

2012-13 NSIC Winter All-Academic Teams Announced

Burnsville, Minn. — The Northern Sun Intercollegiate Conference has announced its All-Academic Teams for the 2012-13 winter athletic season. To be eligible for this honor, the student-athlete must be a member of the varsity traveling team and have a cumulative grade point average of 3.20 or higher. Furthermore, the athlete must have reached sophomore athletic and academic standing at her/his institution (true freshmen, red-shirt freshmen and ineligible athletic transfers are not eligible) and must have completed at least one full academic year at that institution.

MEN'S BASKETBALL

Cameron McCaffrey	Sr.	Augustana	Portland, Ore.
Leif Nomeland	Sr.	Augustana	Osakis, Minn.
Brennan Olson	Jr.	Augustana	Luck, Wis.
Evan Pierce	So.	Augustana	Houston, Texas
Jason Edwards	Sr.	Bemidji State	Phoenix, Ariz.
Lance Rongstad	Sr.	Bemidji State	Eleva, Wis.
Jacob Schalow	Jr.	Bemidji State	Kaukauna, Wis.
Brock Tesdahl	So.	Bemidji State	Crosby, Minn.
Clay Olstad	Jr.	Concordia University	Elgin, Minn.
Cole Olstad	So.	Concordia University	Elgin, Minn.
Terez Van Pelt	So.	Concordia University	Osseo, Minn.
Alex Dorr	Sr.	University of Mary	Norwalk, Iowa
Mike Johnson	Jr.	University of Mary	Grand Rapids, Minn.
Almir Krdzalic	Sr.	Minnesota, Crookston	Sioux Falls, S.D.
Broderick Schmidt	Sr.	Minnesota, Crookston	Marion, S.D.
Calahan Skogman	So.	Minnesota Duluth	Seymour, Wis.
Bryan Sprang	So.	Minnesota Duluth	New Brighton, Minn.
Alexander Hanks	Jr.	Minnesota State	St. Cloud, Minn.
Assem Marei	So.	Minnesota State	Cairo, Egypt
Alex Novak	Sr.	MSU Moorhead	Oxford, Iowa
Matt Yale	So.	Minot State	Berthold, N.D.
Seth Bachand	So.	Northern State	Sturgis, S.D.
Jared Hannigan	Jr.	Northern State	Aberdeen, S.D.
Jeffrey Tobin	Jr.	Northern State	Langford, S.D.
Mitchell White	So.	Northern State	Rapid City, S.D.
Trent Zomer	Jr.	Northern State	Melbourne, Australia
Alex Robey	Jr.	Sioux Falls	Sioux Falls, S.D.
Derek Brown	Jr.	Sioux Falls	Clark, S.D.
David Maxwell	Sr.	Sioux Falls	Parkston, S.D.
Keaton Moffit	So.	Sioux Falls	Sioux Falls, S.D.
Bryan Kiepinski	So.	Sioux Falls	Mandan, N.D.
Tramel Barnes	Sr.	Southwest Minnesota State	Watson, Minn.
Nick Smith	Jr.	Southwest Minnesota State	Johnston, Iowa
James Fort	So.	St. Cloud State	South Haven, Minn.
Connor Niehaus	So.	St. Cloud State	Fremont, Neb.
Sam Elgin	Sr.	Upper Iowa	Center Point, Iowa
Jake Hughes	Sr.	Upper Iowa	Cedar Rapids, Iowa
Logan Johnson	Jr.	Upper Iowa	Barneveld, Wis.
Bo Pagel	So.	Upper Iowa	Sumner, Iowa
Nick Soyer	So.	Upper Iowa	Marion, Iowa
Tucker Wentzien	Sr.	Upper Iowa	Solon, Iowa
Adol Aluong	Jr.	Wayne State	Sioux Falls, S.D.
Tyler Bauschek	Jr.	Wayne State	Mukwonago, Wis.
Patrick Kurth	So.	Wayne State	Sioux City, Iowa
Ryan Rolfzen	Jr.	Wayne State	Papillion, Neb.
Amry Shelby	Sr.	Wayne State	Marion, Iowa
Taylor Cameron	Jr.	Winona State	Oshkosh, Wis.
Xavier Humphrey	Sr.	Winona State	Oak Park, Ill.
Grant Johnson	Sr.	Winona State	Kenosha, Wis.

