

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****Women 100 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

MEAC: * 11.40 2010 Richards, Patrice, Hampton							
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	7	Johnson, Tristie	FR Bethune-Cookman	11.60	11.62Q	1.0	4
2	94	Linson, Nakia	JR Florida A&M	11.49	11.64Q	-2.1	1
3	122	Norman, Breana	JR Hampton	11.93	11.71Q	2.0	2
4	208	Green, Teyanna	JR Morgan State	11.64	11.80Q	1.3	3
5	266	McCoy, Ashley	SR N.C. Central	11.66	11.65q	-2.1	1
6	176	Evans, Gayon	SO Maryland-Eas	11.55	11.74q	1.0	4
7	95	Smith, Jasmine	SO Florida A&M	11.70	11.75q	2.0	2
8	282	Cunningham, Torie	SO Norfolk State	11.50	11.80q	2.0	2
9	216	Wattley, Britney	SR Morgan State	11.73	11.82	1.3	3
10	289	McCants, Brittany	FR Norfolk State	11.51	11.85	1.3	3
11	319	Stinson, Asia	SO Savannah State	11.64	11.86	2.0	2
12	293	Wallace, Qua'Nesha	FR Norfolk State	11.68	11.91	-2.1	1
13	123	Parker, Le'Quisha	SO Hampton	11.84	11.92	1.0	4
14	335	Hicks, Yazmin	SR South Carolina St.	11.97	11.98	-2.1	1
15	9	Reid, Breonca	FR Bethune-Cookman	12.00	12.00	2.0	2
16	207	Green, Charisma	JR Morgan State	11.98	12.01	-2.1	1
17	339	Owens, Antavia	SO South Carolina St.	11.88	12.03	1.3	3
18	287	Johnson, Rayiana	JR Norfolk State	11.77	12.07	1.0	4 12.062
19	15	Thomas, Keyona	JR Bethune-Cookman	12.03	12.07	1.3	3 12.067
20	88	Ivey, Ashley	FR Florida A&M	12.03	12.11	1.0	4
21	5	Harris, Alphonse	SR Bethune-Cookman	12.05	12.12	1.3	3
22	4	Garner, Shakira	SR Bethune-Cookman	12.04	12.13	1.0	4
23	43	Yarde, Tanaya	FR Coppin State	12.24	12.32	-2.1	1
24	232	Brasswell, Felexia	JR N. Carolina A&T	12.10	12.36	2.0	2
25	146	Buchanan, Skylar	FR Howard	12.28	12.49	-2.1	1
26	56	Emerson, Calisa	SR Delaware State		12.56	2.0	2

Women 100 Meter Dash

MEAC: * 11.40 2010 Richards, Patrice, Hampton							
Name	Year	School	Prelims	Finals	Wind		
Finals							
1	94	Linson, Nakia	JR Florida A&M	11.64	11.47	2.3	
2	266	McCoy, Ashley	SR N.C. Central	11.65	11.52	2.3	
3	176	Evans, Gayon	SO Maryland-Eas	11.74	11.55	2.3	
4	7	Johnson, Tristie	FR Bethune-Cookman	11.62	11.62	2.3	
5	122	Norman, Breana	JR Hampton	11.71	11.70	2.3	
6	95	Smith, Jasmine	SO Florida A&M	11.75	11.76	2.3	
7	208	Green, Teyanna	JR Morgan State	11.80	11.87	2.3	
8	282	Cunningham, Torie	SO Norfolk State	11.80	11.90	2.3	

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****Women 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MEAC: * 23.05 2000 Pelham, Shaunta, Florida A&M							
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1 123 Parker, Le'Quisha	SO	Hampton	23.58	23.63Q	1.3	3	
2 7 Johnson, Tristie	FR	Bethune-Cookman	23.53	23.68Q	1.4	2	
3 178 Guion-Firmin, Leno	SR	Maryland-Eas	23.60	23.91Q	0.9	1	
4 266 McCoy, Ashley	SR	N.C. Central	23.58	23.78q	1.4	2	
5 95 Smith, Jasmine	SO	Florida A&M	24.02	23.88q	1.4	2	
6 176 Evans, Gayon	SO	Maryland-Eas	23.43	24.00q	0.9	1	
7 94 Linson, Nakia	JR	Florida A&M	23.55	24.05q	1.3	3	
8 35 Caddle, Melissa	SO	Coppin State	23.75	24.07q	0.9	1	
9 216 Wattley, Britney	SR	Morgan State	24.47	24.11	1.3	3	
10 122 Norman, Breana	JR	Hampton	24.26	24.25	1.3	3	
11 116 Fraenk, Emmy	JR	Hampton	24.29	24.29	1.4	2	
12 208 Green, Teyanna	JR	Morgan State	24.13	24.33	1.3	3	
13 90 Jones, Dynasty	SR	Florida A&M	24.32	24.34	0.9	1	
14 282 Cunningham, Torie	SO	Norfolk State	24.34	24.53	0.9	1	
15 263 Gore, La'Creasha	JR	N.C. Central	24.47	24.56	1.4	2	
16 335 Hicks, Yazmin	SR	South Carolina St.	24.47	24.77	1.3	3	
17 233 Bygraves, Roshel	JR	N. Carolina A&T	24.94	24.95	0.9	1	
18 319 Stinson, Asia	SO	Savannah State	24.59	24.98	1.4	2	
19 4 Garner, Shakira	SR	Bethune-Cookman	24.59	25.07	0.9	1	
20 146 Buchanan, Skylar	FR	Howard	25.30	25.58	1.3	3	
21 53 Clark, Chalsea	FR	Delaware State	25.12	26.08	1.4	2	

Women 200 Meter Dash

MEAC: * 23.05 2000 Pelham, Shaunta, Florida A&M						
Name	Year	School	Prelims	Finals	Wind	
Finals						
1 178 Guion-Firmin, Leno	SR	Maryland-Eas	23.91	23.02*	1.6	
2 123 Parker, Le'Quisha	SO	Hampton	23.63	23.15	1.6	
3 7 Johnson, Tristie	FR	Bethune-Cookman	23.68	23.21	1.6	
4 176 Evans, Gayon	SO	Maryland-Eas	24.00	23.34	1.6	
5 266 McCoy, Ashley	SR	N.C. Central	23.78	23.38	1.6	
6 94 Linson, Nakia	JR	Florida A&M	24.05	23.40	1.6	
7 95 Smith, Jasmine	SO	Florida A&M	23.88	23.65	1.6	
8 35 Caddle, Melissa	SO	Coppin State	24.07	26.85	1.6	

Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MEAC: * 51.54 2008 McCorory, Francena, Hampton					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 178 Guion-Firmin, Leno	SR	Maryland-Eas	53.25	53.61Q	1
2 90 Jones, Dynasty	SR	Florida A&M	54.37	53.63Q	3
3 35 Caddle, Melissa	SO	Coppin State	53.38	53.74Q	2
4 233 Bygraves, Roshel	JR	N. Carolina A&T	54.61	54.53q	2
5 116 Fraenk, Emmy	JR	Hampton	55.27	54.76q	3

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****....Women 400 Meter Dash**

6	263	Gore, La'Creasha	JR N.C. Central	55.26	54.85q	2
7	33	Bonga, Sandra	SR Coppin State	56.23	55.25q	2
8	97	Stanley, RaTeema	SO Florida A&M	55.25	55.41q	1
9	279	Bell, Champagne	JR Norfolk State	55.04	55.49	1
10	203	Candelaria, Nichol	FR Morgan State	55.41	56.09	3
11	206	Cooley, Tere	FR Morgan State	57.09	56.39	1
12	317	Roberts, Chavonta	SO Savannah State	57.26	56.45	2
13	212	Sogbesan, Ekundayo	JR Morgan State	53.87	56.66	3
14	318	Seay-Blane, Jazy	JR Savannah State	56.77	56.74	1
15	155	Selby, Jasmin	JR Howard	57.56	57.42	3
16	59	Relerford, Rayanna	FR Delaware State	58.31	57.79	2
17	217	Wynter, Sianna	SO Morgan State	57.40	58.70	3
18	2	Ciede, Jessica	JR Bethune-Cookman	58.80	59.01	1
19	344	Whittley, Tahje	SO South Carolina St.	1:01.68	1:02.16	1

Women 400 Meter Dash

MEAC: * 51.54 2008						
Name	Year	School	McCorory, Francena, Hampton	Prelims	Finals	
Finals						
1	178	Guion-Firmin, Leno	SR Maryland-Eas	53.61	52.48	
2	35	Caddle, Melissa	SO Coppin State	53.74	54.07	
3	90	Jones, Dynasty	SR Florida A&M	53.63	54.10	
4	233	Bygraves, Roshel	JR N. Carolina A&T	54.53	54.97	
5	116	Fraenk, Emmy	JR Hampton	54.76	55.20	
6	263	Gore, La'Creesha	JR N.C. Central	54.85	55.35	
7	33	Bonga, Sandra	SR Coppin State	55.25	56.66	
8	97	Stanley, RaTeema	SO Florida A&M	55.41	57.66	

Women 800 Meter Run**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MEAC: * 2:05.97 2012 Anias, Cynthia, Maryland Eastern Shore						
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	175	Ducados, Emilie	SR Maryland-Eas	2:11.69	2:08.77Q	3
		1:00.94 (1:00.94)	2:08.77 (1:07.84)			
2	126	Taylor, Benita	SR Hampton	2:06.76	2:09.83Q	1
		1:02.17 (1:02.17)	2:09.83 (1:07.66)			
3	149	Gilmer, Joy	SO Howard	2:11.65	2:11.15Q	2
		1:01.06 (1:01.06)	2:11.15 (1:10.09)			
4	338	McFarlane, Sherril	JR South Carolina St.	2:12.62	2:11.45q	1
		1:02.71 (1:02.71)	2:11.45 (1:08.75)			
5	124	Robinson, Cydney	JR Hampton	2:14.55	2:12.10q	2
		1:01.43 (1:01.43)	2:12.10 (1:10.68)			
6	89	Jackson, Chandelic	SO Florida A&M	2:13.39	2:13.27q	2
		1:01.00 (1:01.00)	2:13.27 (1:12.28)			
7	54	Dornevil, Ketsia	JR Delaware State	2:12.09	2:13.79q	3
		1:01.22 (1:01.22)	2:13.79 (1:12.57)			
8	179	Hemley, Shantol	FR Maryland-Eas	2:13.60	2:14.15q	3
		1:01.31 (1:01.31)	2:14.15 (1:12.85)			

