



Mid-Eastern Athletic Conference  
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## 2011-12 MEAC Bowling Weekly Release

Weekly Release- Vol. 1  
 February 3, 2012

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### 2011-12 MEAC Bowling Standings

	MEAC			Overall			Baker		
	W	L	Pct.	W	L	Pct.	W	L	Pct.
<b>Northern Division</b>									
Maryland Eastern Shore	20	0	1.00	62	22	.738	34	14	.708
Delaware State	12	8	.600	44	28	.611	24	16	.600
Morgan State	11	9	.550	39	49	.443	24	27	.471
Hampton	11	9	.550	32	49	.395	14	29	.326
Howard	5	15	.250	22	51	.301	13	28	.317
Coppin State	1	19	.005	9	52	.148	6	28	.176
<b>Southern Division</b>									
Norfolk State	16	4	.800	56	20	.737	33	11	.750
Bethune-Cookman	12	8	.600	39	37	.513	25	19	.568
Florida A&M	12	8	.600	26	36	.419	15	20	.429
North Carolina Central	9	11	.450	41	35	.539	24	20	.545
South Carolina State	8	12	.400	14	35	.286	10	17	.270
North Carolina A&T	3	17	.150	13	44	.228	7	23	.233

### Upcoming Matches

#### February 3-5

Maryland E. Shore at Praire View Invitational ..... Arlington, TX  
 Norfolk State at Praire View Invitational ..... Arlington, TX

#### February 10-12

Hampton at Capital Classic ..... Dover, Del.  
 Morgan State at Capital Classic ..... Dover, Del.  
 Norfolk State at Captial Classic ..... Dover, Del.  
 Bethune-Cookman at Capital Classic ..... Dover, Del.  
 South Carolina State State at S.C. State Bulldog Classic ..... Sumter, S.C.  
 North Carolina Central at S.C. State Bulldog Classic ..... Sumter, S.C.

#### February 17-19

Florida A&M at Morgan State Classic ..... Baltimore, Md.  
 Bethune-Cookman at Morgan State Classic ..... Baltimore, Md.  
 North Carolina Central at Morgan State Classic ..... Baltimore, Md.  
 North Carolina A&T at Morgan State Classic ..... Baltimore, Md.  
 Norfolk State at Morgan State Classic ..... Baltimore, Md.  
 Morgan State at Morgan State Classic ..... Baltimore, Md.  
 Coppin State at Morgan State Classic ..... Baltimore, Md.  
 Hampton at Morgan State Classic ..... Baltimore, Md.  
 Delaware State at Morgan State Classic ..... Baltimore, Md.  
 Maryland Eastern Shore at Morgan State Classic ..... Baltimore, Md.

#### February 24-26

South Carolina State at Holiday Classic ..... Bessemer, Ala.  
 Morgan State at ECAC Championship ..... Elmwood Park, N.J.  
 Hampton at ECAC Championship ..... Elmwood Park, N.J.  
 Delaware State at ECAC Championship ..... Elmwood Park, N.J.

### Latest Results

#### January 19-20

Bethune-Cookman at Big Red Invitational ..... 9th place  
 Florida A&M at Big Red Invitational ..... 12th place  
 Delaware State at SFNY New York Knockdown ..... 5th place  
 Hampton at SFNY New York Knockdown ..... 8th place  
 Maryland E. Shore at SFNY New Year Knockdown ..... 3rd Place  
 Coppin State at Lady Bulldog Classic ..... 12th place  
 Howard at Lady Bulldog Classic ..... 5th place  
 Morgan State at Lady Bulldog Classic ..... 2nd place  
 Norfolk State at Lady Bulldog Classic ..... 1st place  
 North Carolina Central at Lady Bulldog Classic ..... 4th place

#### January 27-30

Maryland Eastern Shore at KU Golden Bear Invitational ..... 1st Place  
 Norfolk State at KU Golden Bear Invitational ..... 11th Place  
 Morgan State at Bowie State Invitational ..... 2nd Place  
 Bethune-Cookman at KU Golden Bear Invitational ..... 20th Place  
 Coppin State at KU Golden Bear Invitational ..... 28th Place  
 Delaware State at KU Golden Bear Invitational ..... 6th Place

# MEAC MEDIA INFORMATION

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### MEAC Divisional Lineups

The MEAC competes in divisional play in bowling. Listed below is the conference breakdown. Divisional winners will be announced at the conclusion of the regular season.

