New Jersey Institute of Technology

Department of Athletics

Athletic Drug Testing Policy

PHILOSOPHY

NJIT is committed to providing the university community with an academic environment that is helpful, challenging, safe and fulfilling. The university reaffirms this commitment by focusing on the health and safety of the entire NJIT community, specifically on the effects of alcohol/drugs on all aspects of community life. Individuals experiencing substance abuse issues are encouraged to seek professional assistance provided by services either on- or off-campus. Seeking professional assistance is a personal matter that is supported by the university. All members of the NJIT community are expected to meet personal conduct and professional standards as defined by university policies. NJIT prohibits the use of illegal drugs, advocates for the legal and responsible use of alcohol by those who do use, and supports healthy alternatives to the consumption of alcohol/drugs. The university is committed to educating the NJIT community about the importance of individual responsibility in relation to substance use and abuse.

INTRODUCTION AND RATIONALE

Drug and alcohol abuse are recognized as major problems on college campuses across the nation. Student-athletes are not immune to this problem. Because drug and alcohol abuse can endanger the health, development, and well being of some of our student-athletes, the NJIT Department of Athletics has developed policies, procedures and programs, for the prevention and treatment of substance abuse.

This policy statement shall be sent to all student-athletes prior to their participation in their designated sports. It shall be distributed to all coaches, athletic trainers, administrative personnel, and support staff who participate in the ongoing development of our student-athletes.

This preventive and treatment approach has three basic interconnected goals:

1.) Educate student-athletes about harmful effects of drug and alcohol abuse upon themselves and their fellow athletes thereby promoting and protecting their own health and safety, and often times the health and safety of their teammates.
2.) Identify and effectively intervene with drug users and alcohol abusers, in order to help them develop to their full potential in all aspects of life, including academics and athletic competition.
3.) Inform student-athletes of the applicable drug testing regulations from both the National Collegiate Athletic Association (NCAA) and the NJIT Department of Athletics.

NJIT retains the right to amend this policy at any time. Furthermore, this NJIT Drug Testing Policy is to be treated as separate and distinct from the NCAA Drug-Testing Program as well as the NJIT Alcohol/Drug Policy for Students and Student Organizations.

This policy is not a contract between the student-athlete and NJIT. However, signed consent and notification forms shall be considered affirmation of the student-athlete’s agreement to the terms and conditions contained in this policy (Appendices A & B).
DRUG TESTING EDUCATION

Prior to their participation in their designated sports, student-athletes must attend a drug testing & education program. The session is designed to gain perspective on the prevalence of substance use/abuse in our society. The participants will gain an understanding of the effects of alcohol and other drugs have on their performance and overall health and safety. Additionally, the student-athletes will review the current NJIT Athletic Drug Testing Policy.

METHODS FOR SELECTING STUDENT ATHLETES

Student-athletes, as defined by the NCAA (Appendix C), are subject to drug-testing at any point in the calendar year. NJIT student-athletes may be selected for drug testing by the following methods: random selection, institutional reasonable suspicion, re-entry testing, follow-up testing, pre-season screening, NCAA Championship, and NCAA Year Round testing. Student-athletes competing for other agencies while participating for NJIT may be subject to additional testing at the discretion of their governing body (i.e. USADA, WADA).

1. Random Selection

The drug-testing schedule will be set by the Athletic Training Staff with the approval of the Director of Athletics or his/her designee. The drug testing facility will request current rosters and it will choose a certain amount of student-athletes to test. The head coach will be notified the day of or the day prior to the screening, depending on the pre-arranged testing time. The Athletic Training Staff, head coach or his/her designees will notify the team or selected student-athletes of the time and place for the screening.

2. Institutional Reasonable Suspicion

Student-athletes will be drug-screened and/or evaluated if there is probable cause to suspect prohibited use or abuse of alcohol or drugs. A coaching staff member, an administrator, academic advisor, athletic trainer, strength coach, or any other staff member may be aware of or see certain signs, symptoms or changes in behavior that may cause him or her to suspect substance abuse. These staff members have a duty to report any suspicions to the Head Athletic Trainer and/or Director of Athletics or his/her designee. Reports will be forwarded to the Director of Athletics or his/her designee. The Head Athletic Trainer, Director of Athletics or his/her designee will determine the need for counseling and/or testing.

