

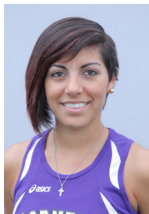
MWC Women's Cross Country

PERFORMER OF THE WEEK

Sam Martinez - Cornell College

Junior - Bowie Texas

Martinez turned in a record-setting performance, placing sixth out of 498 runners at Friday's Brissman-Lundeen Invitational in Rock Island, Ill. The Ram junior covered the 6K distance in 21:58, breaking the school record set by Rachele Hawkins at the 2008 NCAA Championships. Martinez clocked her third top-10 finish in as many meets. The Rams took 17th in the 35-team field with 476 points.



PAST PERFORMERS OF THE WEEK

Sept. 2- Sam Martinez, Cornell College

Lisa Baeten, St. Norbert College

Sept. 9- Lisa Baeten, St. Norbert College

Sept. 16 - Erin Schrobilgen, Lawrence University

Sept. 23 - Karla Perez, Ripon College

RESULTS

Friday Sept. 26

St. Norbert at Brissman-Lundeen Invitational	11th of 35
Grinnell at Brissman-Lundeen Invitational	14th of 35
Cornell at Brissman-Lundeen Invitational	17th of 35
Monmouth at Brissman-Lundeen Invitational	23rd of 35
Carroll at Brissman-Lundeen Invitational	25th of 35

Saturday Sept. 27

Lawrence at Roy Griak Invitational	8th of 20
Ripon at Roy Griak Invitational	16th of 20
Beloit at Olde English Classic	1st of 8
Illinois College at Olde English Classic	2nd of 8
Knox at Olde English Classic	3rd of 8

UPCOMING SCHEDULE

Saturday Oct. 4

Lawrence at Gene Davis Invitational	10:00 a.m.
Lake Forest at Gene Davis Invitational	10:00 a.m.
Carroll at Gene Davis Invitational	10:00 a.m.
St. Norbert at Gene Davis Invitational	10:00 a.m.
Knox at Gene Davis Invitational	10:00 a.m.
Grinnell at Warburg College Invite	10:45 a.m.

6K HONOR ROLL

Name	School	Time	Date	Event
Martinez	CC	21:59.00	9/26	Brissman Lundeen
Kimber	MC	22:19.30	9/26	Brissman Lundeen
Baeten	SNC	22:24.80	9/26	Brissman Lundeen
Schrobilgen	LU	23:06.00	9/13	CUW Invite
Artz	SNC	23:12.90	9/26	Brissman Lundeen
Southern	GC	23:18.00	9/26	Brissman Lundeen
Bruning	LU	23:30.50	9/13	CUW Invite
Price	SNC	23:47.30	9/26	Brissman Lundeen
Campbell	GC	23:50.00	9/13	Les Duke Invite
Moline	CC	23:55.00	9/13	Les Duke Invite
Seer	GC	24:08.00	9/26	Brissman Lundeen
Swietilk	CU	24:13.40	9/13	CUW Invite
Hutchings	LU	24:17.20	9/13	CUW Invite
Williams	LU	24:17.30	9/13	CUW Invite
Landes	LU	24:18.60	9/13	CUW Invite
Walsh	SNC	24:22.50	9/5	Aurora Invite
Wetzel	CC	24:23.00	9/26	Brissman Lundeen
Messner	CU	24:29.60	9/13	CUW Invite
Roberts	GC	24:32.00	9/26	Brissman Lundeen
Kinzer	LU	24:36.20	9/13	CUW Invite
Kozlowski	SNC	24:40.90	9/5	Aurora Invite
Androski	GC	24:45.00	9/13	Les Duke Invite
Waz	SNC	24:45.30	9/26	Brissman Lundeen
Podosek	MC	24:51.60	9/13	UW-Whitewater
Daniel	MC	24:53.90	9/13	UW-Whitewater
Jauregui	SNC	24:54.60	9/26	Brissman Lundeen
Luhmann	GC	24:55.00	9/26	Brissman Lundeen
Miller	SNC	24:57.90	9/5	Aurora Invite
Joosten	SNC	25:02.00	9/26	Brissman Lundeen
Bayly	GC	25:18.00	9/13	Les Duke Invite
Kubica	GC	25:19.00	9/26	Brissman Lundeen
Marrow	CU	25:21.60	9/13	CUW Invite
Dupont	MC	25:21.80	9/26	Brissman Lundeen
Maresca	CU	25:22.90	9/13	CUW Invite
Simon	CU	25:27.00	9/13	CUW Invite
Parbs	SNC	25:27.60	9/5	Aurora Invite
Zimmerman	GC	25:30.00	9/26	Brissman Lundeen
Reynolds	CC	25:30.30	9/13	Les Duke Invite
Huck	LU	25:31.90	9/13	CUW Invite