WOMEN'S BASKETBALL

Alex Feeney	Sr.	Augustana	Bismarck, N.D.
Sophie Kenney	So.	Augustana	Fargo, N.D.
Cami Koehn	Sr.	Augustana	Egan, S.D.
Lydia Nelson	Sr.	Augustana	Lake Preston, S.D.
Emily Schulte	Jr.	Augustana	Sioux Falls, S.D.
Faith Tinklenberg	Sr.	Augustana	Pipestone, Minn.
Chelsea Carlson	Jr.	Bemidji State	Grand Forks, N.D.
Emily Kaus	Sr.	Bemidji State	Eagan, Minn.
Shannon Thompson	Sr.	Bemidji State	Rosemount, Minn.
Kate Warmack	Jr.	Bemidji State	East Grand Forks, Minn.
Jodi Batzel	Jr.	Concordia University	Rochester, Minn.
Rachel Hansen	Jr.	Concordia University	Eagan, Minn.
Asha Knight	So.	Concordia University	Burnsville, Minn.
Mandy Poke	Sr.	Concordia University	Richfield, Minn.
Anika Whiting	So.	Concordia University	Ashland, Wis.
Carissa Wolyniec	Jr.	Concordia University	Minneapolis, Minn.
McKenzie Foster	Jr.	University of Mary	Big Timber, Mont.
Taylor Luke	Sr.	University of Mary	Amery, Wis.
Laura Petersen	Sr.	University of Mary	Osseo, Wis.
Lindsey Sand	Jr.	University of Mary	Steele, N.D.
Kenzie Church	So.	Minnesota, Crookston	Fairmount, N.D.
Ashley Martell	So.	Minnesota, Crookston	Somerset, Wis.
Danielle Flood	So.	Minnesota Duluth	Janesville, Wis.
Alyssa Kerkoff	So.	Minnesota Duluth	St. Peter, Minn.
Megan Lueck	Jr.	Minnesota Duluth	Winona, Minn.
Katrina Newman	Jr.	Minnesota Duluth	Barnum, Minn.
Shauni Payeur	So.	Minnesota Duluth	Anoka, Minn.
Hannah Rutten	Jr.	Minnesota Duluth	New York Mills, Minn.
Kaiya Sygulla	Sr.	Minnesota Duluth	Lakeville, Minn.
Jamie Bresnahan	So.	Minnesota State	Edina, Minn.
Cierra Byers	So.	Minnesota State	Plymouth, Minn.
Aubrey Davis	So.	Minnesota State	Bloomington, Minn.
Karlee Gengenbacher	Jr.	Minnesota State	Quincy, Ill.
Allison Hoefler	Jr.	Minnesota State	Plymouth, Minn.
Ashley Olson	So.	Minnesota State	Blue Earth, Minn.
Hillary Paulson	Jr.	Minnesota State	Freeman, S.D.
Kathleen Reynolds	Sr.	Minnesota State	Sioux City, Iowa
Elizabeth Stenhaus	Jr.	Minnesota State	Rochester, Minn.
Brittany Thiesfeld	Jr.	Minnesota State	Sliver Lake, Minn.
Steffaney Thomas	Jr.	Minnesota State	Sun Prairie, Wis.
Lexie Ulfers	So.	Minnesota State	Waseca, Minn.
Alyssa Van Klei	Sr.	Minnesota State	Stillwater, Minn.
Wilkinson, Ali	Jr.	Minnesota State	Blue Mounds, Wis.
Kaycee Charette	Sr.	MSU Moorhead	Prescott, Wis.
Megan Strese	Jr.	MSU Moorhead	Evansville, Minn.
Haley Thomforde	Jr.	MSU Moorhead	Apple Valley, Minn.
Marisa Yernatich	Sr.	MSU Moorhead	Duluth, Minn.
Morgan Zabel	Jr.	MSU Moorhead	Northfield, Minn.
Morgan Klose	So.	Minot State	Fairview, N.D.
Sacarra Molina	Sr.	Minot State	Hinsdale, Mont.
Lauren Safranski	Sr.	Minot State	Burnsville, Minn.
Janelle Wong	Sr.	Minot State	Goleta, Calif.
Yvonne Freeze	Sr.	Northern State	Lanesboro, Minn.
Sarah Hintz	Sr.	Northern State	Woodbury, Minn.
Kara Hofschild	So.	Northern State	Andover, Minn.
Katrina Kjerstad	Jr.	Northern State	Wall, S.D.
Rachel Krogman	So.	Northern State	Elkton, S.D.
Alison Kusler	Jr.	Northern State	Aberdeen, S.D.
Megan Mutchler	So.	Northern State	Newell, S.D.
Erin Rabenberg	So.	Northern State	Mobridge, S.D.
Storrie Cramer	Jr.	Lindenwood	Colorado Springs, Colo.



2012-13 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S BASKETBALL (CONT)