3. Re-entry Testing

A student-athlete who has had his or her eligibility to participate in intercollegiate sports suspended as a result of a drug and alcohol violation may be required to undergo re-entry drug and/or alcohol testing prior to regaining eligibility. The Director of Athletics or his/her designee shall arrange for re-entry testing after the counselor or specialist involved in the student-athletes case indicates the re-entry into the intercollegiate sports program is appropriate.

4. Follow-up Testing

A student-athlete who has returned to participation in intercollegiate sports following a positive drug test under this policy may be subject to follow-up testing. Drug testing will be unannounced and the frequency of the drug testing will be determined by the Director of Athletics or his/her designee and/or in consultation with the counselor or specialist involved in the student-athletes case.

5. Pre-season Screening

Student-athletes are subject to pre-season drug testing and may be notified of such by the Director of Athletics or his/her designee at any time prior to their first competition.

Revised: April 27, 2012
6. NCAA Championship

Any participant or team likely to advance to post-season championship competition may be subject to additional testing. Testing may be required of all team members or individual student-athletes at any time within thirty (30) days prior to the post-season competition. If a student-athlete tests positive, he or she will not be permitted to compete at the post-season event and will be subject to the sanctions herein.

7. NCAA Year Round Testing

The NCAA reserves the right to test all sports in accordance with the NCAA Year Round Drug Testing Program.

**DRUG TESTING PROCEDURE**

1. Student-athletes will be notified no more than 24 hours in advance of being tested, although a student-athlete may receive less notice. Upon notification, student-athletes will come to the Athletic Training Room to sign the Notification of Drug Testing form (Appendix B). During this time, the student-athlete will be informed where the designated collection station will be.

2. **FAILURE TO SHOW UP AT THE COLLECTION SITE AT THE DESIGNATED TIME WILL RESULT IN A POSITIVE TEST.**

3. The student-athlete will bring photo identification to the collection station and the client representative/site coordinator will identify the student athlete.

4. A collector of the same gender will monitor the specimen collection of the student-athlete.

5. The student-athlete will remain in the collection station until the sample is complete.

6. Leaving the collection station or holding area without the permission of the test site administrator may result in a positive test.

7. **Any attempt to adulterate, manipulate, or dilute a specimen during the collection procedure will be considered a positive test.**

List of the full Drug-Testing Collection Protocol is located in Appendix D.

**ACTION ON POSITIVE DRUG-TESTING RESULTS**

Positive Results

A positive result is defined as a urine sample revealing the presence of one or more of the banned drugs or metabolites listed in Appendix E. In addition, failure to arrive at the collection station at the designated time without justification, failure to provide an adequate urine sample (e.g., acidic, concentrated, enough volume) as determined by the laboratory or trained collector will result in a positive test. Positive test may also result from leaving the collection station or holding area without the permission of the test site administrator or alteration of any sample as determined by the collection technician or their designee. All results will be forwarded from the lab to the Head Athletic Trainer and/or Director of Athletics or his/her designee. The Head Athletic Trainer will notify the Head Coach of the sport of the positive drug-testing result. A positive drug test remains on the student-athlete’s record for the remainder of their athletic career at NJIT. All positive tests are cumulative (i.e. one positive test your first year and a positive test your second year will count as a second positive test).

The NCAA has different sanctions for their positive drug test. The NCAA has the right to request urine samples from the student-athletes at any time during the year. Their sanctions process and protocols can be located on their website:

www.ncaa.org/health-safety

Revised: April 27, 2012
First Positive Drug Test

1. Head Athletic Trainer will notify the Team Physician, Director of Athletics or his/her designee, and the Head Coach within 24 hours of a positive drug-test result.
2. The student-athlete will be notified within 24 hours of a positive drug test result by the Head Athletic Trainer.
3. Student-athlete must have a mandatory evaluation with NJIT Counseling Center within one week of positive result (possible referral to an off-campus site).
4. The student-athlete will be subject to mandatory re-testing as designated by the Counseling Center and Director of Athletics or his/her designee. This can be performed at any time during athletic eligibility.
5. **Suspension to be issued by the NJIT Director of Athletics**: Immediate suspension from the non-championship season and up to 25% of the CHAMPIONSHIP SEASON. Length of suspension will be determined by the NJIT Director of Athletics or his/her designee.

