Combined Locks, Wis.
Jacob Leszczynski	Sr.	Winona State	Muskego, Wis.
Trevor Paulsen	5th	Winona State	Marion, Iowa
Joey Prondzinski	Sr.	Winona State	Brookfield, Wis.
Ty Gavin	Gr.	Winona State	Chicago, Ill.
Myles Hawthorne	Sr.	Winona State	Osseo, Minn.
Bronson Schofield	5th	Winona State	Chetek, Wis.

WOMEN'S SOCCER (214/*136)

*Ally Hamski	So.	Augustana	Blaine, Minn.
*Connor Rylance	So.	Augustana	Overland Park, Kan.
*Gemma Symington	So.	Augustana	Brandon, S.D.
*Annika Bard	Sr.	Augustana	Appleton, Wis.
*Avery Nelson	So.	Augustana	Sioux Falls, S.D.
*Brooke Oberbroekling	Jr.	Augustana	Sioux Falls, S.D.
*Macie Haggerty	Jr.	Augustana	Sioux Falls, S.D.
*Cecilia Burroughs	Jr.	Augustana	Ankeny, Iowa
*Halle Miller	So.	Augustana	Sioux Falls, S.D.
*Mia Baltzell	Jr.	Augustana	Omaha, Neb.
*Erika Leeman	Jr.	Augustana	Burnsville, Minn.
*Delaney Kost	Jr.	Augustana	Rapid City, S.D.
*Hope Korte	Sr.	Augustana	Mendota Heights, Minn.
*Zoey Mandery	So.	Augustana	Brandon, S.D.
*Lily Petersen	Sr.	Augustana	Sioux Falls, S.D.
Mackenzie Ternes	Sr.	Augustana	Vadnais Heights, Minn.
Elizabeth Schock	Sr.	Augustana	Sioux Falls, S.D.
Audrey Parnell	So.	Augustana	Mendota Heights, Minn.
Shea Ellender	So.	Augustana	Rapid City, S.D.
Morgan McDonnel	Sr.	Augustana	Sioux Falls, S.D.
*Katrina Barthelt	So.	Bemidji State	Bartlett, Ill.
*Maggie Cade	Sr.	Bemidji State	Lakeville, Minn.
*Jordan Schaden	Jr.	Bemidji State	Appleton, Wis.
*Lili Wade	Jr.	Bemidji State	Rogers, Minn.
*Tirzah Lange	Jr.	Bemidji State	Shakopee, Minn.
*Brie Klingbeil	So.	Bemidji State	Fort Akinson, Wis.
*Maria Stocke	So.	Bemidji State	Andover, Minn.
*Madisanne Dahl	Sr.	Bemidji State	Waddell, Ariz.
*Edie Frantzen	Jr.	Bemidji State	Rogers, Minn.
*Halle Peterson	Sr.	Bemidji State	Stillwater, Minn.
*Anna Breffle	Sr.	Bemidji State	Andover, Minn.
*Lauren Hodny	Sr.	Bemidji State	Moorhead, Minn.
Emma Huelnsniz	So.	Bemidji State	Ramsey, Minn.
Miah Olson	Jr.	Bemidji State	Monticello, Minn.
Bri Stocke	So.	Bemidji State	Andover, Minn.
Lauren Harrison	So.	Bemidji State	Manvel, N.D.
