

Mid-Eastern Athletic Conference - 2/17/2011 to 2/19/2011

Indoor Track & Field Championships

Prince George S&L Complex: Landover, MD

Results - Friday

Women 60 Meter Dash

NCAA Auto: 7.26 A

MEAC Indoor: 7.32 \$ 2006 Danieth Pryce

Name	Yr	School	Semis
Semi-Finals			
1 288 Claiborne, Shanneka	JR	Norfolk Stat	7.41Q
2 14 Williams, Nickesha	SR	Bethune-Cook	7.49Q
3 271 Lawson, Krystin	JR	N. Carolina	7.49Q
4 140 Vassell, Racquel	SR	Hampton	7.51Q
5 332 Frazier, Arnetra	SO	South Caroli	7.61q
6 267 Hunt, Ruth	JR	N. Carolina	7.62q
7 134 Norman, Breana	FR	Hampton	7.68q
8 102 Pleasant, Jasmine	SO	Florida A&M	7.69q
9 289 Flowers, Tierra	SR	Norfolk Stat	7.70
10 294 Johnson, Rayiana	FR	Norfolk Stat	7.71
11 235 Green, Teyanna	FR	Morgan State	7.72
12 247 Wattley, Britney	SO	Morgan State	7.73
13 96 Linson, Nakia	FR	Florida A&M	7.75
14 334 Jones, Alexandria	JR	South Caroli	7.77
15 264 Carrington, Crystal	SR	N. Carolina	7.80
16 176 Wade, TeaCarla	SO	Howard	7.84
17 33 Kamara, Hafsatu	FR	Coppin State	7.85
18 8 Harris, Alphetdellia	SO	Bethune-Cook	7.87
19 5 Austin, Analisa	SR	Bethune-Cook	7.87
20 34 Leigh, Samantha	SR	Coppin State	7.90
21 98 Louis, Richena	FR	Florida A&M	7.91
22 37 Smith, Shanee	SO	Coppin State	7.93
23 166 Jones, Briana	FR	Howard	8.06
24 174 Taylor, Uniqua	SO	Howard	8.11
25 66 Roberson, Brittany	JR	Delaware Sta	8.27

Women 200 Meter Dash

NCAA Auto: 23.70 A

MEAC Indoor: 23.85 \$ 2000 Debbie Dunn

Name	Yr	School	Semis
Semi-Finals			
1 140 Vassell, Racquel	SR	Hampton	24.54q
2 271 Lawson, Krystin	JR	N. Carolina	24.73q
3 288 Claiborne, Shanneka	JR	Norfolk Stat	24.75q
4 14 Williams, Nickesha	SR	Bethune-Cook	24.86q
5 238 Kendrick, Tanisha	SR	Morgan State	25.16q
6 287 Bell, Champagne	FR	Norfolk Stat	25.21q
7 10 Richardson, Alonti	FR	Bethune-Cook	25.29q
8 102 Pleasant, Jasmine	SO	Florida A&M	25.33q
9 245 Sogbesan, Ekundayo	FR	Morgan State	25.33
10 235 Green, Teyanna	FR	Morgan State	25.40
11 264 Carrington, Crystal	SR	N. Carolina	25.45
12 134 Norman, Breana	FR	Hampton	25.48
13 96 Linson, Nakia	FR	Florida A&M	25.48
14 267 Hunt, Ruth	JR	N. Carolina	25.50
15 334 Jones, Alexandria	JR	South Caroli	25.50
16 208 Wade, Jennell	SO	Maryland-Eas	25.51

17 302 Sanford, Dania	SR	Norfolk Stat	25.52
18 202 Hawkins, Monique	JR	Maryland-Eas	25.68
19 129 Fraenk, Emmy	FR	Hampton	25.70
20 200 Gallas, Melina	SO	Maryland-Eas	25.76
21 98 Louis, Richena	FR	Florida A&M	25.82
22 8 Harris, Alphetdellia	SO	Bethune-Cook	25.86
23 34 Leigh, Samantha	SR	Coppin State	25.93
24 33 Kamara, Hafsatu	FR	Coppin State	26.06
25 57 Fan Fan, Tracey	JR	Delaware Sta	26.21
26 161 Glover, Symone	SO	Howard	26.24
27 175 Thomas, Zahra	SO	Howard	26.26
28 30 Brownell, Shena	FR	Coppin State	26.41
29 56 Emerson, Calisa	SO	Delaware Sta	26.50
30 58 Goode, Asja	FR	Delaware Sta	26.69
31 332 Frazier, Arnetra	SO	South Caroli	26.77
32 176 Wade, TeaCarla	SO	Howard	26.82