Sami Smith	So.	Northern State	Sioux Falls, S.D.
Mercedee Stotesbery	So.	Northern State	Sioux Falls, S.D.
Holli Aggen	Sr.	Sioux Falls	Worthington, Minn.
Jaicee Ulmer	So.	Sioux Falls	Canton, S.D.
Chrissy Strassburg	Jr.	Sioux Falls	Elk Point, S.D.
Laura Johnson	Jr.	Sioux Falls	Cedar Falls, Iowa
Paige Burkett	Jr.	Sioux Falls	Pierre, S.D.
Kelli Hoff	Sr.	Sioux Falls	Brandon, S.D.
Hannah Beeler	So.	Southwest Minnesota State	Indianola, Iowa
Ellen Degler	Jr.	Southwest Minnesota State	Chanhausen, Minn.
Emilee Duske	So.	Southwest Minnesota State	Delano, Minn.
Bree Holleman	Jr.	Southwest Minnesota State	Hancock, Minn.
Nicole Anderson	Sr.	St. Cloud State	Cannon Falls, Minn.
Carley Jeffery	So.	St. Cloud State	Cambridge, Wis.
Jamie Noonan	Sr.	St. Cloud State	Richfield, Minn.
Lauren Buck	So.	Upper Iowa	Anamosa, Iowa
Jennifer Herrick	Sr.	Upper Iowa	Fond du Lac, Wis.
Olivia Meier	So.	Upper Iowa	Cedar Rapids, Iowa
Laura TerHark	So.	Upper Iowa	Algona, Iowa
Olivia Winkler	So.	Upper Iowa	Castle Rock, Colo.
Anna Gerdes	So.	Wayne State	Maple Grove, Minn.
Ellen Hansen	Jr.	Wayne State	Ames, Iowa
Audrey Holmes	So.	Wayne State	Omaha, Neb.
Kara Powell	Jr.	Wayne State	Hot Springs, S.D.
Jordan Spencer	So.	Wayne State	Omaha, Neb.
Ashton Yossi	So.	Wayne State	Dallas Center, Iowa
Kelsey Andrist	Jr.	Winona State	Menomonie, Wis.
Abby Busch	Jr.	Winona State	Fairfax, Minn.
Marieanna Dulas	Sr.	Winona State	Markesan, Wis.
Michelle Tobin	Sr.	Winona State	Eden Prairie, Minn.
Tessa Wells	Jr.	Winona State	River Falls, Wis.
Katie Wolff	Sr.	Winona State	Marshfield, Minn.
Caitie Zepczyk	So.	Winona State	Ashland, Wis.

MEN'S INDOOR TRACK & FIELD

Adam Braun	So.	Augustana	Shoreview, Minn.
Aaron Clemens	So.	Augustana	Sioux Falls, S.D.
Clint Freiheit	Jr.	Augustana	Hayfield, Minn.
TJ Gleason	So.	Augustana	Sioux Falls, S.D.
Henrik Holmberg	So.	Augustana	Vik, Norway
Nic Cass	Jr.	Concordia University	Hortonville, Wis.
John Gibbs	So.	Concordia University	St. Paul, Minn.
Andrew Gilhart	So.	Concordia University	Waukesha, Wis.
Zach Pederson	Sr.	Concordia University	White Bear Lake, Minn.
Nic Rudolf	So.	Concordia University	Waseca, Minn.
Eric Birch	Sr.	University of Mary	Anoka, Minn.
Lawrence Hegland	So.	University of Mary	Penn, N.D.
Chris Jessop	So.	University of Mary	Corvallis, Mont.
Tim Simonich	Sr.	University of Mary	Laurel, Mont.
Chase Dixon	Sr.	University of Mary	Grass Valley, Calif.
Aaron Teigen	Jr.	University of Mary	Rugby, N.D.
Taylor Thompson	Sr.	University of Mary	Williston, N.D.
Deland Weyrauch	Sr.	University of Mary	Ray, N.D.
Zach Allen	Jr.	Minnesota Duluth	Roseville, Minn.
Danny Badhwa	Jr.	Minnesota Duluth	Brooklyn Park, Minn.
Joe Deters	Sr.	Minnesota Duluth	Sauk Rapids, Minn.
James Greiner	So.	Minnesota Duluth	Eveleth, Minn.
Aaron Handorff	Jr.	Minnesota Duluth	Andover, Minn.
Chaz Heinz	Jr.	Minnesota Duluth	Webster, Wis.
Joel Johnson	Jr.	Minnesota Duluth	Chisholm, Minn.
Nate Knop	Jr.	Minnesota Duluth	Monticello, Minn.
Rob Kostick	Sr.	Minnesota Duluth	Fridley, Minn.
Tim Lasch	Sr.	Minnesota Duluth	Lino Lakes, Minn.
Jacob Lepisto	Sr.	Minnesota Duluth	Forest Lake, Minn.
Jacob Nelson	Jr.	Minnesota Duluth	Pierz, Minn.
Dan Nielsen	So.	Minnesota Duluth	Andover, Minn.
Nick Pedersen	Jr.	Minnesota Duluth	Rice Lake, Wis.
Tyler Stevens	Jr.	Minnesota Duluth	Elk River, Minn.
Chris Wilson	Jr.	Minnesota Duluth	Plymouth, Minn.

