



CROSS COUNTRY CHAMPIONSHIPS

2013

WELCOME TO THE 2013 NORTHEAST CONFERENCE
CROSS COUNTRY CHAMPIONSHIPS

2013 **CROSS COUNTRY** **CHAMPIONSHIPS**
NOVEMBER 2, 2013/SAINT FRANCIS U
NORTHEAST
CONFERENCE
NEC

MXC ARCHIVES



WXC ARCHIVES



MXC RECORDS



WXC RECORDS



WELCOME TO THE 2013 NORTHEAST CONFERENCE CROSS COUNTRY CHAMPIONSHIPS



NORTHEAST CONFERENCE FANS:

Welcome to the 2013 Northeast Conference Men's & Women's Cross Country Championships!

The Conference and host Saint Francis University hope to make this event a memorable experience for student-athletes and fans alike. NEC cross country student-athletes have worked extremely hard throughout the fall to peak for today's race. We anticipate two competitive and exciting races, and look forward to crowning the 2013 men's and women's champions.

Consisting of 10 institutions of higher learning located throughout six states, the NEC is committed to providing opportunities for student-athletes to achieve their fullest potential both in athletic competition and in the classroom, as well as becoming an NCAA Division I leader for athletic success, academic achievement and integrity, sportsmanship, equity and diversity, community partnership and national engagement. NEC member institutions include Bryant, Central Connecticut, Fairleigh Dickinson, LIU Brooklyn, Mount St. Mary's, Robert Morris, Sacred Heart, St. Francis Brooklyn, Saint Francis U and Wagner.

NEC institutions span a number of diverse locations, from the urban bustle of the New York metro area, to the rural settings of Loretto, PA and Emmitsburg, MD, to suburban New England. But when it comes to intercollegiate athletics, the goal of the NEC is consistent - to provide its members the opportunity to participate in quality competition at the Division I level while operating programs that are fully integrated in the academic mission of each institution. The NEC's commitment to academic excellence has translated into national recognition for both individual student-athletes and the league's member institutions as a whole. NEC student-athletes consistently graduate at well above the national average and its athletic programs continue to be honored for their Graduation Success Rate (GSR) and Academic Progress Rate (APR) figures. On a conference-wide level, the NEC's 4,000+ student-athletes averaged a record-high 3.18 GPA for the 2012-13 academic year and nine of the league's 10 core member institutions finished the year with at least a 3.0 GPA. A record 2,339 student-athletes were named to the NEC Academic Honor Roll and nearly 600 were named to the Commissioner's Academic Honor Roll with GPAs of 3.75 or higher.

On the field of play, the NEC has enjoyed many successes both regionally and nationally, competing in 22 NCAA championships each year. In cross country, the NEC has produced a number of All-Americans and Academic All-Americans.

Attempting to revolutionize the way its fans follow and interact with their favorite teams, the Conference launched NEC Front Row in 2012. The state-of-the-art digital network offers free live and on-demand programming, as well as inside access to the NEC and its student-athletes on the field, in the classroom, across campus, and in the community. I encourage you to regularly check out the site on your computer or mobile device.

We are also bursting with #NECPride, a hashtag that we encourage fans to use in all forms of social media. #NECPride is about having pride in your team, your school and the will to succeed both on and off the field.