MWC Women's Cross Country

BELOIT

8/29	Rock Cut Open	1st of 2
9/13	@ UW-Parkside	8th of 8
9/27	Olde English Classic	1st of 8
10/11	@ Benedictine	11:00 am
10/18	@ St. Norbert	11:00 am
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

KNOX

8/29	@ Illinois Wesleyan	5th of 5
9/13	@ Les Duke Invite	9th of 13
9/27	@ Olde English Classic	3rd of 8
10/4	@ Lawrence	TBA
10/11	@ Illinois College	11:00 am
10/17	@ Bradley Pink Classic	3:00 pm
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

ST. NORBERT

8/30	Tom Barry Invite	1st of 10
9/5	@ Aurora Invite	2nd of 12
9/13	@ Midwest Open	5th of 8
9/26	@ Brissman-Lundeen	11th of 35
10/4	@ Lawrence Invite	11:00 am
10/18	@ Oberlin Rumble	11:00amET
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

CARROLL

8/30	@ Tom Barry Invite	4th of 10
9/13	@ Concordia Wis.	6th of 16
9/26	@ Brissman-Lundeen	25th of 35
10/4	@ Gene Davis Invite	10:00 am
10/18	@ UW-Oshkosh	10:30 am
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

LAKE FOREST

8/30	@ Tom Barry Invite	6th of 10
9/13	@ Knight Invite	16th of 21
9/20	@ Gil Dodds Invite	8th of 15
10/4	@ Gene Davis Invite	10:00 am
10/18	@ UW-Oshkosh	10:30 am
11/1	@ MWC Champ.	11:00 am
11/8	@ Viking Trials	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

CORNELL

8/29	@ Simpson Tri	1st of 7
9/13	@ Les Duke Invite	5th of 13
9/26	@ Brissman-Lundeen	17th of 35
10/11	@ Lamb Kohawk	11:00 am
10/18	@ Tori Neubauer Invite	10:00 am
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

LAWRENCE

8/30	@ Tom Barry Invite	3rd of 10
9/13	@ Concordia Wis.	2nd of 16
9/27	@ Roy Griak Invite	8th of 20
10/4	@ Gene Davis Invite	10:00 am
10/18	@ UW-Oshkosh	10:00 am
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

GRINNELL

9/6	@ Central Invite	5th of 9
9/13	Les Duke Invite	4th of 13
9/26	@ Brissman-Lundeen	14th of 35
10/4	@ Wartburg Invite	10:45 am
10/18	@ Tori Neubauer Invite	10:30 am
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

MONMOUTH

8/29	@ IWU Opener	3rd of 5
9/13	@ UW-Whitewater	3rd of 7
9/26	@ Brissman-Lundeen	23rd of 35
10/11	@ Lamb-Kohawk	11:45 am
10/17	@ Loras Invite	4:30 pm
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

ILLINOIS COLLEGE

8/30	@ Principia	2nd of 2
9/12	@ Bradley	2nd of 2
9/27	@ Olde English Classic	2nd of 8
10/4	@ Wis. Lutheran	TBA
10/11	Illinois College	TBA
10/18	@ Benedictine-Spring.	TBA
10/25	@ Stl. Col. Pharmacy	TBA
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

