



Northern Sun Intercollegiate Conference

RELEASE No. 6

FOR IMMEDIATE RELEASE

INDOOR TRACK & FIELD RELEASE

MENS & WOMENS

FEBRUARY 10, 2014

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Nick Kornder • Asst. Commissioner for Media Relations • 2999 County Road 42 West • Burnsville, MN 55306 • P: 651.288.4017 • F: 952.378.1694 • Kornder@northernsun.org

PAST NSIC ATHLETES OF THE WEEK

Men's Field

- 12/10/13 Chris Reed, Minnesota State
- 1/13/14 Keyvan Rudd, Minnesota State
- 1/21/14 Chris Reed, Minnesota State (2)
- 1/28/14 Chris Reed, Minnesota State (3)
- 2/4/14 Chris Reed, Minnesota State (4)
- 2/10/14 Scott Greenman, Sioux Falls

Men's Track

- 12/10/13 Harald Karbo, Augustana
- 1/13/14 Jerrell Hancock, Minnesota State
- 1/21/14 Cole Toepfer, Minnesota Duluth
- 1/28/14 George Kawalawu, St. Cloud State
- 2/4/14 Jerrell Hancock, Minnesota State (2)
- 2/10/14 Harald Karbo, Augustana (2)

Women's Field

- 12/10/13 Brigitte Gross, Sioux Falls
- 1/13/14 Brigitte Gross, Sioux Falls (2)
- 1/21/14 Hannah Mueller, Winona State
- 1/28/14 Sara Wells, Wayne State
- 2/4/14 Carly Fehringer, Wayne State
- 2/10/14 Kelsey Kaufmann, Augustana

Women's Track

- 12/10/13 Kristin Brondbo, Augustana
- 1/13/14 Zevin Carter, Minnesota State
- 1/21/14 Cassandra Jones, University of Mary
- 1/28/14 Kayla Mescher, Augustana
- 2/4/14 Samantha Rivard, Minnesota Duluth
- 2/10/14 Kendra Knight, Sioux Falls

NSIC IDTF CHAMPIONSHIPS

NSIC Multis

Sun.-Mon., Feb. 16-17 Myers Fieldhouse, Mankato, Minn.

NSIC Indoor Championships

Fri.-Sat., Feb.28-March 1 - Gillett Rec Center Bemidji, Minn.



NSIC MULTIS SET FOR SUNDAY-MONDAY IN MANKATO, MINN.

The first events in the 2014 NSIC Indoor Track & Field Championships will take place on Sun.-Mon. Feb. 16-17 at Myers Fieldhouse in Mankato, Minn.



NSIC Men's Field Athlete of the Week:

Sioux Falls' Scott Greenman (PV, So., Clovis, Calif./Clovis HS) led the way as the Cougar men took two of the top three spots in the Pole Vault at the USD Alumni Meet. Greenman's winning vault of 16-6.75 (5.05m) is the highest vault in the NSIC this season, a NCAA provisional qualifying mark and the fourth highest vault in DII this season.

NSIC Men's Track Athlete of the Week:

Augustana's Harald Karbo (Distance, So., Stord, Norway) won a pair of events and hit his second provisional qualifying mark of the season at the Ted Nelson Classic. Karbo was the first to cross the finish line in the mile run with a qualifying time of 4:12.18, which is the fastest time in the NSIC this season. Karbo then doubled up with a 1,000-meter win in 2:35.86. Karbo had already hit a qualifying mark in the men's 3,000-meter run at the first event of the season. This marks the second time this season Karbo has been named NSIC Men's Track Athlete of the Week (12/10/13).



NSIC Women's Field Athlete of the Week:

Augustana's Kelsey Kaufmann (High Jump, So., Arlington, S.D./Arlington H.S.) set a personal best and improved her qualifying mark by winning the women's high jump at the Ted Nelson Classic on Saturday. Kaufmann cleared 1.73 meters (5 feet, 8 inches) for a new personal best, improving her qualifying mark by over two inches and moving into ninth on the national list. Kaufmann's new mark is the top height in the NSIC by two inches.