#### Northern Division

Coppin State  
 Delaware State  
 Hampton  
 Howard  
 Maryland Eastern Shore  
 Morgan State

#### Southern Division

Bethune-Cookman  
 Florida A&M  
 Norfolk State  
 North Carolina A&T  
 North Carolina Central  
 South Carolina State

### MEAC Weekly Honors

The MEAC will select a bowler of the week during the regular season. The first weekly honors will begin on Tuesday, November 11, 2011 and will conclude March 13, 2012.

### The Internet- www.MEACSports.com

The MEAC's official website can easily be accessed by logging on to www.MEACsports.com. Information on MEAC volleyball and all other MEAC sponsored sports is available on the site, including up-to-date statistics, weekly releases, and MEAC team information.

### MEAC Websites

Press releases, game notes and features articles from all MEAC institutions are available via the websites listed below:

**Bethune-Cookman**  
[www.bcuathletics.com](http://www.bcuathletics.com)

**Maryland Eastern Shore**  
[www.umeshawks.com](http://www.umeshawks.com)

**Coppin State**  
[www.coppinstatesports.com](http://www.coppinstatesports.com)

**Morgan State**  
[www.morganstatebears.com](http://www.morganstatebears.com)

**Delaware State**  
[www.dsuhornets.com](http://www.dsuhornets.com)

**Norfolk State**  
[www.nsuspartans.com](http://www.nsuspartans.com)

**Florida A&M**  
[www.famuathletics.com](http://www.famuathletics.com)

**North Carolina A&T State**  
[www.ncataggies.com](http://www.ncataggies.com)

**Hampton**  
[www.hamptonpirates.com](http://www.hamptonpirates.com)

**North Carolina Central**  
[www.nccueaglepride.com](http://www.nccueaglepride.com)

**Howard**  
[www.howard-bison.com](http://www.howard-bison.com)

**Savannah State**  
[www.ssuathletics.com](http://www.ssuathletics.com)

**South Carolina State**  
[www.scsuathletics.com](http://www.scsuathletics.com)



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# MEAC HONORS

## 2011-12 MEAC Predicted Order of Finish Poll

*As voted on by the Conference's Head Coaches and Sports Information Directors (First Place Votes In Parenthesis)*

### MEAC Northern Division

1. Maryland Eastern Shore (19).....	273 pts.
2. Delaware State (4).....	222 pts.
3. Morgan State (1).....	186 pts.
4. Hampton.....	177 pts.
5. Howard.....	144 pts.
6. Coppin State.....	126 pts.

### MEAC Southern Division

1. Norfolk State (16).....	260 pts.
2. Florida A&M (4).....	215 pts.
3. Bethune-Cookman (3).....	196 pts.
4. South Carolina State.....	165 pts.
5. North Carolina A&T (1).....	149 pts.
6. North Carolina Central.....	143 pts.

