



News Release

FOR IMMEDIATE RELEASE

Contact: Sahar Abdur-Rashid, Asst. Dir. of Media Relations
(757) 416-7100 or rashids@themeac.com

MEAC ANNOUNCES 2010 VOLLEYBALL PRESEASON HONORS

Florida A&M and Maryland Eastern Shore Picked to Win Divisions

VIRGINIA BEACH, Va., July 21, 2010- Howard University outside hitter Gazelle d'Artois was named the Mid-Eastern Athletic Conference (MEAC) Volleyball Preseason Player of the Year the conference announced today. Preseason honors were voted on by the conference's head volleyball coaches and sports information directors.

The Florida A&M Lady Rattlers and Maryland Eastern Shore Lady Hawks were picked as the preseason favorites in the southern and northern divisions, respectively. Florida A&M received 18 out of 22 first place votes, while Maryland Eastern Shore tallied 20 points in their respective divisions.

d'Artois, a 2009 All-MEAC First Team Selection, was second in the conference in kills per set (3.76) and points per set (4.23). She averaged 0.48 assists and 0.27 aces in 122 sets. Defensively, she added 2.21 digs and 0.35 blocks per set.

Florida A&M posted a 8-0 conference mark and a 17-10 overall record in 2009 en route to their ninth consecutive MEAC title. The Lady Rattlers return six starters and seven letterwinners from last year's championship team.

The Lady Hawks recorded an unblemished 10-0 conference mark for the third straight year and a 24-7 overall record in 2009. They welcome back five returnees including preseason All-MEAC outside hitter Christine Edwards, middle blocker Samantha Chukwura, and 2009 MEAC Rookie of the Year Bella Jade Romero.

Joining d'Artois, Edwards, Chukwura and Romero on the preseason team are Delaware State's Erica Tajchman and Florida A&M's Susan Egoavil.

In the southern division, Bethune-Cookman was predicted to finish second with 189 total points and two first-place selections, South Carolina State also tallied two first-place votes (186), followed by Norfolk State (161), and North Carolina A&T (143).

Delaware State recorded a school record 8-2 mark in conference play a year ago and was picked to finish second in the northern division with two first-place votes and 198 total points. Morgan State (166) was tabbed to finish third, followed by Howard (151), Hampton (148) and Coppin State (113).

Conference play begins on Monday, October 4 with the defending MEAC champion Florida A&M Lady Rattlers traveling to Norfolk, Virginia to take on the Norfolk State Spartans.

The 2010 MEAC Volleyball Championship will be held November 19-21 in Baltimore, Maryland on the campus of Coppin State University.

For more information on MEAC Volleyball and other sponsored sports, log on to www.MEACsports.com

-more-

222 Central Park Avenue, Suite 1150 Virginia Beach, VA Ph: (757) 416-7100 Fax: (757) 416-7109



2010 MEAC Volleyball Preseason Predicted Order of Finish
(First Place Votes In Parenthesis)

Northern Division

1. Maryland Eastern Shore (20)
2. Delaware State (2)
3. Morgan State
4. Howard
5. Hampton
6. Coppin State

Pts.

- 258 pts.
- 198 pts.
- 166 pts.
- 151 pts.
- 148 pts.
- 113 pts.

Southern Division

1. Florida A&M (18)
2. Bethune-Cookman (2)
3. South Carolina State (2)
4. Norfolk State
5. North Carolina A&T

Pts.

- 251 pts.
- 189 pts.
- 186 pts.
- 161 pts.
- 143 pts.

2010 MEAC Volleyball Preseason Team

Preseason Player of the Year: Gazelle d'Artois, Howard

Name	Pos.	Cl.	School	Hometown
Christine Edwards	OH	Jr.	Maryland Eastern Shore	Lakewood, California
Gazelle d'Artois	OH	Sr.	Howard	Newhall, California
Erica Tajchman	OH	Sr.	Delaware State	Omaha, Nebraska
Samantha Chukwura	MB	r-Sr.	Maryland Eastern Shore	Brooklyn, New York
Bella Jade Romero	S	So.	Maryland Eastern Shore	Arlington, Texas
Susan Egoavil	L	Sr.	Florida A&M	Lima, Peru

-MEACsports.com-