



Mid-Eastern Athletic Conference  
 2730 Ellsmere Avenue  
 Norfolk, Virginia 23513  
 Phone: 757-951-2055  
 Fax: 757-951-2077

## 2011-12 MEAC Bowling Weekly Release

Weekly Release- Vol. 1  
 January 27, 2012

Contact: Sahar Rashid, Asst. Director of Media Relations  
 E-mail: rashids@themeac.com

### 2011 MEAC Bowling Standings

Northern Division	MEAC			Overall			Baker		
	W	L	Pct.	W	L	Pct.	W	L	Pct.
Maryland Eastern Shore	20	0	1.00	52	17	.754	28	11	.718
Delaware State	12	8	.600	35	22	.614	19	12	.612
Morgan State	11	9	.550	25	35	.417	16	18	.471
Hampton	11	9	.550	24	42	.364	10	24	.294
Howard	5	15	.250	22	51	.301	13	28	.317
Coppin State	1	19	.005	8	38	.174	5	20	.200
<b>Southern Division</b>	<b>W</b>	<b>L</b>	<b>Pct.</b>	<b>W</b>	<b>L</b>	<b>Pct.</b>	<b>W</b>	<b>L</b>	<b>Pct.</b>
Norfolk State	16	4	.800	47	14	.770	29	6	.829
Florida A&M	12	8	.600	19	15	.560	9	9	.500
Bethune-Cookman	12	8	.600	33	27	.550	20	14	.588
North Carolina Central	9	11	.450	36	25	.590	22	13	.629
South Carolina State	8	12	.400	14	35	.286	10	17	.270
North Carolina A&T	3	17	.150	13	44	.228	7	23	.233

### Upcoming Matches

#### January 27-29

Coppin State at KU Golden Bear Invitational ..... Reading, Pa.  
 North Carolina Central at KU Golden Bear Invitational. Reading, Pa.  
 Morgan State at KU Golden Bear Invitational ..... Reading, Pa.  
 Maryland E. Shore at KU Golden Bear Invitational ..... Reading, Pa.  
 Delaware State at KU Golden Bear Invitational ..... Reading, Pa.  
 Norfolk State at KU Golden Bear Invitational ..... Reading, Pa.  
 Hampton at KU Golden Bear Invitational ..... Reading, Pa.  
 Florida A&M at KU Golden Bear Invitational ..... Reading, Pa.  
 Bethune-Cookman at KU Golden Bear Invitational ..... Reading, Pa.

#### February 3-5

Maryland E. Shore at Praire View Invitational ..... Arlington, TX  
 Norfolk State at Praire View Invitational ..... Arlington, TX

#### February 10-12

Hampton at Capital Classic ..... Dover, Del.  
 Morgan State at Capital Classic ..... Dover, Del.  
 Norfolk State at Capital Classic ..... Dover, Del.  
 Bethune-Cookman at Capital Classic ..... Dover, Del.  
 South Carolina State State at S.C. State Bulldog Classic Sumter, S.C.  
 North Carolina Central at S.C. State Bulldog Classic ..... Sumter, S.C

### Latest Results

#### January 19-20

Bethune-Cookman at Big Red Invitational ..... 9th place  
 Florida A&M at Big Red Invitational ..... 12th place  
 Delaware State at SFNY New York Knockdown ..... 5th place  
 Hampton at SFNY New York Knockdown ..... 8th place  
 Maryland E. Shore at SFNY New Year Knockdown ..... 3rd Place  
 Coppin State at Lady Bulldog Classic ..... 12th place  
 Howard at Lady Bulldog Classic ..... 5th place  
 Morgan State at Lady Bulldog Classic ..... 2nd place  
 Norfolk State at Lady Bulldog Classic ..... 1st place  
 North Carolina Central at Lady Bulldog Classic ..... 4th place