Failure to conform to these rules can result in further disciplinary action.

Second Positive Drug Test

1. Head Athletic Trainer will notify the Team Physician, Director of Athletics, and the Head Coach within 24 hours of a positive drug-test result.
2. The student-athlete will be notified within 24 hours of a positive drug test result by the Head Athletic Trainer.
3. Student-athlete must have a mandatory evaluation with NJIT Counseling Center within one week of positive result (possible referral to an off-campus site).
4. The student-athlete will be subject to mandatory re-testing as designated by the Counseling Center and Director of Athletics or his/her designee. This test can be performed at any time during the student-athlete's athletic eligibility.
5. **Suspension to be issued by the NJIT Director of Athletics**: Immediate suspension from team for up to ONE YEAR from positive result. Length of suspension will be determined by the NJIT Director of Athletics or his/her designee. Student-athlete will be ineligible of all athletic scholarship aid from the athletic department for one year from positive result.

Failure to conform to these rules can result in further disciplinary action.

Third Positive Drug Test

1. Head Athletic Trainer will notify the Team Physician, Director of Athletics, and Head Coach within 24 hours of a positive drug-test result.
2. The student-athlete will be notified within 24 hours of the positive result by the Head Athletic Trainer.
3. **Suspension to be issued by the NJIT Director of Athletics**: IMMEDIATE PERMANENT SUSPENSION FROM VARSITY INTERCOLLEGIATE ATHLETICS AND PERMANENT LOSS OF ANY AND ALL ATHLETIC RELATED AID.

APPEALS PROCESS

Student-athletes who test positive for a banned substance (per Appendix E), or who dispute that they have refused or failed to take a required drug test under the terms of the Athletics Drug Testing Policy, may be entitled to a hearing with the Drug Testing Appeals Committee by submitting a written Appeals Notification form (Appendix F) within 72 hour of notification of a positive drug test result. If the seventy-two hours would end on a weekend, the request must be made by noon on the next business day.

Student-athletes who test positive for a banned substance may, within 72 hours of being notification of a positive drug-testing result, contest the finding of the positive results. Upon the student-athlete’s request for additional testing of the sample, the Director of Athletics will formally request B specimen confirmation. The student-athlete may choose to be present at the opening of B specimen at the laboratory Drug Test at his or her expense. If the student-athlete does not wish to be present at the opening of B specimen, but desires to be represented, arrangements will be made at the student-athlete’s expense for a surrogate to attend the opening of B specimen. The surrogate will not be involved with any other aspect of the analysis of the specimen. The student-athlete or his/her surrogate will attest to the sample number and the integrity of the security seal prior to the laboratory opening of B specimen. B Specimen findings will be final, subject to the results of any appeal. If B specimen results are negative, the drug test will be considered negative.

Revised: April 27, 2012
The Drug Testing Appeals Committee shall consist of the following:
- Director of Health Services or designee (Chair)
- Director of Counseling or designee
- Faculty Athletic Representative or designee

The student-athlete may have an advocate or other representative present at the hearing if the student so desires. However, the student-athlete must present his or her own case. The meeting should take place within seventy-two (72) hours after the written request is received. All sanctions resulting in the positive test apply until the appeals process is finalized. Either the student-athlete or the other parties involved may request an extension of time (the 72 Hours) to the Drug Testing Appeals Committee Chair or his/her designee, who will consider whether to grant the extension upon a showing of good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the drug test. The proceedings shall be open to only those persons deemed necessary by the Drug Testing Appeals Committee Chair or his/her designee.

The decision by a majority vote of the Drug Testing Appeals Committee regarding the test results or refusal/failure to take a required test shall be final. Sanctions for a positive result or a refusal/failure to take a required test are described in these procedures and are not subject to further appeal.

