



INDOOR TRACK & FIELD

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MVC Men's Track Athlete of the Week

Jaylan McConico, So., Illinois State (Bolingbrook, Ill.)

Competing against MVC-foe Indiana State in Friday's Terre Haute Double-Dual, hosted by Rose-Hulman, McConico re-set his own 60-meter hurdles school record that he previously established at the EIU Early Bird Meet on Dec. 8, 2017. McConico won the event with a time of 7.84, a mark which currently ranks first in the Valley and eighth in all of Division I. His performance helped the Redbirds hoist the Coughlin-Malloy Cup for the first time in 12 seasons.



MVC Women's Track Athlete of the Week

Taylor Austin, Sr., Indiana State (Griffith, Ind.)

Taylor Austin dominated the women's mile run for ISU at the Terre Haute Double Dual, setting the new meet record at 4:51.08, overtaking the previous meet record set by Illinois State's Kelly McShea by over four seconds. Austin's time was also a new personal-best, and moved her up to third on the ISU all-time list. She still holds the top time in the MVC and is 19th overall in the nation with a converted time of 4:48.23.



MVC Men's Field Athlete of the Week

Isaac Ingram, Sr., Southern Illinois (Harrisburg, Ill.)

Isaac Ingram won the weight throw at the Illini Open with a season-best toss. Ingram won the event for the second-straight meet with a season-best toss of 68'-9.75" (20.97m). In doing so, the Harrisburg, Ill. native now ranks 14th nationally, and first in the Missouri Valley Conference in the event.



MVC Women's Field Athlete of the Week

Alexis Roberson, So., Southern Illinois (Jefferson City, Mo.)

Alexis Roberson set a personal-best in the weight throw at the Illini Open to win her first event title of the season. Roberson's winning toss of 66'-3" (20.19m) not only marked the second-straight meet in which she has set a PR, but it ranks her 15th nationally in the event and is the top mark in the Missouri Valley Conference.

Upcoming Schedule/Recent Results

Friday, January 12

Drake at The Graduate Classic.....NTS
Double Dual.....INS - Women 1st; ILS - Men 1st
Missouri St at Arkansas Opener.....NTS
Valparaiso at Bob Eubanks Open..... 10th/14

Saturday, January 13

Illinois Classic
Women: SIU - 1st; BU - 5th
Men: SIU - 2nd; BU 5th

Drake at The Graduate Classic.....NTS
UNI at Panther Open.....NTS

Friday, January 19

Gladstein Invitational (BU/INS/MSU)..... TBA
SIU at Vanderbilt Invite TBA

Saturday, January 20

Gladstein Invitational (BU/INS/MSU).....TBA
SIU at Vanderbilt Invite TBA
Illinois State at Notre Dame Invite All day
Loyola at John Tierney Classic..... All day
Fort Wayne Duals (UE, Valpo) 11 am
UNI at Jim Emmerich/Alumni Invite 12 pm



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► Noteworthy

In addition to the league's Track & Field Athlete of the Week selections, several other notable performances are recognized, and they include:

MEN'S TRACK

David Shadid, Jr., Bradley (Peoria, Ill.)
Junior David Shadid established the program's record in the 600m run on Saturday at the Illinois Open. The junior posted a time of 1:21.74 -- more than two seconds faster than his previous PR and nearly a half second quicker than the previous school standard (1:22.19) -- to win his heat. Shadid's record is his third at Bradley as he previously set school standards in the 200m and 400m dash.

Malik Metivier, So., Drake (Toronto, Ont.)
Won the 400 meters at Nebraska's Graduate Classic in a personal best time of 49.33 ... his time was the second fastest by a Valley runner and is the fifth fastest in the Valley this season ... he also ran a leg on the Bulldogs 4x400-meter relay that finished third in 3:20.87 and the distance medley relay that was fourth in 10:28.70 ... the DMR performance is the fastest in the Valley this season.

Ryan Cash, Jr., Indiana State (Zionsville, Ind.)
Ryan Cash led the way for the Indiana State men on the track at the Terre Haute Double Dual against Illinois State, winning the mile run at 4:16.73, a new personal-best by nearly six seconds. The converted time of 4:13.50 currently sits at second in the Valley.

Corey Hertz, Jr., UNI (Lindenhurst, Ill.)
At Saturday's Panther Open, junior Corey Hertz ran a 22.10 to win the 200-meter run. Hertz edged out fellow Panthers Jacob Smith and Evan Long, who tied with a 22.11. Hertz time ranks second in the MVC for the 200-meter run this season.

Warren Hazel, R-Sr., Southern Illinois (Old Roads, St. Kitts)
Warren Hazel won the 600m run at the Illini Open Saturday and helped SIU to a second place finish in the 4x400 relay. Hazel clocked a 600m time of 1:20.23 to win in his debut in the event and later ran the anchor leg of the 4x400 that took second.

MEN'S FIELD

Anthony McRoberts, So., Illinois State (Cahokia, Ill.)
Competing against MVC-foe Indiana State in Friday's Terre Haute Double-Dual, hosted by Rose-Hulman, McRoberts posted three top-four finishes. His best performance came in the triple jump, where he won the event with a leap of 14.30m (46-11.00). McRoberts also finished third in the high jump, clearing 2.03m (6-08.00), and fourth in the long jump, capturing a distance of 6.84m (22-05.25). After Friday's meet, McRoberts ranks second in the MVC in high jump, third in triple jump, and ninth in long jump.

Scott Schreiber, Sr., Indiana State (La Porte, Ind.)
Scott Schreiber managed to take home his first win of the season at the Terre Haute Double Dual, winning the long jump at 7.07m (23-02.50). Schreiber's mark currently sits at third in the MVC.