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****....Women 800 Meter Run**

9	206 Cooley, Tere	FR Morgan State	2:17.71	2:14.25	3
	1:02.40 (1:02.40)	2:14.25 (1:11.86)			
10	120 Holland, Malekah	SO Hampton	2:12.20	2:14.38	1
	1:02.53 (1:02.53)	2:14.38 (1:11.86)			
11	110 Armand, Ashley	JR Hampton	2:12.20	2:15.02	2
	1:02.82 (1:02.82)	2:15.02 (1:12.20)			
12	182 Mars, Annis	SO Maryland-Eas	2:15.68	2:15.67	1
	1:02.75 (1:02.75)	2:15.67 (1:12.93)			
13	261 Brooks, Amber	SO N.C. Central	2:15.09	2:16.80	1
	1:02.56 (1:02.56)	2:16.80 (1:14.24)			
14	243 Rush, Kristin	SR N. Carolina A&T	2:16.53	2:18.05	2
	1:03.19 (1:03.19)	2:18.05 (1:14.86)			
15	84 Allen, Ariel	JR Florida A&M	2:13.74	2:21.09	3
	1:03.01 (1:03.01)	2:21.09 (1:18.08)			
16	315 Givance, Dominique	JR Savannah State	2:22.14	2:22.97	2
	1:03.37 (1:03.37)	2:22.97 (1:19.60)			
17	281 Combs, Ra'Shaun	FR Norfolk State	2:18.17	2:27.37	3
	1:03.57 (1:03.57)	2:27.37 (1:23.81)			

Women 800 Meter Run

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MEAC: * 2:05.97 2012 Anias, Cynthia, Maryland Eastern Sho					
Name	Year	School	Prelims	Finals	
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Finals

1	126 Taylor, Benita	SR Hampton	2:09.83	2:10.91	
	1:03.86 (1:03.86)	2:10.91 (1:07.05)			
2	175 Ducados, Emilie	SR Maryland-Eas	2:08.77	2:11.89	
	1:03.63 (1:03.63)	2:11.89 (1:08.26)			
3	179 Hemley, Shantol	FR Maryland-Eas	2:14.15	2:13.12	
	1:04.46 (1:04.46)	2:13.12 (1:08.67)			
4	54 Dornevil, Ketsia	JR Delaware State	2:13.79	2:14.36	
	1:05.22 (1:05.22)	2:14.36 (1:09.15)			
5	149 Gilmer, Joy	SO Howard	2:11.15	2:15.01	
	1:04.81 (1:04.81)	2:15.01 (1:10.20)			
6	89 Jackson, Chandelice	SO Florida A&M	2:13.27	2:15.19	
	1:05.43 (1:05.43)	2:15.19 (1:09.77)			
7	124 Robinson, Cydney	JR Hampton	2:12.10	2:21.40	
	1:05.02 (1:05.02)	2:21.40 (1:16.38)			
8	338 McFarlane, Sherril	JR South Carolina St.	2:11.45	2:44.37	
	1:09.77 (1:09.77)	2:44.37 (1:34.61)			

Women 1500 Meter Run

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MEAC: * 4:33.27 2011 Anias, Cynthia, Maryland Eastern Shore					
Name	Year	School	Seed	Finals	H#
=====					
1	126 Taylor, Benita	SR Hampton	4:44.84	4:38.83	2
	51.66 (51.66)	2:07.43 (1:15.77)	3:26.22 (1:18.80)	4:38.83 (1:12.62)	
2	181 Kubsova, Petra	FR Maryland-Eas	4:39.49	4:39.46	2
	51.15 (51.15)	2:06.71 (1:15.56)	3:25.53 (1:18.82)	4:39.46 (1:13.94)	
3	338 McFarlane, Sherril	JR South Carolina St.	4:44.56	4:41.41	2
	51.46 (51.46)	2:07.19 (1:15.74)	3:25.42 (1:18.23)	4:41.41 (1:16.00)	

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****....Women 1500 Meter Run**

4	3 Dunkley, Kadian	SR Bethune-Cookman	4:45.69	4:42.64	2
	50.96 (50.96)	2:07.14 (1:16.18)	3:25.92 (1:18.79)	4:42.64 (1:16.72)	
5	89 Jackson, Chandelic	SO Florida A&M	4:42.44	4:43.14	2
	51.55 (51.55)	2:06.25 (1:14.70)	3:25.90 (1:19.66)	4:43.14 (1:17.24)	
6	127 Thompson, Devyn	JR Hampton	4:45.74	4:47.38	2
	51.41 (51.41)	2:06.15 (1:14.75)	3:26.20 (1:20.05)	4:47.38 (1:21.18)	
7	343 Waters, Sarai	JR South Carolina St.	4:49.49	4:48.85	1
	52.01 (52.01)	2:09.23 (1:17.23)	3:30.62 (1:21.39)	4:48.85 (1:18.24)	
8	213 Swain, Ishakeema	SO Morgan State	4:42.67	4:49.22	2
	51.03 (51.03)	2:07.01 (1:15.98)	3:27.60 (1:20.60)	4:49.22 (1:21.62)	
9	119 Harris, Nichelle	JR Hampton	4:52.86	4:49.28	1
	51.80 (51.80)	2:07.18 (1:15.39)	3:29.81 (1:22.63)	4:49.28 (1:19.47)	
10	231 Benn, Janessa	SR N. Carolina A&T	4:41.48	4:49.93	2
	51.31 (51.31)	2:07.09 (1:15.78)	3:27.18 (1:20.10)	4:49.93 (1:22.75)	
11	261 Brooks, Amber	SO N.C. Central	4:44.39	4:53.22	2
	50.80 (50.80)	2:06.40 (1:15.60)	3:25.48 (1:19.09)	4:53.22 (1:27.74)	
12	202 Calhoun, Danielle	JR Morgan State	4:53.48	4:54.23	1
	51.65 (51.65)	2:08.28 (1:16.64)	3:34.66 (1:26.38)	4:54.23 (1:19.58)	
13	124 Robinson, Cydney	JR Hampton	4:48.87	4:54.68	2
	51.28 (51.28)	2:07.54 (1:16.26)	3:28.62 (1:21.09)	4:54.68 (1:26.07)	
14	60 Richardson, Dasher	SR Delaware State	4:57.21	4:54.86	1
	51.44 (51.44)	2:09.72 (1:18.29)	3:36.08 (1:26.37)	4:54.86 (1:18.78)	
15	294 Webb, Rachel	FR Norfolk State	4:45.80	4:56.79	2
	51.58 (51.58)	2:08.64 (1:17.06)	3:33.22 (1:24.59)	4:56.79 (1:23.57)	
16	110 Armand, Ashley	JR Hampton	4:50.58	4:58.21	1
	51.01 (51.01)	2:07.81 (1:16.81)	3:33.07 (1:25.26)	4:58.21 (1:25.15)	
17	152 Nalls, RoriAnn	FR Howard	4:54.80	5:00.33	1
	52.07 (52.07)	2:08.36 (1:16.30)	3:33.29 (1:24.94)	5:00.33 (1:27.05)	
18	205 Columbus, Nynneya	SO Morgan State	4:51.86	5:02.42	1
	52.55 (52.55)	2:08.79 (1:16.24)	3:31.93 (1:23.15)	5:02.42 (1:30.50)	
19	281 Combs, Ra'Shaun	FR Norfolk State	4:49.48	5:10.13	1
	52.18 (52.18)	2:09.09 (1:16.92)	3:36.62 (1:27.53)	5:10.13 (1:33.52)	
20	315 Givance, Dominique	JR Savannah State	4:59.89	5:16.02	1
	51.82 (51.82)	2:09.68 (1:17.87)	3:40.54 (1:30.86)	5:16.02 (1:35.49)	
21	288 Lewis-Johnson, Tor	SO Norfolk State	4:53.21	5:37.74	1
	52.71 (52.71)	2:17.73 (1:25.02)	4:00.62 (1:42.89)	5:37.74 (1:37.13)	
--	36 Cherubet, Irene	SR Coppin State	5:23.28	DNS	1

Women 5000 Meter Run

MEAC: * 17:41.41 2007 James, Merrecia, Maryland Eastern S					
Name	Year	School	Seed	Finals	
1	181 Kubesova, Petra	FR Maryland-Eas	17:19.71	17:15.04*	
	37.72 (37.72)	1:58.20 (1:20.48)	3:17.99 (1:19.80)	4:38.39 (1:20.41)	
	6:00.43 (1:22.04)	7:23.64 (1:23.21)	8:48.28 (1:24.65)	10:13.88 (1:25.60)	
	11:40.30 (1:26.43)	13:07.03 (1:26.73)	14:32.30 (1:25.27)	15:57.63 (1:25.34)	
	17:15.04 (1:17.42)				
2	3 Dunkley, Kadian	SR Bethune-Cookman	18:17.79	18:04.23	
	37.85 (37.85)	1:58.15 (1:20.31)	3:19.03 (1:20.88)	4:42.46 (1:23.43)	
	6:07.77 (1:25.31)	7:36.20 (1:28.43)	9:06.22 (1:30.03)	10:37.46 (1:31.24)	
	12:09.43 (1:31.97)	13:40.81 (1:31.39)	15:13.01 (1:32.20)	16:43.17 (1:30.17)	
	18:04.23 (1:21.06)				

