Youth Sports Camp Purpose and Philosophy
At Mines Youth Sports Camp we help develop confident, happy, well-rounded children through age and ability appropriate sports and activities. We believe in creating a positive learning environment. This environment allows children of various ages and abilities to learn, grow, and develop. Mines Youth Sports Camp is based on the idea of RESPECT. We respect ourselves, each other and our resources (campus facilities, equipment, etc.). We promote good sportsmanship whether we are winning or losing. We encourage children to have an active lifestyle and make healthy choices. We strive for “Excellence in Everything” we do.

Camp Staff
Rob Thompson – rthomps@mines.edu Office: 303.273.3907
Assistant Athletic Director\Director Recreational Sports\Director Youth Sports Camp

Maria Jelinek – Manager Youth Sports Camp

Mike Raabe – Assistant Manager Youth Sports Camp

Athletic Trainers – The Youth Sports Camp hires the Colorado School of Mines Athletic Department training staff to oversee any medications, injuries or illnesses during camp. All of our training staff are certified athletic trainers.

Coaches\Counselors – We hire and train Mines undergraduate and graduate students to lead our campers. Many of our coaches are student athlete’s and\or work for the Recreational Sports Department at Mines. We also employ local teachers and community members.

Generic Youth Sports Camp Daily Schedule (subject to change)
- 8:30 AM – 9:00 AM Check In/Free Play
- 9:00 AM – 9:30 AM Ice Breaker/Warm-Up Session
- 9:35 AM – 10:25 AM Broomball
- 10:30 AM – 11:20 AM Capture the Flag
- 11:20 AM – 11:25 AM Restroom Break/Wash Hands
- 11:30 AM – 12:20 PM Lunch in Mines Market Cafeteria
- 12:35 PM – 2:00 PM Movie
- 2:00 PM – 2:15 PM Snack
- 2:20 PM – 3:10 PM Soccer
- 3:15 PM – 4:05 PM Dodgeball
- 4:15 PM – 4:30 PM Relays & Competitions
- 4:30 PM – 5:00 PM Camp Pick-Up/Free Play

Camper Drop Off and Pick Up
Camper safety is our #1 priority. As a result, we will be asking whoever is picking up a child to show a photo ID. We will only release a child to a person who is listed as a pre-authorized parent or guardian. All parents need to sign their child in AND out each day! If someone other than the person who is listed on your registration is going to pick up a child we need to know about it ahead of time. This includes grandparents, co-workers, neighbors and anyone else who is not listed on that child’s registration. If
there is a day of modification, parents will need to indicate who the person is that will be picking up their child on the check-in sheet in the morning. This method should only be used for emergency changes due to extenuating circumstances. If someone comes to pick up a child and that person is not on the approved list the primary parent/guardian will be called to verify that it is ok to release the child to said person. One coach from each team will be in charge of check-in and checkout. See Appendix A.

These precautions for releasing campers are to insure the safety of the children and are not meant to cause an intentional inconvenience for parents. We very much appreciate your understanding and cooperation with our procedures on camper drop off and pick-up.

Pick up and drop off for camp is on the east side of Steinhauer Fieldhouse - http://www.csmorediggers.com/Facilities/Steinhauer_Fieldhouse. Campers will not be permitted to leave camp from any other location.

Parking can be a challenge when picking up and dropping off campers. Here is a map to help the process:

Areas that are highlighted green are the ideal drop off and pick up parking locations, yellow is a good alternative and the red highlighted areas should be avoided. Please use extreme caution when traveling near the Fieldhouse for the safety of everyone involved.

Late Drop Off & Early Pick-Up
Regular drop off is from 8:30 am - 9 am. We do not allow campers to be dropped off prior to 8:30 am. Regular camper pick up is from 4:30 pm – 5 pm. Camp is officially over at 5 pm. We cannot accommodate late pick-ups.

If you need to pick up your camper outside of the times mentioned above you must note it on the sign in/out documentation and tell your campers coach. We will do our best to have your camper at the fieldhouse at the designated time.

If a child has not been picked up by 5 pm every effort will be made to contact the parent or guardian and any other authorized pick up contacts via telephone. If parents or pick up contacts cannot be reached and no pickup is made after thirty minutes past the closing of camp, the directors may notify social services. A camp director will stay on the premises until all campers have been accounted for and have been picked up in an appropriate fashion. If a child is not picked up in a timely manner twice, the Director reserves the right to expel that child from camp and there will be no refund given.
Please do not forget to notify us when you are planning to drop off your child late or pick them up early. Unplanned schedule changes put undue stress on our resources and may result in you needing to wait for your child while we pull them from an activity.

