

MWC Women's Cross Country

CO-PERFORMER OF THE WEEK

Sam Martinez - Cornell College
Junior - Bowie, Texas

Martinez captured her first collegiate cross country title at the season-opening Mustang Gallop Aug. 29 in Cedar Rapids. She topped the 68-woman field with a winning 4K time of 14:26 and was among only two competitors to break 15 minutes in the seven-team meet. Martinez led the Rams to the team title with 48 points.



CO-PERFORMER OF THE WEEK

Lisa Baeten - St. Norbert College
Freshmen - Luxemburg, Wis.

St. Norbert College freshman Lisa Baeten cruised to a 35-second victory and led the Green Knights to the team title of the 40th Annual Tom Barry Invitational at Colburn Park. Baeten covered the 5-kilometer course in 18 minutes 42 seconds in her first collegiate race, a mile pace of 6:01. Baeten's victory helped the SNC women handily win the team title with a tidy sum of 30 points.



RESULTS

Friday Aug. 29

Cornell at Mount Mercey Mustang Gallop	1st of 7
Monmouth at Illinois Wesleyan University Opener	3rd of 5
Knox at Illinois Wesleyan University Opener	5th of 5
Beloit at Rock Cut Early Bird	1st of 2

Saturday Aug. 30

Illinois College at Principia	2nd of 2
Lake Forest at Tom Barry Invitational	6th of 10
St. Norbert at Tom Barry Invitational	1st of 10
Carroll at Tom Barry Invitational	4th of 10
Ripon at Tom Barry Invitational	7th of 10
Lawrence at Tom Barry Invitational	3rd of 10

UPCOMING SCHEDULE

Friday Sept. 5

St. Norbert at Aurora Invitational	3:00 p.m.
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Saturday Sept. 6

Grinnell at Central College Invitational	TBA
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HONOR ROLL

Name	School	Time	Date	Event
Schrobilgen	LU	20:02.80	8/30	Tom Barry Invite
Bruning	LU	20:37.50	8/30	Tom Barry Invite
Konkol	CU	20:50.40	8/30	Tom Barry Invite
Landes	LU	20:57.40	8/30	Tom Barry Invite
Hutchings	LU	21:07.50	8/30	Tom Barry Invite
Karlsson	LU	21:09.50	8/30	Tom Barry Invite
Swietilk	CU	21:13.50	8/30	Tom Barry Invite
Simon	CU	21:15.00	8/30	Tom Barry Invite
Kinzer	LU	21:26.30	8/30	Tom Barry Invite
Huck	LU	21:34.50	8/30	Tom Barry Invite
Messner	CU	21:47.60	8/30	Tom Barry Invite
Marrow	CU	22:00.30	8/30	Tom Barry Invite
Maresca	CU	22:01.90	8/30	Tom Barry Invite
Kilgus	LU	22:03.00	8/30	Tom Barry Invite
Menegon	CU	22:11.10	8/30	Tom Barry Invite
Limberg	CU	22:49.80	8/30	Tom Barry Invite
Jansen	CU	22:55.80	8/30	Tom Barry Invite
Miles	LU	22:58.70	8/30	Tom Barry Invite
Ballard	CU	23:32.10	8/30	Tom Barry Invite
Crocetti	CU	23:47.30	8/30	Tom Barry Invite
Vogel	LU	23:49.60	8/30	Tom Barry Invite
Rinehart	LU	24:07.60	8/30	Tom Barry Invite
Carncross	CU	24:16.80	8/30	Tom Barry Invite
Degnan	LU	25:14.60	8/30	Tom Barry Invite

MWC Women's Cross Country

BELOIT

8/29 Rock Cut Open 1st of 2
 9/13 @ Carroll 11:00 am
 9/20 @ UW-Parkside 11:00 am
9/27 Olde English Classic 10:00 am
 10/11 @ Benedictine 11:00 am
 10/18 @ St. Norbert 11:00 am
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

KNOX

9/5 @ Bradley Open 5:30 pm
 9/13 @ Les Duke Invite 10:00 am
 9/20 @ Olde English Classic 10:00 am
 9/27 @ Brissman-Lundeen 5:00 pm
 10/4 @ Lawrence TBA
 10/11 @ Illinois College 11:00 am
 10/17 @ Bradley Pink Classic 3:00 pm
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

