

2009 MEAC Women's Track and Field Regional Qualifiers

100 meters

Dianne Munroe	Bethune-Cookman	11.47	5/2- MEAC Championship
Racquel Vassell	Hampton	11.59	5/2- MEAC Championship
NeKisha Franklin	Delaware State	11.62	5/2- MEAC Championship
Shanneka Claiborne	Norfolk State	11.63	5/2- MEAC Championship
Jessica Tongue	Bethune-Cookman	11.66	5/2- MEAC Championship
Ashley Gillis	Florida A&M	11.67	3/28- Florida Relays
Krystin Lawson	North Carolina A&T	11.67	5/2- MEAC Championship
Rene McWilliams	South Carolina State	11.71	5/2- MEAC Championship
Ashley Hines	Morgan State	11.73	5/2- MEAC Championship
Nicole Mobley	South Carolina State	11.73	5/9-Clemson Invite

200 meters

Francena McCorory	Hampton	23.23	5/2- MEAC Championship
Racquel Vasell	Hampton	23.58	5/2- MEAC Championship
NeKisha Franklin	Delaware State	23.59	5/2- MEAC Championship
Dianne Munroe	Bethune-Cookman	23.62	5/2- MEAC Championship

400 meters

Francena McCorory	Hampton	51.75	5/2- MEAC Championship
Alexandria Spriuel	North Carolina A&T	51.95	5/2- MEAC Championship
Lauren McNary	Howard	52.97	5/2- MEAC Championship
Tanisha Kendrick	Morgan State	54.56	5/2- MEAC Championship

800 meters

Celia Whyte	Maryland E. Shore	2:07.95	5/16- Georgia Tech Invite
Eunice Jones	Maryland E. Shore	2:08.14	5/16-Georgia Tech Invite
Merrecia James	Maryland E. Shore	2:09.25	4/18- Morgan State Legacy Meet
Cynthia Anais	Maryland E. Shore	2:09.58	5/16-Georgia Tech Invite

1500 meter run

Merrecia James	Maryland E. Shore	4:38.99	5/2- MEAC Championship
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5000 meter run

Krystle Medlin	Hampton	18:15.21	5/2- MEAC Championship
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100 meter Hurdles

Loreal Smith	North Carolina A&T	13.14	5/2-MEAC Championship
Tavia Burke	Bethune-Cookman	13.29	4/25-Penn Relays
Landria Buckley	Howard	13.48	5/2-MEAC Championship
Racquel Vassell	Hampton	13.52	5/2- MEAC Championship
Michelle Smith	Hampton	13.67	5/16-ECAC Championship
Monique Garcia	South Carolina State	13.80	5/15-
Crystal Bardge	Bethune-Cookman	13.85	5/2-MEAC Championship
Kendra Newton	North Carolina A&T	13.89	5/16-ECAC Championship

400 meter Hurdles

Landria Buckley	Howard	58.22	5/2-MEAC Championship
Loreal Smith	North Carolina A&T	58.70	5/2-MEAC Championship
Latoya Wright	Florida A&M	58.96	3/28-Florida State Relays
Allyssa Pickett	Norfolk State	59.14	5/2-MEAC Championship

Crystal Bardge Tempest Vance	Bethune-Cookman South Carolina State	59.36 1:00.25	5/2-MEAC Championship 4/18-Freedom Invite
3,000 meter Steeplechase Krystle Medlin	Hampton	11:29.75	5/2- MEAC Championship
4x100 meter Relay Burke, Munroe, Williams, Tongue	Bethune-Cookman	44.88	4/4-Florida Relays
Flowers, Kirby, Davenport, Claiborne	Norfolk State	45.10	5/2-MEAC Championship
McCorory, Vassell, Richards, Glenn	Hampton	45.16	3/28-Raleigh Relays
Carrington, Lawson, Smith Spruiel	North Carolina A&T	45.34	5/2-MEAC Championship
4x400 meter Relay Smith, Spruiel, Mitchell, Gray McNary, Stephens, Buckley, Hardy	North Carolina A&T Howard	3:40.52 3:41.13	4/18- International Games 5/2-MEAC Championship
Whyte, Lendor, James, Anais Hines, Kendrick, Sloan, Robinson	Maryland E. Shore Morgan State	3:41.80 3:41.90	4/25- Penn Relays 5/16-ECAC Championship
High Jump Jonee Artis Suelynn Pilliner	Norfolk State Florida A&M	1.65m (5-05.00) 1.70m (5-07.00)	5/2-MEAC Championship 5/9-FSU Twi-light Invite
Long Jump Rockel Mitchell	Bethune-Cookman	5.99m (19-07.75)	5/2-MEAC Championship
Triple Jump Jasmine Smith	South Carolina State	12.77m (41-10.75)	5/2-MEAC Championship
Shot Put Ron-Danielle Williams Leitawsha Bronson Shamir Rothmiller Vanessa Henry Jerrine Foster	Bethune-Cookman Morgan State South Carolina State Maryland E. Shore North Carolina A&T	15.40m (50-06.25) 14.98m (49-01.75) 14.97m (49-01.50) 14.91m (48-11.00) 14.68m (48-02.00)	4/23- Penn Relays 5/16-ECAC Championship 5/2-MEAC Championship 5/2-MEAC Championship 5/2- MEAC Championship
Pole Vault Katie Wright	Norfolk State	3.26m (10-08.25)	5/2- MEAC Championship
Discus Jerrine Foster	North Carolina A&T	48.47m (159-00.25)	4/23- Penn Relays
Javelin Saisha Woodward	Maryland E. Shore	42.27m (138-08.25)	5/2- MEAC Championship