# MEAC MEDIA INFORMATION

## MEAC Bowling Contacts

**Bethune-Cookman-Michael Stambaugh** 386-481-2206  
 Fax ..... 386-481-2238  
 E-mail ..... stambaughm@cookman.com

**Coppin State-Roger McAfee** ..... 410-951-3729  
 Fax ..... 410-951-3718  
 E-mail ..... rmcafee@coppin.edu

**Delaware State-Maggie Hayon** ..... 302-857-6239  
 Fax ..... 302-857-6069  
 E-mail ..... mlhayon@desu.edu

**Florida A&M-Ronnie Johnson** ..... 850-561-2701  
 Fax ..... 850-599-3206  
 E-mail ..... ronjon\_2001@yahoo.com

**Hampton-Andrew Dickenson** ..... 757-727-5906  
 Fax ..... 757-727-5813  
 E-mail ..... andrew.dickenson@hamptonu.edu

**Howard-Jamilah Corbitt** ..... 202-806-7182  
 Fax ..... 202-806-9595  
 E-mail ..... jamilah.corbitt@howard.edu

**Maryland Eastern Shore-Stan Bradley** . 410-651-6499  
 Fax ..... 410-651-7514  
 E-mail ..... gsbradley@umes.edu

**Morgan State-Kevin Paige** ..... 443-885-3009  
 Fax ..... 443-885-8308  
 E-mail ..... ravenspr26@aol.com

**Norfolk State-Mike Bello** ..... 757-823-2628  
 Fax ..... 757-823-8218  
 E-mail ..... mjbello@nsu.edu

**North Carolina A&T-Brian Holloway** ..... 336-334-7141  
 Fax ..... 336-334-7181  
 E-mail ..... bmhollow@ncat.edu

**North Carolina Central-Ariel Germain** ... 919-530-6892  
 Fax ..... 919-530-5426  
 E-mail ..... agermain@nccu.edu

**South Carolina State-Kendrick Lewis** .. 803-536-8227  
 Fax ..... 803-536-8622  
 E-mail ..... klewis19@scsu.edu

## Media Services

**MEAC Bowling Contact-Sahar Abdur-Rashid**  
 Phone ..... 757-951-2047  
 Fax ..... 757-951-2077  
 E-mail ..... rashids@themeac.com

### MEAC Divisional Lineups

The MEAC competes in divisional play in bowling. Listed below is the conference breakdown. Divisional winners will be announced at the conclusion of the regular season.

#### Northern Division

Coppin State  
 Delaware State  
 Hampton  
 Howard  
 Maryland Eastern Shore  
 Morgan State

#### Southern Division

Bethune-Cookman  
 Florida A&M  
 Norfolk State  
 North Carolina A&T  
 North Carolina Central  
 South Carolina State

### MEAC Weekly Honors

The MEAC will select a bowler of the week during the regular season. The first weekly honors will begin on Tuesday, November 11, 2011 and will conclude XX.

### The Internet- www.MEACSports.com

The MEAC's official website can easily be accessed by logging on to www.MEACsports.com. Information on MEAC volleyball and all other MEAC sponsored sports is available on the site, including up-to-date statistics, weekly releases, and MEAC team information.

### MEAC Websites

Press releases, game notes and features articles from all MEAC institutions are available via the websites listed below:

**Bethune-Cookman**  
[www.bcuathletics.com](http://www.bcuathletics.com)

**Maryland Eastern Shore**  
[www.umeshawks.com](http://www.umeshawks.com)

**Coppin State**  
[www.coppinstatesports.com](http://www.coppinstatesports.com)

**Morgan State**  
[www.morganstatebears.com](http://www.morganstatebears.com)

**Delaware State**  
[www.dsuhornets.com](http://www.dsuhornets.com)

**Norfolk State**  
[www.nsuspartans.com](http://www.nsuspartans.com)

**Florida A&M**  
[www.famuathletics.com](http://www.famuathletics.com)

**North Carolina A&T State**  
[www.ncataggies.com](http://www.ncataggies.com)

**Hampton**  
[www.hamptonpirates.com](http://www.hamptonpirates.com)

**North Carolina Central**  
[www.nccueaglepride.com](http://www.nccueaglepride.com)

**Howard**  
[www.howard-bison.com](http://www.howard-bison.com)

**Savannah State**  
[www.ssuathletics.com](http://www.ssuathletics.com)

**South Carolina State**  
[www.scsuathletics.com](http://www.scsuathletics.com)

## Follow Us...



[www.facebook.com/MEACSports](http://www.facebook.com/MEACSports)



Follow @ MEAC1970



[www.youtube.com/MEACSports](http://www.youtube.com/MEACSports)

# MEAC HONORS

## 2011 MEAC Predicted Order of Finish Poll

*As voted on by the Conference's Head Coaches and Sports Information Directors (First Place Votes In Parenthesis)*

### MEAC Northern Division

1. Maryland Eastern Shore (19).....	273 pts.
2. Delaware State (4).....	222 pts.
3. Morgan State (1).....	186 pts.
4. Hampton.....	177 pts.
5. Howard.....	144 pts.
6. Coppin State.....	126 pts.

### MEAC Southern Division

1. Norfolk State (16).....	260 pts.
2. Florida A&M (4).....	215 pts.
3. Bethune-Cookman (3).....	196 pts.
4. South Carolina State.....	165 pts.
5. North Carolina A&T (1).....	149 pts.
6. North Carolina Central.....	143 pts.