**Pets**
At Youth Sports Camp we love our pets as much as anyone else; however, bringing your pet to camp at any point including pick up and drop off is prohibited. We have campers who have allergies as well as varying levels of comfort around pets. Please respect all of our campers, staff and parents by leaving your pets at home.

**What to Bring to Camp/Camper Valuables**
**Bring the following items:**
Water Bottle with Water – please make sure it has your child’s name on it
Appropriate clothing and footwear (All campers must have close toed rubber soled sneakers for sports activities).
Youth Sports Camp T-shirt – On the first morning of camp, your child will be issued a Mines Youth Sports Camp t-shirt. Please make sure your child is wearing that shirt each day when they arrive at camp and that the shirt is laundered as needed. Also, please do not modify the Mines Youth Sports Camp t-shirt in any way, shape, or form.

**Do NOT bring the following items:**
Money
Sports Equipment (we will provide all necessary equipment)
Candy/Gum
Soda/Energy Drinks
Anything of value
Toys of any kind
Electronics – Phones, Video Games, IPods, Tablets

Youth Sports Camp is unplugged! This means your camper should not bring a phone, any type of video games or video\music player to camp. If a parent deems it necessary for their child to bring a phone to camp it must be secured throughout the entirety of the day by the camper (stowed in a backpack etc.). If a camper is found to be using any of these devices they will be confiscated and given to the parent at pick up that day.

**Lunch and Snack**
Campers eat lunch in Mines Market. This state of the art venue provides numerous options for our campers. Parents are welcome to join their child for lunch (applicable costs apply). Our coaches eat with the campers and encourage campers to choose healthy options. Campers will clean up after themselves and are strongly encouraged to drink water before having any other type of drink. Soda and other caffeinated beverages are prohibited. Mines Market does a pretty good job of labeling its food. If your camper has dietary restrictions please make sure to communicate this to the camp administration (if you didn’t already put it on their registration paperwork). We are willing to make accommodations to ensure campers with food allergies or special dietary restrictions consume a good lunch each day.
Each afternoon campers will be provided a snack. This typically includes the camper’s choice of ice cream, popsicle (for folks who prefer not to eat dairy) or a piece of fresh fruit.

**Camp Groups**
Children will be placed in set groups before the start of each week of camp. Each group will have multiple coaches (typically 3) who lead the campers from activity to activity for the entire week. Campers will be assigned a group based on their grade level for the upcoming fall. These groups are established by the Director. Please note that we do our best to accommodate requests for pairings that were submitted on the registration form however, they are not guarantees. We will not switch kids to different groups after we have done the pairings unless we see that there is a safety concern.

**Camper Illness/Accident/Injury**
In the case of illness campers will be removed from the activity and taken to a designated supervised area to rest. The parents/guardians will be notified so that arrangements can be made for the child to be picked up from camp.

If a child is injured at camp, first aid will be immediately administered. Parents/guardians will be notified in the event of an injury that requires immediate pick-up by the parent/guardian or transport by an emergency vehicle to the hospital. If deemed necessary, 911 emergency services will be called and responding personnel will assume all care upon arrival.

Injuries will be recorded on a specified injury report form and will be kept on file.

Personnel at Youth Sports Camp are CPR/First Aid certified and will respond appropriately to illness and/or injury. Emergency contact information provided by parents will be on-hand at camp and will be utilized as needed. Every effort will be made to provide appropriate care for our campers. Coaches are responsible for campers and will carry with them at all times all emergency information for each camper including dietary restrictions, known allergies and any other relevant medical history. They will also carry emergency medications (individually prescribed antihistamines\Epi Pen) to administer if emergency medical care is necessary.

If your child has a fever or is contagious, please do not send them to camp. If for any reason, your child is unable to fully participate in an entire day of camp activities (physical & mental challenges) please do not send them to camp.