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3	213 Swain, Ishakeema	SO Morgan State	17:34.05	18:12.64
	37.50 (37.50)	1:57.96 (1:20.46)	3:18.18 (1:20.23)	4:39.77 (1:21.60)
	6:06.46 (1:26.69)	7:36.30 (1:29.84)	9:11.63 (1:35.33)	10:37.55 (1:25.92)
	12:09.51 (1:31.97)	13:41.27 (1:31.77)	15:18.54 (1:37.28)	16:51.89 (1:33.35)
	18:12.64 (1:20.76)			
4	127 Thompson, Devyn	JR Hampton	18:28.50	18:17.63
	37.69 (37.69)	1:57.82 (1:20.13)	3:18.78 (1:20.97)	4:41.04 (1:22.27)
	6:07.33 (1:26.29)	7:38.72 (1:31.39)	9:06.33 (1:27.61)	10:46.11 (1:39.78)
	12:21.62 (1:35.52)	13:54.24 (1:32.63)	15:26.05 (1:31.81)	16:57.71 (1:31.66)
	18:17.63 (1:19.93)			
5	119 Harris, Nichelle	JR Hampton	19:02.79	18:19.58
	38.32 (38.32)	1:58.59 (1:20.28)	3:21.24 (1:22.65)	4:46.59 (1:25.36)
	6:14.64 (1:28.05)	7:44.95 (1:30.31)	9:16.66 (1:31.71)	10:48.53 (1:31.88)
	12:22.08 (1:33.56)	13:54.34 (1:32.26)	15:27.81 (1:33.47)	16:58.89 (1:31.09)
	18:19.58 (1:20.69)			
6	92 Kosgei, Effiey	FR Florida A&M	18:31.87	18:28.21
	38.06 (38.06)	1:58.01 (1:19.96)	3:20.17 (1:22.16)	4:44.41 (1:24.25)
	6:11.75 (1:27.34)	7:41.32 (1:29.58)	9:11.80 (1:30.48)	10:44.46 (1:32.66)
	12:17.91 (1:33.46)	13:54.48 (1:36.58)	15:26.75 (1:32.28)	16:57.45 (1:30.70)
	18:28.21 (1:30.76)			
7	294 Webb, Rachel	FR Norfolk State	18:31.24	18:40.72
	37.90 (37.90)	1:58.36 (1:20.47)	3:19.72 (1:21.36)	4:46.87 (1:27.16)
	6:18.53 (1:31.67)	7:51.64 (1:33.12)	9:26.98 (1:35.34)	11:01.80 (1:34.83)
	12:35.58 (1:33.78)	14:08.63 (1:33.06)	15:40.32 (1:31.69)	17:13.87 (1:33.56)
	18:40.72 (1:26.85)			
8	205 Columbus, Nynneya	SO Morgan State	18:39.58	18:46.22
	38.04 (38.04)	1:58.44 (1:20.41)	3:20.13 (1:21.70)	4:48.25 (1:28.12)
	6:20.63 (1:32.39)	7:53.39 (1:32.76)	9:27.98 (1:34.59)	11:03.55 (1:35.57)
	12:38.27 (1:34.72)	14:15.03 (1:36.77)	15:51.30 (1:36.27)	17:23.86 (1:32.57)
	18:46.22 (1:22.37)			
9	148 Diaz, Mariza	FR Howard	18:51.63	18:53.46
	38.89 (38.89)	3:27.25 (2:48.36)	4:54.94 (1:27.70)	6:25.98 (1:31.04)
	8:00.12 (1:34.15)	9:34.91 (1:34.79)	11:09.77 (1:34.86)	12:41.40 (1:31.63)
	14:15.84 (1:34.45)	15:50.70 (1:34.86)	17:25.94 (1:35.25)	18:53.46 (1:27.53)
10	85 Chelelgo, Cynthia	FR Florida A&M	18:51.04	19:16.15
	38.34 (38.34)	1:58.84 (1:20.51)	3:23.78 (1:24.95)	4:52.96 (1:29.18)
	6:22.74 (1:29.78)	7:57.60 (1:34.87)	9:30.07 (1:32.48)	11:05.30 (1:35.23)
	12:43.01 (1:37.71)	14:19.27 (1:36.27)	15:58.59 (1:39.32)	17:37.97 (1:39.38)
	19:16.15 (1:38.18)			
11	87 George, Zenia	JR Florida A&M	19:30.00	19:21.69
	38.68 (38.68)	1:59.29 (1:20.61)	3:25.84 (1:26.56)	4:54.87 (1:29.03)
	6:24.95 (1:30.08)	7:57.04 (1:32.10)	9:28.53 (1:31.49)	11:08.62 (1:40.10)
	12:47.62 (1:39.00)	14:27.81 (1:40.20)	16:10.30 (1:42.50)	17:51.87 (1:41.57)
	19:21.69 (1:29.83)			
12	286 Irizarry, Kassandr	SO Norfolk State	19:24.13	19:23.73
	38.30 (38.30)	2:00.02 (1:21.72)	3:30.19 (1:30.17)	5:01.58 (1:31.39)
	6:36.15 (1:34.58)	8:11.42 (1:35.28)	9:47.81 (1:36.39)	11:25.62 (1:37.82)
	13:00.89 (1:35.28)	14:41.31 (1:40.42)	16:18.16 (1:36.85)	17:53.00 (1:34.85)
	19:23.73 (1:30.73)			
13	14 Taylor, Kirsten	JR Bethune-Cookman	19:18.66	19:53.29
	39.60 (39.60)	2:00.46 (1:20.86)	3:30.46 (1:30.01)	5:02.70 (1:32.24)
	6:37.23 (1:34.54)	8:15.70 (1:38.47)	9:56.99 (1:41.30)	11:39.82 (1:42.83)
	13:21.18 (1:41.37)	15:02.87 (1:41.69)	16:42.72 (1:39.86)	18:20.22 (1:37.50)
	19:53.29 (1:33.08)			

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****....Women 5000 Meter Run**

14	98 Williams, Ciera	SO Florida A&M	19:46.13	20:38.02		
	39.41 (39.41)	2:02.51 (1:23.11)	3:33.73 (1:31.22)	5:10.67 (1:36.95)		
	6:49.48 (1:38.81)	8:29.28 (1:39.80)	10:12.31 (1:43.04)	11:55.02 (1:42.71)		
	13:41.15 (1:46.14)	15:27.54 (1:46.39)	17:15.25 (1:47.72)	18:55.76 (1:40.52)		
	20:38.02 (1:42.27)					
15	58 Jones, Alisha	SR Delaware State	21:00.66			
	39.69 (39.69)	2:03.01 (1:23.33)	3:33.85 (1:30.84)	5:10.60 (1:36.76)		
	6:49.68 (1:39.08)	8:30.94 (1:41.26)	10:16.17 (1:45.24)	12:02.39 (1:46.23)		
	13:51.70 (1:49.31)	15:37.68 (1:45.99)	17:21.46 (1:43.78)	18:52.61 (1:31.15)		
	21:00.66 (2:08.06)					
16	242 Parker, Nichole	FR N. Carolina A&T	21:48.24			
	39.23 (39.23)	2:02.86 (1:23.63)	3:33.99 (1:31.14)	5:11.07 (1:37.09)		
	6:58.19 (1:47.12)	8:50.55 (1:52.37)	10:43.36 (1:52.82)	12:37.10 (1:53.74)		
	14:31.84 (1:54.75)	16:21.24 (1:49.41)	18:12.34 (1:51.10)	19:40.35 (1:28.02)		
	21:48.24 (2:07.89)					
--	36 Cherubet, Irene	SR Coppin State	21:13.96	DNS		

Women 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

MEAC: * 13.14 2009 Smith, Loreal, North Carolina A&T							
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	122	Norman, Breana	JR Hampton	13.54	13.81Q	-0.1	1
2	112	Bouldin, Casaundra	SR Hampton	13.74	14.10Q	0.4	2
3	260	Ballard, Anthonia	JR N.C. Central	13.96	14.32q	0.4	2
4	38	Easterling, Alexis	SR Coppin State	14.29	14.35q	0.4	2
5	111	Boney, Shantae	SR Hampton	14.57	14.39q	-0.1	1
6	341	Stanley, Tenisha	FR South Carolina St.	14.15	14.47q	-0.1	1
7	292	Vaughan, Jazmine	FR Norfolk State	14.50	14.48q	-0.1	1
8	334	Gardner, Kayla	FR South Carolina St.	14.57	14.71q	0.4	2
9	6	Johnson, Rayanna	SR Bethune-Cookman	14.78	14.80	-0.1	1
10	236	Ellick, Tiffany	FR N. Carolina A&T	14.66	15.24	0.4	2
11	88	Ivey, Ashley	FR Florida A&M	14.35	15.33	0.4	2
12	62	Sidney, Shalaya	SO Delaware State	16.96	18.30	-0.1	1
--	270	Wanamaker, Jasmine	JR N.C. Central	13.98	FS	-0.1	1

Women 100 Meter Hurdles

MEAC: * 13.14 2009 Smith, Loreal, North Carolina A&T						
Name	Year	School	Prelims	Finals	Wind	
Finals						
1	122	Norman, Breana	JR Hampton	13.81	13.76	1.1
2	260	Ballard, Anthonia	JR N.C. Central	14.32	13.91	1.1
3	38	Easterling, Alexis	SR Coppin State	14.35	14.07	1.1
4	112	Bouldin, Casaundra	SR Hampton	14.10	14.20	1.1
5	292	Vaughan, Jazmine	FR Norfolk State	14.48	14.29	1.1
6	334	Gardner, Kayla	FR South Carolina St.	14.71	14.32	1.1
7	111	Boney, Shantae	SR Hampton	14.39	14.34	1.1
--	341	Stanley, Tenisha	FR South Carolina St.	14.47	DNF	1.1

