



2014

# CROSS COUNTRY

CHAMPIONSHIPS

NORTHEAST  
CONFERENCE



NORTHEAST  
CONFERENCE

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# WELCOME TO THE 2014 NORTHEAST CONFERENCE CROSS COUNTRY CHAMPIONSHIPS



## NORTHEAST CONFERENCE FANS:

Welcome to the 2014 Northeast Conference Men's & Women's Cross Country Championships!

The Conference and host Central Connecticut State University hope to make this event a memorable experience for student-athletes and fans alike. NEC cross country student-athletes have worked extremely hard throughout the fall to peak for today's race. We anticipate two competitive and exciting races, and look forward to crowning the 2014 men's and women's champions.

Consisting of 10 institutions of higher learning located throughout six states, the NEC is committed to providing opportunities for student-athletes to achieve their fullest potential both in athletic competition and in the classroom, as well as becoming an NCAA Division I leader for athletic success, academic achievement and integrity, sportsmanship, equity and diversity, community partnership and national engagement. NEC member institutions include Bryant, Central Connecticut, Fairleigh Dickinson, LIU Brooklyn, Mount St. Mary's, Robert Morris, Sacred Heart, St. Francis Brooklyn, Saint Francis U and Wagner.

NEC institutions span a number of diverse locations, from the urban bustle of the New York metro area, to the rural settings of Loretto, PA and Emmitsburg, MD, to suburban New England. But when it comes to intercollegiate athletics, the goal of the NEC is consistent - to provide its members the opportunity to participate in quality competition at the Division I level while operating programs that are fully integrated in the academic mission of each institution. The NEC's commitment to academic excellence has translated into national recognition for both individual student-athletes and the league's member institutions as a whole. NEC student-athletes consistently graduate at well above the national average and its athletic programs continue to be honored for their Graduation Success Rate (GSR) and Academic Progress Rate (APR) figures. On a conference-wide level, the NEC's 4,000+ student-athletes averaged a record-high 3.18 GPA for the 2012-13 academic year and nine of the league's 10 core member institutions finished the year with at least a 3.0 GPA. A record 2,339 student-athletes were named to the NEC Academic Honor Roll and nearly 600 were named to the Commissioner's Academic Honor Roll with GPAs of 3.75 or higher.

On the field of play, the NEC has enjoyed many successes both regionally and nationally, competing in 22 NCAA championships each year. In cross country, the NEC has produced a number of All-Americans and Academic All-Americans.

Attempting to revolutionize the way its fans follow and interact with their favorite teams, the Conference launched NEC Front Row in 2012. The state-of-the-art digital network offers free live and on-demand programming, as well as inside access to the NEC and its student-athletes on the field, in the classroom, across campus, and in the community. I encourage you to regularly check out the site on your computer or mobile device.

We are also bursting with #NECPride, a hashtag that we encourage fans to use in all forms of social media. #NECPride is about having pride in your team, your school and the will to succeed both on and off the field.

Thank you, the fans, for your #NECPride, support and tremendous enthusiasm of the sport of cross country. Enjoy the action!

Sincerely,

A handwritten signature in black ink that reads "Noreen Morris".

Noreen Morris, Commissioner

# BRYANT BULLDOGS



/BryantAthletics



@BryantAthletics

## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
131	Arturo Cruz	So.	Westfield, MA/Westfield
132	Milan Duka	So.	Serbia & Montenegro/British International
133	Alexander Evans	So.	Bow, NH/Bow
134	Blake Fenwick	Sr.	Thomaston, CT/Thomaston
135	Francis Foley	Sr.	Acton, MA/Acton Boxborough
136	Ryan Gannon	So.	Litchfield, CT/Litchfield
137	Richard Landry	So.	Holyoke, MA/Holyoke
138	Robert McCabe	Fr.	Marlborough, MA/Marlboro
139	Thomas Mullally	Jr.	Mastic Beach, NY/William Floyd
140	Ryan Poholek	Fr.	North Attleboro, MA/Bishop Feehan
141	Russell Stevens	Jr.	Colchester, CT/Xavier