SAFE HARBOR/SELF DISCLOSURE FORMS

A student-athlete eligible for the Athletics Safe Harbor Program may refer himself or herself to the Program for voluntary evaluation and counseling. A student-athlete is not eligible for the Safe Harbor Program after he or she has been informed of an impending drug test or after having received a positive New Jersey Institute of Technology or NCAA drug test.

The University Department of Athletics will work with the student-athlete to prepare a Safe Harbor treatment plan, which may include confidential drug testing as determined by Director of Counseling, Team Physician, Athletic Trainer, Director of Athletics or designees. If the student-athlete tests positive for a banned substance upon entering the Safe Harbor Program, that positive test will not result in any administrative sanction unless the student athlete tests positive in a subsequent retest or the student athlete fails to comply with the treatment plan. Based upon a medical examination by the team physician, the student-athlete may be disqualified from play or practice if medically indicated. The examination may consist of diagnostic tests to determine any potential risks the drug use poses to the student-athlete’s well-being. A student athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed thirty (30) days, as determined by the treatment plan. A student athlete will not be permitted to enter the Safe Harbor Program thirty (30) days prior to NCAA or Conference postseason competition.

If a student-athlete tests positive for any banned substance after entering the Safe Harbor Program or fails to comply with the Safe Harbor treatment plan, the student-athlete will be removed from the Safe Harbor Program. An initial Safe Harbor positive test will be treated as a first positive and a subsequent positive as a second positive, subject to the sanctions explained in this policy.

While in compliance with the Safe Harbor Program treatment plan, the student-athlete will not be included in the list of students eligible for random drug testing by the New Jersey Institute of Technology. Student-athlete’s in the Safe Harbor Program may be selected for drug testing by the NCAA.

The Director of Athletics or his/her designee, the Head Coach, the Head Athletic Trainer, and the Team Physician may be informed of the student-athlete’s participation in the Safe Harbor Program. The athletic trainer assigned to that sport also may be notified, if medically appropriate. Assistant coach(es) may be informed at the discretion of the head coach. Other university employees may be informed only to the extent necessary for the implementation of this policy.

Revised: April 27, 2012
NJIT Department of Athletics

Drug Education & Testing Program

Student-Athlete Consent Form

*Please visit www.njithighlanders.com >Athletics Department>Athletic Training>Drug Testing Policy to view the NJIT Athletic Drug Testing Policy BEFORE signing this form.

I, ______________________________, hereby acknowledge that I have read and reviewed the Drug Education & Testing Program implemented by the Department of Intercollegiate Athletics at NJIT. I understand the policies, procedures and my responsibilities as described in such policy.

As a condition to my participation in intercollegiate athletics at NJIT, I consent to participate in the Drug Education & Testing Program. I understand that my participation in this program includes the collection and testing of my urine at various times during the calendar year for drugs, alcohol, and/or other banned substances.

I further consent to the release of the results of any drug test to the Director of Athletics or his/her designee, Assistant Director of Athletics, my Head Coach, the Head Athletic Trainer and/or Assistant Athletic Trainers, Team Physician, Appeals Committee and/or my parent(s) or guardian(s). I acknowledge and understand that a copy of this consent form may be sent to my parent(s) or guardian(s) along with a copy of the Drug Education & Testing Program. To the extent sent forth in this document, I waive any privilege I may have in connection with such information.

I fully understand that NJIT’s Drug Education & Testing Program is separate and distinct from the NCAA drug-testing program and its sanctions; however, I also understand the sanctions may be imposed by NJIT under its Drug Education & Testing Program upon a positive result under the NCAA drug-testing program.

NJIT, its officers, employees, and agents are hereby released from legal responsibility and/or liability for the release of any information and/or record as authorized by this consent form. I fully and forever release and discharge the aforementioned parities from any claims, demands, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from my participation in NJIT’s Drug Education & Testing Program including those claims, demands, rights of action, or causes of action arising out of any positive result under such Drug Education & Testing Program.