ST. NORBERT

8/30 Tom Barry Invite 1st of 10
 9/5 @ Aurora Invite 3:00 pm
 9/13 @ Wisconsin Open 11:00 am
 9/26 @ Brissman-Lundeen 4:00 pm
 10/4 @ Lawrence Invite 11:00 am
 10/18 @ Oberlin Rumble 11:00amET
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

CARROLL

8/30 @ Tom Barry Invite 4th of 10
 9/13 @ Concordia Wis. 11:00 am
 9/26 @ Brissman-Lundeen 5:00 pm
 10/4 @ Gene Davis Invite 10:00 am
 10/18 @ UW-Oshkosh 10:30 am
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

LAKE FOREST

8/30 @ Tom Barry Invite 6th of 10
 9/13 @ Knight Invite 9:00 am
 9/20 @ Gil Dodds Invite 10:00 am
 10/4 @ Gene Davis Invite 10:00 am
 10/18 @ UW-Oshkosh 10:30 am
 11/1 @ MWC Champ. 11:00 am
 11/8 @ Viking Trials 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

CORNELL

8/29 @ Simpson Tri 1st of 7
 9/13 @ Les Duke Invite 10:00 am
 9/26 @ Brissman-Lundeen 5:00 pm
 10/11 @ Lamb Kohawk 11:00 am
 10/18 @ Tori Neubauer Invite 10:00 am
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

LAWRENCE

8/30 @ Tom Barry Invite 3rd of 10
 9/13 @ Concordia Wis. 11:00 am
 9/27 @ Univ. of Minn. 10:00 am
 10/4 @ Gene Davis Invite 10:00 am
 10/18 @ UW-Oshkosh 10:00 am
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

GRINNELL

9/6 @ Central Invite TBA
9/13 Les Duke Invite 10:00 am
 9/26 @ Brissman-Lundeen 5:00 pm
 10/4 @ Wartburg Invite 10:45 am
 10/18 @ Tori Neubauer Invite 10:30 am
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

MONMOUTH

8/29 @ IWU Opener 3rd
 9/13 @ UW-Whitewater 10:45 am
 9/26 @ Brissman-Lundeen 5:00 pm
 10/11 @ Lamb-Kohawk 11:45 am
 10/17 @ Loras Invite 4:30 pm
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

ILLINOIS COLLEGE

8/30 @ Principia 2nd of 2
 9/12 @ Bradley 5:00 pm
 9/27 @ Olde English Classic 10:00 am
 10/4 @ Wis. Lutheran TBA
 10/11 @ Illinois College TBA
 10/18 @ Benedictine-Spring. TBA
 10/25 @ Stl. Col. Pharmacy TBA
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

RIPON

8/30 @ Tom Berry Invite 7th of 10
 9/13 @ Concordia (Wis.) TBA
9/20 Red Hawk Invite TBA
 9/27 @ Roy Griak Invite TBA
 10/11 @ Wis. Lutheran TBA
 10/18 @ St. Norbert TBA
 11/1 @ MWC Champ. 11:00 am
 11/15 @ NCAA Regional 11:00 am
 11/22 @ NCAA Champ. 11:00 am

MWC Women's Cross Country

WOMEN					
Current	2013	Institution (First-Place Votes)	Conference	Region	Points
1	1	Johns Hopkins (8)	Centennial	ME	280
2	2	Williams	NESCAC	NE	271
3	3	Middlebury	NESCAC	NE	265
4	4	Chicago	UAA	MW	252
5	8	Oberlin	NCAC	GL	245
6	5	MIT	NEWMAC	NE	243
7	7	Calvin	MIAA	GL	221
	12	Willamette	NWC	W	221
9	6	NYU	UAA	ATL	203
10	16	SUNY Geneseo	SUNYAC	ATL	202
11	21	Washington (Mo.)	UAA	MW	197
12	15	Dickinson	Centennial	ME	187
13	17	Haverford	Centennial	ME	181
14	25	SUNY Oneonta	SUNYAC	ATL	163
	14	Claremont-Mudd-Scripps	SCIAC	W	163
16	13	Tufts	NESCAC	NE	156
17	18	Carleton	MIAC	CEN	153
18	9	Hope	MIAA	GL	144
19	19	UW-La Crosse	WIAC	MW	137
20	10	St. Lawrence	Liberty	ATL	135
21	26	St. Olaf	MIAC	CEN	127
22	23	Ithaca	Empire 8	ATL	111
23	28	UW-Stevens Point	WIAC	MW	105
24	29	Elizabethtown	Landmark	ME	97
25	11	Wartburg	IIAC	CEN	89
26	30	Ohio Wesleyan	NCAC	GL	82
27	31	TCNJ	NJAC	ATL	68
28	22	Brandeis	UAA	NE	60
29	NR	Whitworth	NWC	W	56
30	27	Luther	IIAC	CEN	55
31	32	Emory	UAA	S/SE	49
32	NR	Mount Union	OAC	GL	34
	NR	Swarthmore	Centennial	ME	34
34	NR	Case Western Reserve	UAA	GL	22
35	NR	St. Benedict	MIAC	CEN	8