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
1	Sarah Lapham	Fr.	Greenwich, NY/Greenwich Central
2	Emily McNeil	So.	Shelton, CT/Shelton
3	Martha Reynolds	Sr.	London, England/The Green School
4	Staci Rezendes	Jr.	Ludlow, MA/Holyoke Catholic
5	Brittany Sarza	Jr.	Uxbridge, MA/Mount Saint Charles
6	Erin Svensen	Jr.	Medway, MA/Bishop Feehan
7	Brooke Tomasetti	Sr.	Waterford, CT/Waterford
8	Annmariex Tuxbury	Jr.	New Hartford, CT/Northwestern Regional
9	Kara Walsh	Sr.	Waltham, MA/Waltham
10	Elizabeth Willmonton	Fr.	Rowley, MA/Triton

**Head Coach:** Stephanie Reilly (seventh season)



# CENTRAL CONNECTICUT BLUE DEVILS



/CCSUBBlueDevils



@CCSUBBlueDevils



## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
142	Brendan Callahan	Fr.	Bolton, CT/Bolton
143	Malcolm Connor	So.	Bronx, NY/Trumbull
144	Eric Davidson	Fr.	Killingworth, CT/Haddam-Killingworth
145	Jamil Ferguson	So.	Bellerose, NY/Benjamin N. Cardozo
146	Ryan Hertzog	So.	Glenville, PA/Robert Morris
147	Patrick Hubbell	Sr.	North Haven, CT/North Haven
148	Thomas Lupoli	So.	Wallingford, CT/Mark T. Sheehan
149	Tyler Raymond	Jr.	Terryville, CT/Terryville
150	Colin Sauter	Fr.	Tolland, CT/Tolland
151	Matt Walker	Jr.	Southington, CT/Southington

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
13	Jazmin Booker	Jr.	Philadelphia, PA/West Philadelphia Catholic
14	Victoria Cronin	Fr.	Tolland, CT/Tolland
15	Krisztina Dearborn	Sr.	Tuftsboro, NH/Brewster Academy
16	Elizabeth Eberhardt	Sr.	Thomaston, CT/Thomaston
17	Ally Gates	Jr.	Deep River, CT/Valley Regional
18	Taylor LePage	Sr.	Southington, CT/Southington
19	Shannon McBride	Sr.	North Stonington, CT/Wheeler
20	Paxton McNierney	So.	Suffield, CT/Suffield
21	Brittany Mendelson	Fr.	Southbury, CT/Pomperaug
22	Kathleen Wysocki	Fr.	Barkhamstead, CT/NW Regional

**Head Coach:** Eric Blake (sixth season)

**Assistant Coaches:** Nick Aguila, Ray Lapinski, Megan Barry

# FAIRLEIGH DICKINSON KNIGHTS



/FDUKnights



@FDUKnights

## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
152	Dayron Brown	So.	Millville, NJ/Millville
153	Jenya Dyagilev	Jr.	Almaty, Kazakhstan/Fort Lee, N.J.
154	Darrel Gooding	Jr.	Somerset, NJ/Franklin Township
155	Frank Ortiz	Sr.	Union City, NJ/Union City
156	Kazeem Otun	So.	Rahway, NJ/Rahway
157	Cody Shave	Sr.	Amsterdam, NY/Fonda-Fultonville
158	Joshua Utate	So.	Union City, NJ/Union City
159	Myles Williams	So.	Pickering, Ontario/Dunbarton

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
23	Jamie Bono	Jr.	Belleville, NJ/Belleville
24	Kristy Bono	Jr.	Belleville, NJ/Belleville
25	Caitlin Boyles	So.	Upper Marlboro, MD/Largo
26	Kenesha Brown	Jr.	Easton, PA/Easton Area
27	Mildred Sam-Otuh	Jr.	Allentown, PA/Allentown Central Catholic
28	Omawattie Singh	So.	Queens, NY/Boys and Girls
29	Jhanee Sterrett	So.	Queens, NY/Boys and Girls
30	Ariela Sutherland	Fr.	Queens, N.Y.
31	Skye Tiller	Jr.	Woodbury, NJ/Woodbury

**Head Coach:** Sharlene Milwood-Lee (16th season)

**Assistant Coach:** Deon Bascom

# LIU BROOKLYN BLACKBIRDS



/LIUAthletics



@LIUAthletics



## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
32	Kara Dixon	Fr.	Suffolk, VA/Nansemond River
35	Esther Jean-Louis	Fr.	Elizabeth, NJ/Elizabeth
36	Samantha Nguyen	Jr.	Monroe, NY/Washington HS
37	Ravvika Ramulam	So.	Queens, NY/Hillcreset
38	Adjovi Simpini	Fr.	Hartford, CT/Classical Magnet
39	Alea Stevens	Jr.	Richmond, VA/Armstrong

