



**2019 MID-AMERICAN CONFERENCE
INDOOR TRACK AND FIELD CHAMPIONSHIPS
SCHEDULE OF EVENTS
KENT STATE UNIVERSITY, HOST**

FRIDAY, FEBRUARY 22

Heptathlon

10:45am M 60m
11:25am Long Jump (Outside Pits)
To Follow LJ Shot Put
To Follow SP High Jump

Pentathlon

11:00am W 60m Hurdles
11:45am High Jump (2 Pits)
To Follow HJ Shot Put
To Follow SP Long Jump (Outside Pits)
To Follow LJ 800m Final

Field Events

11:00am W 20lb Weight Throw Final
2:45pm W Long Jump (Raised Runway)
1:15pm M 35lb Weight Throw Final
4:00pm W Pole Vault Final
5:30pm M Long Jump Final (Raised Runway)

Running Events

1:20pm National Anthem
3:00pm M 60m Hurdles Trials
3:10pm W 60m Hurdles Trials
3:25pm M 400m Trials
3:40pm W 400m Trials
4:00pm M 60m Trials
4:10pm W 60m Trials
4:35pm M 800m Trials
4:50pm W 800m Trials
5:10pm M 200m Trials
5:25pm W 200m Trials
5:50pm M 5,000m Final
6:10pm W 5,000m Final
6:35pm M Distance Medley Relay Final
6:55pm W Distance Medley Relay Final

SATURDAY, FEBRUARY 23

Heptathlon

11:00am M 60m Hurdles
11:45am M Pole Vault
To Follow PV M 1,000m

Field Events

12:00pm W Triple Jump Final
12:00pm W Shot Put Final
12:00pm M High Jump Final
2:30pm W High Jump Final
2:30pm M Pole Vault Final
2:45pm M Triple Jump Final
2:45pm M Shot Put Final

Running Events – All Finals

12:50pm National Anthem
1:15pm M Mile
1:30pm W Mile
1:55pm M 60m Hurdles
2:05pm W 60m Hurdles
2:15pm M 400m
2:30pm W 400m
2:45pm M 60m
2:55pm W 60m
3:05pm M 800m
3:15pm W 800m
3:25pm M 200m
3:35pm W 200m
3:45pm M 3,000m
4:00pm W 3,000m
4:30pm M 4x400m Relay
4:40pm W 4x400m Relay
5:00pm Awards Ceremony