MEAC Outdoor Championships - 5/2/2013 to 5/4/2013**www.halfmiletiming.com****NC A&T University Greensboro, NC****Results****Women 400 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MEAC: * 57.42 2002 Davis,Chole, Hampton						
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1 157 Todd, Monica	JR	Howard	59.33	1:00.46Q	1	
2 203 Candelaria, Nichol	FR	Morgan State	1:01.58	1:01.11Q	3	
3 262 Conquest, Delesha	JR	N.C. Central	1:02.29	1:02.51Q	2	
4 269 Summerville, Regin	SO	N.C. Central	1:01.95	1:02.11q	3	
5 280 Boddie, Vamonie	FR	Norfolk State	1:02.81	1:02.31q	1	
6 240 Morris, Brittanie	JR	N. Carolina A&T		1:02.77q	1	
7 264 Hudson, Sararesa	JR	N.C. Central	1:03.61	1:03.08q	3	
8 147 Cooper, Kinyata	JR	Howard	1:04.16	1:03.17q	2	
9 295 Whitties, Venus	SO	Norfolk State	1:03.60	1:04.92	2	
10 337 Jefferson, Nikkia	FR	South Carolina St.	1:03.71	1:05.36	1	
11 260 Ballard, Anthonia	JR	N.C. Central	1:02.92	1:05.41	1	
12 86 Durden, Simone	SO	Florida A&M	1:05.00	1:05.68	3	
13 145 Broady, Dorian	JR	Howard	1:04.25	1:06.31	3	
14 117 Gainey, Shaquanda	SR	Hampton	1:03.68	1:06.43	2	
15 177 Gallas, Melina	SR	Maryland-Eas	1:03.74	1:07.63	1	
16 111 Boney, Shantae	SR	Hampton	1:01.21	1:09.06	2	
17 1 Bryant, Shalaneya	FR	Bethune-Cookman		1:09.64	2	
18 61 Robinson, Ashley	SO	Delaware State		1:09.81	1	
19 32 Bacote, Ashley	JR	Coppin State	1:03.62	1:11.73	3	

Women 400 Meter Hurdles

MEAC: * 57.42 2002 Davis,Chole, Hampton				
Name	Year	School	Prelims	Finals
Finals				
1 157 Todd, Monica	JR	Howard	1:00.46	59.93
2 203 Candelaria, Nichol	FR	Morgan State	1:01.11	1:00.66
3 269 Summerville, Regin	SO	N.C. Central	1:02.11	1:01.67
4 240 Morris, Brittanie	JR	N. Carolina A&T	1:02.77	1:02.18
5 262 Conquest, Delesha	JR	N.C. Central	1:02.51	1:02.73
6 280 Boddie, Vamonie	FR	Norfolk State	1:02.31	1:03.20
7 264 Hudson, Sararesa	JR	N.C. Central	1:03.08	1:03.50
8 147 Cooper, Kinyata	JR	Howard	1:03.17	1:10.07

Women 3000 Meter Steeplechase

MEAC: * 11:06.99 2012 Dunkley, Kadian, Bethune-Cookman				
Name	Year	School	Seed	Finals
1 181 Kubesova, Petra	FR	Maryland-Eas	10:33.81	10:55.02*
42.54 (42.54)	2:04.79 (1:22.25)	3:31.67 (1:26.88)	4:59.36 (1:27.70)	
6:27.94 (1:28.59)	7:57.11 (1:29.17)	9:28.45 (1:31.35)	10:55.02 (1:26.57)	
2 3 Dunkley, Kadian	SR	Bethune-Cookman	11:20.39	11:20.32
42.13 (42.13)	2:05.23 (1:23.11)	3:34.27 (1:29.04)	5:06.67 (1:32.40)	
6:41.39 (1:34.73)	8:18.03 (1:36.64)	9:52.54 (1:34.52)	11:20.32 (1:27.79)	
3 119 Harris, Nichelle	JR	Hampton	11:29.57	11:33.16
41.81 (41.81)	2:05.63 (1:23.83)	3:34.91 (1:29.28)	5:07.87 (1:32.97)	
6:43.20 (1:35.33)	8:20.36 (1:37.17)	9:58.57 (1:38.22)	11:33.16 (1:34.60)	

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4	92 Kosgei, Effiey	FR Florida A&M	11:21.17	11:47.08	
	42.88 (42.88)	2:08.79 (1:25.92)	3:40.09 (1:31.30)	5:16.02 (1:35.93)	
	6:53.85 (1:37.83)	8:33.05 (1:39.21)	10:10.73 (1:37.68)	11:47.08 (1:36.35)	
5	87 George, Zenia	JR Florida A&M	11:53.35	11:51.35	
	42.44 (42.44)	2:08.17 (1:25.74)	3:41.85 (1:33.69)	5:19.00 (1:37.15)	
	6:58.02 (1:39.02)	8:39.40 (1:41.39)	10:19.42 (1:40.03)	11:51.35 (1:31.94)	
6	89 Jackson, Chandellic	SO Florida A&M	11:55.48	11:52.26	
	39.39 (39.39)	2:03.92 (1:24.53)	3:39.74 (1:35.82)	5:21.27 (1:41.54)	
	7:01.33 (1:40.06)	8:42.46 (1:41.14)	10:19.80 (1:37.35)	11:52.26 (1:32.46)	
7	127 Thompson, Devyn	JR Hampton	11:46.35	12:06.05	
	40.88 (40.88)	2:05.65 (1:24.77)	3:39.58 (1:33.93)	5:19.30 (1:39.73)	
	6:58.76 (1:39.46)	8:41.35 (1:42.59)	10:21.96 (1:40.62)	12:06.05 (1:44.09)	
8	65 Williams, T'Nay	SO Delaware State	12:08.87	12:17.24	
	43.21 (43.21)	2:08.73 (1:25.52)	3:42.90 (1:34.18)	5:23.10 (1:40.20)	
	7:03.86 (1:40.77)	8:46.14 (1:42.29)	10:36.25 (1:50.11)	12:17.24 (1:40.99)	
9	121 Murray, Kaylor	FR Hampton	12:36.88	12:32.68	
	42.85 (42.85)	2:08.63 (1:25.78)	3:42.56 (1:33.93)	5:22.51 (1:39.95)	
	7:09.39 (1:46.89)	9:01.23 (1:51.84)	10:54.62 (1:53.39)	12:32.68 (1:38.07)	
10	85 Chehelgo, Cynthia	FR Florida A&M	12:06.30	12:39.76	
	43.12 (43.12)	2:11.83 (1:28.71)	3:51.10 (1:39.28)	5:37.16 (1:46.06)	
	7:21.14 (1:43.98)	9:07.55 (1:46.41)	10:53.41 (1:45.87)	12:39.76 (1:46.35)	
11	153 Ruffin, Cynthia	FR Howard	12:51.25		
	42.83 (42.83)	2:07.24 (1:24.42)	3:44.17 (1:36.93)	5:28.11 (1:43.94)	
	7:13.70 (1:45.59)	9:04.45 (1:50.75)	11:05.72 (2:01.28)	12:51.25 (1:45.54)	
12	98 Williams, Ciera	SO Florida A&M	12:19.84	12:58.07	
	43.35 (43.35)	2:12.79 (1:29.45)	3:52.59 (1:39.80)	5:40.45 (1:47.87)	
	7:29.36 (1:48.91)	9:20.67 (1:51.32)	11:12.18 (1:51.51)	12:58.07 (1:45.90)	
13	340 Smith, Tamara	JR South Carolina St.	13:07.79		
	42.75 (42.75)	2:09.76 (1:27.01)	3:48.76 (1:39.00)	5:35.09 (1:46.34)	
	7:26.17 (1:51.09)	9:22.81 (1:56.64)	11:19.70 (1:56.89)	13:07.79 (1:48.10)	
--	286 Irizarry, Kassandr	SO Norfolk State	12:14.26	DNF	
	40.88 (40.88)	2:06.61 (1:25.73)	3:43.38 (1:36.78)		
--	36 Cherubet, Irene	SR Coppin State	13:15.66	DNF	

Women 4x100 Meter Relay

MEAC: * 44.93 2012 Hampton, Hampton Green, Green, Sogbesan, Wattley					
School	Seed	Finals	H#		
1 Norfolk State	45.30	45.12	2		
1) 282 Cunningham, Torie SO	2) 293 Wallace, Qua'Nesha FR				
3) 279 Bell, Champagne JR	4) 289 McCants, Brittany FR				
2 Florida A&M	45.24	45.24	2		
1) 90 Jones, Dynasty SR	2) 94 Linson, Nakia JR				
3) 95 Smith, Jasmine SO	4) 88 Ivey, Ashley FR				
3 Maryland-Eastern Shore	45.46	45.51	2	45.503	
1) 180 Jackson, Whitney FR	2) 178 Guion-Firmin, Lenora SR				
3) 176 Evans, Gayon SO	4) 177 Gallas, Melina SR				
4 Morgan State	45.17	45.51	2	45.509	
1) 216 Wattley, Britney SR	2) 208 Green, Teyanna JR				
3) 207 Green, Charisma JR	4) 212 Sogbesan, Ekundayo JR				
5 Bethune-Cookman	45.88	46.43	2		
1) 15 Thomas, Keyona JR	2) 7 Johnson, Tristie FR				

