



Mid-Eastern Athletic Conference
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2013-14 MEAC Bowling Weekly Release

Weekly Release - 3
 November 5, 2013

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2013-14 MEAC Bowling Standings

	MEAC			Overall			Baker		
Northern Division	<u>W</u>	<u>L</u>	<u>Pct.</u>	<u>W</u>	<u>L</u>	<u>Pct.</u>	<u>W</u>	<u>L</u>	<u>Pct.</u>
Maryland Eastern Shore	2	0	1.000	9	3	.750	6	0	1.000
Delaware State	0	0	.000	11	12	.478	5	8	.384
Coppin State	0	0	.000	3	7	.300	1	5	.167
Hampton	0	0	.000	1	9	.100	0	5	.000
Howard	0	0	.000	0	0	.000	0	0	.000
Morgan State	0	0	.000	0	0	.000	0	0	.000
Southern Division	<u>W</u>	<u>L</u>	<u>Pct.</u>	<u>W</u>	<u>L</u>	<u>Pct.</u>	<u>W</u>	<u>L</u>	<u>Pct.</u>
North Carolina A&T	0	0	.000	7	3	.700	4	1	.800
Norfolk State	0	0	.000	10	6	.625	6	5	.545
Bethune-Cookman	0	0	.000	12	13	.480	2	1	.667
Florida A&M	0	0	.000	2	8	.200	1	5	.167
North Carolina Central	0	0	.000	0	0	.000	0	0	.000

Upcoming Matches

November 9-10

Maryland Eastern Shore at MEAC Northern Divisional Meet #1 9 a.m.
 Morgan State at MEAC Northern Divisional #1 9 a.m.
 Coppin State at MEAC Northern Divisional Meet #1 9 a.m.
 Delaware State at MEAC Northern Divisional Meet #1 9 a.m.
 Hampton at MEAC Northern Divisional Meet #1 9 a.m.
 Howard at MEAC Northern Divisional Meet #1 9 a.m.
 Bethune-Cookman at MEAC Southern Divisional Meet #1 9 a.m.
 Florida A&M at MEAC Southern Divisional Meet #1 9 a.m.
 North Carolina A&T vs. MEAC Southern Divisional Meet #1 9 a.m.
 Norfolk State at MEAC Southern Divisional #1 9 a.m.
 North Carolina Central at MEAC Southern Divisional #1 9 a.m.

Latest Results

November 1-3

Bethune-Cookman at FDU NJ Jamboree 15th place
 Delaware State at FDU NJ Jamboree 16th place
 Maryland Eastern Shore at FDU NJ Jamboree 9th place

Bethune-Cookman ♦ Coppin State ♦ Delaware State ♦ Florida A&M ♦ Hampton ♦ Howard
 Maryland Eastern Shore ♦ Morgan State ♦ Norfolk State ♦ North Carolina A&T State
 North Carolina Central

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MEAC Divisional Lineups

The MEAC competes in divisional play in bowling. Listed below is the conference breakdown. Divisional winners will be announced at the conclusion of the regular season.

Northern Division

Coppin State
Delaware State
Hampton
Howard
Maryland Eastern Shore
Morgan State

Southern Division

Bethune-Cookman
Florida A&M
Norfolk State
North Carolina A&T
North Carolina Central

MEAC Weekly Honors

The MEAC will select a bowler of the week during the regular season. ***The first weekly honors will begin on Tuesday, October 23, 2012 and will conclude Tuesday, March 12, 2013***

The Internet: www.MEACSports.com

The MEAC's official website can easily be accessed by logging on to www.MEACSports.com. Information on MEAC volleyball and all other MEAC sponsored sports is available on the site, including up-to-date statistics, weekly releases, and MEAC team information.

MEAC Websites

Press releases, game notes and features articles from all MEAC institutions are available via the websites listed below:

Bethune-Cookman
www.bcuathletics.com

Coppin State
www.coppinstatesports.com

Delaware State
www.dsuhornets.com

Florida A&M
www.famuathletics.com

Hampton
www.hamptonpirates.com

Howard
www.howard-bison.com

Maryland Eastern Shore
www.umeshawks.com

Morgan State
www.morganstatebears.com

Norfolk State
www.nsuspartans.com

North Carolina A&T State
www.ncataggies.com

North Carolina Central
www.nccueaglepride.com

Savannah State
www.ssuathletics.com

South Carolina State
www.scsuathletics.com



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MEACSports

MEAC HONORS

2013-14 MEAC

Predicted Order of Finish

*As voted on by the Conference's Head Coaches and
Sports Information Directors
(First Place Votes In Parenthesis)*

MEAC Northern Division

1. Maryland Eastern Shore (14)	209 Pts.
2. Delaware State (3)	177 Pts.
3. Hampton	136 Pts.
4. Howard	132 Pts.
5. Morgan State (2)	130 Pts.
6. Coppin State	101 Pts.