MEN'S INDOOR TRACK & FIELD (CONT)

Brooks Zamzow	So.	Minnesota Duluth	Bryon, Minn.
Jacob Ball	So.	Minnesota State	Hudson, Wis.
Jacob Bastyr	Sr.	Minnesota State	Owatonna, Minn.
Garrett Eklof	Sr.	Minnesota State	Madison, Wis.
Austin Eliason	Sr.	Minnesota State	Rosemount, Minn.
Anthony Gustafson	So.	Minnesota State	Fairbault, Minn.
Bryan Keys	So.	Minnesota State	Germantown, Wis.
Grant Luer	Sr.	Minnesota State	Menomonie, Wis.
Nicholas Nelson	Sr.	Minnesota State	Lakeville, Minn.
Charles Steiner	Jr.	Minnesota State	White Bear Lake, Minn.
Josiah Swanson	So.	Minnesota State	Fond du Lac, Wis.
Derek Bredy	Sr.	MSU Moorhead	Hoffman, Minn.
Nathan Cole	So.	MSU Moorhead	Fergus Falls, Minn.
Clayton Foster	Sr.	MSU Moorhead	Pequot Lakes, Minn.
Jackson Henrich	So.	MSU Moorhead	Morris, Minn.
Kyle Castello	So.	MSU Moorhead	Winona, Minn.
Spencer Ruebke	Jr.	MSU Moorhead	Ada, Minn.
Beau Scheving	So.	MSU Moorhead	East Grand Forks, Minn.
Dan Sederquist	Jr.	MSU Moorhead	Moorhead, Minn.
Clayton Armstrong	Jr.	Minot State	Missoula, Mont.
Kirk Capdeville	So.	Minot State	Hinsdale, Mont.
Tyler Flatland	So.	Minot State	Watford City, N.D.
Josh Sandy	So.	Minot State	Velva, N.D.
Phillip Streccius	Jr.	Minot State	Minot, N.D.
Brandon Velasquez	Sr.	Minot State	Chula Vista, Calif.
Luke Hauert	Sr.	Northern State	Plankinton, S.D.
Andrew Johnson	So.	Northern State	Aberdeen, S.D.
Hunter Kopff	So.	Northern State	Monticello, Minn.
Nicholas Kranz	Jr.	Northern State	Watertown, S.D.
Shawn Schnabel	Jr.	Northern State	Aberdeen, S.D.
Jayce Seelig	Sr.	Northern State	Lisbon, N.D.
Nathan Bridgman	Sr.	Sioux Falls	Wessington Springs, S.D.
Billy Brockmueller	So.	Sioux Falls	Brandon, S.D.
Bobby Brockmueller	So.	Sioux Falls	Brandon, S.D.
Jacob Kabrud	Jr.	Sioux Falls	Rapid City, S.D.
Blaze Killian	Jr.	Sioux Falls	Brandon, S.D.
Colin Koth	Sr.	Sioux Falls	Sioux Falls, S.D.
Taylor Majerus	Sr.	Sioux Falls	Seward, NE
Bobby Menzie	Jr.	Sioux Falls	Glen Gardner, N.J.
Jared Noyes	So.	Sioux Falls	Redfield, S.D.
Brady Roby	So.	Sioux Falls	Sioux Falls, S.D.
Brandon Rogers	So.	Sioux Falls	Blair, NE
Grant Schouten	Jr.	Sioux Falls	Hawarden, Iowa
Benjamin Shield	So.	Sioux Falls	Lincoln, NE
Blake Stevenson	Jr.	Sioux Falls	Aberdeen, S.D.
Brady Velgersdyk	Sr.	Sioux Falls	Sioux Falls, S.D.
Tyler Voss	Sr.	Sioux Falls	Chanhausen, Minn.
Andrew Ellsworth	Sr.	Sioux Falls	Norfolk, NE
Amofah, Micahael	Jr.	St. Cloud State	Farmington, Minn.
David Braaten	Sr.	St. Cloud State	Cedar, Minn.
Mammad Nurie	So.	St. Cloud State	Blaine, Minn.
Jared Balady	So.	Wayne State	Murrieta, Calif.
Nathan Boggess	Jr.	Wayne State	Springfield, Neb.
William Ernst	So.	Wayne State	Lincoln, Neb.
Michael King	Jr.	Wayne State	Omaha, Neb.
Matt Peter	Jr.	Wayne State	Winside, Neb.
Zach Thomsen	So.	Wayne State	Wayne, Neb.
Gregory Tracy	Jr.	Wayne State	Omaha, Neb.





2012-13 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S INDOOR TRACK & FIELD

