

MEAC Outdoor Championships - 5/6/2010 to 5/8/2010

NC A&T Univeristy: Greensboro, NC

Results - Thursday

Event 35 Women 5000 Meter Run

Name	Yr	School	Finals
Finals			
1 Smith, Jahlisa	JR	Hampton	18:19.91
2 Chichester, Jennifer	JR	Norfolk Stat	18:34.51
3 Branch, Jasmin	JR	Hampton	18:41.03
4 Rutto, Kellen	FR	Norfolk Stat	18:55.55
5 Stewart, Brittney	SO	South Caroli	18:59.43
6 Thomas, Tamica	SR	Maryland-Eas	19:21.43
7 Hutto, Jamia	SO	Norfolk Stat	20:32.19
8 Daniley, Patrecia	JR	South Caroli	20:53.93
9 Williams, Amber	SO	South Caroli	21:34.31
10 Cloud-Klein, Avery	FR	Delaware Sta	21:43.56
--- Giles, Brittany	FR	Coppin State	DNF

Event 36 Men 5000 Meter Run

Name	Yr	School	Finals
Finals			
1 Kiposqei, Amos	SO	Norfolk Stat	14:58.23
2 Kimutai, Philemon	SO	Norfolk Stat	15:09.46
3 Rono, Vincent	SO	Norfolk Stat	15:12.29
4 Winters, Shuaib	SO	Florida A&M	15:21.10
5 Tessema, Josef	SO	Norfolk Stat	15:22.26
6 Melek, Basil	SO	Maryland-Eas	15:38.72
7 Kimani, David	SR	Hampton	15:52.58
8 Kiprotich, Amon	JR	Maryland-Eas	16:07.40
9 Sang, Peter	SR	Maryland-Eas	16:29.37
10 Kurgatt, Charles	SO	South Caroli	16:30.31
11 Green, Quinton	SO	South Caroli	17:19.64
12 Coleman, Isaiah	FR	Florida A&M	19:28.42

Event 39 Heptathlon: #1 Women 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Sanders, Ryan	SR	Bethune-Cook	14.19 952
2 Hite, Alaina	SO	Norfolk Stat	14.48 912
3 Rhoades, Elaine	JR	Norfolk Stat	14.57 899
4 Gainey, Shaquanda	FR	Hampton	14.63 891
5 Carson, Micsha	SO	Morgan State	14.65 888
6 Pollock, Seneman	FR	Maryland-Eas	14.67 886
7 Fan Fan, Tracey	SO	Delaware Sta	14.68 884
8 Jefferson, Brandi	JR	South Caroli	14.73 878
9 Jenkins, Tanisha	JR	Norfolk Stat	14.76 874
10 Calder, Claudia	SO	Hampton	14.77 872
11 Easterling, Alexis	FR	Coppin State	14.88 858
12 Daley, Tamala	FR	South Caroli	14.94 850
13 Sewell, Nykeisha	SO	Delaware Sta	15.27 806
14 Johnson, Kristen	SO	Delaware Sta	15.34 797
15 Willock, Tashana	SR	Hampton	15.52 774
16 Barnes, Shaleatha	FR	Coppin State	15.65 758
17 Smith, Jasmine	SR	South Caroli	15.88 729
18 Henry, Asia	FR	Bethune-Cook	18.52 436

Event 39 Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Calder, Claudia	SO	Hampton	1.73m 891
2 Johnson, Kristen	SO	Delaware Sta	1.61m 747
3 Gainey, Shaquanda	FR	Hampton	1.58m 712
4 Rhoades, Elaine	JR	Norfolk Stat	1.55m 678
4 Hite, Alaina	SO	Norfolk Stat	1.55m 678
4 Sanders, Ryan	SR	Bethune-Cook	1.55m 678
7 Sewell, Nykeisha	SO	Delaware Sta	1.52m 644
7 Smith, Jasmine	SR	South Caroli	1.52m 644
7 Barnes, Shaleatha	FR	Coppin State	1.52m 644
7 Jenkins, Tanisha	JR	Norfolk Stat	1.52m 644
7 Henry, Asia	FR	Bethune-Cook	1.52m 644
12 Willock, Tashana	SR	Hampton	1.49m 610
13 Pollock, Seneman	FR	Maryland-Eas	1.46m 577
13 Carson, Micsha	SO	Morgan State	1.46m 577
15 Easterling, Alexis	FR	Coppin State	1.43m 544
16 Fan Fan, Tracey	SO	Delaware Sta	1.37m 481
16 Daley, Tamala	FR	South Caroli	1.37m 481
--- Jefferson, Brandi	JR	South Caroli	NH

Event 39 Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Jenkins, Tanisha	JR	Norfolk Stat	10.70m 575
2 Carson, Micsha	SO	Morgan State	10.64m 571
3 Pollock, Seneman	FR	Maryland-Eas	9.85m 520
4 Rhoades, Elaine	JR	Norfolk Stat	9.54m 499
5 Daley, Tamala	FR	South Caroli	9.32m 485
6 Smith, Jasmine	SR	South Caroli	9.15m 474
7 Hite, Alaina	SO	Norfolk Stat	9.04m 467
8 Barnes, Shaleatha	FR	Coppin State	8.93m 460
9 Calder, Claudia	SO	Hampton	8.33m 421
10 Easterling, Alexis	FR	Coppin State	8.30m 419
11 Henry, Asia	FR	Bethune-Cook	8.29m 418
12 Johnson, Kristen	SO	Delaware Sta	8.28m 417
13 Jefferson, Brandi	JR	South Caroli	8.23m 414
14 Fan Fan, Tracey	SO	Delaware Sta	8.01m 400
15 Gainey, Shaquanda	FR	Hampton	7.98m 398
16 Sanders, Ryan	SR	Bethune-Cook	7.77m 385
17 Sewell, Nykeisha	SO	Delaware Sta	7.16m 345
18 Willock, Tashana	SR	Hampton	6.86m 326