MWC Women's Cross Country



USTFCCA NCAA Division III Regional Cross Country Rankings

as of 8/26/2014 11:48:08 AM

2014 Preseason, August 26

WOMEN

ATLANTIC Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	SUNY Geneseo		SUNYAC	NR
2	NYU		UAA	NR
3	SUNY Oneonta		SUNYAC	NR
4	St. Lawrence		Liberty	NR
5	Ithaca		Empire 8	NR
	TCNJ		NJAC	NR
7	SUNY Cortland		SUNYAC	NR
8	SUNY New Paltz		SUNYAC	NR
9	RPI		Liberty	NR
10	Vassar		Liberty	NR

CENTRAL Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Carleton		MIAC	NR
2	St. Olaf		MIAC	NR
3	Wartburg		IIAC	NR
4	Luther		IIAC	NR
5	St. Benedict		MIAC	NR
6	St. Scholastica		UMAC	NR
7	Nebraska Wesleyan		GPAC	NR
8	Grinnell		Midwest	NR
9	Macalester		MIAC	NR
10	Gustavus Adolphus		MIAC	NR

GREAT LAKES Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Oberlin		NCAC	NR
2	Calvin		MIAA	NR
3	Hope		MIAA	NR
4	Ohio Wesleyan		NCAC	NR
5	Mount Union		OAC	NR
6	Case Western Reserve		UAA	NR
7	DePauw		NCAC	NR
8	Otterbein		OAC	NR
9	John Carroll		OAC	NR
10	Denison		NCAC	NR

MIDEAST Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Johns Hopkins	100	Centennial	NR
2	Dickinson	72	Centennial	NR
	Haverford	72	Centennial	NR
4	Elizabethtown	61	MAC	NR
5	Swarthmore	58	Centennial	NR
6	Marywood	48	CSAC	NR
7	York (Pa.)	45	Capital	NR
8	Carnegie Mellon	37	UAA	NR
9	Messiah	13	MAC	NR
10	Scranton	10	Landmark	NR

MIDWEST Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Chicago		UAA	NR
2	Washington (Mo.)		UAA	NR
3	UW-La Crosse		WIAC	NR
4	UW-Stevens Point		WIAC	NR
5	North Central (Ill.)		CCIW	NR
6	UW-Oshkosh		WIAC	NR
7	UW-Eau Claire		WIAC	NR
8	Aurora		NACC	NR
9	UW-River Falls		WIAC	NR
10	Wheaton (Ill.)		CCIW	NR

NEW ENGLAND Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Williams		NESCAC	NR
2	Middlebury		NESCAC	NR
3	MIT		NEWMAC	NR
4	Tufts		NESCAC	NR
5	Brandeis		UAA	NR
6	Bates		NESCAC	NR
7	Colby		NESCAC	NR
8	Amherst		NESCAC	NR
9	Wellesley		NEWMAC	NR
10	Keene State		LEC	NR

SOUTH/SOUTHEAST Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Emory		UAA	NR
2	Bridgewater (Va.)		ODAC	NR
3	Centre		SAA	NR
4	Trinity (Texas)		SCAC	NR
5	Rhodes		SAA	NR
6	Univ. of the South		SAA	NR
7	Christopher Newport		Capital	NR
8	Birmingham-Southern		SAA	NR
9	Meredith		USA South	NR
10	Berry		SAA	NR

WEST Region				
Current	Institution (FPV if voted)	Vpts	Conference	2013 Finish
1	Willamette		NWC	NR
2	Claremont-Mudd-Scripps		SCIAC	NR
3	Whitworth		NWC	NR
4	Whitman		NWC	NR
5	Occidental		SCIAC	NR
6	Pomona-Pitzer		SCIAC	NR
7	Lewis & Clark		NWC	NR
8	Cal Lutheran		SCIAC	NR
9	Colorado College		SCAC	NR
10	Linfield		NWC	NR

Tuesday, August 26, 2014

U.S. Track & Field and Cross Country Coaches Association

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