Hollie Bloom	Sr.	Augustana	Rapid City, S.D.
Megan Brown	So.	Augustana	Sioux Falls, S.D.
Colleen Everson	Jr.	Augustana	Slayton, Minn.
Katie Guse	Jr.	Augustana	Waseca, Minn.
Brooke Kinney	So.	Augustana	Adams, Minn.
Molly Kokesh	Sr.	Augustana	Scotland, S.D.
Kayla Mescher	So.	Augustana	Brighton, Colo.
Karmen Nyberg	Jr.	Augustana	Sioux Falls, S.D.
Kaitlyn Yoerg	So.	Augustana	Clear Lake, S.D.
Kayla Alexander	So.	Bemidji State	Blaine, Minn.
Chelsea Borwege	So.	Bemidji State	Faribault, Minn.
Tess Boucher	So.	Bemidji State	Alexandria, Minn.
Sara Churness	Jr.	Bemidji State	Big Lake, Minn.
Tina Larson	Sr.	Bemidji State	Cyrus, Minn.
Ashley Larva	Sr.	Bemidji State	Floodwood, Minn.
Brittany Dohmen	Sr.	Concordia University	Rogers, Minn.
Katie Ellis	So.	Concordia University	Becker, Minn.
Jatonna Freeman-Andrews	Sr.	Concordia University	Minneapolis, Minn.
Esther Jandrich	Jr.	Concordia University	Forest Lake, Minn.
Katie Nemeth	So.	Concordia University	Orofino, Idaho
Sarah Pieper	So.	Concordia University	New Brighton, Minn.
Anna Schield	So.	Concordia University	Two Harbors, Minn.
Katlynn Ulring	So.	Concordia University	Staples, Minn.
Martina Ware	So.	Concordia University	Eagan, Minn.
Shawna Young	Sr.	Concordia University	Isanti, Minn.
Jennifer Agnew	Sr.	University of Mary	Onamia, Minn.
Melissa Agnew	Sr.	University of Mary	Onamia, Minn.
Steph Braunagel	So.	University of Mary	Valley City, N.D.
Kayla Carlson	Jr.	University of Mary	Big Fork, N.D.
Crystal Hovland	So.	University of Mary	Rugby, N.D.
Erin Leier	Jr.	University of Mary	Esmond, N.D.
Brienna Lynch	So.	University of Mary	Bismarck, N.D.
Alicia Nehl	Sr.	University of Mary	Watauga, S.D.
Allison Opp	Jr.	University of Mary	Hazen, N.D.
Kayla Schuh	Jr.	University of Mary	Bismarck, N.D.
Kathryn Stewart	So.	University of Mary	Kingston, Jamaica
Dakota Wolf	Sr.	University of Mary	Dickinson, N.D.
Kaitlyn Wurnig	So.	University of Mary	Huntley, Mont.
Amanda Althoff	So.	Minnesota Duluth	Apple Valley, Minn.
Katherine Ayers	So.	Minnesota Duluth	Knoxville, Iowa
Katelyn Bendel	Jr.	Minnesota Duluth	Shakopee, Minn.
Cathryn Bettendorf	Sr.	Minnesota Duluth	North Branch, Minn.
Kirsten Bjork	Sr.	Minnesota Duluth	Sauk Rapids, Minn.
Brietta Clementson	Sr.	Minnesota Duluth	Pine City, Minn.
Jennifer Hitchcock	So.	Minnesota Duluth	Forest Lake, Minn.
Rebecca Lee	Sr.	Minnesota Duluth	Plainview, Minn.
Amelia Maher	So.	Minnesota Duluth	Sauk Center, Minn.
Emily Muellner	So.	Minnesota Duluth	Arden Hills, Minn.
Kari Novotny	Sr.	Minnesota Duluth	Grand Forks, N.D.
Sarah Pederson	Sr.	Minnesota Duluth	Oshkosh, Wis.
Jill Petracek	So.	Minnesota Duluth	Grayslake, Ill.
Paige Pluemer	Sr.	Minnesota Duluth	Phillips, Wis.
Dana Roach	Sr.	Minnesota Duluth	Faribault, Minn.
Alexandra Rudin	So.	Minnesota Duluth	Eden Prairie, Minn.
Alyssa Salava	Sr.	Minnesota Duluth	St. Paul, Minn.
Maja Shryer	So.	Minnesota Duluth	Birchwood, Minn.
Ellen Swanson	So.	Minnesota Duluth	Maplewood, Minn.
Jacqueline Thiemert	Jr.	Minnesota Duluth	Buffalo, Minn.
Randi Timerman	Sr.	Minnesota Duluth	Stevens Point, Wis.
Kayla Wilttrout	So.	Minnesota Duluth	Rochester, Minn.
Hannah Wurl	Jr.	Minnesota Duluth	Oakdale, Minn.
Alexander, Madison	So.	Minnesota State	Sheldon, Minn.
Kimberly Allan	So.	Minnesota State	Flagstaff, Ariz.
Sarah Baltisberger	So.	Minnesota State	Madison, Wis.
Sarah Bowler	So.	Minnesota State	Circle Pines, Minn.
Laura Chopp	Jr.	Minnesota State	Monrow, Wis.
Melissa Clark	Sr.	Minnesota State	Oconomowoc, Wis.
Annie Dahl	Sr.	Minnesota State	Cashton, Wis.
Christina DeLong	Sr.	Minnesota State	Osceola, Wis.