Sylve Waters	So.	Bemidji State	Littleton, Colo.
*Caroline Lauinger	So.	Concordia-St. Paul	Blaine, Minn.
*Tori Miller	Sr.	Concordia-St. Paul	Bloomington, Minn.
*Brittany Bordson	Jr.	Concordia-St. Paul	Lino Lakes, Minn.
*Sammy Ponsonby	Jr.	Concordia-St. Paul	Lakeville, Minn.
*Clare Snapko	So.	Concordia-St. Paul	New Hope, Minn.
*Corynn Grabau	Jr.	Concordia-St. Paul	Andover, Minn.
*Jillian Nelson	So.	Concordia-St. Paul	Godfrey, Ill.
*Haley Rudebusch	Jr.	Concordia-St. Paul	Apple Valley, Minn.
*Katie Anderson	Sr.	Concordia-St. Paul	San Diego, Calif.
*Jessi Jordan	Jr.	Concordia-St. Paul	Rogers, Minn.
*Abby Kloiber	Jr.	Concordia-St. Paul	Appleton, Wis.
*McKayla Stockness	Jr.	Concordia-St. Paul	Mahtomedi, Minn.
*Sydney Manthana	Jr.	Concordia-St. Paul	Rockford, Minn.
Amaya O'Hearn	Jr.	Concordia-St. Paul	Wausau, Wis.
Mackenzie Leibiger	Sr.	Concordia-St. Paul	Sussex, Wis.
*MaLiah Burke	So.	University of Mary	Minot, N.D.
*Olivia Gardner	So.	University of Mary	Winona, Minn.
*Rian Spruenken	So.	University of Mary	Krefeld, Germany
*Madeline Malone	Jr.	University of Mary	Placentia, Calif.
*Brianna Ramey	R-So.	University of Mary	Phoenix, Ariz.
*Olivia Buckle	Jr.	University of Mary	Chilliwack, B.C.
*Kira Hockley	So.	University of Mary	Yeovil, England
*Andrea Hunsicker	Jr.	University of Mary	Douglas, Wyo.
Isabelle Parson	So.	University of Mary	Guelph, Ontario
Elizabeth Olsen	Sr.	University of Mary	Buffalo, Wyo.
Ava Vizenor	Jr.	University of Mary	Big Lake, Minn.
Molly Fischer	Jr.	University of Mary	Orland Park, Ill.
Mary Meeks	Jr.	University of Mary	Boise, Idaho
*Greta Saylor	Jr.	Minnesota Crookston	New Brighton, Minn.
*Abby Fettingier	Jr.	Minnesota Crookston	White Bear Lake, Minn.
*Brooklyn Fischbach	Jr.	Minnesota Crookston	South St. Paul, Minn.
*Jacqueline Calderon	Jr.	Minnesota Crookston	Indio, Calif.
*Ashley Chomyn	Sr.	Minnesota Crookston	Winnipeg, Manitoba
*Jada VanOverbeke	Jr.	Minnesota Crookston	Hartford, S.D.
*Tayettin Brodzinski	So.	Minnesota Crookston	Yelm, Wash.
Julia Finch	So.	Minnesota Crookston	Woodbury, Minn.