NSIC Women's Track Athlete of the Week:

Sioux Falls' Kendra Knight (Sprints, Sr., Mitchell, S.D./Mitchell HS) came away with an individual title in the non-seeded 600m run at the Frank Sevigne Husker Invitational with her school-record time of 1:31.70. This time is the fastest run in Division II and the 18th fastest time run in all NCAA divisions this season. This time beat the previous school record by more than a second and a half. Knight also competed in the 400m dash where she finished the race with a conference leading time of 56.91.



NSIC Team Notes

AUGUSTANA

Augustana experienced a very successful week on the track this weekend and had a bevy of personal-bests set in field events as well. The Vikings hit 10 provisional marks at the Ted Nelson Classic and for the third time this season, CJ Ham broke his own school record in the weight throw and qualified in two events. Harald Karbo led a trio of Vikings at the top of the men's mile finish -- the top two earned qualifying times -- and Kyle Blakeslee equaled his win with her own victory and qualifying mark. The vikings doubled up in both men's and women's 800-meter runs with Aduo Omot and Henrik Hansson snagging bids in the men's race and Kayla Mescher and Emma Anderson clocking qualifying times on the women's side. Improving her already qualifying mark.

Men's Field: CJ Ham (Throws, Jr., Duluth, Minn./Denfeld H.S.) broke his own school record and hit two provisional qualifying marks for the second consecutive week in the weight throw and shot put. Ham's 17.75-meter (58 feet, 3 inches) weight throw mark was the second best in the meet, but it broke his own school record for the third time this season, this time by over a foot. Ham's weight throw mark is again a provisional qualifying distance. Then, Ham won the men's shot put competition, throwing a personal-best 16.02 meters (52 feet, 6.75 inches) and hit a qualifying mark for the second straight week.

(Cont. on Next Page)

The NSIC is a 16-team, 18-sport, NCAA Division II Conference with teams located in Iowa, Minnesota, Nebraska, North Dakota and South Dakota.

• Augustana College • Bemidji State • Concordia -St. Paul • University of Mary • Minnesota • Crookston • Minnesota Duluth • Minnesota State University, Mankato • MSU Moorhead • Minot State • Northern State • Sioux Falls • Southwest Minnesota State • St. Cloud State • Upper Iowa • Wayne State • Winona State •



AUGUSTANA (CONT)

Men's Track: Harald Karbo (Distance, So., Stord, Norway) won a pair of events and hit his second provisional qualifying mark of the season at the Ted Nelson Classic. Karbo was the first to cross the finish line in the mile run with a qualifying time of 4:12.18. Karbo then doubled up with a 1,000-meter win in 2:35.86. Karbo hit a qualifying mark in the men's 3,000-meter run at the first event of the season.

Women's Field: Kelsey Kaufmann (High Jump, So., Arlington, S.D./Arlington H.S.) set a personal best and improved her qualifying mark by winning the women's high jump at the Ted Nelson Classic on Saturday. Kaufmann cleared 1.73 meters (5 feet, 8 inches) for a new personal best, improving her qualifying mark by over two inches and moving into ninth on the national list. Kaufmann's new mark is the top height in the NSIC by two inches.

Women's Track: Kyle Blakeslee (Distance, Sr., Cannon Falls, Minn./Cannon Falls H.S.) posted her third qualifying mark of the season, this time in a second event, and won a pair of races at the Ted Nelson Classic. Blakeslee's mile time of 5:02.34 won the race and provisionally punched her ticket to the NCAA Championships. Blakeslee also won the women's 1,000-meter run with a time of 2:58.84, which is now the top time in the NSIC.

