RELEASE

For and in consideration of participation by my child in the Northern Kentucky University sports summer camps, I agree to hold Northern Kentucky University and its employees harmless and to waive the right to bring legal action against Northern Kentucky University and its employees for any injuries sustained during the course of this sports summer camp.

Participants are encouraged to carry their own accident and/or medical insurance. Coaches and instructors of the Northern Kentucky University sports summer camps are safety conscious and follow appropriate safety procedures. In the event of injury or illness, every effort will be made to contact the parents or guardians.

I authorize Northern Kentucky University to administer first aid and/or authorize medical treatment if this becomes necessary. The participant has had a medical examination within the last 12 months, and by my signature I certify that my child has no pre-existing condition that would prevent his full participation in the sports summer camp.

This agreement and waiver, having been read thoroughly and understood completely, is signed voluntarily on the registration form as to its contents and intent.

HEAT AND WEATHER POLICY

Northern Kentucky University’s sports summer camp staff will make decisions based on heat and inclement weather in the best interest of the campers. Our first priority is to make sure the campers have a safe and fun learning experience at our camps. If the temperature and heat index rise to pre-determined levels that are standard in NCAA competition, our athletic training staff will work with our sports summer camp staff to ensure proper hydration, breaks, and if needed, moving inside an air-conditioned space.

If inclement weather is in the area, and particularly lightning, our athletic training staff and summer camp staff will also take necessary precautions to ensure the safety of our campers by moving them indoors. Every effort will be made to have video skills sessions and to work indoors if at all possible. Weather and natural occurrences cannot be controlled by Northern Kentucky University – there will be no refunds or rescheduled dates for camp days that are affected by heat and inclement weather.

NKU Camps Fueled by Gatorade

2015 SPEED AND STRENGTH CAMP

DIRECTED BY STRENGTH AND CONDITIONING STAFF

SPEED CAMP SESSIONS
SPEED CAMP I – JUNE 8, 9, AND 11
SPEED CAMP II – JUNE 22, 23, AND 25

STRENGTH CAMP SESSIONS
STRENGTH CAMP I – JUNE 15, 16, 18
STRENGTH CAMP II – JUNE 22, 23, 25
STRENGTH CAMP III – JUNE 29, 30, AND JULY 2

*CAMPS OPEN TO ANY AND ALL ENTRANTS
SCHEDULE OF SPEED AND STRENGTH SUMMER CAMPS

<table>
<thead>
<tr>
<th>CAMP</th>
<th>DATE</th>
<th>HOURS</th>
<th>ELIGIBILITY</th>
<th>FEE</th>
<th>DEPOSIT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Speed Camp I</td>
<td>June 8, 9, &amp; 11</td>
<td>6:15p.m.-7:15p.m. (M, Tu, &amp; Th)</td>
<td>Ages 12-18</td>
<td>$60</td>
<td>$25</td>
</tr>
<tr>
<td>Speed Camp II</td>
<td>June 22, 23, &amp; 25</td>
<td>6:15p.m.-7:15p.m. (M, Tu, &amp; Th)</td>
<td>Ages 12-18</td>
<td>$60</td>
<td>$25</td>
</tr>
<tr>
<td>Strength Camp I</td>
<td>June 15, 16, &amp; 18</td>
<td>7:30p.m.-8:30p.m. (M, Tu, &amp; Th)</td>
<td>Ages 12-18</td>
<td>$60</td>
<td>$25</td>
</tr>
<tr>
<td>Strength Camp II</td>
<td>June 22, 23, &amp; 25</td>
<td>7:30p.m.-8:30p.m. (M, Tu, &amp; Th)</td>
<td>Ages 12-18</td>
<td>$60</td>
<td>$25</td>
</tr>
<tr>
<td>Strength Camp III</td>
<td>June 29, 30, &amp; July 2</td>
<td>7:30p.m.-8:30p.m. (M, Tu, &amp; Th)</td>
<td>Ages 12-18</td>
<td>$60</td>
<td>$25</td>
</tr>
</tbody>
</table>

• All camps are conducted on the University’s Highland Heights campus.
• Complete payment due by first day of camp.
• Several hospitals are located within a 10-minute drive of the Highland Heights campus. A full-time athletic trainer is available throughout the camp days.

DISCOUNT PRICING AVAILABLE WHEN SIGNING UP FOR MULTIPLE CAMP SESSIONS

PURPOSE

Speed camp will teach young athletes the basics of developing linear speed, lateral speed, and agility. Acceleration and agility drills used in combination with speed mechanics drills will help the athlete improve performance on the field.

Strength Camp will help athletes build a strong physical base to help develop their overall athleticism. This camp will focus on teaching basic lifts that all athletes use in the weight room to help their on-field performance.

Both camps are designed to help young athletes build a strong base to continue in their athletic development.

COACHES

Brian Boos - Strength and Conditioning Coach
Zach Turner - Strength and Conditioning Coach

ATTIRE

• Gym shoes or cleats must be worn on the field
• Athletic shorts and t-shirts
• NO JEANS

REGISTRATION

Campers should complete one registration form per participant for each camp and mail to the address located on the registration form of this brochure. Payment of the deposit, at minimum, should be sent with the registration form – more information can be found in the Payment section below. In addition, each participant’s parents or guardians must sign and return the release form before a registration can be considered to be complete. NKU’s popular sports camps have enrollment limits and are filled on a “first come, first serve” basis, so early registration is encouraged.

NOTE: Additional registration forms may be obtained at www.nkunorse.com/camps

PAYMENT AND FEES

Payment of fees for camp may be made by personal check or money order payable to NKU Sports Camps. The $25 deposit, at minimum, must accompany each registration form. Upon receipt of your deposit and registration form, a confirmation letter will be forwarded. Complete payment of enrollment fees must be made by the first day of camp.

Refunds of enrollment fees will be made prior to the first day of camp, minus the $25 non-refundable deposit. Once a camp begins, refunds will only be issued for those medical reasons supported by a physician’s statement and only until September 1, 2015.

CHECK-IN PROCEDURES

Speed camp participants should check in at the entrance to the NKU Soccer Complex. Camp participants should park or be dropped off and picked up in Lot O adjacent to the NKU Soccer Complex.

Strength camp participants should check in at the entrance to the NKU Athletics Strength & Conditioning room entrance located along the west side of The Bank of Kentucky Center (follow the signage to the sidewalk that runs down the side of The Bank of Kentucky Center parallel to University Drive). Camp participants that are parking should park in the Welcome Center Garage, and those that are being dropped off and picked up should do so in the drop-off circle in front of The Bank of Kentucky Center.