

Mid-Eastern Athletic Conference - 2/16/2012 to 2/18/2012**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results - Thursday****Women 200 Meter Dash****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

MEAC Indoor: * 23.85 2000 Debbie Dunn, Norfolk State

Name	Year	School	Prelims	H#
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Preliminaries

1	302	Jones, Amara	JR Savannah State	24.39Q	1
2	112	Parker, Le'Quisha	FR Hampton	24.74Q	4
3	111	Norman, Breana	SO Hampton	24.82Q	3 24.812
4	271	Claiborne, Shannek	SR Norfolk State	24.82Q	5 24.818
5	156	Guion-Firmin, Leno	JR Maryland-Eas	24.86Q	2
6	256	McCoy, Ashley	JR N.C. Central	24.67q	1
7	224	Hunt, Ruth	SR N. Carolina A&T	25.03q	2
8	110	Jones, Cassandra	FR Hampton	25.04q	5
9	200	Wattley, Britney	JR Morgan State	25.10	4
10	319	Jones, Alexandria	SR South Carolina St.	25.11	3
11	106	Fraenk, Emmy	SO Hampton	25.27	5
12	190	Green, Teyanna	SO Morgan State	25.36	3
13	10	Thomas, Keyona	SO Bethune-Cookman	25.39	5
14	270	Bell, Champagne	SO Norfolk State	25.42	4
15	86	Smith, Jasmine	FR Florida A&M	25.51	2
16	82	Linson, Nakia	SO Florida A&M	25.60	2
17	5	Richardson, Alonti	FR Bethune-Cookman	25.64	3
18	272	Cunningham, Torie	FR Norfolk State	25.67	2
19	252	Gore, La'Creesha	SO N.C. Central	25.69	4
20	85	Pleasant, Jasmine	JR Florida A&M	25.77	1
21	79	Jones, Dynasty	JR Florida A&M	25.81	1
22	28	Bonga, Sandra	JR Coppin State	25.84	3
23	316	Brown, Keziah	FR South Carolina St.	26.28	1
24	135	Glover, Symone	JR Howard	26.56	5
--	54	Emerson, Calisa	JR Delaware State	DNS	4

Women 5000 Meter Run

Name	Year	School	Finals
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Finals

1	2	Dunkley, Kadian	JR Bethune-Cookman	18:11.99
2	78	Jackson, Chandelic	FR Florida A&M	18:36.93
3	84	Mulvany, Nadine	FR Florida A&M	18:37.04
4	117	Thompson, Devyn	SO Hampton	19:05.53
5	276	Rutto, Kellen	JR Norfolk State	19:14.73
6	113	Rivers, Teshika	JR Hampton	19:20.29
7	108	Harris, Nichelle	SO Hampton	19:31.94
8	323	Waters, Sarai	SO South Carolina St.	19:34.24
9	31	Cherubet, Irene	JR Coppin State	19:38.96
10	88	Williams, Ciera	FR Florida A&M	19:56.04
11	75	Golden, Clarricia	SO Florida A&M	19:56.47
12	159	Jiraskova, Hana	SO Maryland-Eas	20:12.49

Mid-Eastern Athletic Conference - 2/16/2012 to 2/18/2012**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results - Thursday****Women Long Jump**

MEAC Indoor: * 6.20m 1985 Brenda Bailey, Howard									
Name		Year School		Finals					
1	270 Bell, Champagne	SO	Norfolk State	6.17m	20-03.00				
	5.79m 5.86m 6.17m	FOUL	PASS PASS						
2	223 Forbes, Shakia	SR	N. Carolina A&T	5.85m	19-02.50				
	4.90m 5.85m	FOUL	5.50m 5.73m 5.83m						
3	104 Denmark, Teiara	SO	Hampton	5.77m	18-11.25				
	5.62m	FOUL	5.68m 5.69m 5.77m 5.71m						
4	32 Easterling, Alexis	JR	Coppin State	5.63m	18-05.75				
	FOUL FOUL 5.50m 5.28m 5.29m 5.63m								
5	82 Linson, Nakia	SO	Florida A&M	5.59m	18-04.25				
	5.38m 5.59m 5.26m 5.16m 5.28m 5.35m								
6	306 White, Jaymi	FR	Savannah State	5.51m	18-01.00				
	5.05m 5.31m 5.51m 5.30m 5.13m 5.20m								
7	80 Jones, Kinnesha	JR	Florida A&M	5.46m	17-11.00				
	5.22m 4.96m 5.46m 5.22m 5.37m 5.17m								
8	301 Hughes, Amber	JR	Savannah State	5.31m	17-05.25				
	5.31m 5.13m	FOUL	FOUL 5.01m 4.89m						
9	28 Bonga, Sandra	JR	Coppin State	5.23m	17-02.00				
	5.23m 5.01m 4.76m	FOUL	FOUL FOUL						
10	137 Jones, Briana	SO	Howard	5.22m	17-01.50				
	4.95m 5.22m 5.11m								
11	11 Thomas, Raven	FR	Bethune-Cookman	5.10m	16-08.75				
	4.77m 5.10m 4.96m								
12	166 Williams, Geranda	SO	Maryland-Eas	5.08m	16-08.00				
	FOUL FOUL 5.08m								
13	36 Mitchell, Jennifer	SO	Coppin State	5.07m	16-07.75				
	5.07m 4.70m 4.88m								
14	59 Muhammad, Krystina	JR	Delaware State	4.93m	16-02.25				
	4.93m 4.77m	FOUL							
15	258 Sherrill, Alexis	SO	N.C. Central	4.21m	13-09.75				
	4.21m	FOUL	4.20m						

Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

MEAC Indoor: * 21.32 2010 Sean Holston, Norfolk State									
Name		Year	School	Prelims H#					
Preliminaries									
1	204	Dascent, Calvin	SR	Morgan State	21.65Q	5			
2	184	Walsh, Andre	JR	Maryland-Eas	21.72Q	1			
3	247	Womack, Torrance	SR	N. Carolina A&T	21.86Q	4			
4	287	Holston, Marquis	JR	Norfolk State	21.90Q	3			
5	120	Dixon, Reggie	SR	Hampton	22.05Q	2			
6	236	Elliott, Jarrell	SR	N. Carolina A&T	21.70q	5			
7	23	Pamilton, Stephon	SO	Bethune-Cookman	21.95q	1			
8	64	Carter, Ryan	JR	Delaware State	22.08q	2			
9	296	Taylor, James	SO	Norfolk State	22.22	4			
10	40	Bennett, Teo	SR	Coppin State	22.23	2			
11	118	Berry, Brien	FR	Hampton	22.29	2			
12	293	Nkrumah, Keith	JR	Norfolk State	22.33	4			
13	183	Wallace, Marcus	SO	Maryland-Eas	22.36	1			

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14	267 Roper, Greg	SO N.C. Central	22.38	5	22.375
15	65 Devore, Tariq	JR Delaware State	22.38	4	22.376
16	309 Baker, Darrius	SO Savannah State	22.49	1	
17	246 Williams, Darryl	JR N. Carolina A&T	22.60	3	
18	203 Charles, Trey	SR Morgan State	22.64	3	
19	313 Plump, Eric	JR Savannah State	22.70	3	
20	314 Price, Chazwyn	SO Savannah State	22.73	5	
21	42 Chapman, L'Zerek	FR Coppin State	22.74	1	
22	148 Spencer, Wallace	SO Howard	22.83	4	
23	175 Miles, Damian	SR Maryland-Eas	22.89	3	
24	67 Hurley, Edward	JR Delaware State	23.08	2	

Men 5000 Meter Run

MEAC Indoor: *	14:33.96	2006	David Kemboi, Norfolk Stat
Name		Year School	Finals

Finals

1	297 Tessema, Josef	SR Norfolk State	14:47.74
2	289 Kimutai, Philemon	SR Norfolk State	14:59.75
3	100 Winters, Shuaib	SR Florida A&M	15:00.56
4	281 Adnew, Damtew	FR Norfolk State	15:05.50
5	290 Kiposqei, Amos	JR Norfolk State	15:05.87
6	174 Melek, Basil	JR Maryland-Eas	15:07.64
7	291 Meseret, Natnael	FR Norfolk State	15:08.62
8	294 Rono, Vincent	SR Norfolk State	15:29.72
9	312 Isreal-McBee, Rube	JR Savannah State	15:31.03
10	143 Harrison, Aaron	SO Howard	16:13.27