Women 400 Meter Dash

NCAA Auto: 53.30 A

MEAC Indoor: 53.22 \$ 2/14/2009 Francena McCorory

Name	Yr	School	Semis
Semi-Finals			
1 238 Kendrick, Tanisha	SR	Morgan State	56.14q
2 287 Bell, Champagne	FR	Norfolk Stat	56.46q
3 138 Taylor, Benita	SO	Hampton	57.03q
4 104 Stanley, RaTeema	FR	Florida A&M	57.21q
5 126 Calder, Claudia	JR	Hampton	57.34q
6 273 McCammon, Jenea	SO	N. Carolina	57.39q
7 105 Wright, LaToya	SR	Florida A&M	57.59q
8 63 Mayers, Kendra	SR	Delaware Sta	57.79q
9 334 Jones, Alexandria	JR	South Caroli	57.83
10 245 Sogbesan, Ekundayo	FR	Morgan State	57.85
11 208 Wade, Jennell	SO	Maryland-Eas	57.97
12 269 Jacobs, Dotrine	FR	N. Carolina	58.10
13 265 Farr, Jessica	SO	N. Carolina	58.39
14 129 Fraenk, Emmy	FR	Hampton	58.53
15 202 Hawkins, Monique	JR	Maryland-Eas	58.71
16 302 Sanford, Dania	SR	Norfolk Stat	58.73
17 200 Gallas, Melina	SO	Maryland-Eas	58.90
18 161 Glover, Symone	SO	Howard	58.94
19 175 Thomas, Zahra	SO	Howard	59.08
20 30 Brownell, Shena	FR	Coppin State	1:00.11
21 13 Wilbon, LaShondra	JR	Bethune-Cook	1:00.24
22 58 Goode, Asja	FR	Delaware Sta	1:00.71
23 173 Selby, Jasmin	FR	Howard	1:00.76
24 304 Sessoms, Ashley	FR	Norfolk Stat	1:00.93
25 337 Odugbela, Oprah	SO	South Caroli	1:01.06
26 95 Jones, Brittany	FR	Florida A&M	1:01.92
27 339 Smith, Tamara	FR	South Caroli	1:02.01
28 62 Kelly, Ayanna	JR	Delaware Sta	1:02.65
29 29 Boyd, Onya	FR	Coppin State	1:03.92
30 35 Martinez, Kiana	FR	Coppin State	1:04.52
31 136 Robinson, Cydney	FR	Hampton	1:05.60

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Prince George S&L Complex: Landover, MD

Results - Friday

Women 800 Meter Run

NCAA Auto: 2:06.00 A

MEAC Indoor: 2:10.57 \$ 2007

Merrecia James

Name	Yr	School	Finals
Finals			
1 196 Anais, Cynthia	JR	Maryland-Eas	2:10.47\$ 10
2 137 Tate, Elaine	FR	Hampton	2:11.21 8
3 138 Taylor, Benita	SO	Hampton	2:12.43 6
4 136 Robinson, Cydney	FR	Hampton	2:12.67 5
5 199 Ducados, Emilie	SO	Maryland-Eas	2:12.88 4
6 205 Jones, Eunice	JR	Maryland-Eas	2:15.09 3
7 84 Allen, Ariel	FR	Florida A&M	2:16.39 2
8 162 Hardy, Jami	JR	Howard	2:16.43 1
9 55 Dornevil, Ketsia	FR	Delaware Sta	2:17.22
10 335 Lowery, Patavia	FR	South Caroli	2:18.80
11 330 Daniley, Patrecia	SR	South Caroli	2:19.51
12 97 Listhrop, Nichola	JR	Florida A&M	2:21.15
13 65 Richardson, Dashera	SO	Delaware Sta	2:21.37
14 339 Smith, Tamara	FR	South Caroli	2:21.78
15 159 Douglas, Danielle	SO	Howard	2:22.31
16 275 Rush, Kristin	SO	N. Carolina	2:23.22
17 100 Mayes, Shanay	FR	Florida A&M	2:26.98
18 59 Harrison, Jessica	SR	Delaware Sta	2:28.09
19 35 Martinez, Kiana	FR	Coppin State	2:28.75
20 6 Figueroa, Ileis	FR	Bethune-Cook	2:29.03
21 303 Savage, Tyler	FR	Norfolk Stat	2:38.25

Women 5000 Meter Run

NCAA Auto: 16:12.50 A

Name	Yr	School	Finals
Finals			
1 163 Hodges, Ashley	SR	Howard	18:36.39 10
2 124 Branch, Jasmin	SR	Hampton	18:45.75 8
3 139 Thompson, Devyn	FR	Hampton	18:49.00 6
4 340 Stewart, Brittney	JR	South Caroli	18:52.38 5
5 336 McFarlane, Sherril	FR	South Caroli	19:01.44 4
6 132 Harris, Nichelle	FR	Hampton	19:02.53 3
7 300 Rutto, Kellen	SO	Norfolk Stat	19:24.22 2
8 90 Golden, Clarricia	FR	Florida A&M	19:50.79 1
9 204 Jiraskova, Hana	FR	Maryland-Eas	19:57.76
10 135 Rivers, Teshika	SO	Hampton	20:19.90
11 195 Abrantes, Jessica	JR	Maryland-Eas	20:56.58
12 89 Fleming, Keelyn	SO	Florida A&M	21:17.23
--- 6 Figueroa, Ileis	FR	Bethune-Cook	DNF
--- 290 Gee, Syeeda	JR	Norfolk Stat	DNF