BEMIDJI STATE

Women's Track:

Nicole Crummy (So., Argyle, Minn.) led the Bemidji State University track and field team Feb. 8 in Duluth, Minn. at the Lake Superior Challenge. The sophomore clocked a season-best time of 1:05.20 in the 400-meters to finish fourth in the event. In addition, the time stands as the fastest by a member of the BSU team in the even this season.

Women's Field:

The Bemidji State University track and field team recorded four individual season-best marks Saturday at the Lake Superior Challenge in Duluth, Minn. The team was led by Nicole Crummy, who clocked a season-best 1:05.20 in the 400-meter dash to place fourth. In addition the team's 4x200-meter relay team of Nikki Anderson, Austin Eng, Kaneeshia Johnson and Chloe Miller posted a time of 1:55.75 to finish fourth.

CONCORDIA-ST. PAUL

Women's Track: Michelle Ndely (Hurdles, 5'6", So., Champlin, Minn. / Champlin Park HS) shattered the school record for the 60m hurdle in the Lake Superior Challenge, a record she set earlier this season. Ndely ran a time of 8.71 seconds, good for first in the event, which moves her to 16th on the national list.

Women's Field: Martina Ware (Throws, 5'6", Jr., Eagan, Minn., Eastview HS) finished second in the weight throw in the Lake Superior Challenge. She fell just short of her PR with a distance of 15.52m.

Men's Track: Marquavius Taylor (Sprints, 5'10", So., St. Paul, Minn. / Central HS) was busy for the Golden Bears this past weekend in the Lake Superior Challenge. He took home two second place finishes in the 60m with a time of 7.23 and the 200m with a time of 23.28. He also helped the 4x400m team to a first place finish in that event.

Men's Field: Bryan Elyea-Wheeler (Pole Vault, 6'0", So., Eden Prairie, Minn. / HS) took home a first place finish in the pole vault this past weekend in the Lake Superior Challenge. He narrowly beat out teammate Colin Goligoski for top spot with a mark of 4.51m.

UNIVERSITY OF MARY

Men's Field: Aaron Teigen (Jumps, Sr., Rugby, N.D. / Rugby HS) claimed the triple jump title at the Thundering Herd Classic in Fargo on Saturday, clearing 45' 5 3/4" for the win. He also posted an NCAA provisional qualifying mark in the long jump. Teigen's effort of 23' 1/2" earned him a second place finish in the event. His long jump mark is also third in the NSIC this season.

Men's Track: Nathan Inkman (Distance, Jr., Oroville, Calif.) was the victor in the 800 meter run at the Thundering Herd Classic, running the event in a clocking of 1:55.96 that just missed the national provisional qualifying mark by .36 seconds. Currently he ranks eighth among NSIC runners.

Freshman Hwang Lee (Hamilton, Ontario) set a U-Mary record in the indoor heptathlon. He recorded 4,565 points over the course of the seven events at the Thundering Herd Classic. He ranks third in the NSIC.

Women's Field: Davina Carr (Fr., Nine Mile Falls, Wash.) scaled 12' 1 1/2" to placed third in the pole vault at the Thundering Herd Classic. Her effort is an NCAA provisional qualifying mark.

Women's Track: Janet Johnson (Sprints, Sr., Kingston, Jamaica) blazed to the 4th fastest time in the nation by finishing second in the 60m hurdles at the Thundering Herd Classic at NDSU on Saturday, February 8, in a school record time of 8.48 seconds. Johnson, who also won the long jump in a provo national qualifying mark of 18'5", is the NSIC leader in the 60 hurdles.

In addition to Janet Johnson and Davina Carr, three other Marauders also posted provisional qualifying marks at NDSU on Saturday: Brittney McKinley in the 60 meter hurdles (8.88 seconds), Kayla Carlson in the 800 meter run (2:17.54) and Danylle Kurywchak in the long jump (18' 2 1/2").