2023 NSIC FALL ALL-ACADEMIC TEAM

WOMEN'S SOCCER (CONT)

Jenna Custer	Jr. Minnesota Crookston	Queen Creek, Ariz.
Emma Stempien	Jr. Minnesota Crookston	Plymouth, Mich.
Abby Olsen	Sr. Minnesota Crookston	Chisago City, Minn.
Madelyn Teplansky	Sr. Minnesota Crookston	Apple Valley, Calif.
*Mim Marsan	So. Minnesota Duluth	Eden Prairie, Minn.
*Lindsay Wilson	Jr. Minnesota Duluth	Lino Lakes, Minn.
*Myra Moorjani	So. Minnesota Duluth	Eden Prairie, Minn.
*Jackie Jares	Sr. Minnesota Duluth	Muskego, Wis.
*Anna Tobias	Jr. Minnesota Duluth	Lakeville, Minn.
*Abigail Gotham	Sr. Minnesota Duluth	Mendota Heights, Minn.
*Alaina Spaude	So. Minnesota Duluth	Mankato, Minn.
*Sarah Osborne	So. Minnesota Duluth	Plymouth, Minn.
*Emma Symalla	Sr. Minnesota Duluth	Woodbury, Minn.
Tori Thorson	Sr. Minnesota Duluth	Duluth, Minn.
Malory Russ	So. Minnesota Duluth	Sparta, Wis.
Morgan Eckerle	Jr. Minnesota Duluth	Eagan, Minn.
Jennifer Norris	Sr. Minnesota Duluth	Hoffman Estates, Ill.
Annelise Winch	So. Minnesota Duluth	Mankato, Minn.
Lauren Hansen	5th Minnesota Duluth	Grayslake, Ill.
Hallie Witte	So. Minnesota Duluth	Lakeville, Minn.
*Allie Williams	Sr. Minnesota State	Waukeg, Iowa
*Anna Van Wyngarden	So. Minnesota State	West Des Moines, Iowa
*Alison Rutz	Jr. Minnesota State	Mankato, Minn.
*Kiera Laney	So. Minnesota State	Maple Grove, Minn.
*Kennedy Macke	So. Minnesota State	Ankeny, Iowa
*Molly Mosher	So. Minnesota State	Centerville, Minn.
*Louisa Shromoff	Jr. Minnesota State	Lakeville, Minn.
*Jade Jackson	So. Minnesota State	Davenport, Iowa
*Libby Spangler	Sr. Minnesota State	Littleton, Colo.
Clare Longueville	So. Minnesota State	Eagan, Minn.
Abigail Rieff	Jr. Minnesota State	Omaha, Neb.
Ashlyn Watt	Jr. Minnesota State	Adel, Iowa
Maria Zanotti	So. Minnesota State	Moorhead, Minn.
Mackenzie Rath	Sr. Minnesota State	Pierre, S.D.
Eden Gibson	So. Minnesota State	Ankeny, Iowa
Courtney Kovacs	So. Minnesota State	Ankeny, Iowa
Ava Blackney	Jr. Minnesota State	Denton, Texas
*Jessica Carlson	Sr. MSU Moorhead	Woodbury, Minn.
*Quinn Carter	So. MSU Moorhead	Mandan, N.D.
*Grace Heying	Sr. MSU Moorhead	Buffalo, Minn.
*Tabea Czech	Sr. MSU Moorhead	Oestrich-Winkel, Germany
*Ava Kieser	Sr. MSU Moorhead	Plano, Texas
*Madeline Etter	Sr. MSU Moorhead	Moorhead, Minn.
*Jensen Seidel	So. MSU Moorhead	Fargo, N.D.
*Abbey Johnson	So. MSU Moorhead	Blaine, Minn.
Allison Tharp	Sr. MSU Moorhead	Corcoran, Minn.
Morgan Bachelor	Sr. MSU Moorhead	Sioux Falls, S.D.
Sara Alfrida Munk Nielsen	Jr. MSU Moorhead	Aarhus, Denmark
Simone Lewald	Sr. MSU Moorhead	Leander, Texas
Keely Johnston	Jr. MSU Moorhead	Blaine, Minn.
Mason Kimble	Jr. MSU Moorhead	Littleton, Colo.
*Maddy St. Yves	Jr. Minot State	Saskatoon, Sask.
*Rebecca Storr	So. Minot State	Aarau, Switzerland
*Jordyn Knipper	Sr. Minot State	Cheyenne, Wyo.
Sierra Haren	Jr. Minot State	Chandler, Ariz.
Skyler Hall	Sr. Minot State	Saskatoon, Sask.
*Zoe Boughton	Jr. Northern State	Inner Grove Heights, Minn.
*Megan Fastenau	Jr. Northern State	Aberdeen, S.D.
*Paige Johnson	Sr. Northern State	Park Rapids, Minn.
*Calista Kocmick	Sr. Northern State	Brandon, S.D.
*Hannah Smith	So. Northern State	Essex, Great Britain
*Mia Zagorski	Sr. Northern State	Lakeville, Minn.
*Eva Larson	Jr. Northern State	Minneapolis, Minn.
*Ella McCormick	Sr. Northern State	Mahtomedi, Minn.
*Kelsey Selden	Sr. Northern State	Prairie du Sac, Wis.
*Avery Blasdel	Jr. Northern State	Glenwood, Iowa
*Elinor Sayers	Jr. Northern State	Lakeville, Minn.
*Erin Day	Jr. Northern State	Buffalo Grove, Ill.
*Miah Stone	So. Northern State	Bemidji, Minn.
Rylie Reading	So. Northern State	Colorado Springs, Colo.
Sophie Taylor	Jr. Northern State	Aberdeenshire, Scotland
Mackenzie Turner	So. Northern State	Belgrade, Mont.
Hannah Gruhn	Jr. Northern State	Vermillion, S.D.