Women 60 Meter Hurdles

NCAA Auto: 8.14 A

MEAC Indoor: 8.08 \$ 2006

Kellie Wells

Name	Yr	School	Semis
Semi-Finals			
1 140 Vassell, Racquel	SR	Hampton	8.38Q
2 134 Norman, Breana	FR	Hampton	8.66Q

3 296 Kirby, Wanetta	SR	Norfolk Stat	8.70Q
4 274 Reddic, Lydia	SR	N. Carolina	8.82Q
5 276 Walker, Sherice	SO	N. Carolina	8.74q
6 297 Matthews, Ashanti	JR	Norfolk Stat	8.77q
7 123 Bouldin, Casaundra	SO	Hampton	8.91q
8 57 Fan Fan, Tracey	JR	Delaware Sta	8.94q
9 272 Luedeke, Chantal	SO	N. Carolina	8.99
10 105 Wright, LaToya	SR	Florida A&M	9.08
11 31 Easterling, Alexis	SO	Coppin State	9.13
12 92 Jackson, Lakeisha	FR	Florida A&M	9.13
13 54 Biggs, Vernetta	FR	Delaware Sta	9.16
14 333 Jefferson, Brandi	SR	South Caroli	9.24
15 209 Williams, Geranda	FR	Maryland-Eas	9.25
16 167 Myrick, Keisha	SO	Howard	9.33
17 293 Jenkins, Tanisha	SR	Norfolk Stat	9.34
18 171 Sawtell, Kayla	FR	Howard	9.39
19 29 Boyd, Onya	FR	Coppin State	9.45
20 39 Wise, Danae	FR	Coppin State	9.48
21 60 Johnson, Kristen	JR	Delaware Sta	9.52
22 7 Grier, Latorria	FR	Bethune-Cook	9.68
23 12 Sims, Elizabeth	JR	Bethune-Cook	9.81
24 93 Johnson, Ashantis	FR	Florida A&M	10.41

Women Distance Medley

NCAA Auto: 11:12.90 A

MEAC Indoor: 11:41.16 \$ 2008

Maryland Eastern Shore

Team	Relay	Finals
Finals		
1 Maryland-Eas		12:06.44 10
1) 205 Jones, Eunice JR	2) 194 Abrams, Kenesha SO	
3) 199 Ducados, Emilie SO	4) 196 Anais, Cynthia JR	
2 Hampton		12:25.61 8
1) 137 Tate, Elaine FR	2) 138 Taylor, Benita SO	
3) 130 Gainey, Shaquanda SO	4) 139 Thompson, Devyn FR	
3 N. Carolina A&T		12:28.62 6
1) 260 Benn, Janessa SO	2) 263 Bygraves, Roshel FR	
3) 275 Rush, Kristin SO	4) 261 Betts, Ariana SO	
4 South Carolina St.		12:42.64 5
1) 336 McFarlane, Sherril FR	2) 335 Lowery, Patavia FR	
3) 330 Daniley, Patrecia SR	4) 340 Stewart, Brittney JR	
5 Florida A&M		12:46.57 4
1) 97 Listhrop, Nichola JR	2) 104 Stanley, RaTeema FR	
3) 84 Allen, Ariel FR	4) 90 Golden, Clarricia FR	
6 Howard		12:49.67 3
1) 162 Hardy, Jami JR	2) 158 Cooper, Kinyata FR	
3) 157 Broady, Doriean FR	4) 160 German, Candice FR	
7 Delaware State		13:00.16 2
1) 55 Dornevil, Ketsia FR	2) 57 Fan Fan, Tracey JR	
3) 63 Mayers, Kendra SR	4) 65 Richardson, Dashera SO	
8 Norfolk State		13:52.22 1
1) 290 Gee, Syeeda JR	2) 304 Sessoms, Ashley FR	
3) 303 Savage, Tyler FR	4) 300 Rutto, Kellen SO	
9 Bethune-Cookman		13:52.98
1) 7 Grier, Latorria FR	2) 13 Wilbon, LaShondra JR	
3) 9 Lewis, Alexys FR	4) 6 Figueroa, Ileis FR	