MINNESOTA DULUTH

Men Track/Field: The University of Minnesota Duluth took its shortest road trip -- a little more than a mile -- of the 2014 indoor track and field season Saturday, paying a visit to the College of St. Scholastica campus where the Bulldogs rolled up nine individual titles and broke a pair of school records at the Lake Superior Challenge. In the distance relay team of Phil d'Entremont, senior Tyler Stevens, junior Chris Wilson and senior Cole Toepfer placed first in the distance medley relay with a school-record and Burns Wellness Center record-clocking of 10:06.15. That also was a NCAA Division II provisional qualifying mark for that quartet..

Among the champions were junior Justin Adams in the 400-meter dash (52.93), Phil d'Entremont in the 500-meter dash (1:06.23, a UMD school-record and Burns Wellness Center record), Nick Moran in the weight throw (16.79 meters), Holden Olson in the 200-meter dash (23.18) and sophomores Mark Emlaw in both the long jump (6.73 meters) and 60-meter dash (7.09), Appo Agbamu in the shot put (15.47 meters) and Drew Johnson in the 1,000-meter run (2:37.32) and freshman Ted Heikkila in the 3,000-meter run (9:01.17).

Women Track/Field: The University of Minnesota Duluth took its shortest road trip -- a little more than a mile -- of the 2014 indoor track and field season Saturday, paying a visit to the College of St. Scholastica campus where the Bulldogs rolled up five individual titles and one relay crown at the Lake Superior Challenge.

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MINNESOTA DULUTH (CONT)

Among the champions were juniors Amelia Maher in the 600-meter run (1:39.43) and Chanel Miller in the 200-meter dash (26.50), sophomores Hannah Olson in the 1,000-meter run (3:02.94) and Kayla Wilttrout in the pole vault (3.41 meters) and freshman Breanna Colbenson in the one-mile run (5:11.40). In addition, the distance relay team of Olson, Maher, junior Victoria Zoller and freshman Samantha Rivard placed first in the distance medley relay with an NCAA Division II provisional-qualifying time of 12:01.14. Miller also set a NCAA II provisional mark in the 60-meter hurdles (8.88, good for second place) while Erin Pangerl set a school-record in the 60-meter dash (8.07) while finishing second.

MINNESOTA STATE

The fourth rated Minnesota State men's track and field team hosted the Ted Nelson Classic on Saturday. Junior Anthony Gustafson had a first place finish in the 200-meter dash as he crossed the finish line with a time of 22.28. The 4x400-meter relay team of sophomores Alex Lugo, Zach Gearman, Pel Deng, and freshman Brendan Gessner placed first with a time of 3:23.55. That currently is the second-best time in the NSIC.

On the Women's side Junior Bryanna Sudman had a provisional-qualifying vault of 12' 6.25" in the pole vault. That is a career best for the vaulter. Senior Zevin Carter upped her provisional-qualifying time in the 60-meter hurdles finishing in first place with a time of 8.88.

Men's Track: Freshman Myles Hunter (Conyers, Ga.) won the championship at the Ted Nelson Classic on the campus of Minnesota State finishing with a time of 8.12 in the 60m hurdles.

Men Field: Freshman Adam Shultz (Le Sueur, Minn.) had a career-best throw in the weight throw on Saturday at the Ted Nelson Classic as he had a throw of 47' 6.5".

Women Track: Freshman Maddie Sjellin (St. Michael, Minn.) provisionally qualified in the 800-meter run at the Ted Nelson Classic on Saturday. Her time of 2:15.94 is the second-best time in the NSIC.

Women Field: Junior Morgan Stampey (St. Paul, Minn.) broke the MSU school record for the second straight week in the weight throw at the Ted Nelson Classic. Her throw of 59' ranks her second in the NSIC and 10th on the TFRS NCAA Division II indoor qualifying list.

MSU MOORHEAD

Men's Track: Jonathan Demus (Sprints, San Diego, Calif. / Horizon Christian Academy / Cuyamaca HS), at NDSU's Thundering Herd Classic on Saturday, won the 60-meter dash with a time of 6.95 and was second in the 200-meter dash at 22.46. His time in the 60 was sixth-fastest in the NSIC this season.

