

2010 MEAC Women's Cross Country Composite Schedule

As of September 8, 2010

Wednesday, September 1

North Carolina Central at Duke Dual Meet.....Durham, North Carolina

Friday, September 3

Bethune-Cookman at JU Dolphin Tri-Meet.....Jacksonville, Florida
Coppin State at Baltimore Metro MeetOregon Ridge Park/ Hunt Valley, Maryland
Morgan State at Baltimore Metro Meet.....Oregon Ridge Park/ Hunt Valley, Maryland
South Carolina State at Gamecock InvitationalColumbia, South Carolina

Saturday, September 4

Florida A&M at Troy Trojan InvitationalTroy, Alabama
Delaware State at Maryland Eastern Shore Lid-Lifter InvitePrincess Anne, Maryland
Hampton at Maryland Eastern Shore Lid-Lifter Invite.....Princess Anne, Maryland
Maryland Eastern Shore hosts Lid Lifter Invite.....Princess Anne, Maryland
Norfolk State at Maryland Eastern Shore Lid LifterPrincess Anne, Maryland

Thursday, September 9

Bethune-Cookman hosts B-CU DualsDaytona Beach, Florida
Savannah State at B-CU Duals Daytona Beach, Florida

Friday, September 10

Bethune-Cookman at UCF Black and Gold ChallengeOrlando, Florida

Saturday, September 11

Coppin State at Delaware State Invitational.....Dover, Delaware
Delaware State at Delaware State InvitationalDover, Delaware
Florida A&M at Albany State Invite..Albany, Georgia
Howard at James Madison Invite..... New Market, Virginia
Maryland Eastern Shore at Delaware State Invitational.....Dover, Delaware
Morgan State at Towson Invitational..... Oregon Ridge Park, Maryland
North Carolina A&T at NCCU Invite.Durham, North Carolina
North Carolina Central hosts NCCU Invite Durham, North Carolina

Friday, September 17

Florida A&M at Mountain Dew Invitational.....Gainesville, Florida
North Carolina Central at Chapell Hill Cross Meet.....Chapel Hill, North Carolina
South Carolina State at Coastal Carolina Invitational.....Myrtle Beach, South Carolina

Saturday, September 18

Coppin State at Cappy Anderson Invitational.....Princess Anne, Maryland
Delaware State at Cappy Anderson Invitational.....Princess Anne, Maryland
Hampton at Cappy Anderson Invitational.....Princess Anne, Maryland
Howard at Cappy Anderson InvitationalPrincess Anne, Maryland
Maryland Eastern Shore hosts Cappy Anderson Invitational.....Princess Anne, Maryland
Morgan State at Cappy Anderson InvitationalPrincess Anne, Maryland
Norfolk State at Lou Onesty InvitationalEarlysville, Virginia
North Carolina A&T at Elon Invite.....Elon, North Carolina

Friday, September 24

Bethune-Cookman at Knights Attack ChallengeOrlando, Florida

Saturday, September 25

Delaware State at Towson Invitational..... Oregon Ridge Park, Maryland
Florida A&M at Morehouse Relays..Atlanta, Georgia
Hampton at William & Mary Invite.....Williamsburg, Virginia
Howard at William & Mary Invite.....Williamsburg, Virginia
Maryland Eastern Shore at Towson InvitationalOregon Park/Hunt Valley, Maryland

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Norfolk State at William & Mary Invite Williamsburg, Virginia
North Carolina A&T at Greensboro College Invite..... Greensboro, North Carolina
North Carolina Central at Greensboro Invite..... Greensboro, North Carolina
Savannah State at The Citadel Invitational James Island, South Carolina
South Carolina State at The Citadel Invitational..... James Island, South Carolina

Friday, October 1

Bethune-Cookman at FLrunner.com Invitational Titusville, Florida
Coppin State at Towson Invitational Oregon Ridge Park/Hunt Valley, Maryland
Delaware State hosts DSU Invitational Smyrna, Delaware
Morgan State at Delaware State Invitational..... Dover, Delaware
North Carolina Central at HBCU invitational..... Cary, North Carolina

Saturday, October 2

Florida A&M at Bobby Land Invitational Tallahassee, Florida
Hampton at Great American Cross Country Invite Cary, North Carolina
Howard at Mason Invitational Centreville, Virginia
Norfolk State at Great American Cross Country Invite Cary, North Carolina
North Carolina A&T at Hagan Stone Classic..... Greensboro, North Carolina
North Carolina Central at Great American Cross Country Invite Cary, North Carolina
South Carolina State at Great American Cross Country Invite Cary, North Carolina

Friday, October 8

Delaware State hosts Delaware State Invitational..... Smyrna, Delaware
Maryland Eastern Shore at Delaware State Invitational..... Dover, Delaware

Saturday, October 9

Bethune-Cookman at Embry Riddle Asics CC Classic Daytona Beach, Florida
Florida A&M at Florida State Invitational Tallahassee, Florida
North Carolina A&T at NCCU Invitational..... Durham, North Carolina
North Carolina Central hosts NCCU Invitational Durham, North Carolina
South Carolina State at Furman Invitational..... Greenville, South Carolina

Friday, October 15

Bethune-Cookman at Stetson Invitational DeLand, Florida
Florida A&M at Stetson Invitational DeLand, Florida

Saturday, October 16

Coppin State at Delaware Invite Newark, Delaware
Delaware State at Delaware Invite..... Newark, Delaware
Hampton at William & Mary Tribe Open Williamsburg, Virginia
Howard at Delaware Invite..... Newark, Delaware
Maryland Eastern Shore at Delaware Invite Newark, Delaware
Morgan State at Delaware Invite Newark, Delaware
Norfolk State at William & Mary Tribe Open..... Williamsburg, Virginia
North Carolina A&T at NCCU Eagle Classic Durham, North Carolina
North Carolina Central hosts NCCU Eagle Classic Durham, North Carolina
South Carolina State at Winthrop Invite..... Rock Hill, South Carolina

Saturday, October 29-30

MEAC Cross Country Championship Princess Anne, Maryland

Saturday, November 13

NCAA Southeast Regional TBA

Sunday, November 14

NCAA Mid-Atlantic Regional..... TBA

2010 MEAC Women's Cross Country Composite Schedule

As of July 20, 2010

Saturday, November 20

IC4A/ECAC Championships Bronx, New York

Sunday-Monday, November 22

NCAA Championships Terre Haute, Indiana