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Results - Friday

Women High Jump

NCAA Auto: 1.85m A

MEAC Indoor: 1.78m \$ 2005 Yvette Lewis

Name	Yr	School	Finals
Finals			
1 241 Ovid, Jeanelle	FR	Morgan State	1.70m 10
2 126 Calder, Claudia	JR	Hampton	1.70m 8
3 246 Waller, Monae	SO	Morgan State	1.70m 6
4 286 Artis, Jonee	SR	Norfolk Stat	1.65m 4.5
4 127 Denmark, Teiara	FR	Hampton	1.65m 4.5
6 169 Rice, Bria	FR	Howard	1.65m 3
7 293 Jenkins, Tanisha	SR	Norfolk Stat	1.65m 2
8 296 Kirby, Wanetta	SR	Norfolk Stat	1.65m 1
9 134 Norman, Breana	FR	Hampton	1.65m
9 67 Sewell, Nykeisha	JR	Delaware Sta	1.65m
9 125 Briggs, Deshana	JR	Hampton	1.65m
12 298 Mitchell, She'Anna	SR	Norfolk Stat	1.60m
13 262 Breeden, Amanda	SR	N. Carolina	1.60m
14 128 Fair, Ermesha	SO	Hampton	1.60m
15 60 Johnson, Kristen	JR	Delaware Sta	1.55m
16 87 Colter, Stephanie	SO	Florida A&M	1.50m
17 236 Holston, Elan	FR	Morgan State	1.50m
--- 341 Taylor, Cheleste	FR	South Caroli	NH
--- 28 Bacote, Ashley	FR	Coppin State	NH
--- 92 Jackson, Lakeisha	FR	Florida A&M	NH
--- 85 Clark, Cynia	FR	Florida A&M	NH

Women Long Jump

NCAA Auto: 6.38m A

MEAC Indoor: 6.20m \$ 1985 Brenda Bailey

Name	Yr	School	Finals
Finals			
1 287 Bell, Champagne	FR	Norfolk Stat	5.93m 10
2 127 Denmark, Teiara	FR	Hampton	5.78m 8
3 140 Vassell, Racquel	SR	Hampton	5.76m 6
4 266 Forbes, Shakia	JR	N. Carolina	5.72m 5
5 67 Sewell, Nykeisha	JR	Delaware Sta	5.66m 4
6 297 Matthews, Ashanti	JR	Norfolk Stat	5.58m 3
7 262 Breeden, Amanda	SR	N. Carolina	5.53m 2
8 276 Walker, Sherice	SO	N. Carolina	5.51m 1
9 296 Kirby, Wanetta	SR	Norfolk Stat	5.39m
10 128 Fair, Ermesha	SO	Hampton	5.14m
11 14 Williams, Nickesha	SR	Bethune-Cook	5.04m
12 341 Taylor, Cheleste	FR	South Caroli	5.03m
13 64 Muhammad, Krystina	JR	Delaware Sta	5.02m
14 36 Mitchell, Jennifer	FR	Coppin State	5.01m
15 201 Gray, Courtney	SO	Maryland-Eas	4.99m
15 101 Morrow, Tiffany	SR	Florida A&M	4.99m
17 96 Linson, Nakia	FR	Florida A&M	4.87m
18 85 Clark, Cynia	FR	Florida A&M	4.86m
19 10 Richardson, Alonti	FR	Bethune-Cook	4.84m
20 9 Lewis, Alexys	FR	Bethune-Cook	4.83m
21 166 Jones, Briana	FR	Howard	4.77m
--- 209 Williams, Geranda	FR	Maryland-Eas	FOUL

---	164 Horton, Dontranika	SO	Howard	FOUL
---	31 Easterling, Alexis	SO	Coppin State	FOUL

Women Shot Put

NCAA Auto: 16.90m A

MEAC Indoor: 15.56m \$ 2/13/2009 Leitawsha Bronson

Name	Yr	School	Finals
Finals			
1 203 Henry, Vanessa	JR	Maryland-Eas	15.54m 10
2 338 Rothmiller, Shamire	JR	South Caroli	14.38m 8
3 239 Mealer, Ranita	FR	Morgan State	13.92m 6
4 207 Robinson, Lexia	SO	Maryland-Eas	13.88m 5
5 242 Shirley, Candace	SR	Morgan State	12.31m 4
6 291 Gray, Kaleena	SO	Norfolk Stat	12.20m 3
7 240 Moore, Sharita	FR	Morgan State	11.97m 2
8 133 McGregor, Kristal	SR	Hampton	11.73m 1
9 85 Clark, Cynia	FR	Florida A&M	11.41m
10 11 Ruffin, Maketa	SR	Bethune-Cook	11.24m
11 170 Sanni, Rachel	SO	Howard	11.03m
12 141 Watkins, Jocelyn	SR	Hampton	10.98m
13 198 Cox, Imani	SO	Maryland-Eas	10.80m
14 91 Houghton, Shamona	FR	Florida A&M	10.52m
15 331 Fowler, Eileena	JR	South Caroli	10.29m
16 165 Jenkins, Krystal	JR	Howard	9.19m

