

SWIMMING & DIVING 2018-19 MVC SWIMMING & DIVING PRESEASON POLL

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MVC Swimmer of the Week

Kierston Farley-Sepe, Junior, Illinois State (Milwaukee, WI)

Farley-Sepe had a victorious return to the water over the weekend in a double dual against Southern Illinois and Illinois. Farley-Sepe aided the Redbird relay team in taking second place in the 200-yard medley relay team, as she swam a seasonbest split of 24.91, for a final relay time of 1:47.80. Farley-Sepe also captured two

first-place individual titles in the 200-yard fly (2:04.71) and the 100-yard freestyle (53.83). For her final event of the meet, Farley-Sepe swam the 400-yard IM with a time of 4:33.97, taking third place out of 11 athletes.



MVC Diver of the Week

Caroline Lecoeur, Sophomore, Illinois State (Lyons, France)

In the first double dual meet for the Redbirds, Leceour had a score of 239.05 in the 1-meter diving event out of 15 athletes, placing fifth overall for the event. Leceour's next event was the 3-meter diving event, where she placed fifth out of 12 athletes with a score of 242.60. Her performances were the top scores among

all Redbirds that competed in diving events.

Recent Results

Friday, October 19

Missouri State vs. Drury UniversityL, 128-113

Saturday, October 20

Southern Illinois vs. Illinois State, Illinois L, 200-100 Illinois State vs. Illinois Illinois State vs. Southern Illinois ILS W, 157-143 Southern Illinois vs. Illinois L, 195-105 Little Rock at Little Rock Invitational.....

Upcoming Schedule

Friday, October 26

Illinois State vs. Illinois Wesleyan/Lewis.....

Saturday, October 27

Valparaiso vs. Eastern Illinois..... Evansville at Little Rock.....Indiana State vs. Rose-Hulman/Bellarmine









MVC SWIMMING & DIVING RELEASE

MVC Top Times & Results

College Swimming Top Times and Results - Through October 15

Event	Name	Meet	Time
50 Free	Crystal Florman, UNI	Nebraska vs. Northern Iowa	23.66
100 Free	Katie Taylor, UNI	Northern Iowa vs. SDSU, WIU, Valpo	51.70
200 Free	Liberty Howell, MSU	Mizzou Show Me Showdown	1:51.12
500 Free	Liberty Howell, MSU	Missouri State vs. Drury	4:57.16
1000 Free	Liberty Howell, MSU	Missouri State vs. Drury	10:14.88
1650 Free	N/A	N/A	N/A
50 Back	Katie Taylor, UNI	Nebraska-Omaha vs. Northern Iowa	26.30
100 Back	Katie Taylor, UNI	Northern Iowa vs. SDSU, WIU, Valpo	56.03
200 Back	Katie Taylor, UNI	Nebraska vs. Northern Iowa	2:00.26
50 Breast	Megan Schade	Indiana State vs. Illinois	30.54
100 Breast	Moriah Ross, UNI	Northern Iowa vs. SDSU, WIU, Valpo	1:05.03
200 Breast	Moriah Ross, UNI	Nebraska vs. Northern Iowa	2:18.58
50 Fly	Joelle Borchers, INS	Indiana State vs. Illinois	26.23
100 Fly	Crystal Florman, UNI	Northern Iowa vs. SDSU, WIU, Valpo	57.07
200 Fly	Kierston Farley-Sepe, ILS	Indiana State vs. Illinois State	2:04.23
100 IM	N/A	N/A	N/A
200 IM	Katie Taylor, UNI	Nebraska vs. Northern Iowa	2:03.84
400 IM	Josie Pearson, MSU	Missouri State vs. Kansas, South Dakota	4:29.32
200 Free Relay	Northern Iowa	Nebraska-Omaha vs. Northern Iowa	1:37.55
400 Free Relay	Missouri State	Missouri State vs. Drury	3:30.58
800 Free Relay	Missouri State	Missouri State vs. Kansas, South Dakota	7:44.46
200 Medley Relay	Northern Iowa	Nebraska vs. Northern Iowa	1:45.21
400 Medley Relay	Missouri State	Missouri State vs. Drury	3:52.60
1-Meter	Ashley Yarbrough, MSU	Missouri State vs. Drury	277.35
3-Meter	Ashley Yarbrough, MSU	Missouri State vs. Kansas, South Dakota	290.75

Athletes of the Week

Swimmer

DATE	NAME	SCHOOL
09	Crystal Florman	Northern Iowa
016	Kierston Farley-Sepe	Illinois State
023	Kierston Farley-Sepe	Illinois State

Diver

DIVE		
DATE	NAME	SCHOOL
09	Elle Christie	Indiana State
016	Ashley Yarbrough	Missouri State
023	Caroline Lecoeur	Illinois State

MVC Swimmer and Diver of the Week are selected each week during the Swimming & Diving season. The athletes are announced on Tuesday afternoon and appear in a weekly press release. Nominees are provided by each school's sports information contact and voted on by a panel appointed by the league office.