Event 39 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Easterling, Alexis	FR	Coppin State	24.91 895
2 Calder, Claudia	SO	Hampton	25.28 861
3 Fan Fan, Tracey	SO	Delaware Sta	25.63 830
4 Daley, Tamala	FR	South Caroli	25.83 812
5 Willock, Tashana	SR	Hampton	26.01 796
6 Rhoades, Elaine	JR	Norfolk Stat	26.09 789
6 Hite, Alaina	SO	Norfolk Stat	26.09 789
8 Sanders, Ryan	SR	Bethune-Cook	26.20 780

MEAC Outdoor Championships - 5/6/2010 to 5/8/2010

NC A&T Univeristy: Greensboro, NC

Results - Thursday

Finals ... (Event 39 Heptathlon: #4 Women 200 Meter Dash He

Name	Yr	School	Finals	
9 Sewell, Nykeisha	SO	Delaware Sta	26.30	771
10 Johnson, Kristen	SO	Delaware Sta	26.38	764
11 Jenkins, Tanisha	JR	Norfolk Stat	26.44	759
12 Gainey, Shaquanda	FR	Hampton	26.62	744
12 Smith, Jasmine	SR	South Caroli	26.62	744
14 Pollock, Seneman	FR	Maryland-Eas	26.93	718
15 Henry, Asia	FR	Bethune-Cook	27.50	671
16 Carson, Micsha	SO	Morgan State	27.53	668
17 Jefferson, Brandi	JR	South Caroli	27.69	655
18 Barnes, Shaleatha	FR	Coppin State	28.21	614

Event 40 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals	
Finals				
1 Embry, Martin	FR	Bethune-Cook	11.00	861
2 Sivals, Darius	SO	Delaware Sta	11.44	765
3 Thomas, Wayne	JR	Hampton	11.60	732
4 Taylor, Bennett	SO	Hampton	11.65	721
5 Sandiford, David	FR	Maryland-Eas	11.66	719
6 Dix, Jermol	SO	Maryland-Eas	11.71	709
7 Brisco, Isaiah	SO	Delaware Sta	11.95	661
8 Washington, Phillip	JR	Florida A&M	11.96	659
9 Brown, Leighton	SO	South Caroli	12.02	647
10 Elmore, Mark	SR	South Caroli	12.05	641
11 Veale, Lamar	SR	Hampton	48.50	-0.2

Event 40 Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals	
Finals				
1 Sivals, Darius	SO	Delaware Sta	6.58m	716
2 Embry, Martin	FR	Bethune-Cook	6.42m	679
3 Sandiford, David	FR	Maryland-Eas	6.28m	648
4 Dix, Jermol	SO	Maryland-Eas	6.26m	644
5 Brisco, Isaiah	SO	Delaware Sta	5.95m	576
6 Washington, Phillip	JR	Florida A&M	5.81m	546
7 Elmore, Mark	SR	South Caroli	5.77m	537
8 Thomas, Wayne	JR	Hampton	5.68m	519
9 Taylor, Bennett	SO	Hampton	5.56m	494
10 Brown, Leighton	SO	South Caroli	5.27m	435

Event 40 Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals	
Finals				
1 Elmore, Mark	SR	South Caroli	12.99m	667
2 Sandiford, David	FR	Maryland-Eas	11.19m	557
3 Dix, Jermol	SO	Maryland-Eas	10.76m	531
4 Embry, Martin	FR	Bethune-Cook	10.54m	518
5 Brown, Leighton	SO	South Caroli	9.85m	477
6 Brisco, Isaiah	SO	Delaware Sta	9.74m	470
7 Taylor, Bennett	SO	Hampton	9.71m	468
8 Sivals, Darius	SO	Delaware Sta	9.00m	426
9 Washington, Phillip	JR	Florida A&M	8.44m	392
10 Thomas, Wayne	JR	Hampton	7.55m	340

Event 40 Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals	
Finals				
1 Thomas, Wayne	JR	Hampton	1.89m	705
1 Sandiford, David	FR	Maryland-Eas	1.89m	705
3 Washington, Phillip	JR	Florida A&M	1.83m	653
3 Sivals, Darius	SO	Delaware Sta	1.83m	653
5 Brisco, Isaiah	SO	Delaware Sta	1.80m	627
5 Taylor, Bennett	SO	Hampton	1.80m	627
7 Dix, Jermol	SO	Maryland-Eas	1.77m	602
8 Elmore, Mark	SR	South Caroli	1.71m	552
9 Embry, Martin	FR	Bethune-Cook	1.68m	528
10 Brown, Leighton	SO	South Caroli	1.59m	457

Event 40 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals	
Finals				
1 Embry, Martin	FR	Bethune-Cook	48.53	884
2 Brisco, Isaiah	SO	Delaware Sta	49.21	851
3 Taylor, Bennett	SO	Hampton	51.10	765
4 Sivals, Darius	SO	Delaware Sta	51.47	748
5 Thomas, Wayne	JR	Hampton	51.52	746
6 Dix, Jermol	SO	Maryland-Eas	51.88	730
7 Sandiford, David	FR	Maryland-Eas	54.48	620
8 Brown, Leighton	SO	South Caroli	55.43	582
9 Washington, Phillip	JR	Florida A&M	55.44	581
10 Elmore, Mark	SR	South Caroli	55.67	572