Men Long Jump

MEAC Indoor: *	7.86m	2009	Corey Vinston, Norfolk State
Name		Year School	Finals
1	231 Baldwin, Jared	SR N. Carolina A&T	7.13m 23-04.75
	7.00m 6.89m 6.94m 7.13m 6.61m 7.01m		
2	169 Cain, Owen	SO Maryland-Eas	6.86m 22-06.25
	6.45m 6.62m 6.83m 6.54m 6.64m 6.86m		
3	282 Brown, D'Sean	FR Norfolk State	6.86m 22-06.25
	6.61m 6.24m FOUL 6.86m FOUL FOUL		
4	41 Burke, Romaine	SR Coppin State	6.84m 22-05.25
	FOUL FOUL 6.84m FOUL 6.36m 6.79m		
5	264 Delapp, Kendall	JR N.C. Central	6.71m 22-00.25
	FOUL 6.41m 6.38m 6.71m 6.64m 6.20m		
6	315 Taylor, Justin	FR Savannah State	6.70m 21-11.75
	6.20m FOUL FOUL 6.44m 6.70m 6.48m		
7	242 Noble, Marquis	FR N. Carolina A&T	6.69m 21-11.50
	5.88m FOUL 6.63m 6.63m FOUL 6.69m		
8	123 Harris, Corrin	FR Hampton	6.68m 21-11.00
	FOUL 6.42m 5.52m 6.68m 6.34m 6.66m		
9	71 Wilson, Jordan	FR Delaware State	6.62m 21-08.75
	6.62m 6.52m 6.32m 6.60m 6.52m 6.55m		
--	329 Hasty, Zackery	SR South Carolina St.	FOUL
	FOUL FOUL FOUL		

Mid-Eastern Athletic Conference - 2/16/2012 to 2/18/2012**Indoor Track & Field Championships****Prince George S&L Complex: Landover, MD****Results - Thursday****Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Year	School	Finals	Points
1 17 Davis, Nnamdi	FR	Bethune-Cookman	7.19	816
2 171 Dix, Jermol	SR	Maryland-Eas	7.27	789
3 92 Leon, Jean	FR	Florida A&M	7.28	785
4 128 Labor-Koroma, Moha	FR	Hampton	7.29	782
5 330 Johnson, Lorenzo	FR	South Carolina St.	7.69	653

Heptathlon: #4 Men High Jump Heptathlon

Name	Year	School	Finals	Points
1 330 Johnson, Lorenzo	FR	South Carolina St.	1.89m	6-02.25 705
1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92				
P P P 0 0 0 0 0 0 XXX				
2 128 Labor-Koroma, Moha	FR	Hampton	1.83m	6-00.00 653
1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86				
P P 0 0 0 P 0 XXX				
2 92 Leon, Jean	FR	Florida A&M	1.83m	6-00.00 653
1.65 1.68 1.71 1.74 1.77 1.80 1.83 1.86				
P 0 0 0 0 X0 XX0 XXX				
4 171 Dix, Jermol	SR	Maryland-Eas	1.80m	5-10.75 627
1.65 1.68 1.71 1.74 1.77 1.80 1.83				
P X0 0 0 0 XX0 XXX				
5 17 Davis, Nnamdi	FR	Bethune-Cookman	1.71m	5-07.25 552
1.65 1.68 1.71 1.74				
X0 0 X0 XX				

Heptathlon: #2 Men Long Jump Heptathlon

Name	Year	School	Finals	Points
1 171 Dix, Jermol	SR	Maryland-Eas	6.34m	20-09.75 661
6.25m 6.34m FOUL				
2 92 Leon, Jean	FR	Florida A&M	6.08m	19-11.50 604
FOUL 5.85m 6.08m				
3 17 Davis, Nnamdi	FR	Bethune-Cookman	6.06m	19-10.75 600
5.40m 6.06m 5.91m				
4 330 Johnson, Lorenzo	FR	South Carolina St.	6.04m	19-09.75 595
5.76m 6.04m 5.75m				
5 128 Labor-Koroma, Moha	FR	Hampton	5.88m	19-03.50 561
5.58m 5.88m 5.79m				

Heptathlon: #3 Men Shot Put Heptathlon

Name	Year	School	Finals	Points
1 171 Dix, Jermol	SR	Maryland-Eas	11.42m	37-05.75 571
FOUL FOUL 11.42m				
2 92 Leon, Jean	FR	Florida A&M	10.42m	34-02.25 511
10.19m 9.13m 10.42m				
2 17 Davis, Nnamdi	FR	Bethune-Cookman	10.42m	34-02.25 511
10.14m FOUL 10.42m				

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4	330 Johnson, Lorenzo	FR South Carolina St.	9.30m	30-06.25	444
	8.08m 9.13m 9.30m				
5	128 Labor-Koroma, Moha	FR Hampton	8.97m	29-05.25	424
	7.75m 8.13m 8.97m				

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Women - Team Rankings - 2 Events Scored

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1) Florida A&M	20	2) Hampton	16
3) Norfolk State	14	4) Bethune-Cookman	10
5) N. Carolina A&T	8	6) Coppin State	5
7) Savannah State	4	8) South Carolina St.	1

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Men - Team Rankings - 2 Events Scored

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1) Norfolk State	36	2) N. Carolina A&T	12
3) Maryland-Eastern Shore	11	4) Florida A&M	6
5) Coppin State	5	6) N.C. Central	4
7) Savannah State	3	8) Hampton	1