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3) 4 Garner, Shakira SR	4) 9 Reid, Breonca FR			
6 South Carolina St.	47.02	46.60	1	
1) 344 Whittley, Tahje SO	2) 339 Owens, Antavia SO			
3) 337 Jefferson, Nikkia FR	4) 335 Hicks, Yazmin SR			
7 N.C. Central	46.46	46.65	1	
1) 270 Wanamaker, Jasmine JR	2) 266 McCoy, Ashley SR			
3) 262 Conquest, Delesha JR	4) 263 Gore, La'Creesha JR			
8 Savannah State	46.51	46.74	1	
1) 319 Stinson, Asia SO	2) 317 Roberts, Chavonta SO			
3) 314 Bentley, Jade SO	4) 318 Seay-Blane, Jazy JR			
9 Howard	47.80	47.42	1	47.411
1) 151 Jones, Briana JR	2) 146 Buchanan, Skylar FR			
3) 157 Todd, Monica JR	4) 155 Selby, Jasmin JR			
10 Coppin State	46.32	47.42	2	47.418
1) 43 Yarde, Tanaya FR	2) 34 Brownell, Shena JR			
3) 33 Bonga, Sandra SR	4) 42 Smith, Paula FR			
-- Hampton	45.51	DNF	2	
1) 114 Denmark, Teiara JR	2) 122 Norman, Breana JR			
3) 118 Greene, Tanisha FR	4) 123 Parker, Le'Quisha SO			
-- Delaware State	49.17	DNS	1	
1) 56 Emerson, Calisa SR	2) 53 Clark, Chalsea FR			
3) 59 Relerford, Rayanna FR	4) 66 Wilson, Janae FR			

Women 4x400 Meter Relay

MEAC: * 3:36.83 2006 North Carolina A&T, North Carolina A&T
 Mitchell, Spruiel, Blackmon, Clark

School	Seed	Finals	H#
1 Hampton	3:35.17	3:40.44	2
1) 111 Boney, Shantae SR	2) 123 Parker, Le'Quisha SO		
3) 126 Taylor, Benita SR	4) 120 Holland, Malekah SO		
2 Maryland-Eastern Shore	3:39.83	3:42.83	2
1) 179 Hemley, Shantol FR	2) 176 Evans, Gayon SO		
3) 175 Ducados, Emilie SR	4) 178 Guion-Firmin, Lenora SR		
3 Florida A&M	3:45.96	3:46.63	2
1) 84 Allen, Ariel JR	2) 90 Jones, Dynasty SR		
3) 94 Linson, Nakia JR	4) 95 Smith, Jasmine SO		
4 Coppin State	3:41.97	3:50.12	2
1) 33 Bonga, Sandra SR	2) 38 Easterling, Alexis SR		
3) 34 Brownell, Shena JR	4) 43 Yarde, Tanaya FR		
5 N.C. Central	3:49.18	3:50.63	1
1) 263 Gore, La'Creesha JR	2) 264 Hudson, Sararesa JR		
3) 265 Long, Ikea JR	4) 262 Conquest, Delesha JR		
6 Howard	3:47.48	3:51.60	2
1) 156 Thomas, Zahra SR	2) 155 Selby, Jasmin JR		
3) 149 Gilmer, Joy SO	4) 157 Todd, Monica JR		
7 Norfolk State	3:51.82	3:52.41	1
1) 279 Bell, Champagne JR	2) 291 Sessoms, Ashley JR		
3) 290 McKenzie, Kaydianne SO	4) 287 Johnson, Rayiana JR		
8 Bethune-Cookman	3:54.27	3:53.84	1
1) 4 Garner, Shakira SR	2) 7 Johnson, Tristie FR		
3) 15 Thomas, Keyona JR	4) 3 Dunkley, Kadian SR		
9 South Carolina St.	3:52.33	3:56.03	1

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1) 335 Hicks, Yazmin SR	2) 337 Jefferson, Nikkia FR			
3) 338 McFarlane, Sherril JR	4) 343 Waters, Sarai JR			
10 Delaware State	3:51.73	3:56.35	1	
1) 56 Emerson, Calisa SR	2) 54 Dornevil, Ketsia JR			
3) 60 Richardson, Dashera SR	4) 59 Relerford, Rayanna FR			
11 N. Carolina A&T	3:55.80	3:59.57	1	
1) 233 Bygraves, Roshel JR	2) 243 Rush, Kristin SR			
3) 239 McCrary, Jade FR	4) 237 Ferrell, Janay FR			
-- Savannah State	3:48.93	DNF	2	
1) 317 Roberts, Chavonta SO	2) 321 White, Jaymi SO			
3) 318 Seay-Blane, Jazy JR	4) 315 Givance, Dominique JR			
-- Morgan State	3:41.74	DNF	2	
1) 212 Sogbesan, Ekundayo JR	2) 206 Cooley, Tere FR			
3) 208 Green, Teyanna JR	4) 203 Candelaria, Nichole FR			

Women High Jump

MEAC: * 1.80m 2006 Robinson, Brittany, Morgan State					
Name	Year	School	Seed	Finals	
1 37 Daniel, Deandra	FR	Coppin State	1.75m	1.72m	5-07.75
1.52 1.57 1.62 1.67 1.72 1.77					
P P O O XO XXX					
2 122 Norman, Breana	JR	Hampton	1.65m	1.72m	5-07.75
1.52 1.57 1.62 1.67 1.72 1.77					
O XO O XXO XO XXX					
3 238 Gray, Nakita	FR	N. Carolina A&T	1.75m	1.72m	5-07.75
1.52 1.57 1.62 1.67 1.72 1.77					
P O XO O XXO XXX					
4 211 Ovid, Jeanelle	JR	Morgan State	1.70m	1.67m	5-05.75
1.52 1.57 1.62 1.67 1.72					
P P P O XXX					
5 215 Waller, Monae	SR	Morgan State	1.70m	1.67m	5-05.75
1.52 1.57 1.62 1.67 1.72					
P P P XXO XXX					
6 8 Jordan, Deidra	SO	Bethune-Cookman	1.66m	1.62m	5-03.75
1.52 1.57 1.62 1.67					
P O O XXX					
7 115 Fair, Ermesha	SR	Hampton	1.60m	1.62m	5-03.75
1.52 1.57 1.62 1.67					
O XXO O XXX					
7 111 Boney, Shantae	SR	Hampton	1.72m	1.62m	5-03.75
1.52 1.57 1.62 1.67					
O XXO O XXX					
9 42 Smith, Paula	FR	Coppin State	1.66m	1.62m	5-03.75
1.52 1.57 1.62 1.67					
XO O XO XXX					
10 114 Denmark, Teiara	JR	Hampton	1.63m	1.57m	5-01.75
1.52 1.57 1.62					
O O XXX					
11 267 Mitchell, Cynteria	FR	N.C. Central	1.55m	1.57m	5-01.75
1.52 1.57 1.62					
O XO XXX					

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12	32	Bacote, Ashley	JR Coppin State	1.60m	1.57m	5-01.75
	1.52	1.57	1.62			
	XX0	X0	XXX			
13	359	Hyppolite, Juliett	S0 Bethune-Cookman	1.60m	1.52m	4-11.75
	1.52	1.57				
	XX0	XXX				
13	320	Taylor, Chantia	S0 Savannah State	1.50m	1.52m	4-11.75
	1.52	1.57				
	XX0	XXX				
13	38	Easterling, Alexis	SR Coppin State	1.60m	1.52m	4-11.75
	1.52	1.57				
	XX0	XXX				

Women Pole Vault

MEAC: * 3.58m 2012 Smallwood, Sasha, Bethune-Cookman															
Name		Year				School				Seed			Finals		
1	13	Smallwood, Sasha				S0	Bethune-Cookman				3.56m		3.50m	11-05.75	
	2.29	2.44	2.59	2.69	2.79	2.89	2.99	3.09	3.19	3.29	3.39	3.50	3.55		
	P	P	P	P	P	P	P	P	P	P	0	0	XXX		
2	283	Davis, Tiara				S0	Norfolk State				3.28m		3.29m	10-09.50	
	2.29	2.44	2.59	2.69	2.79	2.89	2.99	3.09	3.19	3.29	3.39				
	P	P	P	P	XX0	0	0	0	0	0	XXX				
3	239	McCrary, Jade				FR	N. Carolina A&T				2.45m		2.44m	8-00.00	
	2.29	2.44	2.59												
	0	0	XXX												
4	95	Smith, Jasmine				S0	Florida A&M				2.45m		2.29m	7-06.00	
	2.29	2.44													
	0	XXX													
5	86	Durden, Simone				S0	Florida A&M				2.45m		2.29m	7-06.00	
	2.29	2.44													
	X0	XXX													
--	125	Shufford, Jenira				FR	Hampton				NH				
	2.29														
	XXX														
--	183	Moore, Latasha				JR	Maryland-Eas				DNS				

Women Long Jump

MEAC: * 6.34m 1983 Williams, Collette, South Carolina State									
Name	Year	School	Seed	Finals	Wind				
1	279	Bell, Champagne	JR Norfolk State	6.21m	6.04m	0.6	19-09.75		
	FOUL(2.0)	6.04m(0.6)	FOUL(0.6)	FOUL(0.1)	PASS	5.56m(0.5)			
2	94	Linson, Nakia	JR Florida A&M	6.07m	6.00m	2.0	19-08.25		
	5.46m(2.3)	6.00m(2.0)	5.83m(0.3)	5.86m(1.4)	5.76m(2.1)	5.82m(0.4)			
3	114	Denmark, Teiara	JR Hampton	5.90m	5.88m	0.7	19-03.50		
	5.49m(1.5)	FOUL(0.6)	5.61m(0.9)	5.72m(2.2)	5.78m(1.0)	5.88m(0.7)			
4	38	Easterling, Alexis	SR Coppin State	5.93m	5.79m	4.2	19-00.00		
	FOUL(1.6)	FOUL(3.8)	5.64m(0.7)	5.79m(4.2)	5.62m(0.4)	5.54m(0.4)			
5	66	Wilson, Janae	FR Delaware State	5.78m	5.66m	0.2	18-07.00		
	5.44m(2.4)	4.52m(0.5)	5.66m(0.2)	5.10m(0.8)	FOUL(+0.0)	4.78m(-1.6)			

