**Mike Fanelli Track Classic**

Updated 01/28/19

**HOST**
San Francisco State University

**VENUE**
Chabot College, Hayward

*Note: due to damage at SF State’s Cox Stadium track, the meet will be held at Chabot in ’19*

**DATES**
Friday, March 22\(^\text{nd}\), 2019 – Entry Deadline
Tuesday, March 26\(^\text{th}\), 2019 – Meet Program posted
Thursday, March 28\(^\text{th}\), 2019 (Steeple, 10K; Javelin, Discus)
Friday, March 29\(^\text{th}\), 2019 (1500, 5K; Sprints, Hurdles, Relays; Hammer, SP, HJ, PV, TJ)
Saturday, March 30\(^\text{th}\), 2019 (800m, 1mi, 2mi, DMR; LJ)

**MEET DIRECTOR**
Tom Lyons, mtnlyons@sbcglobal.net

**MEET NOTES**
After 11 years as the San Francisco State Distance Carnival, we are pleased to announce that we have expanded the meet to three days and renamed it the Mike Fanelli Track Classic in honor of Mike: track and field guru, coach, historian, and SF State 10K school record holder. Thanks to Kyle Robinson for helping us stage our meet at Chabot College once again.

The meet has evolved into a great option for distance runners to set fast times at a fantastic venue under ideal weather conditions and loaded fields. We have athletes and teams from around the country and beyond who have become part of this growing meet since it began in 2008. We expanded the meet to two days and a full slate of events in 2014. To take advantage of Chabot’s lights, we’ve moved the distance races to cooler temps and now
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have a three-day meet to stage the 24 hours of track and field events! We expect large fields once again this year, but we have entry standards to keep the fields manageable. Event times will be posted when entries and the number of heats are finalized.

ENTRY NOTES
For most events, we have set time/distance standards to insure that we will complete all events in the planned timeframe. If an athlete does not make a distance standard, consider the 1mi or 2mi on Saturday. It is critical that coaches/athletes pay close attention to the time standards, especially in the 10K where lap counting is important.

For all field events, we have limited the number of entries to be able to complete the events in our planned timeframe. Only prior established marks will be accepted. Priority will go to NCAA DII athletes.

Entries submitted are not guaranteed acceptance into the meet.

The Masters Mile Race is open to men and women who are 40 years old or older on the day of the race. Entries for this event only should be sent directly to mtnlyons@sbcglobal.net with name, age, and club affiliation. There is no entry fee for the Masters Mile, but as in past years, we will accept donations to the Mike Fanelli Scholarship Fund which supports the Track/XC programs at SF State.

CHECK-IN AREA
• Coaches for 2-year and 4-year college teams as well as unattached athletes pay the entry fee at the registration table next to the clerk check-in area at the track.
• Teams and unattached athletes will receive a personalized participant bib for this meet after payment is received. This bib is required when checking in at the event (field) and checking in at the clerk for hip numbers (track). All athletes must have the bib with their name on it to check in and compete. Track athletes must wear their bibs and hip numbers in the track events. Field event athletes only wear bibs, no hip numbers.

IMPLEMENT WEIGHTS AND MEASUREMENTS
Throwing implements will be inspected for weights and measures in the building near the check-in area at least one hour before the event.

ATHLETE AREA
There is plenty of space for team tents, but we’d prefer that they be set up at the top of the stands so that they do not block the view of spectators. No team tents in front of the press box or near the finish line. Please stay clear of grass at the finish line area at all times.

TRAINER
We will have trainers on site near the check-in area.

ADMISSION
There is no admission charge to the venue for spectators.

MERCHANDISE
We plan to sell the first ever Mike Fanelli Track Classic t-shirts designed by Andy DiConti this year.
SCHEDULE OF EVENTS
• In the throws and horizontal jumps all competitors will be given four attempts. There will be no finals.
• Field event athletes must check in at the event. Please check in 45 minutes prior to the start time listed or immediately upon completion of the previous event in the rolling schedule.
• Track events will be timed finals with heats seeded by entry marks submitted.
• Track event athletes will need to get hip numbers from the clerk 30 minutes before their event.
• We plan to have chip timing in the 10K. Please arrive at the start line with time to put the chips on your shoes and remember to return them after your race. These will be distributed/collected at the start/finish line.

THURSDAY TRACK ORDER OF EVENTS (with Qualifying Standards):
Event start times will be determined and posted once entries close and the meet program is published.
Based on 2018 entries, we expect track events to start around 5:00pm and end around 11:00pm on this day.
In the 10K, the order will be sorted to run fastest heats in best conditions under the lights.
See final schedule when posted.

W 3000m Steeplechase (12:15)
M 3000m Steeplechase (10:15)
W 10000m (39:00, or 18:45 for 5K)
M 10000m (33:00 or 15:45 for 5K)

THURSDAY FIELD EVENTS (with Qualifying Standards):
Event start times will be determined and posted once entries close and the meet program is published.
We will follow a rolling schedule as noted below (Both Throws expected to start in early afternoon):

TBD  Men’s Discus (35m) followed by Women’s Discus (30m)
TBD  Women’s Javelin (30m) followed by Men’s Javelin (35m)

Notes:
• Men’s Discus and Women’s Javelin will start at approximately the same time.