Men 60 Meter Dash

NCAA Auto: 6.60 A

MEAC Indoor: 6.71 \$ 2/14/2009 Reggie Dixon

Name	Yr	School	Semis
Semi-Finals			
1 147 Dixon, Reggie	JR	Hampton	\$ 6.70Q
2 143 Anderson, Aaron	SR	Hampton	6.79Q
3 326 Taylor, James	FR	Norfolk Stat	6.81Q
4 282 House, Earl	SO	N. Carolina	6.92Q
5 16 Cray, Eric	SR	Bethune-Cook	6.87q
6 306 Ansley, Ramaan	SO	Norfolk Stat	6.88q
7 285 Williams, Darryl	SO	N. Carolina	6.91q
8 329 Walker, Quinten	JR	Norfolk Stat	6.93q
9 119 Tillman, Jeremy	SO	Florida A&M	6.99
10 190 Odocha, Tochi	SR	Howard	7.02
11 353 Sparkman, Eric	FR	South Caroli	7.02
12 259 Whyte, Carbinere	SR	Morgan State	7.03
13 284 Shank, Khyran	FR	N. Carolina	7.04
14 180 Harrison, Christopher	SR	Howard	7.07
15 221 Miles, Damian	JR	Maryland-Eas	7.07
16 251 Currie, Ryan	SO	Morgan State	7.08
17 81 Sivels, Darius	JR	Delaware Sta	7.08
18 111 Edmond, Baker	SO	Florida A&M	7.10
19 347 Hasty, Zachery	SO	South Caroli	7.10
20 114 Lewis, Charief	FR	Florida A&M	7.12
21 22 McLeod, Jameil	SO	Bethune-Cook	7.16
22 43 Farquhason, Richard	JR	Coppin State	7.16
23 226 Wallace, Marcus	FR	Maryland-Eas	7.17
24 181 Harrison, Marcus	JR	Howard	7.17

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Results - Friday

Semi-Finals ... (Men 60 Meter Dash)

Name	Yr	School	Semis
25 149 Fulgham, Quintin	FR	Hampton	7.18
26 222 Nubret, Nyls	SO	Maryland-Eas	7.19
27 351 Moore, David	SO	South Caroli	7.21
28 49 Pleasants, Casey	FR	Coppin State	7.31
29 15 Clarke, Kemar	JR	Bethune-Cook	7.33

Men 200 Meter Dash

NCAA Auto: 21.23 A

MEAC Indoor: 21.32 \$ 2010 Sean Holston

Name	Yr	School	Semis
Semi-Finals			
1 227 Walsh, Andre	FR	Maryland-Eas	21.68q
2 314 Holston, Marquis	SO	Norfolk Stat	21.73q
3 326 Taylor, James	FR	Norfolk Stat	21.86q
4 143 Anderson, Aaron	SR	Hampton	21.87q
5 71 Carter, Ryan	SO	Delaware Sta	21.94q
6 281 Elliott, Jarrell	JR	N. Carolina	22.02q
7 147 Dixon, Reggie	JR	Hampton	22.03q
8 41 Bennett, Teo	JR	Coppin State	22.07q
9 285 Williams, Darryl	SO	N. Carolina	22.15
10 226 Wallace, Marcus	FR	Maryland-Eas	22.27
11 218 Keane-Dawes,	SR	Maryland-Eas	22.33
12 221 Miles, Damian	JR	Maryland-Eas	22.39
13 250 Charles, Trey	JR	Morgan State	22.45
14 53 Victorian, Jibri	SO	Coppin State	22.59
15 180 Harrison, Christopher	SR	Howard	22.62
16 306 Ansley, Ramaan	SO	Norfolk Stat	22.71
17 119 Tillman, Jeremy	SO	Florida A&M	22.78
18 48 Pinnock, Andre	SR	Coppin State	22.81
19 19 Horton, Robert	JR	Bethune-Cook	22.82
20 253 Higgs, Jordan	JR	Morgan State	22.88
21 190 Odocha, Tochi	SR	Howard	22.89
22 353 Sparkman, Eric	FR	South Caroli	22.94
23 22 McLeod, Jameil	SO	Bethune-Cook	22.95
24 114 Lewis, Charief	FR	Florida A&M	23.08
25 259 Whyte, Carbinere	SR	Morgan State	23.13
26 282 House, Earl	SO	N. Carolina	23.59
27 79 Laws, Alan	SR	Delaware Sta	23.77
28 111 Edmond, Baker	SO	Florida A&M	23.88

Men 400 Meter Dash

NCAA Auto: 46.75 A

MEAC Indoor: 47.76 \$ 1998 Wilfred Pollard

Name	Yr	School	Semis
Semi-Finals			
1 250 Charles, Trey	JR	Morgan State	49.03q
2 80 Murray, Leslie	JR	Delaware Sta	49.08q
3 314 Holston, Marquis	SO	Norfolk Stat	49.09q
4 150 Hutchison, Je'Von	FR	Hampton	49.13q
5 46 Lawrence, Rayon	JR	Coppin State	49.16q
6 41 Bennett, Teo	JR	Coppin State	49.21q