MEAC Southern Division

1. Norfolk State (15)	209 Pts.
2. North Carolina A&T	159 Pts.
3. Bethune-Cookman (1)	154 Pts.
4. Florida A&M (3)	150 Pts.
5. North Carolina Central	126 Pts.

MEAC Bowler of the Week

Sara Pelayo, Maryland Eastern Shore

Fr., Distrito Federal, Mexico

Pelayo made her collegiate debut and anchored the Lady Hawks to wins over Valparaiso and Adelphi. She rolled a game-high 216 against Stephen F. Austin, and finished 18th out of 133 bowlers.

2012-13 MEAC Weekly Accolades

Player of the Week

Date	Player	School	Cl.
O22	Briana Bush	Delaware State	Jr.
O29	Emily Strombeck	North Carolina A&T	So.
N5	Sara Pelayo	Maryland E. Shore	Fr.

MEAC All-Time Tournament Champions

2012-13	Maryland Eastern Shore
2011-12	Norfolk State
2010-11	Maryland Eastern Shore
2009-10	Delaware State
2008-09	Delaware State
2007-08	Maryland Eastern Shore
2006-07	Maryland Eastern Shore
2005-06	Maryland Eastern Shore
2004-05	Bethune-Cookman
2003-04	North Carolina A&T
2002-03	North Carolina A&T
2001-02	North Carolina A&T
2000-01	Maryland Eastern Shore
1999-00	North Carolina A&T

2013-14 All-MEAC Preseason Honors

Bowler of the Year: Thea Aspiras, Norfolk State

Name	School	Cl.
Mariana Alvarado	Maryland Eastern Shore	Jr.
Thea Aspiras	Norfolk State	Sr.
Megan Buja	Maryland Eastern Shore	Sr.
Carrie Hopkinson	Florida A&M	So.
Emily Strombeck	North Carolina A&T	So.

2012-13 All-MEAC Honors

Coach of the Year: Wilhelmenia Harrison, Norfolk State

Player of the Year: Anggie Ramirez, Maryland E. Shore

Rookie of the Year: Emily Strombeck, North Carolina A&T

First Team:

Name	School	Cl.
Anggie Ramirez	Maryland Eastern Shore	Sr.
T'nia Falbo	Maryland Eastern Shore	Sr.
Staci Hillard	Bethune-Cookman	Sr.
Thea Aspiras	Norfolk State	Jr.
Atoya Leatherbury	Morgan State	Jr.

Second Team:

Name	School	Cl.
Megan Buja	Maryland E. Shore	Jr.
Laverne Jones	North Carolina Central	Sr.
Nicole Bower	Delaware State	Sr.
Mariana Alvarado	Maryland Eastern Shore	So.
Emily Strombeck	North Carolina A&T	Fr.

2013 MEAC All-Tournament Team

Outstanding Performer: Anggie Ramirez, Maryland E. Shore

Outstanding Coach: Kristina Frahm, Maryland E. Shore

Name	School	Cl.
T'Nia Falbo	Maryland Eastern Shore	Sr.
Anggie Ramirez	Maryland Eastern Shore	Sr.
Emily Strombeck	North Carolina A&T	Fr.
Katherine Jones	Florida A&M	Jr.
Rebecca Glazier	Hampton	Sr.



MEAC Team-By-Team Schedules/Results

Bethune-Cookman Lady Wildcats (12-13, 0-0 MEAC)

Date	Event	Time/Result
Oct. 18-20	at Tulane Invitational	6th place
Nov. 1-3	at FDU NJ Jamboree	15th place
Nov. 9-10	at MEAC Southern Division #1*	9 a.m.
Dec. 7-8	MEAC Southern Division #2*	9 a.m.
Jan. 24-26	at Kutztown Invitational	9 a.m.
Jan. 31-2	at Prairie View Invitational	9 a.m.
Feb. 7-9	Wildcat Invitational	9 a.m.
March 1-2	at MEAC Southern Division #3*	9 a.m.
March 7-9	at Music Classic	9 a.m.
March 21-23 ..	at MEAC Championship	9 a.m.