WOMEN'S SOCCER (CONT)

Alexis Phillips	So. Northern State	Albertville, Minn.
Alexus Townsend	Jr. Northern State	Omaha, Neb.
*Caroline Titze	Jr. Sioux Falls	Mitchell, S.D.
*Taylor Wit	So. Sioux Falls	Rapid City, S.D.
*Alivia Tindall	Jr. Sioux Falls	Nampa, Idaho
*Julia Kreutner	Jr. Sioux Falls	Brandon, S.D.
*Abby Whittington	Jr. Sioux Falls	Lakefield, Minn.
*Selah Tabbert	So. Sioux Falls	Sioux Falls, S.D.
*Sarah Miller	Sr. Sioux Falls	Monument, Colo.
*Molly Coverley	Sr. Sioux Falls	Douglas, Nev.
*Ellie Ripperda	Jr. Sioux Falls	Sioux Falls, S.D.
*Mara Parker	So. Sioux Falls	Omaha, Neb.
*Katelyn Rush	Sr. Sioux Falls	Sioux Falls, S.D.
*Kelsey Oswald	Sr. Sioux Falls	Yankton, S.D.
Elise Rykhus	So. Sioux Falls	Mankato, Minn.
Lauren Johnson	Sr. Sioux Falls	Apple Valley, Minn.
Addison Westermeyer	Sr. Sioux Falls	Elk River, Minn.
Haley Nelson	Sr. Sioux Falls	Stillwater, Minn.
Hannah Welch	Jr. Sioux Falls	De Pere, Wis.
Brooklyn Schilmoeller	So. Sioux Falls	Sioux Falls, S.D.
*Haley Mason	So. SMSU	Chippewa Falls, Wis.
*Ciarra Valdez	Sr. SMSU	Lehi, Utah
*Kylie Birath	So. SMSU	Brandon, S.D.
*Isabel Blanco	So. SMSU	Surprise, Ariz.
*Madi Foutz	Sr. SMSU	Brighton, Colo.
*Rachel Hicks	Sr. SMSU	Rexburg, Idaho
*Brooke Wetterstrom	So. SMSU	Olathe, Kan.
Hannah Walburg	So. SMSU	Watertown, S.D.
Emma Dahnert	Jr. SMSU	Owatonna, Minn.
Selena Prolic	Jr. SMSU	Milwaukee, Wis.
Tessa Borwick	So. SMSU	Nevada, Iowa
*Juliana Da Silva	5th St. Cloud State	Winnipeg, Manitoba
*Meriel Orham	Jr. St. Cloud State	St. Michael, Minn.
*Kira Sosinske	5th St. Cloud State	Burnsville, Minn.
*Rheana Zema	Jr. St. Cloud State	St. Michael, Minn.
*Gracie Parsons	Sr. St. Cloud State	Omaha, Neb.
Jenna Dominguez	5th St. Cloud State	Geneva, Ill.
Brooke Quam	So. St. Cloud State	Lakeville, Minn.
*Leah Bennett	Sr. Wayne State	Johannesburg, S.A.
*Chloe Schlines	Gr. Wayne State	Council Bluffs, Iowa
*Hayden Wallace	Gr. Wayne State	Glendale, Ariz.
*Annika Syvrud	Sr. Wayne State	Rock Springs, Wyo.
*Erin Peters	Jr. Wayne State	North Mankato, Minn.
*Morgan Rhodes	Sr. Wayne State	Omaha, Neb.
*Christina Marlow	So. Wayne State	Murrieta, Calif.
*Reagan Allen	So. Wayne State	Topeka, Kan.
Haley Hoffman	Sr. Wayne State	Simi Valley, Calif.
Sydney Schnase	Jr. Wayne State	Lincoln, Neb.
Riann Daas	Sr. Wayne State	Rush City, Minn.
Kailey Crawford	Jr. Wayne State	Perry, Iowa
Skyler Stueckrath	Sr. Wayne State	Elkhorn, Neb.
Alyssa Ferrin	So. Wayne State	Chandler, Ariz.
Alaina Sorenson	So. Wayne State	Sioux Falls, S.D.
Kaylee Herall	So. Wayne State	Papillion, Neb.
*Madelynn Drasher	So. Winona State	Plymouth, Minn.
*Hannah Dunlavy	Sr. Winona State	Janesville, Wis.
*Abigail Williams	Jr. Winona State	Savage, Minn.
*Reanne Weil	Sr. Winona State	Crystal Lake, Ill.
*Caylee Ludwig	Sr. Winona State	Clarkston, Mich.
*Alyson Jumper	Jr. Winona State	Ankeny, Iowa
*Sara Charboneau	Sr. Winona State	Rosemount, Minn.
*Madisson Watts	So. Winona State	Des Moines, Iowa
Callie Menzel	Jr. Winona State	Iowa City, Iowa
Morgan Liebau	Sr. Winona State	Gurnee, Ill.
Grace Seim	So. Winona State	Waconia, Minn.
Sarah Strating	So. Winona State	Lino Lakes, Minn.
Madysen Dye	Sr. Winona State	Rosemount, Minn.
Quinn Williams	So. Winona State	Hudson, Wis.
Julia Kunz	So. Winona State	Cedarburg, Wis.