FRIDAY TRACK ORDER OF EVENTS (with Qualifying Standards):
Event start times will be determined and posted once entries close and the meet program is published.
Based on 2018 entries, we expect track events to start around 10:30am and end around 11:00pm on this day.
In the 5K, the order will be sorted to run fastest heats in best conditions under the lights.
See final schedule when posted.

W 100mH (17.0)
M 110mH (17.0)
W 4x100m
M 4x100m
W 400m (65.0)
M 400m (57.0)
W 100m (13.5)
M 100m (12.0)
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W 400mH (70.0)
M 400mH (60.0)
W 4x400m
M 4x400m
W 1500m (5:25)
M 1500m (4:10)
W 5000m (19:00)
M 5000m (16:00)

FRIDAY FIELD EVENTS (with Qualifying Standards):
Event start times will be determined and posted once entries close and the meet program is published.
We will follow a rolling schedule as noted below (Throws and Vertical Jumps will start before noon):

TBD Women’s Shot Put (11.00m) followed by Men’s Shot Put (12.00m)
TBD Men’s Hammer (35.00m) followed by Women’s Hammer (30.00m)
TBD Men’s High Jump (1.69m) followed by Women’s High Jump (1.38m)
TBD Women’s Pole Vault (2.90m) followed by Men’s Pole Vault (3.90m)
After PV… [Runway #1] Women’s Triple Jump (10.00m) and [Runway #2] Men’s Triple Jump (13.00m)

Notes:
• SP and Hammer will start at approximately the same time.
• HJ and PV will start at approximately the same time.
• TJ will start after PV. Both TJ’s will go at same time in different pits.
• High Jump area is located at the north end of the field inside the stadium.
• Pole Vault and horizontal jumps are located south of the track outside the stadium.
• Horizontal runway #2 has wooden take off boards; Horizontal runway #1 does not.
• Horizontal runway #2: Men’s TJ (38’ board)
• Horizontal runway #1: Women’s TJ

SATURDAY TRACK (with Qualifying Standards):
Event start times will be determined and posted once entries close and the meet program is published.
Based on 2018 entries, we expect track events to start around 9:00am and end around 2:00pm on this day.

W 2mi
M 2mi
W 800m (2:30)
M 800m (2:10)
W 1mi
M 1mi
Coed Master’s 40+ 1mi
W Distance Medley Relay (1200m-400m-800m-1600m)
M Distance Medley Relay (1200m-400m-800m-1600m)

SATURDAY FIELD (Entry Standards):
Event start times will be determined and posted once entries close and the meet program is published.
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We will follow a rolling schedule as noted below:

TBD  [Runway #2] Women’s Long Jump (4.80m) followed by Men’s Long Jump (6.30m)

Notes:
- Horizontal runway #2 has wooden take off boards; Horizontal runway #1 does not.
- Men’s LJ will be once Women’s LJ has completed. Both on runway #2.

LIVE STATS
http://redcaptiming.com

ENTRIES
All entries must be submitted through the DirectAthletics web site at
https://www.directathletics.com/meets/track/58946.html

Note – Masters Mile entries should be sent directly to mtnlyons@sbcglobal.net with name, age, and club affiliation.

ENTRY FEES
$20/entrant competing unattached.
$35/entrant competing for a collegiate team (2-yr and 4-yr).
For teams, the entry fee is capped at $400 per gender (12 or more entries).
Entry fees are determined based on the number of entries at the deadline (regardless of subsequent scratches).
Entry fees must be paid on the day of the meet. Please make checks payable to “Big Rock Sports.”

Note - There is no entry fee for the Masters Mile, but as in past years, we will accept donations to the Mike Fanelli Scholarship Fund, which supports the Track/XC programs at SF State.

DEADLINE
Entries must be received by 11:59 p.m. on Friday, March 22nd. Please finalize entry status by the deadline on DirectAthletics. Entries will be listed on the meet website (https://www.mikefanellitrackclassic.com) by Tuesday, March 26th.

Thank you to these folks (and many others) who have made this meet what it has become:
Craig Wilson, Red Cap Timing
Bill Corbett, Red Cap Timing
Chuck Buettner, Starter
John Busto, Starter
Irene Hermann, Referee and Clerk
Susie Van Buskirk, Clerk
Bruce Colman, Official
Margaret Sheehan, Official
Jim Garrissere, Check-in
Susan Sabin, Check-in
Nate Beach, Announcer
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Harjit Randhawa, Announcer
Jamil Sheared, Meet Management
Bryce Schussel, Head Trainer
David Urista, Meet Management
Sam Ahlbeck, Meet Management
Lea Rocha, Clerk
Logan Smith, Finish Line
Anna Lee McGregor, Volunteer

March 28-30, 2019