**Head Coach:** Janine Davis (first season)

# MOUNT ST. MARY'S MOUNTAINEERS



/MountAthletics



@MountAthletics

## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
160	Chris Eltringham	So.	Ramsey, NJ/Ramsey
161	Chris Evans	Fr.	Oakland, NJ/Indian Hills
162	Tommy Gruschow	Jr.	Carlisle, PA/Trinity
163	Chris Jewell	Jr.	Herndon, VA/Oakton
164	Jesse Langton	Sr.	Hamilton Square, NJ/Notre Dame
165	Thomas Selishev	Fr.	Silver Spring, MD/The Nora School
166	Kieran Toner	Jr.	Livingston, NJ/Livingston
167	Kody Wilson	Jr.	Hampstead, MD/North Carroll

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
40	McKenzie Doyle	Sr.	Chambersburg, PA/Chambersburg
41	Kristen Galligan	Sr.	Frederick, MD/Gov. Thomas Johnson
42	Jill Greenwald	Fr.	Columbia, MD/Atholton
43	Hailey Johnson	Fr.	Frederick, MD/Gov. Thomas Johnson
44	Constance Kniesler	Sr.	Westminster, MD/Winters Mill
45	Mercedes Nield	So.	Taneytown, MD/Delone Catholic (PA)
46	Madeline Rico	Jr.	Rockville, MD/Thomas Wootton
47	Megan Schott	Sr.	Pylesville, MD/North Harford
48	Desi Scott	Sr.	Fredericksburg, VA/Prince George

**Head Coach:** Jim Stevenson (ninth season)

**Associate Head Coach:** Tim Nickas

# ROBERT MORRIS COLONIALS



/RobertMorris  
UniversityAthletics



@RMUAthletics



## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
49	Amanda Choma	So.	Austintown, OH/Austintown-Fitch
50	Rachel Crane	Fr.	East Berlin, PA/Bermudian Springs
51	Alexis Ebersole	Sr.	Altoona, PA/Altoona
52	Kacie Erb	So.	Salix, PA/Forest Hills
53	Brianna Iannarelli	Sr.	McDonald, PA/Canon-McMillan
54	Madeline Menzie	Fr.	Columbus, OH/Bishop Hartley
55	Kiera Mooney	So.	Norwich, UK/Wymondham College
56	Marissa Polk	Sr.	Pittsburgh, PA/Oakland Catholic
57	Maggie Prorok	Fr.	Franklin, PA/Rocky Grove
58	Evyn Selden	So.	Grove City, PA/Grove City
59	Brittany Shay	Jr.	Beaver, PA/Beaver Area
60	Alexandra Zielinski	Sr.	Buffalo, NY/West Seneca East

**Head Coach:** Michael Smith (15th season)

# SACRED HEART PIONEERS



/Sacred Heart  
University Pioneers



@SHUBigRed



## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
168	Robert Challenor	So.	Coram, N.Y. / St. John the Baptist
169	Sean Ferguson	Jr.	Smithtown, N.Y. / St. John the Baptist
170	Luke Ferriby	Jr.	Hamden, Conn. / Hamden
171	Benjamin Field	Fr.	Montpelier, Vt. / Montpelier
172	Spencer Gerwien	Jr.	Shelton, Conn. / Notre Dame-Fairfield
173	Michael Giambrone	Fr.	West Islip, N.Y. / West Islip
174	Trevor Guerrero	Fr.	Farmingville, N.Y. / Sachem East
175	Andrew Handfield	Fr.	East Lyme, Conn. / East Lyme
176	Joseph Klein	Fr.	Forestburgh, N.Y. / Monticello
177	Timothy Loehner	Fr.	Danvers, Mass. / St. John's Prep
178	Bryan Reilly	Fr.	Massapequa, N.Y. / St. John the Baptist
179	James Sullivan IV	Fr.	Livingston, N.J. / Livingston
180	Cameron Swift	So.	Oxford, Conn. / Oxford
181	Tyler Tanasi	Jr.	Bristol, Conn. / Bristol Eastern
182	Jake Tavernite	Fr.	Williston Park, N.Y. / Mineola
183	Jacob Ustjanauskas	Jr.	West Hartford, Conn. / Eagle Hill School