VOLLEYBALL (141/*116)

*Ellie Walker	So. Augustana	Sioux Falls, S.D.
*Kia Kriener	Gr. Augustana	Okoboji, Iowa





2023 NSIC FALL ALL-ACADEMIC TEAM

VOLLEYBALL (CONT)

*Erika Bute	Gr. Augustana	Alden, Minn.
*Jadyn Schetnan	So. Augustana	Sioux Falls, S.D.
*Maya Wente	So. Augustana	Canby, Minn.
*Cora McCoid	Sr. Augustana	Elkhorn, Neb.
*Callie Hohenhaus	Sr. Augustana	Apple Valley, Minn.
*Piper Asche	Gr. Augustana	Raymond, Minn.
*Lucy Bartee	Jr. Augustana	Kearney, Neb.
*Jolie Stecher	Jr. Augustana	Stewartville, Minn.
*Sydney Tims	So. Augustana	Sioux Falls, S.D.
Brooke Berens	So. Augustana	Parker, S.D.
Hannah Prasky	Sr. Augustana	Champlin, Minn.
*Ashley Crowl	Jr. Bemidji State	Lino Lakes, Minn.
*Lauren Sitter	Jr. Bemidji State	Germantown, Wis.
*Kylie Struble	Jr. Bemidji State	Stevens Point, Wis.
*Emily Wade	Sr. Bemidji State	Bemidji, Minn.
*Hally Holker	So. Bemidji State	Monticello, Minn.
*Rylie Bjerklie	Sr. Bemidji State	Roseau, Minn.
*Lauren Justesen	Sr. Bemidji State	Elmwood, Neb.
*Hallie Mertz	Sr. Bemidji State	Harrisburg, S.D.
*Tiara Diamond	So. Bemidji State	Apple Valley, Minn.
*Rilee Michaelson	Sr. Bemidji State	Park Rapids, Minn.
*Jada Wlodarczyk	So. Bemidji State	Naperville, Ill.
*Micalyn Trihus	Jr. Bemidji State	Bloomington, Minn.
*Madison Weyker	Sr. Bemidji State	Brookfield, Wis.
*Halle Bemmels	Jr. Concordia-St. Paul	Le Sueur, Minn.
*Cassie Sieling	So. Concordia-St. Paul	Bloomington, Minn.
*Teagan Starkey	Jr. Concordia-St. Paul	Lakeville, Minn.
*Sophia Andersen	Jr. Concordia-St. Paul	New Prague, Minn.
*Ellie Sieling	So. Concordia-St. Paul	Bloomington, Minn.
*Kora Kritzberger	Jr. Concordia-St. Paul	Ada, Minn.
*Aryana Forsberg	Jr. Concordia-St. Paul	Shakopee, Minn.
*Makenna Berger	Sr. Concordia-St. Paul	Eden Prairie, Minn.
*Payton Stier	Jr. Concordia-St. Paul	Lakeville, Minn.
*Katie Mattson	Sr. Concordia-St. Paul	St. Croix Falls, Wis.
*Jamie Guptill	Sr. Concordia-St. Paul	Rush City, Minn.
*Kameron Selvig	Sr. University of Mary	Jamestown, N.D.