## 2011-12 NTCA Media Poll

As of January 17, 2012

Points	School (1st Place Votes)	Record	Points
1	Valparaiso (10)	30-8	369
2	Fairleigh Dickinson (4)	45-12	345
3	Sacred Heart	37-9	320
4	Sam Houston State	40-13	300
5	Central Missouri	26-12	261
<b>6</b>	<b>Maryland E. Shore</b>	<b>37-9</b>	<b>254</b>
7	Vanderbilt	30-13	248
8	Arkansas State	27-11	200
9	Nebraska	18-6	184
10	New Jersey City	24-8	162
11	Stephen F. Austin	25-16	122
<b>12</b>	<b>Delaware State</b>	<b>30-17</b>	<b>90</b>
13	St. Francis (Pa.)	33-14	83
T14	Kutztown	24-20	73
<b>T14</b>	<b>Norfolk State</b>	<b>32-14</b>	<b>73</b>
T14	Monmouth	26-21	73
17	St. Peter's	32-12	59
18	Wisconsin-Whitewater	13-12	41
19	Adelphi	32-24	37
20	St. Francis (N.Y.)	23-23	6

## 2011-12 MEAC Weekly Accolades

### Bowler of the Week

Date	Player	School	Cl.
N1	Crystal Connelly	Delaware State	So.
N9	Laverne Jones	N.C. Central	Jr.
N16	Anggie Ramirez	Maryland E. Shore	Jr.
D6	Anggie Ramirez	Maryland E. Shore	Jr.
J20	Victoria Jones	Maryland E. Shore	Fr.
J24	Anggie Ramirez	Maryland E. Shore	Jr.
J30	T'nia Falbo	Maryland E. Shore	Jr.

### Bowler Of the Week

**Falbo (Jr., Greensburg, Pa.)** knocked down 1,268 pins and averaged a 211.3 at the Kutztown Golden Bears Invitational, hosted by Kutztown University. Falbo earned All-Tournament honors while leading the Lady Hawks to a 10-5 and first place finish. The junior recorded 200-plus scores in five out of six games played including a game-high 236 against Long Island. She also finished the tournament in the top five individually out of 263 bowlers.

## MEAC Tournament Champions

2010-11.....	Maryland Eastern Shore
2009-10.....	Delaware State
2008-09.....	Delaware State
2007-08.....	Maryland Eastern Shore
2006-07.....	Maryland Eastern Shore
2005-06.....	Maryland Eastern Shore
2004-05.....	Bethune-Cookman
2003-04.....	North Carolina A&T
2002-03.....	North Carolina A&T
2001-02.....	North Carolina A&T
2000-01.....	Maryland Eastern Shore
1999-00.....	North Carolina A&T

## 2011-12 All-MEAC Preseason Honors

**Bowler of the Year:** Anggie Ramirez, Maryland E. Shore

Name	School	Cl.
Anggie Ramirez	UMES	Jr.
Paula Vilas	UMES	Sr.
Jazmyne Hefflefinger	DSU	Sr.
Rebecca Glazier	HAM	Jr.
Thea Aspiras	NSU	So.

## 2010-11 All-MEAC Honors

**Coach of the Year:** Wilhelmenia Harrison, Norfolk State

**Player of the Year:** Maria Rodrigues, Maryland E. Shore

**Rookie of the Year:** Thea Aspiras, Norfolk State

### First Team:

Name	School	Cl.
Thea Aspiras	Norfolk State	Fr.
Kristina Frahm	Maryland E. Shore	Sr.
Martha Perez	Maryland E. Shore	Sr.
Anggie Ramirez	Maryland E. Shore	So.
Maria Rodriguez	Maryland E. Shore	Sr.

### Second Team:

Name	School	Cl.
Jazyme Hefflefinger	Delaware State	Jr.
Nicole Bower	Delaware State	So.
Rebecca Glazier	Hampton	So.
Atoya Leatherbury	Morgan State	Fr.
Paula Vilas	Maryland E. Shore	Jr.

## 2011 MEAC All-Tournament Team

**Outstanding Performer:** Paula Vilas, Maryland E. Shore

**Outstanding Coach:** Sharon Brummell, Maryland E. Shore

Name	School	Cl.
Jazyme Hefflefinger	Delaware State	Jr.
Devin Revels	Morgan State	Fr.
Paula Vilas	Maryland E. Shore	Jr.
Keisheena Waldon	Morgan State	Jr.
Maria Rodriguez	Maryland E. Shore	Sr.