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
61	Caitlyn Adamchick	Fr.	Amsterdam, N.Y. / Amsterdam
62	Lindsay Arcuri	So.	Bay Shore, N.Y. / Bay Shore
63	Molly Barker	So.	Weymouth, Mass. / Weymouth
64	Sarah Bent	So.	West Roxbury, Mass. / Ursuline Academy
65	Emma Bolduc	Sr.	Peterborough, N.H. / Contoocook Valley Regional
66	Bridget Carey	Jr.	St. James, N.Y. / St. John the Baptist
67	Tara Connelly	Fr.	Holmdel, N.J. / Saint John Vianney
68	Caroline Conte	Fr.	Staten Island, N.Y. / Notre Dame Academy
69	Nicole Cote	Fr.	Morristown, N.J. / Morristown
70	Christine Donnelly	Jr.	Eldred, N.Y. / Eldred Jr./Sr. H.S.
71	Cynthia Gray	Jr.	Pine Bush, N.Y. / Pine Bush
72	Jennifer Hahne	So.	Madison, Conn. / Daniel Hand
73	Kaylx Harrell	Fr.	Massapequa, N.Y. / Massapequa
74	Shannon Hickey	Jr.	South Easton, Mass. / Oliver Ames
75	Meghan Hutch	So.	East Taunton, Mass. / Coyle & Cassidy
76	Elizabeth Hutchins	Sr.	Pawcatuck, Conn. / Stonington
77	Mia Imbesi	So.	Syosset, N.Y. / Kellenberg Memorial
78	Alexandra Kaeslin	Jr.	Bethel, Conn. / Immaculate
79	Slaine Kelly	Sr.	Minneapolis, Minn. / Academy of Holy Angels
80	Zoe Kelly	So.	Watertown, Conn. / Watertown
81	Shannon Langdon	So.	Shelton, Conn. / Shelton
82	Trista Leo	Fr.	Penfield, N.Y. / Penfield
83	Lindsey Lucas	Fr.	Paramus, N.J. / Paramus, N.J.
84	Victoria Maceira	Fr.	Bethel, Conn. / Bethel
85	Cristina Martello	So.	Middle Village, N.Y. / The Mary Louis Academy
86	Stephanie Messier	Sr.	Canterbury, Conn. / Griswold
87	Sarah Nacci	So.	Cranston, RI / Cranston H.S. West
88	Kerianne Nordland	So.	West Islip, N.Y. / West Islip
89	Leah O'Neill	Fr.	West Kingston, R.I. / La Salle Academy
90	Samantha Pignatelli	Fr.	Parsippany, N.J. / Parsippany
91	Kelly Quinn	So.	Milford, Conn. / Joseph A. Foran
92	Maria Schwab	So.	Holliston, Mass. / Marian
93	Kate Sheridan	So.	Chester, NH / Pinkerton Academy
94	Amanda Sloditskie	Fr.	Shelton, Conn. / St. Joseph
95	Kate Svensen	Fr.	Medway, Mass. / Bishop Feehan
96	Danielle Vollaro	Jr.	Red Bank, N.J. / Middletown South
97	Catherine Westby	Sr.	Islip, N.Y. / St. John the Baptist

**Head Coach:** Christian Morrison (20th season)

# ST. FRANCIS BROOKLYN TERRIERS



/St.FrancisCollege  
Athletics



@SFBKTerriers



## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
184	Dawud Abdur-Rashid	Fr.	Brooklyn, NY/Bishop Ford
185	Diego Delacruz	So.	Corona, New York/Christ the King
186	Wagner Elancieux	So.	Brooklyn, NY/St. Edmund Prep
187	Michael Gale	Sr.	Staten Island, NY/Curtis
188	Lamar Gillespie	So.	Brooklyn, NY/Cardinal Spellman
189	Luther Gillespie III	So.	Brooklyn, NY/Cardinal Spellman
190	Aaron Nieves	Fr.	Queens, NY/Trades, Engineering & Arch.
191	Luis Porto	So.	Brooklyn, NY/Manhattan Center For Sci. & Math
192	Quesnel Senatus	Sr.	Uniondale, NY/Kellenberg Memorial
193	Jason Stapleton	Sr.	Staten Island, NY/Curtis HS

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
98	Jovana Ciric	Sr.	Bosnia & Herzegovina/Economic HS (Brcko)
99	Inelsi Diaz	Jr.	Ridgewood, NY/Grover Cleveland
100	Lena Janoda	So.	Calgary, Alberta/Crescent Heights
101	Stephanie Morales	Jr.	Brooklyn, NY/Grover Cleveland
102	Sandra Raickovic	Sr.	Belgrade, Serbia/Sports gymnasium
103	Taia Thomas	Sr.	Jamaica, NY/Catherine McAuley
104	Grace Vixama	Sr.	Brooklyn, NY/Midwood
105	Jetiea Williams	Jr.	Brooklyn, NY/Frederick Douglas Academy VI