7 281 Elliott, Jarrell	JR	N. Carolina	49.21q
8 252 Dascent, Calvin	JR	Morgan State	49.41q
9 180 Harrison, Christopher	SR	Howard	49.68
10 218 Keane-Dawes,	SR	Maryland-Eas	49.72
11 227 Walsh, Andre	FR	Maryland-Eas	49.76
12 280 Bouttry, D'Mitri	JR	N. Carolina	49.93
13 53 Victorian, Jibri	SO	Coppin State	50.16
14 78 Laviea, Kevaughn	SO	Delaware Sta	50.17
15 70 Brown, Tyquan	SO	Delaware Sta	50.22
16 74 Devore, Tariq	SO	Delaware Sta	50.24
17 117 Morgan, Derrick	FR	Florida A&M	50.40
18 325 Smith, Kenneth	SO	Norfolk Stat	50.52
19 217 Jones-Burden, Paul	SR	Maryland-Eas	50.77
20 319 Moon, Tyrell	SR	Norfolk Stat	50.78
21 253 Higgs, Jordan	JR	Morgan State	51.01
22 48 Pinnock, Andre	SR	Coppin State	51.07
23 342 Bethea, Barry	FR	South Caroli	51.19
24 19 Horton, Robert	JR	Bethune-Cook	51.22
25 52 Spence, Akeem	FR	Coppin State	51.46
26 21 Jackson, Christopher	JR	Bethune-Cook	51.59
27 116 Moore, Malcolm	FR	Florida A&M	51.77
28 186 Houston, Michael	SO	Howard	51.98
29 189 McAlister, Tory	JR	Howard	52.19
30 142 Allen, Keenan	FR	Hampton	53.18
31 45 Hodge, Justin	FR	Coppin State	53.61
--- 23 Pamilton, Stephon	FR	Bethune-Cook	DNF

Men 800 Meter Run

NCAA Auto: 1:48.90 A

MEAC Indoor: 1:51.59 \$ 2/13/2009 Donte Holmes

Name	Yr	School	Finals
Finals			
1 76 Holmes, Donte	SR	Delaware Sta	1:52.81 10
2 83 Thibou, Kelli	JR	Delaware Sta	1:53.78 8
3 307 Brown, Vincent	SO	Norfolk Stat	1:54.85 6
4 154 Rogers, Jaleel	SO	Hampton	1:55.82 5
5 144 Burton, Brandon	FR	Hampton	1:55.83 4
6 177 Franklin, Jerod	JR	Howard	1:55.85 3
7 148 Fraction, Xavier	SO	Hampton	1:56.08 2
8 107 Craddock, Degion	SO	Florida A&M	1:56.70 1
9 152 Ramirez, Larry	FR	Hampton	1:56.95
10 257 Richardson, Isaac	SR	Morgan State	1:57.50
11 355 Walter, Seymour	FR	South Caroli	1:57.91
12 277 Alford, Vincent	SR	N. Carolina	1:58.03
13 109 Buchanan, Lamere	SO	Florida A&M	1:58.37
14 47 Morrison, Bengallo	JR	Coppin State	1:58.40
15 75 Falconer, Kouri	JR	Delaware Sta	1:58.72
16 50 Prince, Hugh	FR	Coppin State	1:59.94
17 356 Worthy, Jr, Aaron	FR	South Caroli	2:00.27
18 348 Kurgatt, Charles	JR	South Caroli	2:00.72
19 279 Bogertey, Darius	FR	N. Carolina	2:01.42
20 229 Williams, Donohue	FR	Maryland-Eas	2:03.58
21 191 Price, Hamadi	JR	Howard	2:04.62
22 51 Rogers, Anthony	FR	Coppin State	2:06.74

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Results - Friday

Men 5000 Meter Run

NCAA Auto: 13:50.80 A

MEAC Indoor: 14:33.96 \$ 2006 David Kemboi

Name	Yr	School	Finals
Finals			
1 327 Tessema, Josef	JR	Norfolk Stat	15:03.24 10
2 317 Kiposqei, Amos	JR	Norfolk Stat	15:04.66 8
3 122 Winters, Shuaib	JR	Florida A&M	15:20.56 6
4 323 Rono, Vincent	JR	Norfolk Stat	15:28.40 5
5 220 Melek, Basil	SO	Maryland-Eas	15:32.53 4
6 316 Kimutai, Philemon	JR	Norfolk Stat	15:44.91 3
7 178 Galllion, Michael	JR	Howard	15:49.33 2
8 179 Harrison, Aaron	FR	Howard	15:49.88 1
9 25 Rono, Kevin	SO	Bethune-Cook	15:53.30