Men's Field: Marshal Pederson (Jumps, So., East Grand Forks, Minn. / East Grand Forks HS) was third in the seeded high jump at 6-4 3/4 and was fifth in the seeded long jump at 20-4 1/4.

Women's Track: Molly Montonye (Soph., Distance, Graceville, Minn. / Clinton-Graceville-Beardsley HS), at Saturday's Thundering Herd Classic, was third in the seeded mile at 4:59.80, which is an NCAA Division II provisional qualifying time and 10th-fastest in the nation this season.

Women's Field: Chelsea Klemetson (High Jump, Jr., Sabin, Minn. / Moorhead HS/Concordia) claimed her third win of the 2014 season with a victory in the seeded high jump at the Thundering Herd Classic on Saturday in Fargo, N.D.. Klemetson had a jump of 5-6, which is second-best in the NSIC and also an NCAA Division II qualifying mark.

MINOT STATE

The Minot State University women's and men's indoor track & field teams competed in the two-day North Dakota State University Thundering Herd Classic this past weekend. The Beavers recorded a total of 26 personal records on the weekend while also breaking two school records. Sienna Dailey (Jr., Sprints, Glasgow, Mont.) broke her own school record in the 400 meter dash while Adedamola Sobande (Sr., Throws, St. Paul, Minn.) broke his own Minot State record in the men's weight throw. From last season to this season, Sobande has improved his throw nearly 10 feet. Dailey placed fifth overall in the seeded 400 with a time of 58.06 which was just a tenth of a second off from qualifying for NCAA Division II Nationals. Also on the women's side, Kara Kuntz (Jr., Mid-Distance, Voltaire, N.D.) placed sixth in one mile with a personal best 5:14.30, 12 seconds better than her previous personal best. Catie LeDesma (Fr., Distance, Chula Vista, Calif.) placed second and in the 3,000 meter run with a time of 10:29.62 while teammate Allison Windish (So., Distance, Wimbledon, N.D.) was right behind her with a fourth place finish and a time of 10:35.85, an improvement of 17 seconds from last week. Mary Roy (Jumps/Sprints, Mount Vernon, Ore.) recorded personal records in 60 meter dash and 200 meter dash. Roy placed first overall in the 200 with a time of 22.69 seconds, placing her No. 4 on the Minot State all-time list. Joining Roy in the finals will be DelRay Audet (So., Hurdles, Minot, N.D.) as she placed No. 7 in the 60 meter hurdles with a time of 9.67 seconds. On the men's side Tyler Flatland (Jr., Hurdles, Watford City, N.D.) recorded a personal record time in the 200 meter dash with a time of 22.70 seconds. Flatland placed fifth in both the 200 and 400 meter dash. Tyler Bates (Fr., Sprints, Watford City, N.D.) led the charge as he placed fourth overall in the 200 meter dash with a personal record time of 22.89 seconds, putting him fourth on the Minot State all-time list. Bates also recorded a personal best in the 400 meter dash. Wayne Peters (Jr., Sprints, Carson, Calif.) and Darin Malafa (Jr., Hurdles, Bismarck, N.D.) each recorded personal bests Friday, and competed in the consolation finals of the 60 meter dash. Peters also recorded a personal record in the 200 meter dash. Feb. 15 the Beavers will head back to NDSU to compete in the NDSU Bison Open.

NORTHERN STATE

Men's Track: Andrew Johnson (Jr., Aberdeen, S.D.) had a great meet for the Wolves Friday at NDSU. Johnson won the 200-meter dash, running a career-best time of 22.51 in the event. Johnson also got fourth in the 60 dash, finishing with a time of 7.11. Johnson was also a part of Northern's winning 4x400 meter relay team, finishing with a time of 3:29.40.