**Head Coach:** Kyle Brown (third season)

**Assistant Coach:** Jeremy Busch



# SAINT FRANCIS U RED FLASH



/SaintFrancisAthletics



@SFUathletics



## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
194	Eyoseyas Afework	So.	Owings Mills, MD/Northwestern
195	Shaun Allen	So.	Forestville, MD/Forestville
196	Jamaal Booker	Fr.	Philadelphia, PA/Archbishop Ryan
197	Bryce England	Fr.	Williamsburg, PA/Williamsburg, Pa.
198	Christopher Fischer	Sr.	Altoona, PAAltoona
199	Ryan Kennedy	Jr.	New Kensington, PA/Kiski Area
200	Kyle Penney	Jr.	Ontario, Canada/Sacred Heart Catholic
201	Gordon Phipps III	So.	Oil City, PA/Oil City
202	Benjamin Rikken	Fr.	Hollidaysburg, PA/Hollidaysburg
203	Zachery Salek	Fr.	Oakdale, PA/West Allegheny
204	Thomas Somerville	Fr.	Ontario, Canada/Perth & District Collegiate

## WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
106	Madeline Berry	So.	Altoona, Pa. / Altoona
107	Danielle DiCello	So.	McDonald, Pa. / Canon McMillan
108	Hannah Dorian	Fr.	Johnstown, Pa. / Westmont Hilltop
109	Madison Fiaschetti	So.	Greensburg, Pa. / Hempfield
110	Katee Gresko	Jr.	Clymer, Pa. / Penns Manor
111	Kylie Jackson	Sr.	Apollo, Pa. / Kiski Area
112	Rebecca Johnson	So.	Grampian, Pa. / Curwensville
113	Morgan Kiebler	Fr.	Export, Pa. / Kiski Area
114	Sarah Kutz	Fr.	Dillsburg, Pa. / Northern
115	Danielle Oakes	Fr.	Princeton, N.J. / South Brunswick
116	Lynnsey Ohm	Fr.	South Park, Pa. / South Park
117	Danae Peters	Fr.	Manheim, Pa. / Manheim Central
118	Rebecca Phillips	Fr.	Sycamore, Pa. / West Greene
119	Mikell Schlumpf	Fr.	Pittsburgh, Pa. / Avonworth
120	Sara Vallelunga	Jr.	Bridgeville, Pa. / South Fayette

**Head Coach:** Douglas Hoover (third season)

**Assistant Coach:** Kyle Gibson

# WAGNER SEAHAWKS



/WagnerSeahawks



@WagnerAthletics

## MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
205	Joseph Abbatiello	Fr.	Fredericksburg, VA/Stafford
206	Jacob Malakoff	Sr.	Tasmania, Australia/Friends (Hofstra)
207	Timothy Mendez	Sr.	West Haverstraw, NY/North Rockland
208	Darius Moulton	Jr.	Brisbane, Australia/Gregory Terrace
209	James Naglieri	Sr.	Stony Point, NY/North Rockland
210	Quincy Rasin	Fr.	New Bern, NC/New Bern
211	Jack Schnorbus	Fr.	Haymarket, VA/Battlefield
212	Tre'Williams	Fr.	Philadelphia, PA/William Penn Charter