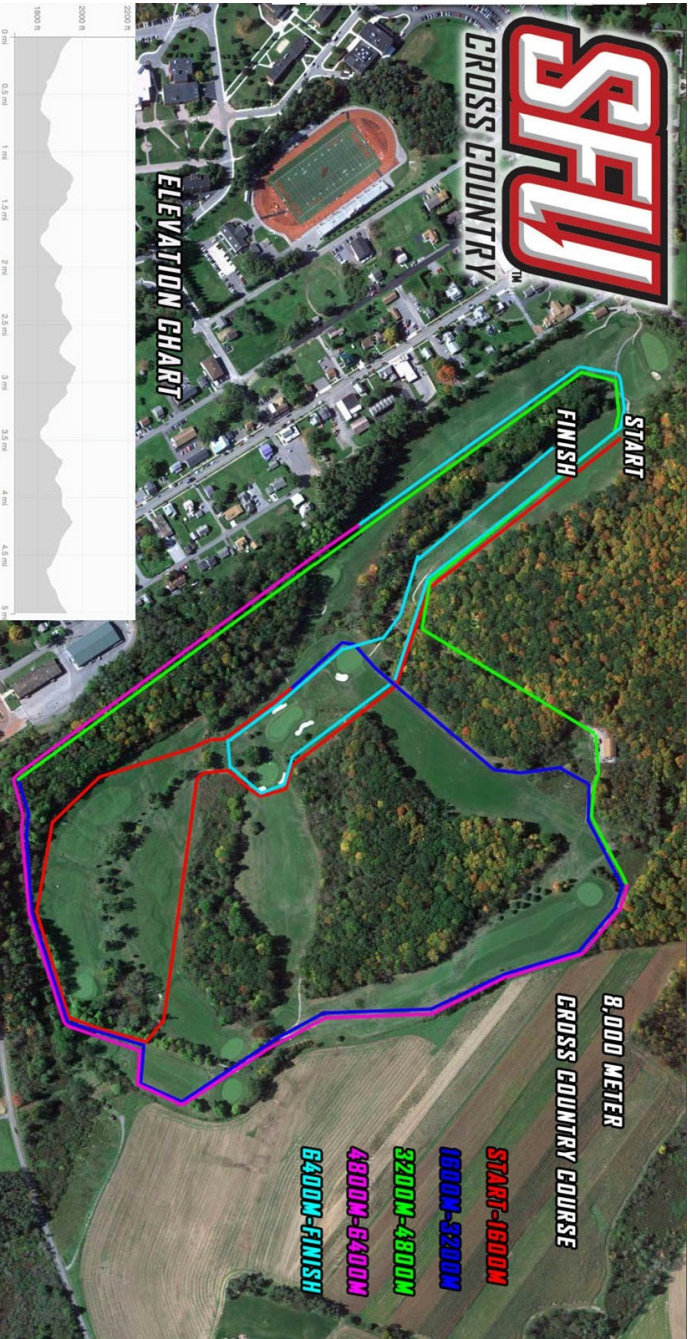
Thank you, the fans, for your #NECPride, support and tremendous enthusiasm of the sport of cross country. Enjoy the action!

Sincerely,

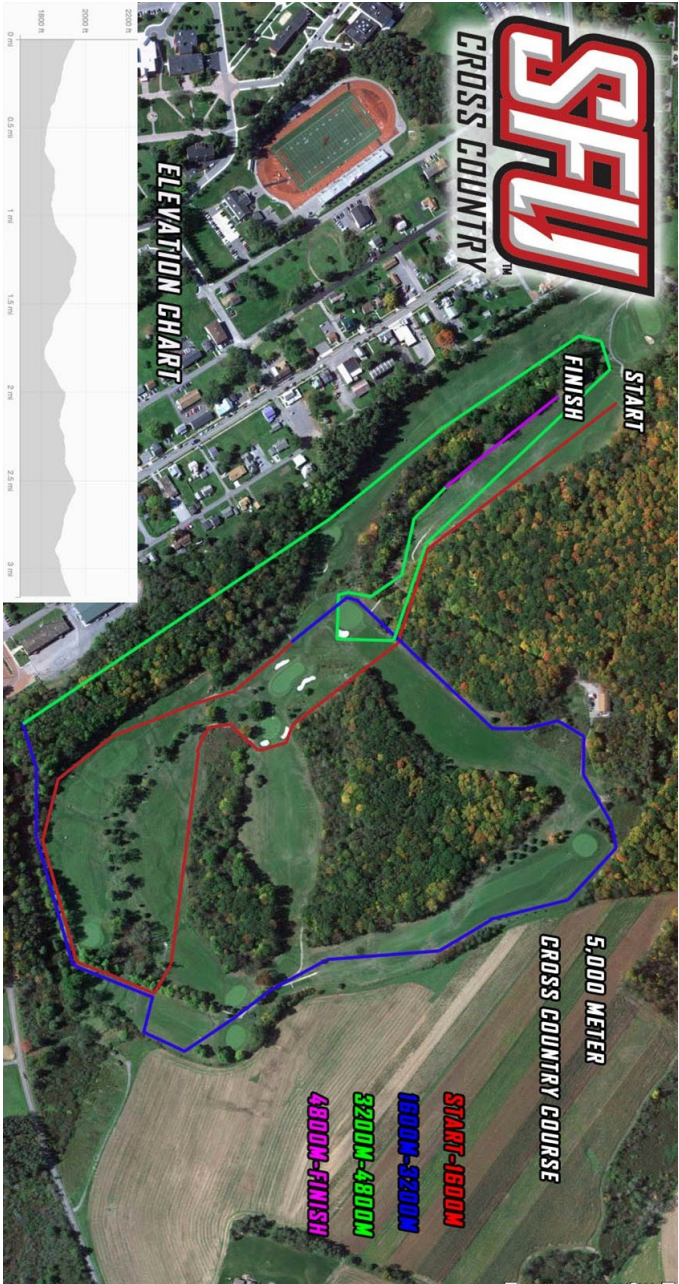
A handwritten signature in black ink that reads "Noreen Morris".