Men's Field: Lucas Osowski (So., Coon Rapids, Minn.) had the other individual title at the meet for Northern. Osowski won the shot put with a throw of 47'-5.25". Osowski also took fourth place in the weight throw with a heave of 48'-3.25". The distance set a new career-best for Osowski in the event.

Women's Track: Whitney Kuyper (Fr., Stickney, S.D.) took second for the Wolves in the 3,000 meters Friday. Kuyper ran a career-best time of 11:07.55.

Women's Field: Breann Jackson (So., Wheatland, Wyo.) took home first place in the weight throw at the Thundering Herd Open. Jackson won the event with a throw of 51'-9.25". Jackson also placed second in the shot put with a career-high throw of 41'-2.25".

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SOUTHWEST MINNESOTA STATE

Men Track & Field: The Southwest Minnesota State men's indoor track & field team returns to action this weekend for a pair of meets in Mankato, Minn. SMSU will compete at the Minnesota State Open on Saturday, before taking part in the NSIC Multi on Sunday and Monday. SMSU last competed on Feb. 1 at the MSU Multi and Open with redshirt freshman Alejandro Sanchez leading the way with a time of 1:54.92 to finish in second place in the 800-meter. The time by Sanchez meets the NCAA Division II provisional national qualifying mark.

Women Track & Field: The Southwest Minnesota State women's indoor track & field team returns to action this weekend for a pair of meets in Mankato, Minn. SMSU will compete at the Minnesota State Open on Saturday, before taking part in the NSIC Multi on Sunday and Monday. SMSU last competed on Feb. 1 at the MSU Multi and Open with freshman Amanda Grengs, who placed seventh in the 1000-meter with a time of 3:12.24 and also finished 10th in the 3000-meter with a time of 11:27.59.

SIOUX FALLS

The University of Sioux Falls track and field team had athletes competing in both the Frank Sevigne Husker Invitational and the USD Alumni Meet this weekend. The Cougars saw three school records fall as well as five NCAA provisional qualifying performances. Next up for the Cougars will be the MSU Open in Mankato, Minn. on February 15 and the NSIC Multi-Event Championships on February 16 and 17 also in Mankato.

Women Field: Sophie Harano (PV, So., Lincoln, Neb./Lincoln Southeast HS) competed in the Pole Vault at the USD Alumni Meet this weekend and came away with a NCAA provisional vault of 11-10 (3.61m). This vault is the seventh highest in the NSIC and the 25th best vault in DII.

Women Track: Kendra Knight (Sprints, Sr., Mitchell, S.D./Mitchell HS) came away with an individual title in the non-seeded 600m run at the Frank Sevigne Husker Invitational with her school-record time of 1:31.70. This time is the fastest run in Division II and the 18th fastest time run in all NCAA divisions this season. This time beat the previous school record by more than a second and a half. Knight also competed in the 400m dash where she finished the race with a conference leading time of 56.91.

Men Track: Billy Brockmueller (Dis., Jr., Brandon, S.D./Brandon Valley HS) watched his brother Bobby Brockmueller break the USF school record in the first heat of the men's mile at the Frank Sevigne Husker Invitational on Saturday. However, that record was short-lived as Billy raced in the second heat and beat his brother's school record by nearly three seconds with his NCAA provisional qualifying time of 4:12.97. Brockmueller currently holds the sixth fastest time in the NSIC and the 35th fastest in DII.

Men Field: Scott Greenman (PV, So., Clovis, Calif./Clovis HS) led the way as the Cougar men took two of the top three spots in the Pole Vault at the USD Alumni Meet. Greenman's winning vault of 16-6.75 (5.05m) is the highest vault in the NSIC this season, a NCAA provisional qualifying mark and the fourth highest vault in DII this season.

ST. CLOUD STATE

St. Cloud State competed hard at the Ted Nelson Classic Invitational Saturday, Feb. 8 as they earned many top finishes including five individual titles.