Home meets in Bold
*MEAC Match



Coppin State Lady Eagles (3-7, 0-0 MEAC)

Date	Event	Time/Result
Oct. 19-20	at Kutztown Fall Classic	No Team Result
Nov. 9-10	at MEAC Northern Division #1*	TBA
Dec. 7-8	at MEAC Northern Division #2*	TBA
Jan. 17-19	at Lady Bulldog Classic	TBA
Jan. 24-26	at Golden Bear Invitational	TBA
Feb. 14-16	at James Brown Invitational	TBA
March 1-2	at MEAC Northern Division #3*	TBA
March 21-23	at MEAC Championship	9 a.m.

Home meets in Bold
*MEAC Match



Delaware State Lady Hornets (11-12, 0-0 MEAC)

Date	Event	Time/Result
Oct. 19-20	at Kutztown Fall Classic	3rd place
Nov. 1-3	at FDU NJ Jamboree	16th place
Nov. 9-10	MEAC Northern Division #1*	TBA
Nov. 15-17	at UMES Hawk Classic	TBA
Dec. 7-8	at MEAC Northern Division #2*	TBA
Jan. 17-19	at Lady Bulldog Classic	TBA
Jan. 24-26	at Kutztown Invitational	TBA
Jan. 31-2	at Red Flash Invitational	TBA
Feb. 7-9	DSU Capital Classic	TBA
Feb. 14-16	at James Brown Invitational	TBA
Feb. 22-23	at MEAC Northern Division #3*	TBA
March 7-9	at Music City Classic	TBA
March 21-23 ..	at MEAC Championship	9 a.m.

Home meets in Bold
*MEAC Match



Florida A&M Lady Rattlers (2-7, 0-0 MEAC)

Date	Event	Time/Result
Oct. 18-20	at Tulane Invitational	No Team Score
Nov. 9-10	at MEAC Southern Division #1*	9 a.m.
Nov. 15-17	at Hornet Classic	8:30 a.m.
Dec. 7-8	at MEAC Southern Division #2*	9 a.m.
Jan. 11-12	at Seminole Invitational	9 a.m.
Jan. 17-19	at Mid-Winter Invitational	9 a.m.
Feb. 7-9	at Wildcat Invitational	9 a.m.
Feb. 21-23	Rattler Invitational	9 a.m.
March 1-2	at MEAC Southern Division #3*	9 a.m.
March 7-9	at Music City Classic	9 a.m.
March 21-23 ..	at MEAC Championship	9 a.m.

Home meets in Bold
*MEAC Match



MEAC Team-By-Team Schedules/Results

Hampton Lady Pirates (1-9, 0-0 MEAC)

Date	Event	Time/Result
Oct. 19-20	 at Kutztown Fall Baker Invitational	No Team Result
Oct. 26-27	 at Hampton Roads Invitational	10th Place
Nov. 9-10	 at MEAC Northern Division #1	9 a.m.
Nov. 15-17	 at UMES Hawk Classic	TBA
Dec. 7-8	 MEAC Northern Division #2	9 a.m.
Jan. 18-19	 at SFNY Terriers New Year Knock Down	TBA
Feb. 7-9	 at Capital Classic	TBA
March 1-2	 at MEAC Northern Division #3	9 a.m.
March 21-23	... at MEAC Championship	TBA

Home meets in Bold

*MEAC Match



Howard Lady Bison (0-0, 0-0 MEAC)

Date	Event	Time/Result
Oct. 19-20	 at Kutztown Fall Baker Invitational	No Team Result
Nov. 9-10	 at MEAC Northern Division #1	9 a.m.
Nov. 15-17	 at UMES Hawk Classic	TBA
Nov. 22-23	 at Virginia Union Invitational	TBA
Dec. 7-8	 at MEAC Northern Division #2	9 a.m.
Jan. 17-19	 at Lady Bulldog Classic	TBA
Jan. 24-26	 at Kutztown Invitational	TBA
Feb. 7-9	 at Capital Classic	TBA
Feb. 14-16	 at Morgan State Invitational	TBA
March 1-2	 at MEAC Northern Division #3	TBA
March 21-23	... at MEAC Championship	TBA

Home meets in Bold

*MEAC Match



Maryland Eastern Shore Lady Hawks (9-3, 2-0 MEAC)

Date	Event	Time/Result
Nov. 1-3	 at FDU Invitational	9th place
Nov. 9-10	 at MEAC Northern Division #1*	Noon
Nov. 15-17	 Hawk Classic Invitational	11 a.m.
Dec. 7-8	 at MEAC Northern Division #2*	Noon
Jan. 24-26	 at Kutztown Invitational	8 a.m.
Jan. 31-2	 at Prairie View Invitational	10 a.m.
Feb. 14-16	 at Kat Klash	9 a.m.
March 1-2	 at MEAC Northern Division #3*	1 p.m.
March 7-9	 at Music City Classic	9 a.m.
March 21-23	... at MEAC Championship	9 a.m.

