



News Release

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MEAC Announces Volleyball All-Conference Team

Hampton's Strakova, Howard's Broussard and FAMU's Trifonov earn top honors

NORFOLK, Va. (November 14, 2013) – Hampton junior **Vendula Strakova** was named the 2013 Mid-Eastern Athletic Conference (MEAC) Player of the Year, the conference announced on Thursday.

Howard's **Katherine Broussard** earned Rookie of the Year honors, while Florida A&M head coach **Tony Trifonov** repeated as the Coach of the Year. All honors were voted on by the MEAC's head volleyball coaches and sports information directors.

Strakova led the MEAC and the nation with 5.74 kills and 6.60 points during her junior season. Strakova is among the top ten in the conference in hitting percentage (.317), service aces (0.52) and digs (2.77). She concluded the regular season with 14 20-plus kill performances, including a MEAC season-high 33 in a conference match against Coppin State. She added a season-best 24 digs in a non-conference match against Evansville.

Broussard recorded 366 kills, 307 digs (2.74 digs/set), 42 assists, 33 blocks and 32 services aces during her rookie season. She ranked among the top ten in the conference in kills (3.27/set) and points (3.71/set). Broussard registered a season-high 20 kills and 19 digs in a non-conference match against Saint Francis (N.Y.).

Under the tutelage of **Trifonov**, the Lady Rattlers recorded an unblemished 10-0 mark in MEAC southern divisional play and a 14-6 overall record. In his 17th year at the helm, Florida A&M was among the leaders in hitting percentage (.245), opponent hitting percentage (.179), assists (11.20) and kills (12.28). This is the sixth time that Trifonov has earned Coach of the Year accolades.

Joining Strakova and Broussard on the 2013 All-MEAC First Team is South Carolina State's Desire Waller, Florida A&M's Ginna Lopez-Chavez, Assata Conway and Stephanie Shulits of Howard and Coppin State's Gabrielle Otero.

The MEAC Volleyball Tournament begins on Friday, November 15 at 10 a.m. The competition continues on Saturday with the semifinal matches scheduled at noon and 3:30 p.m.

The volleyball championship tournament will conclude on Sunday, beginning at noon and will be video-streamed live, for free, on MEACsports.com

For more information on the 2013 MEAC Volleyball Championship and for complete results, log on to www.MEACsports.com

-2013 All-MEAC Teams Listed Below-



2013 All-MEAC Volleyball Teams

As voted on by the conference's head coaches and sports information directors

Player of the Year: Vendula Strakova, Hampton

Rookie of the Year: Katherine Broussard, Howard

Coach of the Year: Tony Trifonov, Florida A&M

First Team

Name	Pos.	Cl.	School	Hometown
Katherine Broussard	OH	Fr.	Howard	Harvey, La.
Vendula Strakova	OH	Jr.	Hampton	Brno, Czech Republic
Desire Waller	OH	Sr.	South Carolina State	Houston, Texas
Ginna Lopez-Chavez	MB	So.	Florida A&M	Lima, Peru
Assata Conway	MB	Jr.	Howard	Missouri City, Texas
Stephanie Shultis	S	Jr.	Howard	Springfield, Va.
Gabrielle Otero	L	Jr.	Coppin State	San Antonio, Texas

Second Team

Name	Pos.	Cl.	School	Hometown
Katherine Huanec	OH	Sr.	Florida A&M	Lima, Peru
Krista Kraskura	OH	Jr.	Hampton	Kuldiga, Latvia
Goda Jankauskaite	OH	Sr.	Norfolk State	Kaunas, Lithuania
Delicia Pierre	OH	So.	Bethune-Cookman	Tunapuna, Trinidad and Tobago
Kandace Thomas	MB	So.	Coppin State	Carson, Calif.
Bibiany Fonseca	S	Sr.	Hampton	Uberlandia, Brazil
Allyson Lods	L	Jr.	Howard	Lancaster, Calif.

Third Team

Name	Pos.	Cl.	School	Hometown
Cindy Okegbue	OH	So.	Coppin State	Austin, Texas
Aleena McDaniel	OH	So.	North Carolina A&T	Indianapolis, Ind.
Zuri Smith	MB	Jr.	Morgan State	Inglewood, Calif.
Negbui Chafeh	S	Sr.	Morgan State	Fontana, Calif.
Joanie Del Castillo	S	Jr.	Florida A&M	Lima, Peru
Noelle Eagles	S	r-Jr.	Norfolk State	Richmond, Ind.
Jingqiao Li	L	Sr.	Maryland Eastern Shore	Beijing, China