WOMEN'S INDOOR TRACK & FIELD (CONT)

Alexis Dickens	So.	Minnesota State	Eagan, Minn.
Audom Hathaway	Sr.	Minnesota State	Byron, Minn.
Laura Hughes	Jr.	Minnesota State	Mankato, Minn.
Courtney Johnson	Jr.	Minnesota State	Eagan, Minn.
Kelsey Magnuson	Sr.	Minnesota State	Rosemount, Minn.
Alexandra Miller	So.	Minnesota State	Eagle Lake, Minn.
Moriah Miller	Jr.	Minnesota State	Centerville, Minn.
Bonnie Pickford	So.	Minnesota State	Wever, Iowa
Jennifer Rogers	Sr.	Minnesota State	Apple Valley, Minn.
Tori Rudolph	So.	Minnesota State	Burlington, Wis.
Anna Ryan	Jr.	Minnesota State	Rochester, Minn.
Kate Sanft	Sr.	Minnesota State	Wausau, Wis.
Garae Stack	Jr.	Minnesota State	Mankato, Minn.
Stephanie Steenhoek	So.	Minnesota State	Hutchinson, Minn.
Lauren Stelflug	So.	Minnesota State	Rogers, Minn.
Bryanna Sudman	Jr.	Minnesota State	Eden Prairie, Minn.
Holly Suss	So.	Minnesota State	Parker, S.D.
Hannah Turnbull	Sr.	Minnesota State	Hayward, Wis.
Jenni Vantinen	Jr.	Minnesota State	Helsinki, Finland
Crystal Vossen	So.	Minnesota State	Litchfield, Minn.
Alyssa Wojack	Jr.	Minnesota State	Coon Rapids, Minn.
Kelly Brammer	Jr.	MSU Moorhead	Moorhead, Minn.
Nicole Hall	Sr.	MSU Moorhead	Kallispell, Mont.
Jessica Keesling	Sr.	MSU Moorhead	Vadnais Heights, Minn.
Savannah Link	So.	MSU Moorhead	Bismarck, N.D.
Kara Nygaard	Jr.	MSU Moorhead	Jamestown, N.D.
Heather Schultz	Sr.	MSU Moorhead	Dent, Minn.
Erin Sistad	So.	MSU Moorhead	West Fargo, N.D.
Tiffany Jaeger	Jr.	Minot State	Washburn, N.D.
Kara Kuntz	So.	Minot State	Voltaire, N.D.
Maila Lucht	Jr.	Minot State	National City, Calif.
Cassandra Sayler	Sr.	Minot State	West Fargo, N.D.
Mikayla Barondeau	Sr.	Northern State	Frederick, S.D.
Lindsey Fluharty	Sr.	Northern State	Prior Lake, Minn.
Maria Franker	Sr.	Northern State	Viborg, S.D.
Theresa Knapp	Sr.	Northern State	Madison, S.D.
Mariah Nelson	So.	Northern State	Mitchell, S.D.
Mikayla Perryman	Jr.	Northern State	Dakota Dunes, S.D.
Jill Schaefer	Sr.	Northern State	Chester, S.D.
Leandra Schlecht	So.	Northern State	Watertown, S.D.
Hannah Treinen	Jr.	Northern State	Ortonville, Minn.
Alexandra Webster	Jr.	Northern State	Ashley, N.D.
Connor Anderson	So.	Sioux Falls	Rosholt, S.D.
Becca Bedard	Sr.	Sioux Falls	Rapid City, S.D.
Kayla Coffee	Sr.	Sioux Falls	Alliance, NE
Lindsay Elston	Jr.	Sioux Falls	Windom, Minn.
Chanda Goedken	Sr.	Sioux Falls	Farley, Iowa
Brigitte Gross	Jr.	Sioux Falls	Alexandria, S.D.
Sierra Harder	Jr.	Sioux Falls	Mountain Lake, Minn.
Michelle Johnson	Sr.	Sioux Falls	Callaway, NE
Nicole Josephsen	Sr.	Sioux Falls	Arlington, S.D.
Carrie King	Jr.	Sioux Falls	Oakland, NE
Kendra Knight	Jr.	Sioux Falls	Mitchell, S.D.
Samantha Koch	Jr.	Sioux Falls	Sioux Falls, S.D.
Kristin Majerus	Sr.	Sioux Falls	Holdrege, NE
Danielle Moyer	Sr.	Sioux Falls	Fremont, NE
Katie Rutcosky	So.	Sioux Falls	Blair, NE
Callan Sawtelle	Jr.	Sioux Falls	Luverne, Minn.
Katlyn Sawtelle	So.	Sioux Falls	Luverne, Minn.
Chelsey Schenavar	Jr.	Sioux Falls	Foley, Minn.
Becca Steadman	So.	Sioux Falls	Centerville, S.D.
Kristen Suchor	Jr.	Sioux Falls	Redfield, S.D.
Kristen Townley	Jr.	Sioux Falls	White Bear Lake, Minn.
Leah Wensmann	Sr.	Sioux Falls	Aberdeen, S.D.
Marissa Whipple	So.	Sioux Falls	Baltic, S.D.
Jessica Hubley	So.	St. Cloud State	Marshall, Minn.
Carmen Johnson	Jr.	St. Cloud State	Augusta, Wis.
Alesha McPhail	So.	St. Cloud State	Pine Island, Minn.
Keely Rubash	Sr.	St. Cloud State	New Lisbon, Wis.