Noreen Morris, Commissioner

MEN'S 8K COURSE



WOMEN'S 5K COURSE



BRYANT BULLDOGS



/Bryant Athletics



@BryantAthletics



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
105	Christopher Chapruet	Sr.	Danvers, MA/Danvers
106	Arturo Cruz	Fr.	Westfield, MA/Westfield
107	Jeffrey Dorosh	Sr.	Naugatuck, CT/Naugatuck
108	Alexander Evans	Fr.	Bow, NH/Bow
109	Blake Fenwick	Jr.	Thomaston, CT/Thomaston
110	Francis Foley	Jr.	Acton, MA/Action Boxborough
111	Ryan Gannon	Fr.	Litchfield, CT/Litchfield
112	Richard Landry	Fr.	Holyoke, MA/Holyoke
113	Thomas Mullally	So.	Mastic Beach, NY/William Floyd
114	Russell Stevens	So.	Colchester, CT/Xavier

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
1	Eimear Black	Sr.	Glengormley, Ireland/Dominican College Fortwilliam
2	Amelia Eppard	Fr.	Foxboro, MA/Foxboro
3	Lauren Ganim	Jr.	Essex, CT/Valley Regional
4	Emily McNeil	Fr.	Shelton, CT/Shelton
5	Martha Reynolds	Jr.	London, England/The Green School
6	Staci Rezendes	So.	Ludlow, MA/Holyoke Catholic
7	Brittany Sarza	So.	Uxbridge, MA/Mount Saint Charles
8	Erin Svensen	So.	Medway, MA/Bishop Feehan
9	Brooke Tomasetti	Jr.	Waterford, CT/Waterford
10	Annmarië Tuxbury	So.	New Hartford, CT/Northwestern Regional
11	Kara Walsh	Jr.	Waltham, MA/Waltham

Head Coach: Stephanie Reilly (sixth season)

Assistant Coach: Chelsea Lawhead

2013 Season Highlights:

Eimear Black: 3x NEC Athlete of the Week

- First at Father Bede Invite (9/28)
- Second at New England Championships (10/13)
- First at CCSU Mini Meet (10/25)

CENTRAL CONNECTICUT BLUE DEVILS



/CCSUBlueDevils



@CCSUBlueDevils

MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
115	Brian Biekert	Jr.	Groton, CT/Fitch
116	Colby Delbene	Sr.	Pawling, NY/Pawling
117	Derek French	Fr.	Norwich, CT/Norwich Free Academy
118	Joe Gioielli	Fr.	Wolcott, CT/Wolcott
119	Andrew Hill	Sr.	Colchester, CT/Bacon Academy
120	Patrick Hubbell	Jr.	North Haven, CT/North Haven
121	Craig Hunt	Sr.	New Milford, CT/Milford
122	John Krell	Sr.	Farmington, CT/Farmington
123	Thomas Lupoli	Fr.	Wallingford, CT/Mark T. Sheehan
124	Andy Pullaro	So.	Washington, CT/Shepaug
125	Tyler Raymond	So.	Terryville, CT/Terryville
126	Matt Walker	So.	Southington, CT/Southington

