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News Release

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FOR IMMEDIATE RELEASE

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MEAC ANNOUNCES MEN'S BASKETBALL ALL-CONFERENCE HONORS

NCCU'S Ingram Selected Player of the Year; Moton Earns Coach of the Year Honors

NORFOLK, Va., March 10, 2014 - North Carolina Central senior guard **Jeremy Ingram** was named the 2014 Mid-Eastern Athletic Conference (MEAC) Player of the Year as announced by the conference on Monday. Howard's **James Daniel** was selected as Rookie of the Year and Hampton's **Du'Vaughn Maxwell** garnered the Defensive Player of the Year honor. North Carolina Central Head Coach Levelle Moton was named the MEAC Coach of the Year.

All awards are voted on by the conference's head men's basketball coaches and sports information directors.

Ingram averaged 20.2 points and 3.8 rebounds to lead the Eagles to a 15-1 conference mark and a regular season MEAC Championship. The Charlotte native scored at least 20 points in 16-of-30 games this season. Ingram, who earned MEAC Player of the Week four times, tallied 113 rebounds, 35 assists, 21 blocks, and 50 steals this season. He also added a season-high 38 points against Savannah State.

Daniel led the MEAC in scoring at 21.7 points, while shooting 40-percent from three on the season. Daniel recorded double figures in scoring in all 26 games this season and notched a career-high 38 points in against Hampton. Daniel garnered MEAC Rookie of the Week honors eight times.

Maxwell led the Pirates offense by scoring 14.9 points. Defensively, Maxwell registered 218 total rebounds (7.4 per game) and reached double figures in scoring 26 times and double-digit rebounds seven times. A two-time MEAC Player of the Week and six-time MEAC Defensive Player of the Week honoree, Maxwell finished with six double-doubles, including 20 points and 10 rebounds against Winthrop.

Moton earned the Coach of the Year after leading the NCCU Eagles to a 15-1 record in conference play and its first regular-season MEAC title. Moton also guided North Carolina Central to a 25-5 mark, including a win over N.C. State.

Ingram is joined on the 2014 All-MEAC First Team by Morgan State's Ian Chiles and Justin Black, Coppin State's Michael Murray, and Hampton's Du'Vaughn Maxwell.

North Carolina Central clinched the MEAC regular season title with a 64-57 win over Savannah State. The Eagles will enter the tournament as the number one seed and will face the winner of the No.8 Howard vs. No. 9 North Carolina A&T matchup on Wednesday, March 12 at 6 p.m.

The 2014 regular season champion, regular season runners-up, first-team members and top honorees including Player, Rookie, Defensive and Coach of the Year selections will be recognized in pre-game presentations prior to their first games of the 2014 MEAC Basketball Tournament. Tournament play tips off March 10-15 at the Scope Arena in Norfolk, Virginia.

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Coach of the Year: Levelle Morton, North Carolina Central University
Player of the Year: Jeremy Ingram, North Carolina Central University
Rookie of the Year: James Daniel, Howard University
Defensive Player of the Year: Du'Vaughn Maxwell, Hampton University

FIRST TEAM

Name	School	Pos.	Ht.	Cl.	Hometown
Jeremy Ingram	North Carolina Central	G	6-3	Sr.	Charlotte, N.C.
Justin Black	Morgan State	G	6-2	Sr.	St. Louis, Mo.
Michael Murray	Coppin State	F	6-5	Jr.	Brooklyn, N.Y.
Du'Vaughn Maxwell	Hampton	F	6-7	Sr.	Manhattan, N.Y.
Ian Chiles	Morgan State	C	7-2	Sr.	Cliffside Park, N.J.

SECOND TEAM

Name	School	Pos.	Ht.	Cl.	Hometown
Pendarvis Williams	Norfolk State	G	6-6	Sr.	Philadelphia, Pa.
Jamie Adams	Florida A&M	G	5-10	Sr.	Chicago, Ill.
Malcolm Hawkins	Norfolk State	F	6-5	Sr.	Norfolk, Va.
Kendall Gray	Delaware State	F	6-10	Jr.	Dover, Del.
Matthew Hezekiah	South Carolina State	C	6-11	Sr.	Jacksonville, Fla.

THIRD TEAM

Name	School	Pos.	Ht.	Cl.	Hometown
Emanuel Chapman	North Carolina Central	G	6-1	Sr.	Raleigh, N.C.
James Daniel	Howard	G	5-11	Fr.	Hampton, Va.
Lamont Middleton	North Carolina A&T	G	6-3	Sr.	Bronx, N.Y.
Jyles Smith*	Savannah State	F	6-8	Sr.	Fairburn, Ga.
Troy Snyder*	Maryland E. Shore	F	6-6	Sr.	Chicago, Ill.
Brandon Goode	Norfolk State	C	7-0	Sr.	Bronx, N.Y.

ALL-ROOKIE TEAM

Name	School	Pos.	Ht.	Cl.	Hometown
James Daniel	Howard	G	5-11	Fr.	Hampton, Va.
Hakeem Baxter	Maryland E. Shore	G	6-2	Fr.	Philadelphia, Pa.
Clemmye Owens	Bethune-Cookman	G	6-1	Fr.	Toledo, Ohio
DeAndre Haywood	Delaware State	G	6-2	Fr.	Paterson, N.J.
Jeremiah Hill	Savannah State	G	6-1	Fr.	Richmond Hill, Ga.

*indicates tie

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