Men 60 Meter Hurdles

NCAA Auto: 7.70 A

MEAC Indoor: 7.86 \$ 2/13/2009 Ronnie Ash

Name	Yr	School	Semis
Semi-Finals			
1 16 Cray, Eric	SR	Bethune-Cook	7.91Q
2 320 Nkrumah, Keith	FR	Norfolk Stat	7.99Q
3 318 Massenburg, Aramis	SR	Norfolk Stat	7.96q
4 110 Carroll, Demarius	SR	Florida A&M	8.04q
5 15 Clarke, Kemar	JR	Bethune-Cook	8.11q
6 146 Dixon, Damon	SR	Hampton	8.24q
7 193 Tirado, Carnegie	JR	Howard	8.28q
8 213 Dix, Jermol	JR	Maryland-Eas	8.32q
9 181 Harrison, Marcus	JR	Howard	8.40
10 283 Mills, Patrick	SO	N. Carolina	8.43
11 53 Victorian, Jibri	SO	Coppin State	8.47
12 349 Lovett, Christopher	SO	South Caroli	8.53
13 183 Henderson, DeAndre	SR	Howard	8.89
14 351 Moore, David	SO	South Caroli	9.13
--- 224 Smith, Ackeem	JR	Maryland-Eas	DNF

Men Distance Medley

NCAA Auto: 9:36.50 A

MEAC Indoor: 10:03.35 \$ 2006 Norfolk State

Team	Relay	Finals
Finals		
1 Norfolk State		10:17.17 10
1) 327 Tessema, Josef JR	2) 325 Smith, Kenneth SO	
3) 307 Brown, Vincent SO	4) 317 Kiposqei, Amos JR	
2 Delaware State		10:18.32 8
1) 76 Holmes, Donte SR	2) 74 Devore, Tariq SO	
3) 75 Falconer, Kouri JR	4) 83 Thibou, Kelli JR	
3 Howard		10:32.31 6
1) 177 Franklin, Jerod JR	2) 188 Mathis, Dominique FR	
3) 191 Price, Hamadi JR	4) 178 Galllion, Michael JR	
4 South Carolina St.		10:34.16 5
1) 355 Walter, Seymour FR	2) 353 Sparkman, Eric FR	
3) 356 Worthy, Jr, Aaron FR	4) 348 Kurgatt, Charles JR	

5 Hampton		10:37.88 4
1) 148 Fraction, Xavier SO	2) 144 Burton, Brandon FR	
3) 154 Rogers, Jaleel SO	4) 145 Davenport, Michael SO	
6 Maryland-Eas		10:38.43 3
1) 219 Maritim, Shadrack JR	2) 228 Webb, Kraig SO	
3) 215 Gbedo, Codjo SO	4) 216 Habbani, Mustapha SO	
7 Coppin State		10:39.03 2
1) 50 Prince, Hugh FR	2) 46 Lawrence, Rayon JR	
3) 52 Spence, Akeem FR	4) 47 Morrison, Bengallo JR	
8 Florida A&M		10:40.98 1
1) 109 Buchanan, Lamere SO	2) 117 Morgan, Derrick FR	
3) 107 Craddock, Degion SO	4) 122 Winters, Shuaib JR	
--- Bethune-Cookman		DNF
1) 18 Harris, Tavares SO	2) 21 Jackson, Christopher JR	
3) 24 Riggins, Curtis FR	4) 25 Rono, Kevin SO	

Men Pole Vault

NCAA Auto: 5.50m A

MEAC Indoor: 5.00m \$ 2/13/2009 Shane Smith

Name	Yr	School	Finals
Finals			
1 146 Dixon, Damon	SR	Hampton	4.03m 10
2 27 Sullivan, Michael	SO	Bethune-Cook	3.88m 8
3 69 Agan, Ryan	SR	Delaware Sta	3.88m 6
4 313 Hernandez, Raoul	SO	Norfolk Stat	3.73m 5
5 321 Owens, Ryan	SR	Norfolk Stat	3.43m 4
6 210 Bridle, Jonathan	SO	Maryland-Eas	3.43m 2.5
6 213 Dix, Jermol	JR	Maryland-Eas	3.43m 2.5
8 155 Taylor, Bennett	JR	Hampton	3.13m 1
9 153 Robinson, Stacy	FR	Hampton	3.13m
--- 120 Washington, Phillip	SR	Florida A&M	NH
--- 17 Embry, Martin	SO	Bethune-Cook	NH