Home meets in Bold

*MEAC Match



Morgan State Lady Bears (0-0, 0-0 MEAC)

Date	Event	Time/Result
Oct. 26-27	 at Hampton Roads Invitational	8th Place
Nov. 9-10	 at MEAC Northern Division #1*	Noon
Nov. 16-18	 at Hawk Classic Invitational	8 a.m.
Dec. 7-8	 at MEAC Northern Division #2*	Noon
Jan. 24-26	 at Kutztown Invitational	9 a.m.
Feb. 7-9	 at Wildcat Invitational	TBA
Feb. 14-16	 James Brown Invitational	9 a.m.
March 1-2	 at MEAC Northern Division #3*	Noon
March 21-23	... at MEAC Championship	9 a.m.

Home meets in Bold

*MEAC Match



MEAC Team-By-Team Schedules/Results

Norfolk State Spartans (10-6, 0-0 MEAC)

Date	Event	Time/Result
Oct. 19	at Kutztown Fall Baker Invitational	No Team Result
Oct. 26-27	Hampton Roads Invitational	7th Place
Nov. 9-10	at MEAC South Division #1*	8 a.m.
Nov. 15-17	at Hawk Classic Invitational	11 a.m.
Dec. 7-8	at MEAC South Division #2*	9 a.m.
Jan. 17-19	at Lady Bulldog Classic	TBA
Jan. 24-26	at Kutztown Invitational	9 a.m.
Jan. 31-2	at Prairie View A&M Invitational	8 a.m.
Feb. 14-16	at James Brown Invitational	9 a.m.
March 1-2	at MEAC South Division #3	8 a.m.
March 8-9	at USBC Intercollegiate Team Sectional	8 a.m.
March 21-23 ...	at MEAC Championship	9 a.m.

Home meets in Bold
*MEAC Match



North Carolina A&T Lady Aggies (7-3, 0-0 MEAC)

Date	Event	Time/Result
Oct. 26-27	at Hampton Roads Invitational	1st Place
Nov. 9-10	MEAC Southern Division #1*	TBA
Nov. 22-24	at Virginia Union Invitational	TBA
Dec. 7-8	at MEAC Southern Division #2*	TBA
Jan. 24-26	at Kutztown Invitational	TBA
Feb. 7-9	at Wildcat Invitational	TBA
Feb. 21-23	Aggie Master's Challenge	TBA
March 1-2	at MEAC Southern Division #3*	TBA
March 7-9	at Music City Classic	TBA
March 21-23 ...	at MEAC Championship	9 a.m.

Home meets in Bold
*MEAC Match



North Carolina Central Lady Eagles (0-0, 0-0 MEAC)

Date	Event	Time/Result
Nov. 9-10	at MEAC Southern Division #1	9 a.m.
Nov. 22-24	at Virginia Union Invitational	9 a.m.
Dec. 7-8	at MEAC Southern Division #2	9 a.m.
Jan. 17-19	at Frederick E. Underwood Invitational	9 a.m.
Jan. 24-26	at Kutztown Invitational	9 a.m.
Feb. 21-23	at Aggie Invitational	9 a.m.
March 1-2	MEAC Southern Division #3	9 a.m.
March 21-23 ...	at MEAC Championships	9 a.m.

Home meets in Bold
*MEAC Match



2013-14 NTCA Preseason Poll As of October 2, 2013

Place	School (1st Place Votes)	Points
1.	Nebraska	744
2.	Vanderbilt	671
3.	Central Missouri	616
4.	Arkansas State	597
5.	Maryland Eastern Shore	594
6.	Sam Houston State	478
7.	Fairleigh Dickinson	458
8.	University of Wisconsin	430
9.	Stephen F. Austin	362
10.	St. Francis (PA)	245
11.	Adelphi University	244
12.	Kutztown University	233
13.	Sacred Heart	220
14.	Valparaiso	161
15.	Norfolk State	147
16.	LIU Brooklyn	111
17.	Saint Francis (NY)	48
18.	New Jersey City University	45
19.	Prairie View A&M	43
20.	Bethune Cookman	39