The Youth Sports Camp staff continuously monitors camper safety however injuries occur and sometimes injuries are more obvious than others. Our certified athletic trainers and staff will do their best to evaluate injuries or illnesses as they are observed or reported to us however, we need your help as well. Please notify us if your camper has experienced an injury (including before or after camp if it will affect their ability to participate in camp activities). This is especially true with concussions as symptoms can show up hours or days after the injury. Here are the symptoms of concussions: Amnesia, Confusion, Headache, Loss of Consciousness, Balance Problems or Dizziness, Double or Fuzzy Vision, Sensitivity to Light, Nausea, Feeling Sluggish, Foggy, Groggy or Irritable, Concentration or Memory Problems.
If the above symptoms are present, a camper will be pulled from regular activities until the symptoms are no longer present. If a concussion is suspected, we will have the camper evaluated by our athletic trainer. After an evaluation has occurred if a concussion is still suspected we will contact the parents or guardian of the affected camper. If a concussion is suspected, we strongly encourage you to seek further medical attention by seeing your child’s primary care physician for additional evaluation and treatment.

**Medications at Camp**
If a child has medication that they need to take during camp or they have medication they need in case of an emergency or allergic reaction they should bring it to camp. Parents should provide the appropriate quantity and clear instructions on how to assist the child in the administration of this medication. Any medications should be brought in their original containers. This will help us identify what it is and who it’s for. There will be a document that will need to be completed when the medication is dropped off the first morning of camp. See Appendix B. We have certified athletic trainers at our camp. Their job is to assist in the management and administration of any medications.

**Dropping off and picking up of medications**
We are happy to hold on to medications each night (it is preferred). If you take medications home each night, please remember to bring them back each day and give them to their coach. Please remember to pick up all medications at the end of the week. We are not responsible for lost, stolen, or damaged items.

**Participation**
Campers are strongly encouraged but never forced to participate in our activities. We operate on the challenge by choice philosophy. The Youth Sports Camp is a sports camp and campers should come ready to be physically and mentally active for the duration of the day. We work hard to engage all campers regardless of their experience and attitude however we do not have the resources to independently supervise campers who choose not to participate or are unable to participate. If a camper is unable or unwilling to participate in normal Youth Sports Camp activities parents\/guardians will be contacted and it’s the expectation that their camper is picked up from camp in a timely fashion. If a camper is continuously unwilling or unable to participate in camp activities, the Youth Sports Camp staff reserves the right to suspend or dismiss the camper. No refund will be provided.

**Sunscreen**
Please apply sunscreen to your camper(s) before you drop them off at camp. It is not the responsibility of the Youth Sports Camp to make sure each camper has sunscreen on. Please do not apply sunscreen in the fieldhouse. We do our best to take care of our facility, especially the competition flooring.

**Camper Code of Conduct**
The Camper Code of Conduct exists to outline the expectations for the Youth Sport Camp as well as the rules that each camper will be asked to follow.

**The camp code of conduct is based on the idea of Respect:**
- Respect Yourself
- Respect Others
- Respect Resources
With that in mind campers should...

- Use equipment and facilities only as directed
- Let a camp counselor know as soon as something breaks so the counselor can fix it as soon as possible.
- Pick up any trash or other personal items before leaving an area
- Use proper table manners at lunch and during snack time
- Give 100% effort during camp activities
- Follow directions
- Come dressed appropriately; this includes taking proper precautions for the weather i.e. sunscreen, jackets, etc.
- Make healthy meal choices at lunch
- Arrive at camp on-time and be mentally and physically ready to participate
- Let a camp counselor know if a camper (including yourself) is injured during an activity
- Demonstrate good sportsmanship. Remember, sportsmanship includes playing by the rules and respecting decisions made by camp counselors
- Listen when fellow campers, camp counselors, and camp staff are speaking
- Refrain from name calling, hitting, biting, kicking, injuring or bothering other campers or camp counselors. Remember, no means no and stop means stop.
- Absolutely no bullying
- Be respectful of other people’s personal space, this includes fellow campers and camp counselors
- Stay away from all emergency equipment including, fire extinguishers, fire alarms and emergency phones etc. unless there is an emergency
- Stay away from equipment that is not relative to Youth Sports Camp. This includes athletic equipment that may be used by other groups and stored in the fieldhouse.
- Stay with your group. Do not leave your group\camp without a coach’s permission
- Keep an open mind and don’t discriminate against a fellow camper or coach for any reason
- Leave all sporting goods equipment, toys, weapons and technology at home. This includes but is not limited to, phones, iPods, video games, balls, tablets, knives, etc.