_____________________________________                         __________________________
Student-Athlete Signature           Date

_____________________________________          __________________________
Printed Name of Student-Athlete           Date of Birth

_____________________________________          __________________________
Social Security Number             Sport(s)

_____________________________________          __________________________
Parent/Guardian Signature (if a minor)           Date

Revised: April 27, 2012
New Jersey Institute of Technology

*Notice of Drug Testing*

To:  ____________________________________

From: Matt Koscs, ATC, Drug Testing Coordinator
Lenny Kaplan- Director of Athletics

Re: NOTICE AND SCHEDULING OF DRUG TESTING

Notification Date:_____________     Notification Time: ________________

I, The Undersigned:

- Acknowledge being notified (either in person or by direct telephone contact) to appear for New Jersey Institute of Technology drug testing and have been notified to report to the drug testing station with **picture identification**.

  Location: ______________________ Date:_________________ Time:____________

- I understand that failure to appear at the site on or before the designated time will constitute a withdrawal of my previous consent to be tested and will result in a positive test.
- I will be prepared to provide an adequate specimen and will **not over hydrate**. I understand that if I provide a diluted specimen I am subject to a re-test.
- I understand that once I have signed in I am not allowed to leave the testing area for **any reason**. (This includes class, meetings, practice, etc.)
- I will bring this form with me on day of the testing.

By signing, I have been notified of my participation in NJIT drug testing, and I am aware of the steps necessary to complete the drug test.

Signature:____________________________________________ Date: ________________
Definition of student-athlete
“A student-athlete is a student whose enrollment was solicited by a member of the athletics staff or other representative of athletics interests with a view towards the student’s ultimate participation in the intercollegiate athletics program. Any other student becomes a student-athlete only when the student reports for an intercollegiate squad that is under the jurisdiction of the athletics department, as specified in Constitution 3.2.4.5. A student athlete is not deemed a student-athlete solely on the basis of prior high school athletics participation” (pg. 62 2011-2012 NCAA Division I Manual)
Appendix D

Sport Drug-Testing Collection Protocol

1. Upon entering the collection station, the athlete will provide photo identification and/or a client representative/site coordinator will identify the athlete and the athlete will officially enter the station.

2. The athlete will select a sealed collection beaker from a supply of such and will record his/her initials on the collection beaker’s lid.

3. A collector, serving as validator, will monitor the furnishing of the specimen by observation in order to assure the integrity of the specimen until a volume of at least 50 mL is provided (100 mL if testing for anabolic steroids).

4. Validators who are of the same gender as the athlete must observe the voiding process and should be members of the official drug-testing crew. The procedure does not allow for validators to stand outside the immediate area or outside the restroom. The athlete must urinate in full view of the validator (validator must observe flow of urine). The validator must request the athlete raise his/her shirt high enough to observe the midsection area completely ruling out any attempt to manipulate or substitute a sample.

5. Athletes may not carry any item other than his/her beaker into the restroom when providing a specimen. Any problem or concern should be brought to the attention of the collection crew chief or client representation for documentation. Athletes will rinse and dry hands, with water only, prior to urination, and wash with soap and water following urination.

6. Once a specimen is provided, the athlete is responsible for keeping the collection beaker closed and controlled.

7. Fluids and food given to athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be caffeine- and alcohol-free and free of any other banned substances.

8. If the specimen is incomplete, the athlete must remain in the collection station until the sample is completed. During this period, the athlete is responsible for keeping the collection beaker closed and controlled.

9. If the specimen is complete and the athlete must leave the collection station for a reason approved by the collector, specimen must be discarded.

10. Upon return to the collection station, the athlete will begin the collection procedure again.

11. Once an adequate volume of the specimen is provided, the collector who monitored the furnishing of the specimen by observation will sign that the specimen was directly validated and a collector will check the specific gravity and if in range measure the pH of the urine in the presence of the athlete.

12. If the urine has a specific gravity below 1.005 (1.010 if measured with a reagent strip), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. The athlete will provide another specimen.

13. If the urine has a pH greater than 7.5 (with reagent strip) or less than 4.5 (with reagent strip), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. The athlete will provide another specimen.

14. If the urine has a specific gravity about 1.005 (1.010 if measured with a reagent strip) and the urine has a pH between 4.5 and 7.5 inclusive, the specimen will be processed and sent to the laboratory.

