2014 NEC Indoor Track and Field Championship
EVENT WINNERS

Men	Name	School	Yr.	Mark
60m	Brendon Rodney	LIU Brooklyn	Jr	6.88
60 Hurdles	Julian Woods	Mount St. Mary's	Fr	8.19
200m	Brendon Rodney	LIU Brooklyn	Jr	21.48
400m	Jamal Fruster	CCSU	Jr	48.98
	Alistar McLean	LIU Brooklyn	Jr	48.98
500m	Mica-Jonath Petit-Homme	LIU Brooklyn	So	1:05.14
800m	Jared Hanko	FDU	Sr	1:54.35
Mile	Brian Biekert	CCSU	Jr	4:17.04
3000m	Sean Ferguson	Sacred Heart	So	8:29. 50
5000m	Craig Hunt	CCSU	Sr	14:44.57
4x400 Relay	Robert Morris			3:21.57
DMR	CCSU			10:26.05
Long Jump	Adam Walker-Khan	LIU Brooklyn	Fr	6.95m
Triple Jump	Adam Walker-Khan	LIU Brooklyn	Fr	14.96m
High Jump	Kemar Lewis	LIU Brooklyn	Jr	2.01m
Shot Put (35lb)	Stephen Mitchell	Robert Morris	Sr	16.71m
Weight Throw	Marc Troiani	Sacred Heart	Sr	17.95m
Pole Vault	Ryan Steinbugl	Saint Francis Univ.	So	4.60m

Women	Name	School	Yr.	Mark
60m	Jessica Whitmore	Mount St. Mary's	So	7.61
60 Hurdles	Jamesha Richard	LIU Brooklyn	So	8.60
200m	Brittany Johnson	Saint Francis Univ.	Sr	24.99
400m	Paris Cotman	Saint Francis Univ.	So	57.37
500m	Emily Pereira	Wagner	Jr	1:15.65
800m	Katrina Anderson	LIU Brooklyn	Jr	2:13.79
Mile	Brianna Castrogivanni	Sacred Heart	Sr	5:01.49
3000m	Brianna Castrogivanni	Sacred Heart	Sr	9:51.81
5000m	Brianna Castrogivanni	Sacred Heart	Sr	16.58.83
4x400 Relay	LIU Brooklyn			3:54.24
DMR	CCSU			12:23.82
Long Jump	Nicole Bartosch	Sacred Heart	Fr	5.38m
Triple Jump	Yulia Vasilyeva	Robert Morris	Sr.	11.84m
High Jump	Ronea Saunders	CCSU	Jr	1.73m
Shot Put (20lb)	Kolbi Smith	Sacred Heart	Sr	14.50m
Weight Throw	Kolbi Smith	Sacred Heart	Sr	16.24m
Pole Vault	Bethany Ledford	Robert Morris	Jr	3.60m