Men's Track: George Kawalawu (Sr., Brooklyn Park, Minn.) broke the school record in the men's 60m dash, which he previously held since 2012, as he posted a first place finish and a time of 6.78 this past weekend at the Ted Nelson Classic. Kawalawu is now tied eighth nationally and second in the NSIC rankings for the 60m dash. This is also a new personal best for Kawalawu as well.

Senior Leon Cheneyon followed up Kawalawu in the 60m dash for second place on a time of 6.89, which provisionally qualified him for Nationals. The men's 200m dash earned Dillando Allotey a third place finish as he posted a time of 22.38. In the 800m run JoVonte Suber took fourth off a time of 1:56.74 and placing fourth in the 1,000m run was freshman Mahdi Koliso.

Men's Field: Joe Mooney (So., Maple Lake, Minn.) jumped to a second place finish on a mark of 6-08.75 in the high jump. With Mooney's mark he now sits second in the NSIC and provisionally qualifies for Nationals. This is Mooney's best mark so far this season.

Also earning titles was freshman Keyshawn Davis with a mark of 23-00.50 in the long jump and in sophomore Ryan Johnson in the weight throw (59-11.75). Johnson also took second (50-04.50) in shot put while sophomore Rafael Saez finished fourth (48-05.25).

Women's Track: Jasmine Grant (Fr., Surrey, Canada) earned her first individual title of her collegiate career this past weekend in the 400m dash with a time of 59.11. Grant is currently sitting 10th in the NSIC standings. Grant's time in the 400m dash is her new personal best as she beat her previous mark by seven tenths of a second.

On the track in the women's 200m dash sophomore GaBrina Cornelious posted a fifth place finish off a time of 26.95, while sophomore Alicia Evans recorded a third place finish with a time of 59.64 in the 400m dash. The women's 4x400m relay raced to a second place finish as they recorded a time of 4:07.46. The team consisted of sophomore Alicia Lipka, Grant, Gilbreath and Evans.

Women's Field: Kellan Flynn (So., Tomahawk, Wis.) competing in her second meet of the season took second place in the women's high jump off a mark of 5-04.50. Flynn was just one one-hundredth of a meter off her personal best mark that she set during last year's outdoor campaign. Flynn is also now ranked sixth in the NSIC Standings.

Patience Yalartai had the top finish for the women's field events in the triple jump on a mark of 37-00.50. Taking third in the women's long jump was freshman Jenny Gilbreath on a mark of 16-00.50, while teammate Laure Olson also posted a third place finish in the triple jump (34-06.25). Taking third and fourth respectively in the women's shot put was junior Ashley Ritter and sophomore Heather Clankie, both posting marks of 37-06.75. Ritter also took second in the weight throw as she threw for a mark of 50-06.25, while sophomore Stephanie Waletzko threw for a third place finish on a mark of 47-00.25.

The Huskies will be back in action on Feb. 15 & 16 as they travel back to Mankato for the MSU Open on Saturday and the NSIC Multi Championships on Sunday. Both meets are being hosted by Minnesota State University, Mankato.





WAYNE STATE

Men's Track: Zach Thomsen - (Junior - Wayne, NE) recorded a fifth place finish in the men's 600 meter run with a new school record, crossing the finish line in a time of 1:20.58 at the UNL Husker Invite. The old school record was 1:20.95 held by Andy Jansen and set in the 2011 season. His time currently ranks 2nd in the NSIC.

Men's Field: Derek Lahm - (Freshman, Columbus, NE) placed seventh in the long jump with a mark of 21' 7 1/4" at the Fred Biele Classic hosted by Doane College in Crete, Neb.

Women's Track: Lexi Guhl - (Sr., Omaha, NE) placed fourth in the 60 meter hurdles with a time of 9.28 seconds at the Fred Biele Classic at Doane College.

Women's Field: Carly Fehringer - (Senior, Wayne, NE) - placed 4th in the UNL Husker Invite in the weight throw with a mark of 62 1/2" against a field of mostly all Division I throwers. She is currently ranked 4th in the event in the NCAA rankings. She also recorded an 11th place finish in the shot put with an NCAA provisional mark of 46' 11 1/2", which moved her up to 12th on the NCAA rankings.