Xavier Williams, So., UNI (Burlington, Iowa)
At Saturday's Panther Open, Xavier Williams posted a win in the high jump (6-10.75) to open his sophomore campaign. His jump of 6-10.75 ranks him first in the MVC for the event, while being tied for 33rd in the nation for 2018.

WOMEN'S TRACK

Bailee Cofer, Sr., Drake (Overland Park, Kan.)
Opened her indoor season by winning the 3,000 meters in a personal best time of 10:01.83 at the Graduate Classic hosted by Nebraska ... her time bested the field by nearly eight seconds and is the fastest in the Valley this season and the season-opening time would have finished fifth at last year's MVC Championship.

D'Jenne Egharevba, So., Illinois State (Naperville, Ill.)
Competing against MVC-foe Indiana State in Friday's Terre Haute Double-Dual, hosted by Rose-Hulman, Egharevba posted convincing victories in both the 60-meter and 200-meter dash. In her first 200-meter race of the season, Egharevba won the event by nearly a second with a time of 24.49, a mark which ranks first in the Valley and 30th in the NCAA. This performance, along with her first-place finish in the 60-meter dash (7.51), helped Illinois State capture the Coughlin-Malloy Cup for the first time since 2006.

Maddie Bell, Jr., UNI (Hudson, Iowa)
At Saturday's Panther Open, Maddie Bell won two events to start out 2018. The junior took the 60-meter dash (7.87) and the 200-meter dash (25.15) to lead UNI to a dominant day on the women's side. Bell's times rank 13th in the 60-meter dash and fifth in the 200-meter dash among MVC runners. The win in the 200-meter dash was Bell's second of the 2017-18 season.

Tyjuana Eason, So., Southern Illinois (Kankakee, Ill.)
Tyjuana Eason was a double winner for the Salukis at the Illini Open on Saturday, as she broke her own school record in the 200m dash and set a personal-best in the 60m to win both events. The Kankakee, Ill. native won the 60m dash with a time of 7.50 and followed with a win in the 200m dash with a school record time of 24.50. Eason broke her own school record of 24.54 in the 200m and her time in the 60m was tied for the second-fastest in program history.

WOMEN'S FIELD

Taryn Rolle, Sr., Drake (Nassau, The Bahamas)
Finished fourth in the triple jump at the Graduate Classic hosted by Nebraska with a jump of 39-5.25 ... her jump was the best by a Valley athlete on the weekend and the third best in the league to date this season.

Ariana Cranston, So., Illinois State (Angola, Ind.)
Competing against MVC-foe Indiana State in Friday's Terre Haute Double-Dual, hosted by Rose-Hulman, Cranston won the pole vault, helping Illinois State clinch their first Double-Dual victory since 2006. Cranston cleared 3.68m (12-00.75), a mark which is tied for first in the Valley and ranks fourth on Illinois State's indoor top-10 list. In addition, Cranston established a new lifetime-best for the second-consecutive meet.

Cassandra Roper, R-Jr., Indiana State (Indianapolis, Ind.)
Cassandra Roper put on a show in the field for the Sycamores, winning both the shot put and weight throw. In the shot put, Roper was able to pull away with a mark of 14.02m (46-00.00) and in the weight throw she posted a new personal-best distance of 18.77m (61-07.00), which moves her into ninth all-time in school history. Roper owns the second-best spot in the Valley in the shot put from her 14.18m (46-06.25) performance at the EIU Early Bird. Her new mark in the weight throw is also second in the MVC and tied for 40th nationally.

Brittany McPike, Sr., Missouri State (Wright City, Mo.)
McPike recorded a new personal record in the weight throw, tossing a 17.24-meter mark earning first place at the Arkansas Invitational. McPike's throw ranks ninth in the Missouri Valley Conference and sits in the top-10 in MSU program history. She also recorded a sixth-place finish in the shot put (12.12m).

Lauren Beauchamp, Fr., UNI (St. Charles, Missouri)
Freshman Lauren Beauchamp earned her first collegiate win, after winning the pole vault (11-05.75) at the Panther Open. Beauchamp's mark at Saturday's Panther Open ranks sixth in the MVC for the pole vault this season.

► Athletes of the Week

Men's Track

DATE	NAME	SCHOOL
D5	Jaylan McConico	Illinois State
J16	Jaylan McConico	Illinois State

Men's Field

DATE	NAME	SCHOOL
D5	Jared Kern	Southern Illinois
J16	Isaac Ingram	Southern Illinois

Women's Track

DATE	NAME	SCHOOL
D5	Shafiqua Maloney	Southern Illinois
J16	Taylor Austin	Indiana State

Women's Field

DATE	NAME	SCHOOL
D5	Kezia Martin	Southern Illinois
J16	Alexis Roberson	Southern Illinois

MVC Track & Field Athletes of the Week are selected each week during the Indoor Track & Field season. The athletes are announced on Tuesday afternoon and appear in a weekly press release. Nominees are provided by each school's sports information contact and voted on by a panel appointed by the league office.

► Scholar-Athlete of the Week

Male Scholar-Athlete

DATE	NAME	SCHOOL
D13	Derrius Rodgers	Illinois State

To qualify for Missouri Valley Conference Scholar-Athlete of the Week laurels, student-athletes must carry a cumulative grade-point average of 3.20, completed at least one academic year at a Valley institution and must be at least a sophomore in academic standing.

► Valley Information



February 24-25, 2018
Cedar Falls, Iowa
Hosted by UNI