



2018-19 PROGRAM OF THE YEAR

ST. LOUIS, MO. -- Illinois State has been named the 2018-19 Missouri Valley Conference Program of the Year based on their performance in cross country, indoor track & field, and outdoor track & field.

Scoring is based on the team's finish at each Missouri Valley Conference Championship in cross country, indoor track & field and outdoor track & field (i.e. 1st = 1 point, 2nd = 2 points ... 10th = 10 points) with the lowest total score for all six championships (3 men's and 3 women's) combined determining the award winner.

Illinois State claimed three first-place titles during the 2018-19 season. Illinois State's women were crowned MVC Champions at both the indoor and outdoor championship. The men's program finished first during the indoor championships and were the runners-up for outdoor. The Redbird men and women finished second and third, respectively, at the 2018 cross country conference championship. Illinois State takes home the Program of the Year honor for the second consecutive year.

Indiana State finished second in the program of the year standings. The Sycamores finished fourth in both men's and women's cross country. The men's track & field program took third place at both indoor and outdoor Valley championships. The women were runners-up during the indoor championship and finished third at the outdoor championship.

UNI's performance at championships earned third in the standings with 21 points. The Panthers claimed the 2019 Men's outdoor track & field title and were runners-up during the indoor season. The UNI women's program finished in the top 5 at all three championships.

Southern Illinois and Bradley round out the top-5. Southern Illinois' women were runners-up at the MVC outdoor track & field championship. The Salukis' top-five team finishes for their men's and women's programs during the track and field championships helped to secure fourth place in the standings. Bradley claimed titles at the cross country championship for both their men's and women's programs. The men earned a school-record 86 points at the indoor championship to finish fourth overall at the championship.

Program (Championship Titles)	Points	Average Place
Illinois State (3)	10	1.67
Indiana State	19	3.17
UNI (1)	21	3.5
Southern Illinois	27	4.5
Bradley (2)	28	4.67

Women's Team (Championship Titles)	Pts.	Men's Team (Championship Titles)	Pts.
1. Illinois State (2)	5	1. Illinois State (1)	5
2. Indiana State	9	2. UNI (1)	8
3. Southern Illinois	12	3. Indiana State	10
T4. Loyola	13	4. Bradley (1)	12
T4. UNI	13	5. Drake	14