15. The laboratory will make final determination of the specimen adequacy.

16. If the laboratory determines that an athlete’s specimen is inadequate for analysis, at the NJIT Department of Athletics discretion, another specimen may be collected.

Revised: April 27, 2012
17. If an athlete is suspected of manipulating specimens (e.g., via dilution), NJIT Department of Athletics will have the authority to perform additional tests on the athlete.

18. Once a specimen has been provided that meets the one-site specific gravity and pH parameters, the athlete will select a specimen collection kit and a uniquely numbered Chain of Custody Form from a supply of such.

19. A collector will record the specific gravity and pH values.

20. The collector will pour approximately 35 mL of the specimen into the “A vial” and the remaining amount (approximately 15 mL) into the “B vial” (another A=35 mL, B=15 mL in a second split sample kit for anabolic steroid testing, which will be shipped to a WADA accredited laboratory) in the presence of the athlete. Therefore, two split sample kits will be used when testing for both “drugs of abuse” and anabolic steroids. The vials will be packaged identically, but shipped to two different laboratories.

21. The collector will place the cap on each vial in the presence of the athlete; the collector will then seal each vial in the required manner under the observation of the athlete and witness (if present).

22. Vials and forms (if any) sent to the laboratory shall not contain the name of the athlete.

23. All sealed specimens will be secured in a shipping case. The collector will prepare the case for forwarding.

24. The athlete, collector and witness (if present) will sign certifying that the procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded. If deviations are alleged, the athlete will be required to provide another specimen.

25. After the collection has been completed, the specimens will be forwarded to the laboratory and copies of any forms forwarded to the designated persons.

26. The specimens become the property of the NJIT Department of Athletics.

If the athlete does not comply with the collection process, the collector will notify the NJIT Department of Athletics representative responsible for management of the drug-testing program.
2011-12 NCAA Banned Drugs

The NCAA bans the following classes of drugs:

a. Stimulants
b. Anabolic Agents
c. Alcohol and Beta Blockers (banned for rifle only)
d. Diuretics and Other Masking Agents
e. Street Drugs
f. Peptide Hormones and Analogues
g. Anti-estrogens
h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.
The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

b. Local Anesthetics (under some conditions).
c. Manipulation of Urine Samples.
d. Beta-2 Agonists permitted only by prescription and inhalation.
e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:
Before consuming any nutritional/dietary supplement product,
review the product with your athletics department staff!

• Dietary supplements are not well regulated and may cause a positive drug test result.
• Student-athletes have tested positive and lost their eligibility using dietary supplements.
• Many dietary supplements are contaminated with banned drugs not listed on the label.
• Any product containing a dietary supplement ingredient is taken at your own risk.

It is your responsibility to check with the appropriate athletics staff before using any substance.
Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient. Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class

Stimulants:
amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexaneamine, etc.
exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents – (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione)
boldenone; clenbuterol; DHEA (7-Keto); nandrolone; stanozolol; testosterone;
methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone;
trenbolone; etc.

Alcohol and Beta Blockers (banned for rifle only):
alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:
bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid;
spironolactone (canrenoone); triamterene; trichlormethiazide; etc.

Street Drugs:
heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (eg. spice, K2,
JWH-018, JWH-073)

Peptide Hormones and Analogues:
growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

Anti-Estrogens:
anastrozole; tamoxifen; formestane; 3,17-dioxo-etiochol-1,4,6-triene(ATD), etc.

Beta-2 Agonists:
bambuterol; formoterol; salbutamol; salmeterol; etc.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate athletics staff before using any substance.
Notification of Appeals Form

This form is to be submitted to the Director of Athletics or designee within 72 hours of being notified of a positive drug test. This form will be forwarded to the Drug Testing Appeals Committee Chair for notification of a pending meeting (within 72 hours of requesting the appeal) with the student athlete and those deemed necessary for clarification.

Student-Athlete Name:____________________________

Phone Number:__________________________________

Date of Drug Test:_______________________________

Date of Notification of Results:____________________

Date of Notification of Appeal:____________________

Reason for Appeal:__________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________

Student Athlete Signature/ Date    Director of Athletics / Date

_________________________________________    _____________________________________________