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
12	Jazmin Booker	So.	Philadelphia, PA/West Philadelphia Catholic
13	Alexis Conte	Fr.	Barnegat, NJ/Barnegat
14	Ally Gates	So.	Deep River, CT/Valley Regional
15	Brandy LeClair	So.	Groton, CT/Robert E. Fitch
16	Taylor Lepage	Jr.	Southington, CT/Southington
17	Shannon McBride	Jr.	North Stonington, CT/Wheeler
18	Paxton McNierney	Fr.	Suffield, CT/Suffield
19	Patricia Quinn	So.	North Haven, CT/North Haven
20	Caylee Richardson	So.	Oxford, CT/Oxford
21	Sarah Woxholdt	Fr.	Danbury, CT/Danbury

Head Coach: Eric Blake (third season)

Assistant Coaches: Sam Alexander, Amanda Asaro

2013 Season Highlights:

Craig Hunt: 3x NEC Athlete of the Week

- First at Father Bede Invite (9/28)
- First at CCSU Mini Meet (10/25)

Men's Team: 1st place at New England Championships (10/13)

1st place at Fairfield Fr. Laurence O'Neil, S.J. Invitational

FAIRLEIGH DICKINSON KNIGHTS



/Fdu Knights



@FDUKnights

MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
127	Dayron Brown	Fr.	Millille, NJ/Millville
128	Jenya Dyagilev	So.	Almaty, Kazakhstan/Fort Lee, NJ
129	Darrel Gooding	So.	Somerset, NJ/Franklin Township
130	Philip Guth	Sr.	Rostoch, Germany/CJD Rostoch
131	Frank Ortiz	Sr.	Union City, NJ/Union City
132	Kazeem Otun	Fr.	Rahway, NJ/Rahway
133	Cody Shave	Jr.	Amsterdam, NY/Fonda-Fultonville
134	Joshua Utate	Fr.	Union City, NJ/Union City

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
22	Jamie Bono	So.	Belleville, NJ/Belleville
23	Kristy Bono	So.	Belleville, NJ/Belleville
24	Caitlin Boyles	Fr.	Upper Marlboro, MD/Largo
25	Kenesha Brown	So.	Easton, PA/Easton Area
26	Keyana Hynds	Sr.	Bronx, NY/A. Philip Randolph
27	Annemarie Pantke	Sr.	Bremen, Germany/St. Johannis-Schule
28	Mildred Sam-Otuh	So.	Allentown, PA/Allentown Central Catholic
29	Omawattie Singh	Fr.	Queens, NY/Boys and Girls
30	Jhanee Sterrett	Fr.	Queens, NY/Boys and Girls
31	Skye Tiller	So.	Woodbury, NJ/Woodbury

Head Coach: Sharlene Milwood-Lee (15th season)

Assistant Coach: Deon Bascom

2013 Season Highlights:

Darrel Gooding: NEC Athlete of the Week (9/10)

- 6th place at Fordham Fiasco (9/7)
- 4th place at Father Bede Invitational (9/28)
- 2nd place at CCSU Mini Meet (10/25)

MOUNT ST. MARY'S MOUNTAINEERS



/Mount Athletics



@MountAthletics



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
135	Jesse Albright	Sr.	Manchester, MD/North Carroll
136	Tyler Giles	Jr.	Wilmington, DE/St. Mark's
137	Thomas Gruschow	Jr.	Carlisle, PA/Trinity
138	Shane Holcomb	Sr.	Scranton, PA/Holy Cross
139	Christopher Jewell	So.	Herndon, VA/Oakton
140	Jesse Langton	Jr.	Hamilton Square, NJ/Notre Dame
141	Kieran Toner	So.	Livingston, NJ/Livingston
142	Kody Wilson	So.	Hampstead, MD/North Carroll