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6	151 Jones, Briana	JR Howard	5.50m	5.53m	1.5	18-01.75
	5.34m(2.5) 5.53m(1.5) 5.37m(2.1) 5.18m(1.9) 5.24m(0.9) 5.26m(0.8)					
7	40 Epps, Christina	SR Coppin State	5.52m	5.50m	1.5	18-00.50
	5.11m(0.5) 5.50m(1.5) 5.45m(0.1) FOUL(2.4) FOUL(3.4) 5.50m(1.5)					
8	9 Reid, Breonca	FR Bethune-Cookman	5.53m	5.36m	-0.7	17-07.00
	5.36m(-0.7) 5.13m(3.4) FOUL(0.4) FOUL(0.8) 5.11m(-0.2) 5.04m(1.3)					
9	91 Jones, Kinnesha	SR Florida A&M	5.76m	5.35m	0.7	17-06.75
	5.14m(1.1) 5.30m(0.2) 5.35m(0.7) 5.10m(2.5) 5.16m(1.4) 5.29m(0.5)					
10	125 Shufford, Jenira	FR Hampton	5.56m	5.32m	1.5	17-05.50
	4.82m(1.0) FOUL(2.0) 5.32m(1.5)					
11	186 Williams, Geranda	JR Maryland-Eas	5.50m	5.24m	2.3	17-02.25
	5.23m(3.9) 5.24m(2.3) 4.88m(3.0)					
12	33 Bonga, Sandra	SR Coppin State	5.51m	5.23m	1.6	17-02.00
	5.23m(1.6) 4.97m(+0.0) 5.13m(2.1)					
12	8 Jordan, Deidra	SO Bethune-Cookman	5.68m	5.23m	2.6	17-02.00
	4.57m(0.9) 5.23m(2.6) 4.99m(0.8)					
14	236 Ellick, Tiffany	FR N. Carolina A&T	5.46m	5.21m	-0.6	17-01.25
	4.94m(1.3) 5.21m(-0.6) FOUL(1.4)					
15	42 Smith, Paula	FR Coppin State	5.57m	5.10m	0.2	16-08.75
	5.05m(2.4) 5.04m(2.7) 5.10m(0.2)					
16	6 Johnson, Rayanna	SR Bethune-Cookman	5.72m	5.02m	0.6	16-05.75
	FOUL(1.7) 4.94m(0.9) 5.02m(0.6)					
17	267 Mitchell, Cynteria	FR N.C. Central	4.93m	4.50m	1.7	14-09.25
	4.50m(1.7) FOUL(2.8) FOUL(1.2)					
--	157 Todd, Monica	JR Howard	5.60m	FOUL		
	FOUL(-0.3) FOUL(1.6) FOUL(-1.0)					
--	316 Jarrett, Rajeane	SO Savannah State	5.65m	DNS	NWI	
--	321 White, Jaymi	SO Savannah State	6.07m	DNS	NWI	

Women Triple Jump

=====						
MEAC: * 13.34m 2007 Lewis, Yvette, Hampton						
Name	Year	School	Seed	Finals	Wind	
=====						
1	40 Epps, Christina	SR Coppin State	12.33m	12.48m	3.2	40-11.50
	12.09m(3.7) 12.02m(0.6) 11.75m(1.0) 12.48m(3.2) FOUL(0.9) 12.34m(1.0)					
2	186 Williams, Geranda	JR Maryland-Eas	12.53m	12.46m	0.3	40-10.50
	12.02m(6.1) 12.27m(3.7) 12.38m(+0.0) 12.46m(0.3) FOUL(3.9) 12.30m(2.5)					
3	114 Denmark, Teiara	JR Hampton	12.29m	12.29m	5.2	40-04.00
	12.29m(5.2) 12.07m(-0.4) 11.36m(2.8) 12.12m(3.4) FOUL(2.8) FOUL					
4	236 Ellick, Tiffany	FR N. Carolina A&T	11.41m	12.06m	3.9	39-07.00
	FOUL(-1.9) FOUL(2.4) 11.51m(0.3) FOUL(1.7) FOUL(0.2) 12.06m(3.9)					
5	88 Ivey, Ashley	FR Florida A&M	12.35m	12.02m	1.2	39-05.25
	11.24m(3.6) 11.52m(0.8) FOUL(3.4) 12.02m(1.2) FOUL(1.8) 11.90m(6.5)					
6	91 Jones, Kinnesha	SR Florida A&M	12.37m	11.96m	-0.2	39-03.00
	11.37m(3.3) FOUL(2.1) 11.85m(0.1) 11.96m(-0.2) 11.73m(2.2) 11.70m(3.7)					
7	41 Mitchell, Jennifer	JR Coppin State	11.53m	11.70m	2.7	38-04.75
	11.16m(1.4) FOUL(3.5) 11.35m(3.4) 11.42m(2.8) 11.70m(2.7) 11.62m(2.1)					
8	290 McKenzie, Kaydiann	SO Norfolk State	11.84m	11.47m	-0.2	37-07.75
	FOUL(4.4) 11.15m(3.7) 11.38m(1.1) 11.25m(3.7) FOUL(0.5) 11.47m(-0.2)					
9	214 Thomas, Ajada	JR Morgan State	11.65m	11.30m	6.3	37-01.00
	FOUL(1.9) 11.28m(+0.0) 9.98m(1.2) 11.06m(0.8) 11.30m(6.3) FOUL(3.4)					
10	38 Easterling, Alexis	SR Coppin State	12.16m	11.25m	2.1	36-11.00
	11.25m(2.1) 10.90m(0.6) 10.91m(1.8)					

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11	6 Johnson, Rayanna	SR Bethune-Cookman	11.55m	11.18m	2.3	36-08.25
	FOUL(3.1) FOUL(0.6)	11.18m(2.3)				
12	64 Tilghman, Briana	S0 Delaware State		9.79m	-0.7	32-01.50
	FOUL(-0.1) FOUL(4.0)	9.79m(-0.7)				
--	316 Jarrett, Rajeanne	S0 Savannah State	11.64m	DNS	NWI	

Women Shot Put

MEAC: * 15.92m 2012 Vanessa Henry, Maryland Eastern Shore						
Name	Year	School	Seed	Finals		
1	209 Mealer, Ranita	JR Morgan State	13.91m	15.50m	50-10.25	
	12.36m FOUL 14.37m	14.44m 13.46m 15.50m				
2	174 Cox, Imani	SR Maryland-Eas	15.84m	15.24m	50-00.00	
	13.39m FOUL 15.24m	13.78m 14.77m 14.08m				
3	234 Cobb, Sydni	SR N. Carolina A&T	14.05m	14.42m	47-03.75	
	13.37m 13.70m 13.76m	13.69m 14.42m 13.92m				
4	93 Lebert, Sasha-Ann	S0 Florida A&M	13.92m	14.08m	46-02.50	
	FOUL FOUL 14.08m	13.33m 13.94m 13.52m				
5	284 Howell, Kiara	FR Norfolk State	14.70m	14.07m	46-02.00	
	13.22m 13.75m 13.08m	14.07m 13.20m 13.47m				
6	10 Richardson, Desire	S0 Bethune-Cookman	13.40m	13.84m	45-05.00	
	13.73m 13.64m 13.84m	13.00m 13.76m 13.67m				
7	184 Robinson, Lexia	JR Maryland-Eas	14.05m	13.61m	44-08.00	
	13.61m 13.03m 13.39m	13.58m 13.59m 13.41m				
8	201 Bursey, Angela	S0 Morgan State	13.20m	13.00m	42-08.00	
	11.59m 12.30m 12.96m	13.00m 12.62m 12.49m				
9	57 Gwengi, Maria	JR Delaware State	12.80m	12.86m	42-02.25	
	12.86m 12.34m 12.54m	11.98m 12.78m FOUL				
10	187 Young, Shawnata	JR Maryland-Eas	12.54m	12.79m	41-11.50	
	10.67m 12.79m 11.34m					
11	244 Weaver, Juanita	SR N. Carolina A&T	12.44m	12.74m	41-09.75	
	12.74m FOUL FOUL					
12	336 Jackson, Deja	S0 South Carolina St.	12.37m	12.30m	40-04.25	
	12.30m 12.15m FOUL					
13	342 Taylor, Celeste	JR South Carolina St.	12.46m	11.93m	39-01.75	
	11.93m 10.17m 10.45m					
14	235 Dickens, Demetria	FR N. Carolina A&T	12.39m	11.68m	38-04.00	
	FOUL 11.61m 11.68m					

Women Discus Throw

MEAC: * 51.09m 1990 Daughtry, Tiffany, Florida A&M						
Name	Year	School	Seed	Finals		
1	93 Lebert, Sasha-Ann	S0 Florida A&M	49.47m	46.07m	151-02	
	43.93m 45.09m 42.85m	46.07m 44.64m FOUL				
2	284 Howell, Kiara	FR Norfolk State	46.08m	44.25m	145-02	
	41.25m 42.52m 44.25m	41.29m 42.58m FOUL				
3	235 Dickens, Demetria	FR N. Carolina A&T	39.01m	42.60m	139-09	
	41.07m 40.66m FOUL	40.39m 42.60m FOUL				
4	174 Cox, Imani	SR Maryland-Eas	45.33m	42.09m	138-01	
	FOUL FOUL 40.77m	40.85m 42.09m 41.80m				