The Wildcat track and field team will be in action on Friday, February 14 at the Concordia Invitational in Seward, Nebraska.

WINONA STATE

Women's Track: Jordan Skelly (Jr, Buffalo, MN) won the Mile at the UW-Stevens Point Open Saturday with a personal best time of 5:06.96.

Women's Field: Reagan Johnson (Fr, Columbus, WI) won the High Jump at the UW-Stevens Point Open Saturday with a mark of 5' 2 1/4" (1.58m).





NSIC INDOOR TRACK & FIELD CHAMPIONSHIPS

BEMIDJI STATE UNIVERSITY, BEMIDJI, MINN.
FEBRUARY 28-MARCH 1, 2014

Friday February 28

Field Events

12:00 p.m. Long Jump – Men-9 Athletes to finals
Pole Vault – Men
High Jump – Women
Weight –Women-9 athletes to finals

2:30 p.m. High Jump – Men
Long Jump – Women- 9 Athletes to finals
Shot Put – Men- 9 Athletes to finals

Track Events

3:00 p.m. Mile Prelims –Women/Men

3:30 p.m. 60 Meter High Hurdles – Semis – Women/Men

4:00 p.m. 400 Meter Run – 8 Athletes to Finals

4:30 p.m. 600 Meter Run – 8 Athletes to Finals

5:00 p.m. 60 Meter Dash – Semis – Women/Men

5:20 p.m. 800 Meter Run – Semis-Women/Men

5:40 p.m. 1000 Meter Run – Semis-Women/Men

6:00 p.m. 200 Meter Dash – 8 Athletes to Finals

6:30 p.m. 3000 Meter Run – Finals-Women-Men

7:00 p.m. Distance Medley Relay – Women

7:20 p.m. Distance Medley Relay – Men

Saturday March 1

Field Events

10:00 a.m. Weight Throw – Men – 9 Athletes to finals
Pole Vault – Women
Triple Jump – Men – 9 Athletes to finals

12:30 p.m. Shot Put –Women – 9 Athletes to finals
Triple Jump – Women – 9 Athletes to finals

Track Events

1:00 p.m. Mile Finals – Women/Men – 1 Heat of 12 each

1:30 p.m. 60 Meter Hurdle Finals – Women/Men, 8 in Finals, 1 heat each.

1:45 p.m. 400 Meter Dash Finals – Women/Men, 8 in finals, 2 Hts, fast last

2:00 p.m. 600 Meter Dash Finals – Women/Men, 8 in finals, 2 Hts, fast last

2:15 p.m. 60 Meter Dash Finals – Women/Men, 8 in finals, 1 heat each.

2:30 p.m. 800 Meter Run Finals – Women/Men, 8 in finals, 1 heat each.

2:45 p.m. 1000 Meter Run Finals – Women/Men, 8 in finals, 1 heat each

3:05 p.m. 200 Meter Dash Finals – Women/Men, 8 in finals, 2 heats each, fast last

3:15 p.m. 5000 Meter Run Finals – Women, 1 heat

3:40 p.m. 5000 Meter Run Finals – Men, 1 heat

4:00 p.m. 4 x 400 Meter Relay Finals – Women/Men, 2 heats each, Fast heat last.

4:30 p.m. Team Awards Presentation

The NSIC is a 16-team, 18-sport, NCAA Division II Conference with teams located in Iowa, Minnesota, Nebraska, North Dakota and South Dakota.



• Augustana College • Bemidji State • Concordia -St. Paul • University of Mary • Minnesota , Crookston • Minnesota Duluth • Minnesota State University, Mankato •
• MSU Moorhead • Minot State • Northern State • Sioux Falls • Southwest Minnesota State • St. Cloud State • Upper Iowa • Wayne State • Winona State •