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
32	Maria Borland	Sr.	Hagerstown, MD/North Hagerstown
33	Stephanie Borland	Sr.	Hagerstown, MD/North Hagerstown
34	McKenzie Doyle	Jr.	Chambersburg, PA/Chambersburg
35	Kristen Galligan	Jr.	Frederick, MD/Gov. Thomas Johnson
36	Stephanie Joson	Sr.	Gaithersburg, MD/Quince Orchard
37	Constance Kneisler	Jr.	Westminster, MD/Winters Mill
38	Mercedes Nield	Fr.	Taneytown, MD/Delone Catholic
39	Madeline Rico	So.	Rockville, MD/Thomas Wootton
40	Megan Schott	Jr.	Pylesville, MD/North Harford
41	Desiree Scott	Sr.	Prince George, VA/Prince George

Head Coach: Jay Phillips (seventh season)

Assistant Coach: Larry O'Hara

2013 Season Highlights:

Kristen Galligan: 2x NEC Athlete of the Week

- Eighth at Penn State Spiked Shoe (9/13)

- Third at Father Bede Invitational (9/28)

Women's Team: 2nd place at Christopher Newport Invite (10/17)

ROBERT MORRIS COLONIALS



/Robert Morris
University Athletics



@RMUAthletics



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
143	Ryan Brown	So.	Spring Mills, PA/Penns Valley
144	Marshall Bruce	Fr.	Beaver, PA/Beaver Area
145	Mac Byrne-Houser	Sr.	Greensburg, PA/Greensburg Central Catholic
146	Kevin Dailey	Fr.	Johnstown, PA/Westmont Hilltop
147	Nick Gentile	Sr.	Sarver, PA/Freeport
148	Drew Gerberich	So.	Myerstown, PA/ELCO
149	Matt Haupt	Fr.	Pittsburgh, PA/Our Lady of Sacred Heart
150	Ryan Hertzog	Fr.	Glenville, PA/South Western
151	Darryl Jones	Jr.	Blairsville, PA/Blairsville
152	Richard Lednak	So.	Apollo, PA/Kiski Area
153	Michael Molchaney	Sr.	Ephrata, PA/Ephrata
154	Sachin Natarajan	So.	Plainsboro, NJ/West Windsor-Plainsboro North
155	Dorian Rumble	Sr.	Pittsburgh, PA/Penn Hills
156	Freddie Thompson	Sr.	Turtle Creek, PA/Woodland Hills

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
42	Amanda Choma	Fr.	Austintown, OH/Austintown-Fitch
43	Alexis Ebersole	Jr.	Altoona, PA/Altoona
44	Lindsay Erath	Sr.	Aliquippa, PA/Hopewell
45	Kacie Erb	Fr.	Salix, PA/Forest Hills
46	Emily Hodgins	Jr.	Burton, OH/Berkshire
47	Brianna Iannarelli	Jr.	McDonald, PA/Canon-McMillan
48	Kiera Mooney	Fr.	Norwich, United Kingdom/Wymondham College
49	Marissa Polk	Jr.	Pittsburgh, PA/Oakland Catholic
50	Brittany Shay	So.	Beaver, PA/Beaver Area
51	Alley Zielinski	Jr.	Buffalo, NY/West Seneca East

Head Coach: Michael Smith (14th season)

Assistant Coach: Jeff Gibson

2013 Season Highlights:

Mac Byrne-Houser: 3x NEC Athlete of the Week

Kacie Erb: 2x NEC Rookie of the Week

SACRED HEART PIONEERS



/Sacred Heart
University Pioneers



@SHUBigRed



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
157	Muhammad Ali	Jr.	Stratford, CT/Stratford
158	Robert Challenor	Fr.	Coram, NY/St. John the Baptist Diocesan
159	Christopher Connelly	Sr.	Medford, NY/Patchogue-Medford
160	David Dechent-Robertin	Fr.	Beacon, NY/Beacon
161	Sean Ferguson	So.	Smithtown, NY/St. John the Baptist Diocesan
162	Luke Ferriby	So.	Hamden, CT/Hamden
163	Spencer Gerwien	So.	Shelton, CT/Notre Dame-Fairfield
164	William Herlihy	So.	Marblehead, MA/Marblehead
165	Colby Jennings	Jr.	North Haven, CT/North Haven
166	Kevin Schumann	Sr.	Wayne, NJ/ DePaul Catholic
167	Andrew Stranieri	Fr.	Brick, NJ/Brick Memorial
168	Cameron Swift	Fr.	Oxford, CT/Oxford