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5	184 Robinson, Lexia	JR Maryland-Eas	47.82m	39.79m	130-06
	FOUL 39.79m FOUL FOUL FOUL FOUL				
6	241 Owens, Sherri	SO N. Carolina A&T	38.06m	38.73m	127-01
	35.84m 38.54m 37.57m 38.73m 37.37m FOUL				
7	187 Young, Shawnata	JR Maryland-Eas	39.00m	38.55m	126-06
	35.39m FOUL 38.55m 32.22m 37.74m FOUL				
8	285 Howell, Navia	FR Norfolk State	39.85m	38.07m	124-11
	38.07m FOUL 35.89m FOUL FOUL FOUL				
9	234 Cobb, Sydni	SR N. Carolina A&T	38.94m	37.94m	124-06
	35.80m 37.94m 31.47m FOUL FOUL FOUL				
10	204 Clay, Samantha	JR Morgan State	40.22m	36.10m	118-05
	FOUL 36.10m FOUL				
11	11 Rivera, Alana	SO Bethune-Cookman	37.88m	35.53m	116-07
	34.72m FOUL 35.53m				
12	39 Edwards, Alethia	FR Coppin State	36.00m	34.92m	114-07
	34.92m 32.59m FOUL				
13	210 Moore, Sharita	JR Morgan State	39.04m	34.50m	113-02
	34.50m FOUL 32.85m				
14	336 Jackson, Deja	SO South Carolina St.	36.48m	32.77m	107-06
	FOUL FOUL 32.77m				

Women Javelin Throw

=====					
MEAC: * 49.40m			Unknown, Unknown		
Name	Year	School	Seed	Finals	
=====					
1	209 Mealer, Ranita	JR Morgan State	41.94m	43.20m	141-09
	39.44m 42.48m 40.69m FOUL 36.10m 43.20m				
2	284 Howell, Kiara	FR Norfolk State	31.43m	35.02m	114-11
	33.53m 29.63m 27.94m 22.03m 34.62m 35.02m				
3	39 Edwards, Alethia	FR Coppin State	35.71m	34.65m	113-08
	34.14m 30.90m 32.45m 34.65m FOUL 32.49m				
4	230 Baskerville, Jasmi	SR N. Carolina A&T	35.38m	33.97m	111-05
	31.35m 32.96m 33.97m 32.24m 33.34m FOUL				
5	96 Smith, Jaymee	FR Florida A&M	36.11m	33.85m	111-01
	28.64m 28.83m 33.85m 31.92m 31.22m 32.93m				
6	184 Robinson, Lexia	JR Maryland-Eas	40.29m	33.64m	110-04
	31.90m FOUL FOUL 33.64m FOUL FOUL				
7	158 Williams, Georgia	FR Howard	31.19m	32.29m	105-11
	FOUL 30.84m 29.28m 29.92m 32.29m 27.74m				
8	55 Durham, Morgan	FR Delaware State	34.90m	32.15m	105-06
	31.31m 32.15m 31.62m 27.67m FOUL 31.33m				
9	241 Owens, Sherri	SO N. Carolina A&T	31.97m	30.72m	100-09
	26.03m FOUL 30.72m FOUL FOUL FOUL				
10	285 Howell, Navia	FR Norfolk State	34.17m	29.97m	98-04
	FOUL FOUL 29.97m				
11	57 Gwengi, Maria	JR Delaware State	34.00m	29.89m	98-01
	29.89m FOUL 27.89m				
12	342 Taylor, Celeste	JR South Carolina St.	27.42m	27.55m	90-05
	25.10m 25.75m 27.55m				
13	95 Smith, Jasmine	SO Florida A&M	34.85m	27.28m	89-06
	FOUL FOUL 27.28m				
14	115 Fair, Ermesha	SR Hampton	30.53m	27.26m	89-05
	19.78m 27.26m FOUL				

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15	87 George, Zenia	JR Florida A&M	29.58m	25.33m	83-01
	FOUL FOUL 25.33m				
16	6 Johnson, Rayanna	SR Bethune-Cookman	30.30m	19.05m	62-06
	19.05m 17.75m 19.02m				

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 111 Boney, Shantae	SR	Hampton	24.73	2.1	2	912
2 113 Burrell, Rachel	SR	Hampton	24.92	1.7	1	894
2 38 Easterling, Alexis	SR	Coppin State	24.92	1.7	1	894
4 339 Owens, Antavia	SO	South Carolina St.	25.03	1.7	1	884
5 42 Smith, Paula	FR	Coppin State	25.70	2.1	2	824
6 8 Jordan, Deidra	SO	Bethune-Cookman	25.99	1.7	1	798
7 32 Bacote, Ashley	JR	Coppin State	26.05	2.1	2	793
8 320 Taylor, Chantia	SO	Savannah State	26.44	2.1	2	759
9 12 Sanders, Cenita	JR	Bethune-Cookman	26.67	2.1	2	740
10 6 Johnson, Rayanna	SR	Bethune-Cookman	26.75	2.1	2	733
11 154 Sawtell, Kayla	JR	Howard	26.77	1.7	1	731
12 117 Gainey, Shaquanda	SR	Hampton	27.05	1.7	1	708
13 63 Sims, Brianna	FR	Delaware State	27.66	1.7	1	658
14 158 Williams, Georgia	FR	Howard	29.57	2.1	2	513
-- 316 Jarrett, Rajeane	SO	Savannah State	DNS	2.1	2	
-- 321 White, Jaymi	SO	Savannah State	DNS	1.7	1	

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year	School	Finals	Points
1 111 Boney, Shantae	SR	Hampton	2:19.16	835
1:05.43 (1:05.43)		2:19.16 (1:13.73)		
2 113 Burrell, Rachel	SR	Hampton	2:25.19	754
1:06.63 (1:06.63)		2:25.19 (1:18.57)		
3 117 Gainey, Shaquanda	SR	Hampton	2:25.66	748
1:06.12 (1:06.12)		2:25.66 (1:19.54)		
4 38 Easterling, Alexis	SR	Coppin State	2:27.13	729
1:08.25 (1:08.25)		2:27.13 (1:18.89)		
5 32 Bacote, Ashley	JR	Coppin State	2:29.66	697
1:09.09 (1:09.09)		2:29.66 (1:20.57)		
6 8 Jordan, Deidra	SO	Bethune-Cookman	2:32.84	658
1:11.32 (1:11.32)		2:32.84 (1:21.53)		
7 154 Sawtell, Kayla	JR	Howard	2:33.82	646
1:12.82 (1:12.82)		2:33.82 (1:21.01)		
8 63 Sims, Brianna	FR	Delaware State	2:37.97	596
1:11.72 (1:11.72)		2:37.97 (1:26.26)		
9 6 Johnson, Rayanna	SR	Bethune-Cookman	2:41.74	553
1:10.31 (1:10.31)		2:41.74 (1:31.44)		
10 320 Taylor, Chantia	SO	Savannah State	2:55.00	413
1:15.53 (1:15.53)		2:55.00 (1:39.48)		
11 12 Sanders, Cenita	JR	Bethune-Cookman	2:56.98	394
1:16.39 (1:16.39)		2:56.98 (1:40.60)		
12 158 Williams, Georgia	FR	Howard	3:01.22	354
1:19.85 (1:19.85)		3:01.22 (1:41.37)		

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Results**....Heptathlon: #7 Women 800 Meter Run Heptathlon**

13	42 Smith, Paula	FR Coppin State	3:16.74	225
	1:19.49 (1:19.49)	3:16.74 (1:57.25)		
14	339 Owens, Antavia	S0 South Carolina St.	3:21.91	188
	1:21.59 (1:21.59)	3:21.91 (2:00.32)		
--	316 Jarrett, Rajeanne	S0 Savannah State	DNS	
--	321 White, Jaymi	S0 Savannah State	DNS	

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points
1 38 Easterling, Alexis	SR	Coppin State	14.36	+0.0	3	928
2 111 Boney, Shantae	SR	Hampton	14.75	+0.0	4	875
3 154 Sawtell, Kayla	JR	Howard	14.79	+0.0	3	870
4 339 Owens, Antavia	S0	South Carolina St.	14.80	+0.0	2	868
5 6 Johnson, Rayanna	SR	Bethune-Cookman	14.88	+0.0	3	858
6 32 Bacote, Ashley	JR	Coppin State	14.90	0.4	1	855
7 117 Gaaney, Shaquanda	SR	Hampton	15.30	0.4	1	802
8 63 Sims, Brianna	FR	Delaware State	15.53	+0.0	2	773
9 321 White, Jaymi	S0	Savannah State	15.65	+0.0	4	758
10 8 Jordan, Deidra	S0	Bethune-Cookman	15.74	0.4	1	746
11 12 Sanders, Cenita	JR	Bethune-Cookman	15.85	+0.0	4	733
12 158 Williams, Georgia	FR	Howard	16.60	+0.0	2	642
13 42 Smith, Paula	FR	Coppin State	16.78	0.4	1	622
14 113 Burrell, Rachel	SR	Hampton	17.15	+0.0	3	580
15 316 Jarrett, Rajeanne	S0	Savannah State	17.22	+0.0	2	572
16 320 Taylor, Chantia	S0	Savannah State	19.01	+0.0	4	389

Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 111 Boney, Shantae	SR	Hampton	1.70m 5-07.00	855
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73	P P P P P P P P P P P P P P P P P P		0 0 0 0 0 X0 X0 XXX	
2 8 Jordan, Deidra	S0	Bethune-Cookman	1.64m 5-04.50	783
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67	P P P P P P P P P P P P P P P P		0 0 X0 XXX	
3 158 Williams, Georgia	FR	Howard	1.61m 5-03.25	747
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64	P P P P P P P P P P P P P P P		X0 XXX	
4 42 Smith, Paula	FR	Coppin State	1.58m 5-02.25	712
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61	P P P P P P P P P P P P P P		XX0 XXX	
4 32 Bacote, Ashley	JR	Coppin State	1.58m 5-02.25	712
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61	P P P P P P P P P P P P P P		X0 XXX	
6 320 Taylor, Chantia	S0	Savannah State	1.55m 5-01.00	678
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58	P P P P P P P P P P P P P		XXX	
7 117 Gaaney, Shaquanda	SR	Hampton	1.52m 4-11.75	644
1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55	P P P P P P P P P P P P P		XXX	