## 2011-12 NTCA Media Poll

As of January 17, 2012

Points	School (1st Place Votes)	Record	Points
1	Valparaiso (10)	30-8	369
2	Fairleigh Dickinson (4)	45-12	345
3	Sacred Heart	37-9	320
4	Sam Houston State	40-13	300
5	Central Missouri	26-12	261
<b>6</b>	<b>Maryland E. Shore</b>	<b>37-9</b>	<b>254</b>
7	Vanderbilt	30-13	248
8	Arkansas State	27-11	200
9	Nebraska	18-6	184
10	New Jersey City	24-8	162
11	Stephen F. Austin	25-16	122
<b>12</b>	<b>Delaware State</b>	<b>30-17</b>	<b>90</b>
13	St. Francis (Pa.)	33-14	83
T14	Kutztown	24-20	73
<b>T14</b>	<b>Norfolk State</b>	<b>32-14</b>	<b>73</b>
T14	Monmouth	26-21	73
17	St. Peter's	32-12	59
18	Wisconsin-Whitewater	13-12	41
19	Adelphi	32-24	37
20	St. Francis (N.Y.)	23-23	6

## 2011-12 MEAC Weekly Accolades

### Player of the Week

Date	Player	School	Cl.
N1	Crystal Connelly	Delaware State	So.
N9	Laverne Jones	N.C. Central	Jr.
N16	Anggie Ramirez	Maryland E. Shore	Jr.
D6	Anggie Ramirez	Maryland E. Shore	Jr.
J20	Victoria Jones	Maryland E. Shore	Fr.
J24	Anggie Ramirez	Maryland E. Shore	Jr.

## Bowler Of the Week

**Anggie Ramirez (Jr., Bogota, Colombia)** knocked down 1,047 pins and averaged a 209.4 at the New Year's Knockdown, hosted by St. Francis (NY). Ramirez earned All-Tournament honors while leading the Lady Hawks to an 8-2 mark and third place finish. The junior recorded 200-plus scores in four out of five games played including a game-high 245 against #2 Fairleigh Dickinson.

## MEAC All-Time Tournament Champions

2010-11.....	Maryland Eastern Shore
2009-10.....	Delaware State
2008-09.....	Delaware State
2007-08.....	Maryland Eastern Shore
2006-07.....	Maryland Eastern Shore
2005-06.....	Maryland Eastern Shore
2004-05.....	Bethune-Cookman
2003-04.....	North Carolina A&T
2002-03.....	North Carolina A&T
2001-02.....	North Carolina A&T
2000-01.....	Maryland Eastern Shore
1999-00.....	North Carolina A&T

## 2011-12 All-MEAC Preseason Honors

**Bowler of the Year:** Anggie Ramirez, Maryland E. Shore

Name	School	Cl.
Anggie Ramirez	UMES	Jr.
Paula Vilas	UMES	Sr.
Jazmyne Hefflefinger	DSU	Sr.
Rebecca Glazier	HAM	Jr.
Thea Aspiras	NSU	So.

## 2010-11 All-MEAC Honors

**Coach of the Year:** Wilhelmenia Harrison, Norfolk State  
**Player of the Year:** Maria Rodrigues, Maryland E. Shore  
**Rookie of the Year:** Thea Aspiras, Norfolk State

### First Team:

Name	School	Cl.
Thea Aspiras	Norfolk State	Fr.
Kristina Frahm	Maryland E. Shore	Sr.
Martha Perez	Maryland E. Shore	Sr.
Anggie Ramirez	Maryland E. Shore	So.
Maria Rodriguez	Maryland E. Shore	Sr.

### Second Team:

Name	School	Cl.
Jazmyne Hefflefinger	Delaware State	Jr.
Nicole Bower	Delaware State	So.
Rebecca Glazier	Hampton	So.
Atoya Leatherbury	Morgan State	Fr.
Paula Vilas	Maryland E. Shore	Jr.

## 2011 MEAC All-Tournament Team

**Outstanding Performer:** Paula Vilas, Maryland E. Shore  
**Outstanding Coach:** Sharon Brummell, Maryland E. Shore

Name	School	Cl.
Jazmyne Hefflefinger	Delaware State	Jr.
Devin Revels	Morgan State	Fr.
Paula Vilas	Maryland E. Shore	Jr.
Keisheena Waldon	Morgan State	Jr.
Maria Rodriguez	Maryland E. Shore	Sr.