## WOMEN'S ROSTER

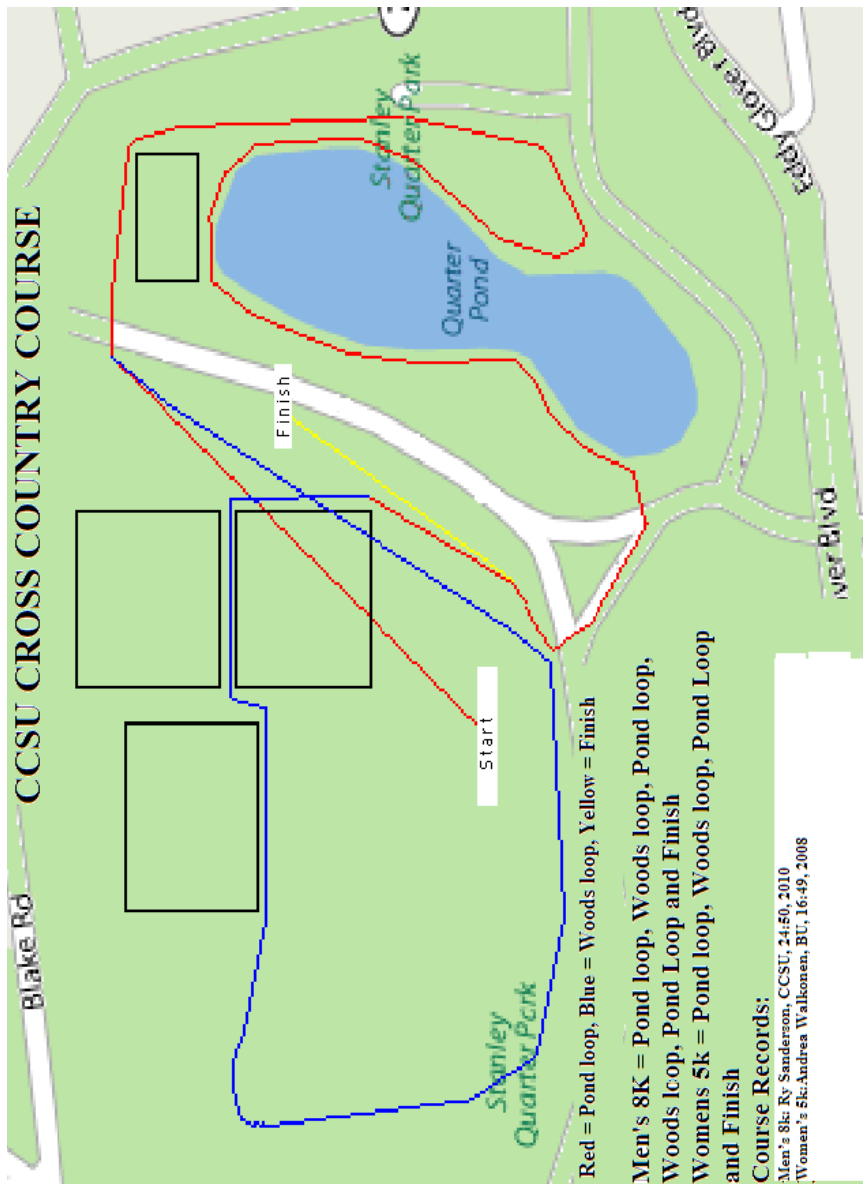
RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
121	Nicole Bell	So.	Branchville, NJ/Sussex County Technical
122	Lorraine Brancale	Sr.	Staten Island, NY/St. Joseph Hill (NYU)
123	Danielle Iacampo	Jr.	Staten Island, NY/St. John Villa
124	Elizabeth Oliver	Fr.	Staten Island, NY/St. Joseph By The Sea
125	Emily Pereira	Sr.	Howell, NJ/Freehold Township
126	Kelly Pereira	Sr.	Howell, NJ/Freehold Township
127	Maria Scalici	Fr.	Staten Island, NY/Susan E. Wagner
128	Victoria Spector	Sr.	Yaphank, NY/Longwood
129	Brietta Wilson	So.	Neptune, NJ/Neptune
130	Heather Wolf	Sr.	Pine Brook, NJ/Montville Township

**Head Coach:** Joe Stasi (19th season)

**Assistant Coach:** Taylor Fredrickson

# 2014 CROSS COUNTRY CHAMPIONSHIPS

NOVEMBER 1, 2014 | STANLEY QUARTER PARK | NEW BRITAIN, CT | CENTRAL CONNECTICUT STATE



# 2014

# CROSS COUNTRY CHAMPIONSHIPS

NOVEMBER 1, 2014 | STANLEY QUARTER PARK | NEW BRITAIN, CT | CENTRAL CONNECTICUT STATE

## #NECXC Championships Schedule

- |            |   |
|------------|---|
| 9:00 a.m.  | Course open for warm-up                       |
| 10:45 a.m. | Women's Teams Report to Starting Lines        |
| 10:50 a.m. | National Anthem<br>Women's Team Introductions |
| 11:00 a.m. | Women's Race                                  |
| 11:45 a.m. | Men's Teams Report to Starting Lines          |
| 11:55 a.m. | Men's Team Introductions                      |
| 12:00 p.m. | Men's Race                                    |
| 1:00 p.m.  | Awards Ceremony                               |

Be "Social" and show your #NECpride:  
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