2013-13 NSIC Spring ALL-ACADEMIC TEAM

WOMEN'S INDOOR TRACK & FIELD (CONT)

Kassandra Vanesss	Jr.	St. Cloud State	Oxford, Wis.
Stephanie Baumgart	So.	Wayne State	Humphrey, Neb.
Sidney Blum	Jr.	Wayne State	Howells, Neb.
Rebecca Davenport	So.	Wayne State	Sargent, Neb.
Mackenzie Masching	Jr.	Wayne State	Lawton, Iowa
Megan Svitak	So.	Wayne State	Howells, Neb.
Morgan Swanson	So.	Wayne State	Omaha, Neb.
Abby Albers	Jr.	Winona State	Spearfish, S.D.
Lizzie Bartow	So.	Winona State	Sun Prairie, Wis.
Kelsey Bethke	So.	Winona State	Arden Hills, Minn.
Anna Blaske	Sr.	Winona State	Shoreview, Minn.
Michelle Dunnington	Jr.	Winona State	German town, Wis.
Melissa Femrite	Jr.	Winona State	Zimmerman, Minn.
Sarah Finley	Sr.	Winona State	Spring Grove, Ill.
Tina Finley	Sr.	Winona State	Wonder Lake, Ill.
Kayla Gudmundson	Sr.	Winona State	Becker, Minn.
Natalie Jech	Jr.	Winona State	Lino Lakes, Minn.
Kassi Kamps	Jr.	Winona State	Belmont, Wis.
Ashton Lamp	Sr.	Winona State	Ostego, Wis.
Elisa Moenkedick	Jr.	Winona State	Perham, Minn.
Hannah Mueller	So.	Winona State	Cambridge, Minn.
Jana Olson	Sr.	Winona State	Rushford, Minn.
Alissa Rausch	Jr.	Winona State	Merrill, Wis.
Brittney Rynda	Sr.	Winona State	New Prague, Minn.
Kelsey Schaefer	So.	Winona State	Racine, Wis.
Allison Schultz	Sr.	Winona State	Verona, Wis.
Jordan Skelly	So.	Winona State	Buffalo, Minn.
Megan Snyder	Sr.	Winona State	Hopkins, Minn.
Catherine Whitcomb	So.	Winona State	Shakopee, Minn.
Jessica Young	So.	Winona State	Winona, Minn.
Megan Zeiher	So.	Winona State	LeSuer, Minn.
Caitie Zepczyk	So.	Winona State	Ashland, Wis.
Madalyn Ziegler	Sr.	Winona State	Mankato, Minn.

WOMEN'S SWIMMING & DIVING

Nicole Bennett,	Jr.	Minnesota State	Waukesha, Wis.
Nicole Blum	Sr.	Minnesota State	Diamond Bar, Calif.
Lauren Finley	Sr.	Minnesota State	North Pole, Alaska
Stephanie Jordan	Jr.	Minnesota State	Oconomowoc, Wis.
Alyssa Larson	Jr.	Minnesota State	Hartford, Wis.
Amber McHugh	Sr.	Minnesota State	Lewisville, TX
Marissa Reeve	Sr.	Minnesota State	Prospect Heights, Ill.
Rachel Rubatt	Jr.	Minnesota State	Linwood, Minn.
Sara Sneer	Sr.	Minnesota State	Mankato, Minn.
Olivia de Grunchy	Sr.	MSU Moorhead	Genoa, Ill.
Angelee Hale	Jr.	MSU Moorhead	Corcoran, Minn.
Kelsey Jandro	Jr.	MSU Moorhead	Fargo, N.D.
Brooke Johnson	So.	MSU Moorhead	Austin, Minn.
Susie Kitzman	So.	MSU Moorhead	Fergus Falls, Minn.
Kyrsten Nelson	So.	MSU Moorhead	Roseau, Minn.
Megan Rieland	Jr.	MSU Moorhead	Sauk Centre, Minn.
Megan Sanford	So.	MSU Moorhead	Bismarck, N.D.
Jenna Thompson	Jr.	MSU Moorhead	Warroad, Minn.
Rachel Walsh	So.	MSU Moorhead	Fitchburg, Wis.
Rachel Yonkovich	So.	MSU Moorhead	Aberdeen, S.D.
Elizabeth Cvrk	Jr.	Northern State	Sioux City, Iowa
Samantha Gunning	So.	Northern State	Fargo, N.D.
Brittany Hiten	Sr.	Northern State	Rapid City, S.D.
Sarah Iwerks	Sr.	Northern State	Aberdeen, S.D.
Alana King	Sr.	Northern State	Detroit Lakes, Mich.
Cynthia Konechne	Sr.	Northern State	Kimball, S.D.
Ashley LaFave	Jr.	Northern State	Aberdeen, S.D.
Hannah Mastel	Jr.	Northern State	Fargo, N.D.
Sara Peterson	Jr.	Northern State	Sioux Falls, S.D.
Allie Samuels	Sr.	Northern State	Cody, Wyo.
Amanda Taylor	Jr.	Northern State	Miller, S.D.
Mikaela Waiflein	So.	Northern State	Aberdeen, S.D.
Caitlyn Beecher	So.	St. Cloud State	Madison, Wis.
Meghan Carmichael	Jr.	St. Cloud State	Stoughton, Wis.