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
52	Lindsay Arcuri	Fr.	Bay Shore, NY/Bay Shore
53	Molly Barker	Fr.	Weymouth, MA/Weymouth
54	Sarah Bent	Fr.	West Roxbury, MA/Ursuline Academy
55	Emma Bolduc	Jr.	Peterborough, NH/Contoocook Valley Regional
56	Hayle Boyle	Jr.	Oakdale, NY/Connetquot
57	Bridget Carey	So.	Cambridge, MA/Cambridge Ringe & Latin School
58	Brianna Castrogiovanni	Sr.	St. James, NY/St. John the Baptist Diocesan
59	Krysta Cosenza	Fr.	Commack, NY/Commack
60	Christine Donnelly	So.	Brooklyn, NY/Bishop Kearney
61	Teresa Gagliostro	Sr.	Eldred, NY/Eldred
62	Cynthia Gray	So.	Township of Washington, NJ/Westwood Regional
63	Jennifer Hahne	Fr.	Hingham, MA/Hingham
64	Shannon Hickey	So.	South Easton, MA/Oliver Ames
65	Meghan Hutch	Fr.	East Tauton, MA/Coyle & Cassidy
66	Elizabeth Hutchins	Jr.	Pawcatuck, CT/Stonington
67	Mia Imbesi	Fr.	Syosset, NY/Kellenbert Memorial
68	Alexandra Kaeslin	So.	Bethel, CT/Immaculate
69	Zoe Kelly	Fr.	Watertown, CT/Watertown
70	Megan Kittler	Fr.	Pittsfield, MA/Pittsfield
71	Shannon Langdon	Fr.	Shelton, CT/Shelton
72	Cristina Martello	Fr.	Middle Village, NY/The Mary Louis Academy
73	Stephanie Messier	Jr.	Canterbury, CT/Griswold
74	Sarah Nacci	Fr.	Cranston, RI/Cranston HS West
75	Kerianne Nordland	Fr.	West Islip, NY/West Islip
76	Kelly Quinn	Fr.	Milford, CT/Joseph A. Foran
77	Maria Schwab	Fr.	Holliston, MA/Marian
78	Kate Sheridan	Fr.	Chester, NH/Pinkerton Academy
79	Danielle Vollaro	So.	Red Bank, NJ Middletown South
80	Catherine Westby	Jr.	Islip, NY/St. John the Baptist Diocesan

Head Coach: Christian Morrison (19th season)

Assistant Coaches: Martin Ogden, Justine Ameye, Alyssa Seimquist

ST. FRANCIS BROOKLYN TERRIERS



/St. Francis College
Athletics



@SFBKTerriers



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
169	Olakunle Davies	Sr.	Lagos, Nigeria/Alakoto Secondary School
170	Damian Duda	Fr.	Riverhead, NY/Bishop McGann Mercy Diocesan
171	Wagner Elancieux	Fr.	Brooklyn, NY/St. Edmund Prep
172	Adian Ewart	Jr.	St. Thomas, Jamaica
173	Lamar Gillespie	Fr.	Brooklyn, NY/Cardinal Spellman
174	Luther Gillespie III	Fr.	Brooklyn, NY/Cardinal Spellman
175	Sherwayne Kenton	Jr.	St. Thomas, Jamaica
176	Quesnel Senatus	Jr.	Uniondale, NY/Kellenberg Memorial
177	Jalon Wilson	So.	Brooklyn, NY/Bishop Ford