Discipline Policy
Youth Sports Camp uses the foundation of Love & Logic for its discipline structure. We encourage coaches to set limits, build positive and healthy relationships, and allow campers to own and process their behaviors. If a camper’s behavior is distracting or disrupting the learning environment, the following steps will occur: Campers will receive up to three warnings (depending on the severity of the situation) for disruptive behavior before being sent to one of the administrative staff in order to complete a refocus form and discuss their behavior. After completing the form, campers return to their groups. Repeated behavior may result in campers being asked to leave camp for one or more days. In this situation there will be no refund.

All campers will be required to abide by the rules and regulations for proper behavior as outlined by Youth Sports Camp. If a child exhibits inappropriate behavior, he/she will be spoken to by our staff in a constructive and clear way with appropriate explanation as to why their behavior is not in accordance with camp rules.
Instances of inappropriate behavior will be documented by the coaches/administrative staff. Excessive instances of inappropriate behavior may lead to a child’s suspension or dismissal. The Colorado School of Mines understands that every instance is different and we will act with fairness in mind.

The Youth Sport Camp participants will be reminded of our RESPECT rule when behavioral challenges arise.

**Blaster Rewards**

At Youth Sports Camp we want to foster a positive culture and learning environment. As a result, coaches will be supporting camper’s positive behavior by implementing our Blasters reward program. The Blaster Rewards Program will be based off of our Respect Rule. Any time a camper shows exceptional respect towards others, the camp resources, or themselves, they will receive a Blaster Reward.

**Providing Feedback Regarding Camp**

At Youth Sports Camp we are committed to providing the best camp program possible for your child. If you have any suggestions or constructive feedback you may contact the Director, Rob Thompson, rbthomps@mines.edu. We will be sending out surveys following each week of camp in an effort to collect your feedback.

**Reporting Child Abuse at Camp**

Youth Sports Camp staffs are mandatory reporters. This means that we are legally required to report suspected child abuse or neglect.

**Weather Policy**

The weather in Colorado can be unpredictable and ever-changing. It can be 90 degrees and sunny one minute and hailing the next. The Youth Sports Camp staff will try and adapt to the weather as best as possible however even when outdoor activities turn into indoor activities traveling in inclement weather is extremely likely. We will do our best to keep campers dry and out of inclement weather however, traveling to and from activities specifically, the cafeteria, is unavoidable and will happen regardless of the weather conditions. Please send your camper with a raincoat if there is a chance of precipitation.

**Lightning Policy**

*The current recommendation of the National Severe Storms Laboratory (NSSL) is to consider terminating play when the lightning is ten miles away (flash-to-bang time of 30 seconds or less). As a minimum, NSSL staff strongly recommends that by the time the flash-to-bang count is 30 seconds, all individuals should have left the field and reached a safe structure or location. The existence of blue sky and the absence of rain are not protection from lightning. Lightning can, and does, strike as far as 10 miles away from rain. It does not have to be raining for lightning to strike. The flash-to-bang method is the easiest and most convenient way to estimate how far away lightning is occurring. Thunder always accompanies lightning, even though its audible range can be diminished because of background noise in the immediate environment and its distance to the observer. To use the flash-to-bang method, count the seconds from the time the lightning is sighted to when the clap of thunder is heard. Divide this number by five to obtain how many miles away the lightning is occurring.*
When considering resumption of a game, NSSL staff recommends that everyone ideally should wait at least 30 minutes after the last flash of lightning or sound of thunder before returning to the field. If available, electronic detection devices should be used as additional tools to determine the severity of the weather.

Information taken from the NCAA Sports Medicine Handbook and NCAA Championships Severe Weather Policy, NCAA Playing Rules for Soccer

The Director will work with the other members of the leadership team to determine when to suspend activities and when to resume activities. The above information will act as a guideline for making these decisions.

Fire, Natural Disaster and Evacuation Policy

In the case of a natural disaster camp staff will notify police. Parents/guardians will also be notified. In the case of an evacuation of a building because of a fire, fire drill, or for any other reason, all groups will immediately exit the building by the nearest marked exit.

In the event of a tornado siren or warning all campers and staff will report to the nearest secure location and attendance will be taken there by group leaders. Campers and staff will remain in the secure location until police or authorities have issued an all clear signal.

If the situation deems that camp be closed all groups will move to a specified location and parents will be contacted to pick-up their children. Care and supervision will be provided by the staff until all campers are released to an authorized pickup person.

