COLORADO SCHOOL OF MINES
WRESTLING: Winter Camp
January 3-4, 2020

Wrestling camps held at Colorado School of Mines provide a fun and exciting learning environment for participants of all ages. Campers have the opportunity to learn more about their sport, improve and build upon their skills and receive guidance and instruction from Mines coaches and student-athletes.

Day Camp
January 3rd and 4th 2020
Half Day 9:00 AM-12:00 PM
Steinhauer Fieldhouse (13th and Illinois, Golden, CO)

Grades 1-12 | Novice & Advanced | Boys & Girls
Cost: $80 per wrestler

*Small groups divided by age and experience
*Skill development, entry level and advanced technique

Schedule
9:00 AM – Check In
9:15 AM – Warmup
9:30 AM – Wrestling Technique
10:30 AM – Snack/Water Break
10:40 AM – Wrestling Technique
11:40 AM – Games
12:00 PM – Check Out

Registration Deadline: 12.25.19 @ Minesathletics.com/camps
Questions: adevoe@mines.edu | 303.273.3374

Facebook.com/mineswrestling
Twitter.com/mineswrestling