

MOUNTAIN EAST CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

SUNDAY, FEBRUARY 23/MONDAY, FEBRUARY 24, 2025

JEFF SMALL TRACK AT CHRIS CLINE ATHLETIC COMPLEX, MARSHALL UNIVERSITY, HUNTINGTON

SUNDAY, FEBRUARY 23

PRELIMINARY/ADMINISTRATIVE

11-11:45am Implement check-in (Combined event shots only)
11:45am Coaches meeting
12-1:30pm Implement check-in (Open event shots)

PENTATHLON (tentative times after the start)

12:00pm Women's Pentathlon 60 Meter Hurdles
12:45pm Women's Pentathlon High Jump
3:30pm Women's Pentathlon Shot Put
4:30pm Women's Pentathlon Long Jump
6:20pm Women's Pentathlon 800 Meters

HEPTATHLON (tentative times after the start)

12:15pm Men's Heptathlon 60 Meters
12:55pm Men's Heptathlon Long Jump
2:20pm Men's Heptathlon Shot Put
3:15pm Men's Heptathlon High Jump

FIELD EVENTS

12:30pm Men's Pole Vault Final
2:30pm Men's Long Jump Final
3:30pm Women's Pole Vault Final
5:00pm Men's Shot Put Final
6:30pm Women's Long Jump Final
7:00pm Women's Shot Put Final

RUNNING EVENTS

5:45pm Men's 60 Meter Hurdles Prelims
6:00pm Women's 60 Meter Hurdles Prelims
6:40pm Men's 400 Meters Prelims
7:05p.m. Women's 400 Meters Prelims
7:30pm Men's 60 Meters Prelims
7:45pm Women's 60 Meters Prelims
8:00pm Men's 5,000 Meters Final
8:20pm Men's 200 Meters Prelims
8:40pm Women's 5,000 Meters Final
9:00pm Women's 200 Meters Prelims
9:20pm Men's Distance Medley Relay Final
9:40pm Women's Distance Medley Relay Final

MONDAY, FEBRUARY 24

PRELIMINARY/ADMINISTRATIVE

10:45am Coaches meeting
11a-12p Implement check-in (Weight throws)

HEPTATHLON (tentative times after the start)

11:00am Men's Heptathlon 60 Meter Hurdles
11:45am Men's Heptathlon Pole Vault
4:00pm Men's Heptathlon 1,000 Meters

FIELD EVENTS

12:00pm Men's High Jump Final
12:30pm Women's Triple Jump Final
1:15pm Men's Weight Throw Final
2:00pm Women's High Jump Final
2:30pm Men's Triple Jump Final
3:15pm Women's Weight Throw Final

RUNNING EVENTS

4:10pm Men's Mile Final
4:20pm Women's Mile Final
4:30pm Men's 60 Meters Final
4:35pm Women's 60 Meters Final
4:45pm Men's 400 Meters Final
4:55pm Women's 400 Meters Final
5:05pm Men's 800 Meters Final
5:20pm Women's 800 Meters Final
5:40pm Men's 60 Meter Hurdles Final
5:45pm Women's 60 Meter Hurdles Final
5:55pm Men's 200 Meter Final
6:05pm Women's 200 Meter Final
6:15pm Men's 3,000 Meter Final
6:40pm Women's 3,000 Meter Final
7:00pm Men's 4x400 Meter Relay Final
7:15pm Women's 4x400 Meter Relay Final
7:30pm Awards