RIPON

8/30	@ Tom Berry Invite	7th of 10
9/13	@ Concordia (Wis.)	8th of 16
9/20	Red Hawk Invite	1st of 4
9/27	@ Roy Griak Invite	16th of 20
10/11	@ Wis. Lutheran	TBA
10/18	@ St. Norbert	TBA
11/1	@ MWC Champ.	11:00 am
11/15	@ NCAA Regional	11:00 am
11/22	@ NCAA Champ.	11:00 am

MWC Women's Cross Country

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WOMEN						
Current	Chg	Last	Institution (First-Place Votes)	Conference	Region	Points
1		1	Johns Hopkins (8)	Centennial	ME	280
2		2	Williams	NESCAC	NE	268 ▲2
3		3	St. Lawrence	Liberty	ATL	267 ▲7
4	▲ 1	5	MIT	NEWMAC	NE	247 ▲4
5	▲ 1	6	Oberlin	NCAC	GL	241 ▼1
	▲ 14	19	Washington (Mo.)	UAA	MW	241 ▲106
7		7	SUNY Geneseo	SUNYAC	ATL	234 ▼3
8		8	Middlebury	NESCAC	NE	227 ▼3
9	▲ 1	10	Dickinson	Centennial	ME	219 ▲14
10	▲ 2	12	Calvin	MIAA	GL	204 ▲1
11	▲ 2	13	Haverford	Centennial	ME	198 ▲22
12	▼ 1	11	Willamette	NWC	W	193 ▼11
13	▲ 8	21	SUNY Oneonta	SUNYAC	ATL	178 ▲55
14	▲ 3	17	Tufts	NESCAC	NE	168 ▲11
	▲ 2	16	UW-La Crosse	WIAC	MW	168 ▲6
16	▼ 1	15	Carleton	MIAC	CEN	165 0
17	▼ 3	14	Claremont-Mudd-Scripps	SCIAC	W	157 ▼17
	▼ 8	9	NYU	UAA	ATL	157 ▼50
19	▼ 1	18	St. Olaf	MIAC	CEN	121 ▼16
20	▲ 2	22	Hope	MIAA	GL	119 ▲3
21	▼ 1	20	Vassar	Liberty	ATL	105 ▼26
22	RET	NR	North Central (Ill.)	CCIW	MW	102
23	▲ 3	26	Elizabethtown	Landmark	ME	93 ▲18
24	NEW	NR	St. Thomas (Minn.)	MIAC	CEN	92
25		25	Case Western Reserve	UAA	GL	79 ▲1
26	▼ 22	4	Chicago	UAA	MW	75 ▼179
27	NEW	NR	Carnegie Mellon	UAA	ME	71
28	▲ 2	30	Bates	NESCAC	NE	63 ▲23
29	▼ 5	24	Wartburg	IIAC	CEN	54 ▼35
30	NEW	RV	RIT	Liberty	ATL	50 ▲38
31	▼ 2	29	Emory	UAA	S/SE	48 ▼6
32	▲ 3	35	Amherst	NESCAC	NE	43 ▲23
33	▼ 6	27	St. Benedict	MIAC	CEN	39 ▼27
34	▼ 2	32	Whitman	NWC	W	38 ▲16
35	▼ 3	32	Swarthmore	Centennial	ME	12 ▼10

MWC Women's Cross Country



USTFCCCA NCAA Division III Regional Cross Country Rankings

as of 9/29/2014 4:10:40 PM

2014 Week #3, September 30

WOMEN

ATLANTIC Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	St. Lawrence [9]	126	Liberty	1
2	SUNY Geneseo [4]	121	SUNYAC	2
3	SUNY Oneonta	99	SUNYAC	3
4	NYU	95	UAA	4
5	Vassar	67	Liberty	5
6	RIT	61	Liberty	6
7	TCNJ	53	NJAC	7
8	Ithaca	35	Empire 8	8
9	Hamilton	18	NESCAC	9
10	SUNY New Paltz	17	SUNYAC	10

