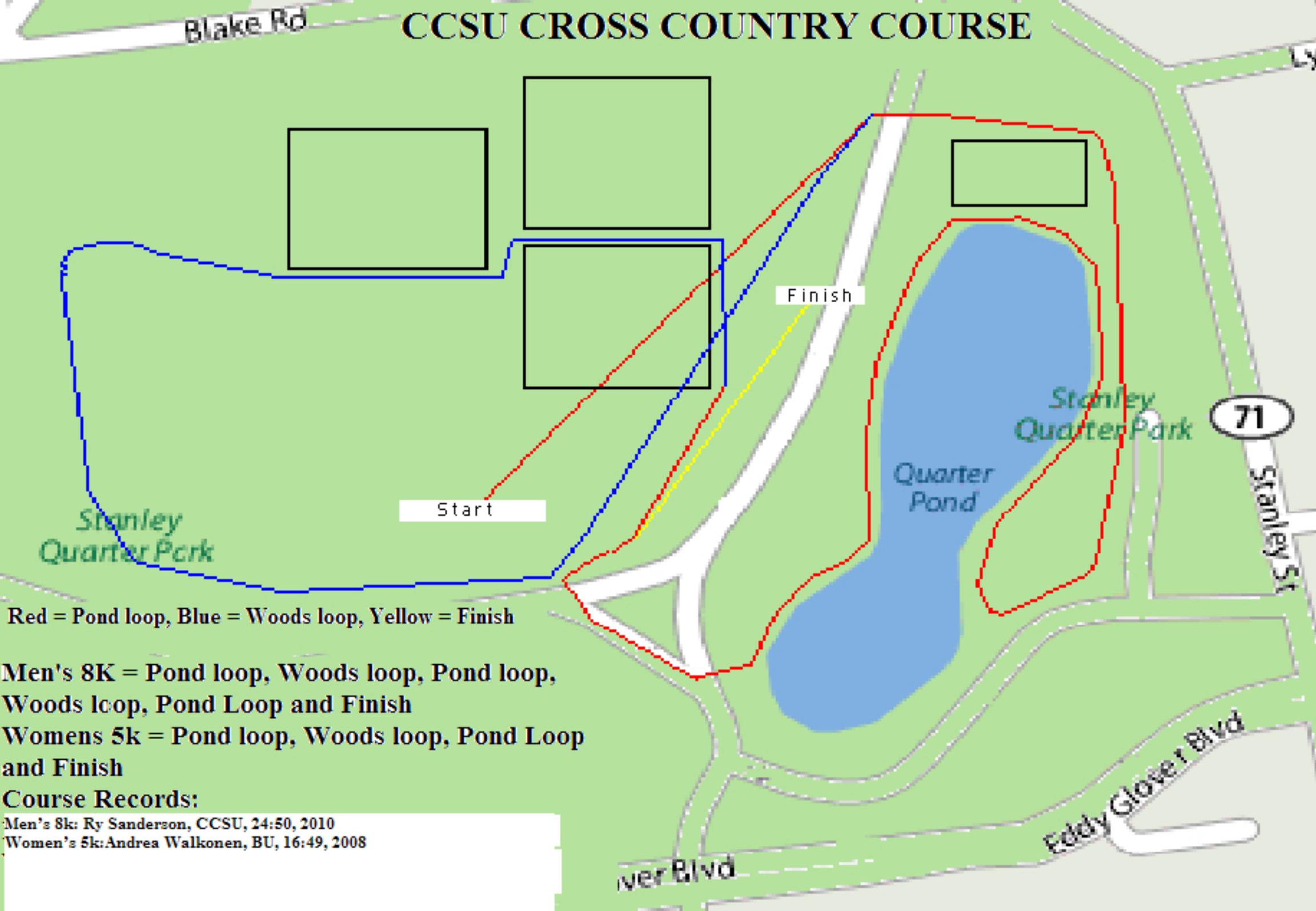
CCSU CROSS COUNTRY COURSE



Red = Pond loop, Blue = Woods loop, Yellow = Finish

Men's 8K = Pond loop, Woods loop, Pond loop, Woods loop, Pond Loop and Finish

Womens 5k = Pond loop, Woods loop, Pond Loop and Finish

Course Records:

Men's 8k: Ry Sanderson, CCSU, 24:50, 2010
Women's 5k:Andrea Walkonen, BU, 16:49, 2008