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
81	Inelsi Diaz	Jr.	Ridgewood, NY/Grover Cleveland
82	Stephanie Morales	Jr.	Brooklyn, NY/Grover Cleveland
83	Rosemarie Petrizzo	Sr.	Staten Island, NY/St. Joseph by the Sea
84	Pathwahandi Silva	Jr.	Staten Island, NY/Curtis
85	Taia Thomas	Jr.	Jamaica, NY/Catherine McAuley
86	Jasmine Viera	Sr.	Staten Island, NY/Curtis
87	Grace Vixama	Jr.	Brooklyn, NY/Midwood
88	Jetiea Williams	Jr.	Brooklyn, NY/Frederick Douglass Academy VI

Head Coach: Kyle Brown (third season)

Assistant Coach: Jeremy Busch

2013 Season Highlights:

Kylie Jackson: NEC Athlete of the Week (9/4)

- 2nd at Lehigh Invite

Men's Team: 4th place finish at Penn State Nationals

SAINT FRANCIS U RED FLASH



/Saint Francis Athletics



@SFUathletics



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
178	Eyoseyas Afework	Fr.	Owings Mills, MD/Northwestern
179	Shaun Allen	Fr.	Forestville, MD/Forestville
180	Christopher DeLaney	Sr.	Leeper, PA/Venango Catholic
181	Christopher Fischer	Jr.	Altoona, PA/Altoona
182	Ryan Kennedy	So.	New Kensington, PA/Kiski Area
183	Kyle Penney	So.	Newmarket, Ontario, Canada/Sacred Heart Catholic
184	Gordon Phipps III	Fr.	Oil City, PA/Oil City
185	Herbert Stelly	Fr.	Williamsport, PA/Williamsport

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
89	Madeline Berry	Fr.	Altoona, PA/Altoona
90	Madison Fiaschetti	Fr.	Greensburg, PA/Hempfield
91	Katee Gresko	So.	Clymer, PA/Penns Manor
92	Kylie Jackson	Jr.	Apollo, PA/Kiski Area
93	Rebecca Johnson	Fr.	Grampian, PA/Curwensville
94	Colleen Kelly	Sr.	Altoona, PA/Bishop Guilfoyle
95	Sara Vallelunga	So.	McDonald, PA/South Fayette
96	Feleisha Wright	Sr.	Philadelphia, PA/Jules Mastbaum

Head Coach: Douglas Hoover (second season)

Assistant Coach: Kyle Gibson

2013 Season Highlights:

Craig Hunt: 3x NEC Athlete of the Week

- First at Father Bede Invite (9/28)
- First at CCSU Mini Meet (10/25)

Men's Team: 1st place at New England Championships (10/13)

1st place at Fairfield Fr. Laurence O'Neil, S.J. Invitational

WAGNER SEAHAWKS



/Wagner Seahawk



@WagnerAthletics



MEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
186	Michael Baio	Sr.	Staten Island, NY/St. Joseph by the Sea
187	Jacob Malakoff	Jr.	Tasmania, Australia/Friends
188	Timothy Mendez	Jr.	West Haverstraw, NY/North Rockland
189	Darius Moulton	So.	Brisbane, Australia/Gregory Terrace
190	James Naglieri	Jr.	Stony Point, NY/North Rockland
191	Daniel Zaccariello	Sr.	Staten Island, NY/St. Joseph by the Sea

WOMEN'S ROSTER

RACE#	NAME	CL.	HOMETOWN/PREVIOUS SCHOOL
97	Nicole Bell	Fr.	Montague, NJ/Sussex County Technical
98	Alexis Bivona	Sr.	Staten Island, NY/St. John Villa
99	Danielle Iacampo	So.	Staten Island, NY/St. John Villa
100	Cameo Kirk	Sr.	Ocean Port, NJ/Shore Regional
101	Samantha Lauro	Sr.	Staten Island, NY/St. John Villa
102	Victoria Spector	Jr.	Yaphank, NY/Longwood
103	Laynee Viniotis	So.	Bellevue, WA/Sammamish
104	Heather Wolf	Jr.	Pine Brook, NJ/Montville Township

Head Coach: Joe Stasi (18th season)

Assistant Coach: Taylor Fredrickson

2013 Season Highlights:

James Naglieri:

- Second at the Monmouth Invitational (9/21)
- Second at Father Bede Invitational (9/28)
- Fourth at METS Championship (10/11)

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