Men Long Jump

NCAA Auto: 7.90m A

MEAC Indoor: 7.86m \$ 2/13/2009 Corey Vinston

Name	Yr	School	Finals
Finals			
1 112 Hunt, Leon	SR	Florida A&M	7.69m 10
2 308 Cannon, Rashad	JR	Norfolk Stat	7.45m 8
3 324 Shelton, Darris	JR	Norfolk Stat	7.39m 6
4 354 Stephens, Marcus	JR	South Caroli	7.14m 5
5 146 Dixon, Damon	SR	Hampton	7.02m 4
6 347 Hasty, Zachery	SO	South Caroli	6.95m 3
7 118 Tarver, Shelton	SO	Florida A&M	6.93m 2
8 212 Cain, Owen	SO	Maryland-Eas	6.82m 1
9 113 Johnson, Willie	SO	Florida A&M	6.77m
10 223 Ruan, Denvil	SO	Maryland-Eas	6.66m
11 278 Baldwin, Jared	JR	N. Carolina	6.55m
12 187 James, Jarrett	FR	Howard	6.49m
13 81 Sivals, Darius	JR	Delaware Sta	6.44m
14 214 Elmer, Charles	SR	Maryland-Eas	6.43m
15 149 Fulgham, Quintin	FR	Hampton	6.38m
16 17 Embry, Martin	SO	Bethune-Cook	6.22m
17 20 Howard, La'Quan	FR	Bethune-Cook	6.18m

Mid-Eastern Athletic Conference - 2/17/2011 to 2/19/2011

Indoor Track & Field Championships
Prince George S&L Complex: Landover, MD

Results - Friday

Finals ... (Men Long Jump)

Name	Yr	School	Finals
18 16 Cray, Eric	SR	Bethune-Cook	6.12m
19 352 Nelson, Jacolby	FR	South Caroli	6.11m
20 189 McAlister, Tory	JR	Howard	6.01m
21 326 Taylor, James	FR	Norfolk Stat	4.92m

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 17 Embry, Martin	SO	Bethune-Cook	7.12 840
2 146 Dixon, Damon	SR	Hampton	7.19 816
3 213 Dix, Jermol	JR	Maryland-Eas	7.21 809
4 351 Moore, David	SO	South Caroli	7.29 782
5 153 Robinson, Stacy	FR	Hampton	7.35 762
6 155 Taylor, Bennett	JR	Hampton	7.40 745
7 349 Lovett, Christopher	SO	South Caroli	7.45 729
8 24 Riggins, Curtis	FR	Bethune-Cook	7.48 719
9 120 Washington, Phillip	SR	Florida A&M	7.50 713

Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 146 Dixon, Damon	SR	Hampton	1.94m 749
2 155 Taylor, Bennett	JR	Hampton	1.85m 670
2 120 Washington, Phillip	SR	Florida A&M	1.85m 670
4 213 Dix, Jermol	JR	Maryland-Eas	1.79m 619
5 17 Embry, Martin	SO	Bethune-Cook	1.76m 593
6 351 Moore, David	SO	South Caroli	1.73m 569
7 153 Robinson, Stacy	FR	Hampton	1.67m 520
8 24 Riggins, Curtis	FR	Bethune-Cook	1.64m 496
9 349 Lovett, Christopher	SO	South Caroli	1.52m 404

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 146 Dixon, Damon	SR	Hampton	6.51m 700
2 213 Dix, Jermol	JR	Maryland-Eas	6.49m 695
3 17 Embry, Martin	SO	Bethune-Cook	6.23m 637
4 351 Moore, David	SO	South Caroli	6.20m 630
5 120 Washington, Phillip	SR	Florida A&M	6.16m 621
6 153 Robinson, Stacy	FR	Hampton	6.12m 613
7 155 Taylor, Bennett	JR	Hampton	5.84m 552
8 24 Riggins, Curtis	FR	Bethune-Cook	5.60m 502
9 349 Lovett, Christopher	SO	South Caroli	5.46m 473

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 146 Dixon, Damon	SR	Hampton	12.01m 607
2 213 Dix, Jermol	JR	Maryland-Eas	11.50m 576
3 17 Embry, Martin	SO	Bethune-Cook	11.07m 550
4 155 Taylor, Bennett	JR	Hampton	9.46m 453
5 24 Riggins, Curtis	FR	Bethune-Cook	8.54m 398
6 349 Lovett, Christopher	SO	South Caroli	8.41m 391

7	120 Washington, Phillip	SR	Florida A&M	8.34m	386
8	351 Moore, David	SO	South Caroli	8.22m	379
9	153 Robinson, Stacy	FR	Hampton	7.68m	347

Women - Team Rankings - 7 Events Scored

1)	Hampton	81.5
2)	Maryland-Eastern Shore	52
3)	Morgan State	39
4)	Norfolk State	31.5
5)	South Carolina St.	25
6)	Howard	17
7)	N. Carolina A&T	14
8)	Florida A&M	7
9)	Delaware State	6

Men - Team Rankings - 6 Events Scored

1)	Norfolk State	73
2)	Hampton	36
3)	Delaware State	32
4)	Maryland-Eastern Shore	21
5)	Florida A&M	20
6)	South Carolina St.	19
7)	Howard	12
8)	Morgan State	11
9)	Bethune-Cookman	8
10)	Coppin State	2