Camp Care and Maintenance

Youth Sports Camps are fortunate to have access to great facilities. It is imperative we remember that we are guests in these locations and that we take care of the facilities. All staff and campers are responsible for the cleanliness of the buildings and grounds. We are also responsible for the care of every piece of equipment we use.

The Fieldhouse rules are as follows:

- Pick up all equipment, trash or other remnants after your group. Leave the Fieldhouse clean!
- Food & Drink
  - No Food
  - No drinks
    - Water is allowed in closed containers only
  - No chewing gum
  - No tobacco
  - No sunflower seeds
- Footwear
  - No cleats
  - No dirty/muddy/shoes

Youth Sports Camp Specific Rules:
- All above fieldhouse rules apply
• Do not use any of the track & field, baseball, or softball equipment during youth sports camp.
• This includes students jumping/playing on the track & field or wrestling mats.

Lost & Found
Youth Sports Camp will have a designated lost and found area. All items will be disposed of two weeks after the last day of camp. This applies to each week of camp; items will not be held until the end of summer.

Tuition and Fees
Tuition is $330 per week. This price includes a Youth Sports Camp t-shirt, daily lunch, snack, use of all sporting equipment, facilities, highly qualified and well-trained staff and an on-site certified athletic trainer.

Refund Policy
Any registration cancellations must be made a minimum of three weeks prior to the first day of any registered week for a 50% refund. Any cancellations after that date are non-refundable. Medical emergencies with written physician documentation are subject to refund. Daily refunds are not provided. Requests for transferring weeks will be granted based on availability and timeliness.

Discontinuation of Camper’s Enrollment
A parent or guardian who chooses to withdraw their child from Youth Sports Camp is required to do so in writing to the camp director (rbthomps@mines.edu). All applicable refund policies will be in effect.

Birthday Celebrations
Many campers experience a birthday during camp. We understand that it’s common for folks to bring snacks or some type of treat to a child’s classroom on or near a child’s birthday. However, we do not allow these types of celebrations at camp. We have too many kids with various allergies and depending on the timing of the event it can take away from planned camp activities. Additionally, we don’t allow food in the Fieldhouse. Having said that, we encourage you to tell your child’s camp counselor when it’s your child’s birthday. We are happy to help celebrate by singing happy birthday to them, giving them additional group responsibilities like asking them to be a team captain for a sport, letting them be the first person in their group to enter the cafeteria etc.
Forms
The forms on the following pages do not need to be completed by everyone they are only to be completed as needed. The Authorization for Pickup Form (Appendix A) should be utilized if you need to add additional folks to the list of people who are authorized to pick up your child from Youth Sports Camp. Please fill out a form for each child at camp. We collected this information at the time of registration; however if you need to update said info. please complete this form and bring it the first day of camp.

The Medical Form (Appendix B) is to be completed only if you are planning to drop off medications with your child. If your child needs prescription or potentially emergency medications at camp please bring them in their original packaging on the first day of camp with the Medical Form completed. During drop off you should check in and drop off this form and any medications with our athletic trainer.
Authorization for Pickup Form (Appendix A)

Youth Sport Camp
Colorado School of Mines

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Alternative people authorized to pick up the above listed child:

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I certify that the above listed individuals have my permission to pick up my child(ren) from the Colorado School of Mines Youth Sports Camp. Mines Youth Sports Camp staff will not release your child to anyone who you have not included on this Authorization for Pickup Form. Your child will only be released to the person named on this form after verifying the person with their picture I.D.

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Please Print

Name
Signature
Medical Form (Appendix B)

PARTICIPANT MEDICATION SCHEDULE AND INSTRUCTIONS

ALL MEDICATION MUST BE IN THE ORIGINAL CONTAINER

Child's Name________________________________ Parent's Name(s)________________________________

Date__________________ Phone #1__________________ Phone #2__________________

Name of Medication and Purpose______________________________________________________________

Dosage Time(s) and Amount:_______________________________________________________________

Special Instructions:__________________________________________________________________

Name of Medication and Purpose______________________________________________________________

Dosage Time(s) and Amount:_______________________________________________________________

Special Instructions:__________________________________________________________________

I give the Youth Sports Camp Staff permission to administer the above medication to my child at the
times and date indicated.

______________________________________________________________________________________

Parent Signature Date

Youth Sports Camp Staff, please record time given with your initials below:

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