CENTRAL Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	Carleton	200	MIAC	1
2	St. Thomas (Minn.)	173	MIAC	3 ▲ 1
3	St. Olaf	152	MIAC	2 ▼ 1
4	Wartburg	131	IIAC	4
5	St. Benedict	127	MIAC	5
6	Luther	98	IIAC	6
7	Gustavus Adolphus	67	MIAC	7
8	Macalester	66	MIAC	8
9	Loras	50	IIAC	9
10	Nebraska Wesleyan	23	GPAC	10

GREAT LAKES Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	Oberlin		NCAC	1
2	Calvin		MIAA	2
3	Mount Union		OAC	5 ▲ 2
4	Hope		MIAA	3 ▼ 1
5	Case Western Reserve		UAA	4 ▼ 1
6	Denison		NCAC	8 ▲ 2
7	Otterbein		OAC	7
8	Ohio Wesleyan		NCAC	9 ▲ 1
9	DePauw		NCAC	6 ▼ 3
10	Hanover		HCAC	10

MIDEAST Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	Johns Hopkins [15]	150	Centennial	1
2	Dickinson	134	Centennial	2
3	Haverford	117	Centennial	3
4	Elizabethtown	96	Landmark	4
5	Carnegie Mellon	85	UAA	5
6	Swarthmore	82	Centennial	6
7	Susquehanna	55	Landmark	8 ▲ 1
8	Misericordia	28	MAC	NR
9	Grove City	27	PAC	9
10	Lebanon Valley	21	MAC	7 ▼ 3

MIDWEST Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	Washington (Mo.)		UAA	1
2	UW-La Crosse		WIAC	2
3	North Central (Ill.)		CCIW	3
4	Chicago		UAA	4
5	Aurora		NACC	5
6	Augustana (Ill.)		CCIW	9 ▲ 3
7	UW-Stevens Point		WIAC	6 ▼ 1
8	St. Norbert		Midwest	7 ▼ 1
9	UW-Eau Claire		WIAC	8 ▼ 1
10	Wheaton (Ill.)		CCIW	10

NEW ENGLAND Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	MIT [10]	100	NEWMAC	2 ▲ 1
2	Middlebury	88	NESCAC	3 ▲ 1
3	Tufts	76	NESCAC	4 ▲ 1
	Williams	76	NESCAC	1 ▼ 2
5	Amherst	57	NESCAC	6 ▲ 1
6	Bates	50	NESCAC	5 ▼ 1
7	Connecticut College	34	NESCAC	7
8	Colby	33	NESCAC	8
9	Brandeis	18	UAA	9
10	Wellesley	16	NEWMAC	10

SOUTH/SOUTHEAST Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	Emory		UAA	1
2	Centre		SAA	4 ▲ 2
	Christopher Newport		Capital	7 ▲ 5
4	Bridgewater (Va.)		ODAC	2 ▼ 2
5	Rhodes		SAA	5
6	Mary Washington		Capital	NR
7	Eastern Mennonite		ODAC	2 ▼ 5
8	Trinity (Texas)		SCAC	6 ▼ 2
9	Washington and Lee		ODAC	8 ▼ 1
10	Roanoke		ODAC	8 ▼ 2

WEST Region				
Current	Institution (FPV if voted)	Vpts	Conference	Last Week
1	Willamette		NWC	1
2	Claremont-Mudd-Scripps		SCIAC	2
3	Whitman		NWC	3
4	Puget Sound		NWC	4
5	Whitworth		NWC	5
6	Pomona-Pitzer		SCIAC	6
7	Redlands		SCIAC	9 ▲ 2
8	Occidental		SCIAC	NR
9	UC Santa Cruz		Indep.	8 ▼ 1
10	Colorado College		SCAC	NR

Monday, September 29, 2014

U.S. Track & Field and Cross Country Coaches Association

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