

MVC Track and Field Championships
Seeding and Results by TRXC Timing - 5/17/2025 to 5/18/2025
Southern Illinois University @ Carbondale
Meet Program - Heptathlon

Event 41 Heptathlon: #1 (W) 100 Meter Hurdles

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

3	393 Katie Koryczan	JR	Valparaiso	15.81
5	317 Makayla Crannell	FR	Northern Iowa	15.93
7	304 Laura Seeberger	SR	Murray St.	16.03

Section 2 of 5 Finals

3	277 Bessie Swoboda	FR	Missouri St.	15.60
5	311 Abby Yanka	SO	Murray St.	15.77
7	365 Kelsey Pacha	SO	SIU	15.38

Section 3 of 5 Finals

3	237 Chloe Rolen	SR	Indiana St.	15.01
5	160 Sydney Skarich	FR	Illinois St.	15.36
7	157 Kiley Sanders	SR	Illinois St.	15.32

Section 4 of 5 Finals

1	150 Gracie Jessup	SR	Illinois St.	14.57
3	290 Lindley Johnston	SO	Murray St.	14.54
5	322 Katy Hand	SO	Northern Iowa	14.88
7	327 Silvana Kabolo	SO	Northern Iowa	14.78

Section 5 of 5 Finals

1	268 Kamdyn Moody	SR	Missouri St.	14.30
3	228 Kathryn Ison	FR	Indiana St.	14.16
5	339 Joey Perry	SO	Northern Iowa	14.43
7	305 Andrea Segovia	JR	Murray St.	14.47

Event 41 Heptathlon: #2 (W) High Jump

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	237 Chloe Rolen	SR	Indiana St.	1.49m
2	304 Laura Seeberger	SR	Murray St.	1.44m
3	160 Sydney Skarich	FR	Illinois St.	1.58m
4	365 Kelsey Pacha	SO	SIU	1.46m
5	322 Katy Hand	SO	Northern Iowa	1.58m
6	339 Joey Perry	SO	Northern Iowa	1.66m
7	228 Kathryn Ison	FR	Indiana St.	1.48m
8	393 Katie Koryczan	JR	Valparaiso	1.46m
9	157 Kiley Sanders	SR	Illinois St.	1.75m
10	317 Makayla Crannell	FR	Northern Iowa	NH
11	290 Lindley Johnston	SO	Murray St.	1.68m
12	268 Kamdyn Moody	SR	Missouri St.	1.63m
13	277 Bessie Swoboda	FR	Missouri St.	1.53m
14	305 Andrea Segovia	JR	Murray St.	1.50m
15	327 Silvana Kabolo	SO	Northern Iowa	1.55m
16	311 Abby Yanka	SO	Murray St.	1.53m
17	150 Gracie Jessup	SR	Illinois St.	1.58m

Event 41 Heptathlon: #3 (W) Shot Put

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	277 Bessie Swoboda	FR	Missouri St.	9.33m
2	304 Laura Seeberger	SR	Murray St.	8.66m
3	237 Chloe Rolen	SR	Indiana St.	9.06m
4	290 Lindley Johnston	SO	Murray St.	8.90m
5	317 Makayla Crannell	FR	Northern Iowa	8.89m
6	311 Abby Yanka	SO	Murray St.	9.06m
7	150 Gracie Jessup	SR	Illinois St.	9.18m
8	228 Kathryn Ison	FR	Indiana St.	9.54m

Flight 2 of 2 Finals

1	160 Sydney Skarich	FR	Illinois St.	9.76m
2	327 Silvana Kabolo	SO	Northern Iowa	10.51m
3	339 Joey Perry	SO	Northern Iowa	10.64m
4	365 Kelsey Pacha	SO	SIU	10.63m
5	305 Andrea Segovia	JR	Murray St.	11.04m
6	322 Katy Hand	SO	Northern Iowa	10.25m
7	393 Katie Koryczan	JR	Valparaiso	9.88m
8	268 Kamdyn Moody	SR	Missouri St.	10.14m
9	157 Kiley Sanders	SR	Illinois St.	10.31m