*Kayla Lewinski	Jr. University of Mary	Menomonee Falls, Wis.
*Olivia Dickerson	Sr. University of Mary	Bismarck, N.D.
*Madaline Cooper	Sr. University of Mary	Fargo, N.D.
*Chloe Lieser	Jr. University of Mary	Cold Spring, Minn.
*Reyna Isenbart	Sr. University of Mary	Stratton, Colo.
*Kaia Sueker	Gr. University of Mary	Marshall, Minn.
*Allison Gruber	Sr. University of Mary	Belgrade, Minn.
*McKenna Kirkpatrick	Jr. University of Mary	Chapman, Kan.
Robi Binagi	Jr. University of Mary	Pewaukee, Wis.
Madison Freed	So. University of Mary	Lawrence, Kan.
Emily Torborg	Sr. University of Mary	Lakeville, Minn.
Nehkyah Ellis	Gr. University of Mary	Central Point, Ore.
Emily Baumstarck	Sr. University of Mary	Worland, Wyo.
*Bailey Schaefer	Jr. Minnesota Crookston	Brandon, Minn.
*Mara Weisensel	Sr. Minnesota Crookston	New Ulm, Minn.
*Audrey Cariveau	So. Minnesota Crookston	Kevil, Ky.
*Kora Norland	Sr. Minnesota Crookston	Fosston, Minn.
Layne Whaley	Jr. Minnesota Crookston	Ashland, Neb.
Dana Melby	So. Minnesota Crookston	Clearbrook, Minn.
*Madison Gordon	Gr. Minnesota Duluth	New Berlin, Wis.
*Payton Addink	Jr. Minnesota Duluth	Sun Prairie, Wis.
*Samantha Paulsen	Jr. Minnesota Duluth	Chisago Lakes, Minn.
*Mary Satori	So. Minnesota Duluth	Manitowoc, Wis.
*Grace Daak	Sr. Minnesota Duluth	Hutchinson, Minn.
*Cianna Selbitschka	Sr. Minnesota Duluth	North Branch, Minn.
*Emma Kujawa	Jr. Minnesota Duluth	Onalaska, Wis.
*Kaylyn Madison	Sr. Minnesota Duluth	Eagan, Minn.
Hope Schjenken	Sr. Minnesota Duluth	Deer River, Minn.
Emma Loveall	Jr. Minnesota State	Spirit Lake, Iowa
*Brooke Bolwerk	Jr. Minnesota State	Appleton, Wis.
*Ellie Kline	So. Minnesota State	Holmen, Wis.
*Abigail Wolfe	Jr. Minnesota State	Elkhorn, Neb.
*Makayla Snow	Jr. Minnesota State	Olivia, Minn.
*Sophie Tietz	Jr. Minnesota State	Watertown, S.D.
*Kiya Durant	Jr. Minnesota State	Plymouth, Minn.
*Maci Higgins	So. Minnesota State	Marketing
*Toryn Richards	Jr. Minnesota State	Cleveland, Minn.
Emily Kern	So. Minnesota State	Cleveland, Minn.

VOLLEYBALL (CONT)