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7	6	Johnson, Rayanna	SR Bethune-Cookman	1.52m	4-11.75	644						
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55
	P	P	P	P	P	P	P	0	XX0	X0	0	XXX
7	38	Easterling, Alexis	SR Coppin State	1.52m	4-11.75	644						
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52	1.55
	P	P	P	P	P	P	P	0	X0	0	X0	XXX
10	63	Sims, Brianna	FR Delaware State	1.43m	4-08.25	544						
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46			
	P	P	0	0	P	0	0	X0	XXX			
11	154	Sawtell, Kayla	JR Howard	1.40m	4-07.00	512						
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43				
	P	P	P	X0	0	X0	X0	XXX				
11	113	Burrell, Rachel	SR Hampton	1.40m	4-07.00	512						
	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43				
	0	P	P	X0	X0	X0	0	XXX				
13	339	Owens, Antavia	S0 South Carolina St.	1.34m	4-04.75	449						
	1.22	1.25	1.28	1.31	1.34	1.37						
	P	P	0	X0	XX0	XXX						
--	12	Sanders, Cenita	JR Bethune-Cookman	NH								
	1.22	1.25	1.28	1.31	1.34	1.37	1.40					
	P	P	P	P	P	P	XXX					
--	316	Jarrett, Rajeanne	S0 Savannah State	DNS								
--	321	White, Jaymi	S0 Savannah State	DNS								

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points	
1 38 Easterling, Alexis	SR	Coppin State	5.45m	0.9	17-10.75	686
5.40m(3.2)	5.45m(0.9)	5.31m(0.2)				
2 8 Jordan, Deidra	S0	Bethune-Cookman	5.33m	0.7	17-06.00	651
FOUL(-0.7)	5.33m(0.7)	4.85m(1.5)				
3 42 Smith, Paula	FR	Coppin State	5.21m	0.9	17-01.25	617
FOUL(3.4)	5.21m(0.9)	5.15m(3.1)				
3 6 Johnson, Rayanna	SR	Bethune-Cookman	5.21m	3.4	17-01.25	617
FOUL(0.6)	FOUL(0.3)	5.21m(3.4)				
5 117 Gainey, Shaquanda	SR	Hampton	5.15m	2.1	16-10.75	601
FOUL(0.5)	5.01m(0.5)	5.15m(2.1)				
6 32 Bacote, Ashley	JR	Coppin State	4.98m	0.6	16-04.25	554
4.98m(0.6)	4.85m(0.2)	4.86m(0.2)				
7 111 Boney, Shantae	SR	Hampton	4.94m	0.2	16-02.50	543
4.94m(0.2)	4.81m(0.5)	4.86m(1.9)				
8 154 Sawtell, Kayla	JR	Howard	4.92m	0.2	16-01.75	538
4.80m(-0.7)	4.73m(3.1)	4.92m(0.2)				
9 320 Taylor, Chantia	S0	Savannah State	4.76m	+0.0	15-07.50	495
FOUL(1.9)	4.49m(0.2)	4.76m(+0.0)				
10 63 Sims, Brianna	FR	Delaware State	4.73m	0.7	15-06.25	487
4.69m(0.6)	4.73m(0.7)	4.62m(2.5)				
11 12 Sanders, Cenita	JR	Bethune-Cookman	4.70m	0.9	15-05.00	479
4.68m(1.0)	4.70m(0.9)	PASS				
12 158 Williams, Georgia	FR	Howard	4.64m	1.7	15-02.75	464
4.58m(1.1)	FOUL(0.3)	4.64m(1.7)				
13 113 Burrell, Rachel	SR	Hampton	4.49m	2.4	14-08.75	426
4.49m(2.4)	4.49m(1.8)	FOUL(2.2)				

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--	339 Owens, Antavia	S0 South Carolina St.	FOUL		
	FOUL(0.8) FOUL(0.5) FOUL(1.5)				
--	316 Jarrett, Rajeane	S0 Savannah State	DNS	NWI	
--	321 White, Jaymi	S0 Savannah State	DNS	NWI	

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 158 Williams, Georgia	FR Howard	9.75m 32-00.00	513
9.29m 8.68m 9.75m			
2 117 Gaaney, Shaquanda	SR Hampton	9.68m 31-09.25	509
8.68m 9.19m 9.68m			
3 38 Easterling, Alexis	SR Coppin State	9.61m 31-06.50	504
9.26m 9.61m 9.24m			
4 6 Johnson, Rayanna	SR Bethune-Cookman	9.21m 30-02.75	478
9.21m FOUL FOUL			
5 320 Taylor, Chantia	S0 Savannah State	8.97m 29-05.25	462
7.68m 8.97m 8.06m			
6 154 Sawtell, Kayla	JR Howard	8.86m 29-01.00	455
8.86m 8.22m 8.59m			
7 111 Boney, Shantae	SR Hampton	8.44m 27-08.25	428
7.97m 7.23m 8.44m			
8 63 Sims, Brianna	FR Delaware State	8.33m 27-04.00	421
8.10m 7.38m 8.33m			
9 339 Owens, Antavia	S0 South Carolina St.	8.28m 27-02.00	417
FOUL FOUL 8.28m			
10 42 Smith, Paula	FR Coppin State	8.26m 27-01.25	416
8.26m 8.24m 7.37m			
11 32 Bacote, Ashley	JR Coppin State	8.18m 26-10.00	411
8.18m 7.91m 7.29m			
12 113 Burrell, Rachel	SR Hampton	8.05m 26-05.00	403
8.05m 7.84m 7.59m			
13 12 Sanders, Cenita	JR Bethune-Cookman	7.88m 25-10.25	392
6.90m FOUL 7.88m			
14 8 Jordan, Deidra	S0 Bethune-Cookman	7.78m 25-06.25	385
7.02m 7.49m 7.78m			
-- 321 White, Jaymi	S0 Savannah State	DNS	
-- 316 Jarrett, Rajeane	S0 Savannah State	DNS	

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 158 Williams, Georgia	FR Howard	30.64m 100-06	489
FOUL 30.64m FOUL			
2 117 Gaaney, Shaquanda	SR Hampton	27.36m 89-09	427
27.36m FOUL 25.48m			
3 42 Smith, Paula	FR Coppin State	25.69m 84-03	395
23.05m 25.19m 25.69m			
4 154 Sawtell, Kayla	JR Howard	23.73m 77-10	358
23.73m FOUL FOUL			
5 113 Burrell, Rachel	SR Hampton	23.43m 76-10	353
FOUL 23.43m 22.60m			

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6	6 Johnson, Rayanna	SR Bethune-Cookman	23.02m	75-06	345
	16.41m 23.02m FOUL				
7	32 Bacote, Ashley	JR Coppin State	22.95m	75-03	344
	20.15m 22.95m FOUL				
8	38 Easterling, Alexis	SR Coppin State	21.90m	71-10	324
	21.90m FOUL FOUL				
9	339 Owens, Antavia	SO South Carolina St.	21.18m	69-06	311
	18.53m FOUL 21.18m				
10	63 Sims, Brianna	FR Delaware State	19.64m	64-05	282
	19.64m FOUL 17.18m				
11	111 Boney, Shantae	SR Hampton	17.80m	58-05	248
	14.40m 17.80m 16.85m				
12	8 Jordan, Deidra	SO Bethune-Cookman	17.79m	58-04	248
	17.63m 17.03m 17.79m				
13	320 Taylor, Chantia	SO Savannah State	16.83m	55-02	230
	15.85m FOUL 16.83m				
14	12 Sanders, Cenita	JR Bethune-Cookman	15.18m	49-10	200
	FOUL 15.18m FOUL				
--	316 Jarrett, Rajeanne	SO Savannah State	DNS		
--	321 White, Jaymi	SO Savannah State	DNS		

Women Heptathlon

MEAC: * 4963 2003			McClain, Robin, Morgan State		
Name	Year	School	Seed	Finals	
1	38 Easterling, Alexis	SR Coppin State	4600	4709	
2	111 Boney, Shantae	SR Hampton	4691	4696	
3	117 Gainey, Shaquanda	SR Hampton	3912	4439	
4	32 Bacote, Ashley	JR Coppin State	4472	4366	
5	8 Jordan, Deidra	SO Bethune-Cookman	4124	4269	
6	6 Johnson, Rayanna	SR Bethune-Cookman	4204	4228	
7	154 Sawtell, Kayla	JR Howard	3676	4110	
8	113 Burrell, Rachel	SR Hampton	4114	3922	
9	42 Smith, Paula	FR Coppin State	4160	3811	
10	63 Sims, Brianna	FR Delaware State	3692	3761	
11	158 Williams, Georgia	FR Howard	3501	3722	
12	320 Taylor, Chantia	SO Savannah State	3623	3426	
13	339 Owens, Antavia	SO South Carolina St.		3117	
14	12 Sanders, Cenita	JR Bethune-Cookman	3540	2938	

Women - Team Rankings - 19 Events Scored

1) Hampton	123	2) Maryland-Eastern Shore	119
3) Florida A&M	104	4) Coppin State	72
5) Norfolk State	62	6) Bethune-Cookman	61
7) Morgan State	53	8) N. Carolina A&T	47
9) N.C. Central	41	10) Howard	25
11) South Carolina St.	15	12) Delaware State	11
13) Savannah State	1		

Men - Team Rankings - 19 Events Scored

1) Hampton	119	2) Norfolk State	92.50
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3) Bethune-Cookman	64	4) Howard	62.50
5) N. Carolina A&T	62	6) South Carolina St.	57
7) Florida A&M	56	8) Delaware State	47
8) Savannah State	47	10) Maryland-Eastern Shore	46
11) Morgan State	33	12) Coppin State	32
13) N.C. Central	19		