Event 41 Heptathlon: #4 (W) 200 Meter Dash

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

3	157 Kiley Sanders	SR	Illinois St.	27.09
4	393 Katie Koryczan	JR	Valparaiso	27.33
5	160 Sydney Skarich	FR	Illinois St.	27.93
6	237 Chloe Rolen	SR	Indiana St.	27.08
7	150 Gracie Jessup	SR	Illinois St.	26.69

Section 2 of 3 Finals

2	311 Abby Yanka	SO	Murray St.	26.26
3	228 Kathryn Ison	FR	Indiana St.	26.38
4	327 Silvana Kabolo	SO	Northern Iowa	26.55
5	365 Kelsey Pacha	SO	SIU	26.58
6	322 Katy Hand	SO	Northern Iowa	26.21
7	277 Bessie Swoboda	FR	Missouri St.	26.62

Section 3 of 3 Finals

2	305 Andrea Segovia	JR	Murray St.	25.64
3	304 Laura Seeberger	SR	Murray St.	26.14
4	339 Joey Perry	SO	Northern Iowa	24.83
5	290 Lindley Johnston	SO	Murray St.	25.92
6	268 Kamdyn Moody	SR	Missouri St.	25.77
7	317 Makayla Crannell	FR	Northern Iowa	25.79

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Event 41 Heptathlon: #5 (W) Long Jump

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	304 Laura Seeberger	SR	Murray St.	5.00m
2	277 Bessie Swoboda	FR	Missouri St.	5.13m
3	393 Katie Koryczan	JR	Valparaiso	4.89m
4	311 Abby Yanka	SO	Murray St.	5.19m
5	290 Lindley Johnston	SO	Murray St.	5.12m
6	237 Chloe Rolen	SR	Indiana St.	5.23m
7	322 Katy Hand	SO	Northern Iowa	5.13m
8	160 Sydney Skarich	FR	Illinois St.	ND

Flight 2 of 2 Finals

1	228 Kathryn Ison	FR	Indiana St.	5.37m
2	317 Makayla Crannell	FR	Northern Iowa	5.47m
3	365 Kelsey Pacha	SO	SIU	5.28m
4	268 Kamdyn Moody	SR	Missouri St.	5.50m
5	327 Silvana Kabolo	SO	Northern Iowa	5.39m
6	157 Kiley Sanders	SR	Illinois St.	5.28m
7	339 Joey Perry	SO	Northern Iowa	5.59m
8	150 Gracie Jessup	SR	Illinois St.	5.38m
9	305 Andrea Segovia	JR	Murray St.	5.42m

Event 41 Heptathlon: #6 (W) Javelin

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 2 Finals

1	322 Katy Hand	SO	Northern Iowa	25.95m
2	304 Laura Seeberger	SR	Murray St.	27.37m
3	290 Lindley Johnston	SO	Murray St.	28.23m
4	365 Kelsey Pacha	SO	SIU	24.16m
5	237 Chloe Rolen	SR	Indiana St.	27.36m
6	305 Andrea Segovia	JR	Murray St.	27.99m
7	311 Abby Yanka	SO	Murray St.	26.13m
8	393 Katie Koryczan	JR	Valparaiso	18.92m

Flight 2 of 2 Finals

1	327 Silvana Kabolo	SO	Northern Iowa	33.13m
2	317 Makayla Crannell	FR	Northern Iowa	34.99m
3	157 Kiley Sanders	SR	Illinois St.	40.32m
4	228 Kathryn Ison	FR	Indiana St.	30.78m
5	160 Sydney Skarich	FR	Illinois St.	41.20m
6	150 Gracie Jessup	SR	Illinois St.	37.97m
7	277 Bessie Swoboda	FR	Missouri St.	32.15m
8	268 Kamdyn Moody	SR	Missouri St.	33.64m
9	339 Joey Perry	SO	Northern Iowa	31.08m