IMPORTANT INFORMATION AND DEADLINES

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, February 11, 2019</td>
<td>8:00 a.m., PST</td>
<td>Entries OPEN on Direct Athletics (<a href="http://www.directathletics.com">www.directathletics.com</a>)</td>
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<tr>
<td>Friday, March 15</td>
<td>12:00 p.m., PST</td>
<td>Entry Deadline</td>
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<tr>
<td>Monday, March 18</td>
<td>12:00 p.m., PST</td>
<td>Late Entry Deadline</td>
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<tr>
<td>Wednesday, March 20</td>
<td>5:00 p.m., PST</td>
<td>Accepted Entries Posted/Scratch Window Opens</td>
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<tr>
<td>Friday, March 22</td>
<td>5:00 p.m., PST</td>
<td>Scratch Window Closes</td>
</tr>
<tr>
<td>Wednesday, March 27</td>
<td>5:00 p.m., PST</td>
<td>Heat Sheets Posted (<a href="http://www.recordtiming.com">www.recordtiming.com</a>)</td>
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</tbody>
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MEET DIRECTOR: All meet-related communication should be directed to Assistant Athletics Director Jessica Riden (jriden@stanford.edu).

INITIAL ENTRIES: **ALL ENTRIES** should be completed on [www.directathletics.com](http://www.directathletics.com). **ALL ENTRIES are DUE BY FRIDAY, MARCH 15, 2019 @ 12:00 P.M., PST.** ALL ENTRIES WILL BE CONSIDERED FINAL AT THE CLOSE OF ENTRIES - THERE WILL BE NO OPPORTUNITY TO UPDATE PERFORMANCES AFTER THE ENTRY DEADLINE. **NOTE:** Meet management will make every effort to accommodate as many athletes as possible up to advertised field size, however, entries are NOT GUARANTEED.

LATE ENTRIES: Late entries will be accepted on a case-by-case basis up until MONDAY, MARCH 18 @ 12:00 p.m., PDT. Teams who miss the initial entry deadline will only be able to register during the late window with the approval of the meet director (jriden@stanford.edu).

ENTRY GUIDELINES: **ALL ENTRIES WILL BE THOROUGHLY RESEARCHED AND ARE AT THE DISCRETION OF MEET MANAGEMENT.** Where available, TFRRS marks (from the last two years) will be used to determine accepted entries. Entries will be evaluated according to the data available – speculative marks will not be considered. For example, if an athlete has never run a 10K, we will take performances in other events into consideration (5K from previous indoor season, NCAA Cross Country finish, etc.).

ACCEPTED ENTRIES: A list of **ACCEPTED ENTRIES** will be posted on [www.recordtiming.com](http://www.recordtiming.com) by 5:00 p.m., PST, on Wednesday, March 20, 2019.

SCRATCHES: THE SCRATCH WINDOW WILL OPEN ON WEDNESDAY, MARCH 20, 2019. For seeding purposes, Meet Managements asks that coaches make all **SCRATCHES** via [www.directathletics.com](http://www.directathletics.com) during the declaration window. **If no action is taken, meet management will assume that they will be competing in the events that they have qualified in. If you have no scratches, no additional action is necessary.**
ENTRY FEE STRUCTURE

ENTRY FEES:  
**INDIVIDUAL ENTRIES** - $35 PER ATHLETE ENTERED; $35 PER RELAY; **TEAM ENTRY**: $500 PER TEAM (14 ATHLETES OR MORE); **Collegiate teams will be charged** PER ATHLETE ENTERED, not PER ATHLETE ACCEPTED. There will be NO REFUNDS issued for athletes who are not accepted into the competition.

LATE ENTRIES:  
ALL **LATE ENTRIES** WILL BE SUBJECT TO A **LATE ENTRY FEE** AS FOLLOWS: **INDIVIDUAL ENTRIES** - $50 PER ATHLETE ENTERED; $50 PER RELAY; **TEAM ENTRY**: $700 PER TEAM (14 ATHLETES OR MORE)

ONLINE PAYMENT:  
**ONLINE ENTRY FEE PAYMENT IS NOW REQUIRED.** If your institution cannot accommodate online payment, please contact iriden@stanford.edu to discuss alternative payment methods. **NOTE:** Online entries lock once payment has been made; please make all changes before processing payment.

INITIAL MEET PROCEDURES

COMMUNICATION:  
**ALL MEET-RELATED COMMUNICATION WILL BE VIA EMAIL TO THE ADDRESS ASSOCIATED WITH YOUR DIRECTATHLETICS ACCOUNT.** Please ensure your Direct Athletics profile reflects an email address of a current staff member. **FINAL meet procedures and LAST MINUTE NOTES will be emailed to competing teams the week of competition.**

PRACTICE:  
**SUBJECT TO CHANGE** **Cobb Track and Angell Field will be open to competing teams from 1:00-7:00 p.m., on Thursday, March 28. Please note the following event-specific windows – Javelin: 1:00-4:00; Discus: 4:00-7:00 p.m.**

WEIGHT ROOM:  
Weight room access may be requested by APPOINTMENT ONLY. Interested teams should contact Assistant Sports Performance Coach Thomas Gesser (tgesser@stanford.edu).

LOCKER ROOMS:  
There are no dressing rooms or shower facilities at Cobb Track and Angell Field. Meet management encourages all teams to make use of the facilities available at their hotel.

SPIKES:  
1/4-inch pyramid spikes are required for all events.; High jump and javelin may utilize 3/8 spikes.

POLE VAULT POLES:  
All questions regarding pole shipping/storage should be directed to Associate Head Coach Michael Eskind (meskind@stanford.edu).

MEET MEDICAL:  
Stanford Sports Medicine will have a training area that will be open one hour before the start of the first race on both days of competition, Friday, March 29 and Saturday, March 30. Please contact Hannah Clark (hmclark@stanford.edu) or Josh Freeman (freeman8@stanford.edu) for any medical or training room questions. If a Certified Athletic Trainer will not be traveling with your team, please make arrangements any medical needs prior to your team’s arrival.