Register Online at: minesathletics.com/camps

Mines Wrestling Camps help youth and high school wrestlers become champions on and off the mat. Campers will learn from inspiring college athletes and experienced college coaches.

Day Camp I participants will be divided into 3 groups: Youth, Middle School, and High School. Youths’ will learn entry level wrestling skills with attention to detail. Middle school campers will learn a combination of entry level and advanced wrestling skills. High school participants will be trained at an elite level similar to our collegiate athletes. Full-day campers will be provided lunch, participate in outdoor activities and a swimming session at the Mines Recreation Center.

The Overnight Camp is designed for experienced wrestlers and college prospects to improve their technical skill set. Focus will be on learning technique that can be utilized at the collegiate level. Prospects are encouraged to contact Coach Tyson Reiner in advance for a private campus tour prior to check-in.

Day Camp II is designed for youth wrestlers to have a positive experience in a closely supervised environment. We cater to the needs of both novice and advanced wrestlers with varying degrees of attention span through individual and group instruction. Lunch will be provided, along with outdoor activities and swimming at the Mines recreation center each afternoon.

The Wrestling League/Team Camp is held every Thursday night in June. Participants may attend as an individual or coaches can bring their entire team. Wrestlers will compete in live matches after a warmup and technique session led by current Mines Wrestlers. Walk-in registration is also available for individual league sessions.