WOMEN'S SWIMMING & DIVING (CONT)

Kellyn Craig	So.	St. Cloud State	Denver, Colo.
Stephanie Crandall	Sr.	St. Cloud State	Woodbury, Minn.
Brianna Dietz	Sr.	St. Cloud State	Grafton, Wis.
Melissa Funke	Sr.	St. Cloud State	Overland Park, Kan.
Katherine Hines	Sr.	St. Cloud State	Clive, Iowa
Chandler Keating	So.	St. Cloud State	Glen Carbon, Ill.
Mirna Kojic	So.	St. Cloud State	Grand Forks, N.D.
Jasmine Lee	Jr.	St. Cloud State	Green Bay, Wis.
Emily McIntire	So.	St. Cloud State	Sartell, Minn.
Dayna Nellis	Sr.	St. Cloud State	Green Bay, Wis.
Abigail Rasmussen	So.	St. Cloud State	Sauk Rapids, Minn.
Jennifer Rothe	Jr.	St. Cloud State	Oshkosh, Wis.
Mary Woodson	Jr.	St. Cloud State	Hartland, Wis.
Kelsey Hutton	Jr.	Lindenwood	Missoula, Mont.
Michelle Bell	Sr.	Lindenwood	Bridgeton, Mo.
Therese Klockare	Sr.	Lindenwood	Lulea, Sweden
Kelsey Nettles	So.	Lindenwood	St. Dominic
Mackenzie Porter	Jr.	Lindenwood	Kearney, Mo.
Cassandra Bonds	Jr.	Nebraska-Kearney	Wichita, Kans.
Kayleigh Jones	So.	Nebraska-Kearney	Glendale, Ariz.
Ashley McHugh	So.	Nebraska-Kearney	Lewisville, Texas
Michelle Reutter	So.	Nebraska-Kearney	Worland, Wyo.
Rebecca Tidwell	So.	Nebraska-Kearney	Emporia, Kan.
Beth Eyanson	Jr.	Truman State	Iowa City, Iowa
Allison Harding	Sr.	Truman State	West Des Moines, Iowa
Abby Hennen	So.	Truman State	O'Fallon, Mo.
Casey Jepsen	Jr.	Truman State	Sycamore, Ill.
Margaux Kent	Jr.	Truman State	Overland Park, Kan.
Calla Kingery	Sr.	Truman State	Starkville, Miss.
Haley Lanser	Jr.	Truman State	Chatham, Ill.
Alyssa Smith	Sr.	Truman State	Kirkwood, Mo.

WRESTLING

Jayd Docken	So.	Augustana	Winner, S.D.
Brady Anderson	Sr.	University of Mary	Hamilton, Mont.
Collin Engelhardt	Sr.	University of Mary	Bismarck, N.D.
Trevor Johnson	Jr.	University of Mary	Bismarck, N.D.
Brock Krumm	So.	University of Mary	Bismarck, N.D.
Kriss McCleary	Sr.	University of Mary	Napoleon, N.D.
Jon Wilson	So.	Minot State	Colorado Spring, Colo.
Marcus Wilson	Sr.	Minot State	Colorado Spring, Colo.
Chad Gibson	Sr.	Northern State	Rapid City, S.D.
Blake Lundgren	Jr.	Northern State	Amery, Wis.
Ian Muirhead	Jr.	Northern State	Presho, S.D.
Ethan Hildebrandt	Jr.	Southwest Minnesota State	St. James, Minn.
Micah Larson	Jr.	Southwest Minnesota State	Atwater, Minn.
Cole Wilson	So.	Southwest Minnesota State	Fairbault, Minn.
Christopher Brassell	Jr.	St. Cloud State	Park Ridge, Ill.
Trent Herold	Jr.	St. Cloud State	East Bethel, Minn.
Jacob D. Horn	Sr.	St. Cloud State	Ephrata, Wash.
Jacob R. Horn	Sr.	St. Cloud State	St. Michael, Minn.
Jacob Kahnke	Sr.	St. Cloud State	Shakopee, Minn.
Benjamin McPhail	So.	St. Cloud State	Pine Island, Minn.
Carl Broghammer	Jr.	Upper Iowa	Manchester, Iowa
Trevor Duke	Jr.	Upper Iowa	Burlington, Iowa
Wade Gobin	Sr.	Upper Iowa	Cannon Falls, Minn.
Chris Paulus	So.	Upper Iowa	New Hampton, Iowa
Mitchell Schultz	Sr.	Upper Iowa	Postville, Iowa