*Abby Thompson	Jr. MSU Moorhead	Chisholm, Minn.
*Halle Erickson	Jr. MSU Moorhead	West Fargo, N.D.
*Megan Klein	Jr. MSU Moorhead	Bismarck, N.D.
*Jadyn Feist	Jr. MSU Moorhead	Horace, N. D.
*Emily McPhee	So. MSU Moorhead	Forest Lake, Minn.
*Paige Ammerman	Jr. Minot State	Durango, Colo.
*Sydney Upton	So. Minot State	Minot, N.D.
*Kendal Braun	Jr. Minot State	Minot, N.D.
*Tea Boeckel	Jr. Minot State	Minot, N.D.
Viktoria Sedova	So. Minot State	Bratislava, Slovakia
Jaina Macauley	So. Minot State	Clarkston, Mich.
Savannah Wilson	Jr. Minot State	Littleton, Colo.
Emily Kotelnikoff	Jr. Minot State	Saskatoon, Sask.
*Mia Hinsz	So. Northern State	Bismarck, N.D.
*Keri Walker	Sr. Northern State	Grafton, Wis.
*Abby Brooks	Jr. Northern State	Madison, S.D.
*Hanna Thompson	Jr. Northern State	Victoria, Minn.
*Jackie Yang	So. Northern State	St. Paul, Minn.
Natalia Szybinska	Jr. Northern State	Poznan, Poland
*Liz Kopp	So. Sioux Falls	Brandon, S.D.
*Jordan Kuper	Sr. Sioux Falls	Scotch Grove, Iowa
*Davis Guetterman	Jr. Sioux Falls	Bucyrus, Kan.
*Elise Gillen	So. Sioux Falls	Slinger, Wis.
*Grace Hanel	Jr. Sioux Falls	Racine, Wis.
*Anna Ruhland	Jr. Sioux Falls	Dodgeville, Wis.
*Sadie Voss	Jr. Sioux Falls	Lakefield, Minn.
*Courtney Holsteen	So. Sioux Falls	Lincoln, Neb.
*Jordyn Hamm	Sr. Sioux Falls	Spirit Lake, Iowa
Caitlin Kellner	Sr. Sioux Falls	West Des Moines, Iowa
*Karli Arkell	So. SMSU	Lamberton, Minn.
*Brooklyn Kusler	Jr. SMSU	Aberdeen, S.D.
*Alisa Bengen	Sr. SMSU	Janesville, Iowa
*Natalee Rolbiecki	So. SMSU	Minneota, Minn.
*Saari Kuehl	Jr. SMSU	Reinbeck, Iowa
*McKenzie Tolk	So. SMSU	Minneota, Minn.
*Emma Van Heel	Jr. SMSU	Otsego, Minn.
*Karli Symonsbergen	So. SMSU	Lincoln, Neb.
Halle Jansen	Sr. SMSU	Eden Valley, Minn.
*Emilie Planert	So. St. Cloud State	De Pere, Wis.
*Emma Berran	So. St. Cloud State	Inver Grove Heights, Minn.
*Samantha Zimmerman	Jr. St. Cloud State	Moorhead, Minn.
*Ella Unterweger	So. St. Cloud State	Oconomowoc, Wis.
*Natalie Tesch	Jr. St. Cloud State	Milwaukee, Wis.
*Mackenzie Foley	Sr. St. Cloud State	Sergeant Bluff, Iowa
*Keely Kuschner	Jr. St. Cloud State	Maplewood, Minn.
Emily Kern	So. St. Cloud State	Belgrade, Minn.
Allena Shimon	Sr. St. Cloud State	Des Moines, Iowa
*Jordan McCormick	Sr. Wayne State	Elkhorn, Neb.
*Havyn Heinz	Jr. Wayne State	Huron, S.D.
*Rachel Walker	Sr. Wayne State	Lincoln, Neb.
*Kelsie Cada	Sr. Wayne State	Wahoo, Neb.
*Ally Beresford	Jr. Wayne State	Moreland Hills, Ohio
*Taya Beller	Jr. Wayne State	Lindsay, Neb.
*Maggie Brahmer	Jr. Wayne State	Pierce, Neb.
Taylor Bunjer	So. Wayne State	Elkhorn, Neb.
Brooke Peltz	Jr. Wayne State	Walton, Neb.
*Taylor Pagel	Sr. Winona State	Wausau, Wis.
*Lydia Lange	Sr. Winona State	Caledonia, Minn.
*Sidney Paulson	Sr. Winona State	Jackson, Wis.
*Jaci Winchell	So. Winona State	Cannon Falls, Minn.
*Gianna Vollrath	So. Winona State	Fall Creek, Wis.
*Rylee Vaughn	Sr. Winona State	Oconomowoc, Wis.
*Abby Savatski	So. Winona State	North Prairie, Wis.
Anna Hennessy	So. Winona State	Lewiston, Minn.
Kylie Welch	Sr. Winona State	Davenport, Iowa

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