



LONE STAR CONFERENCE OUTDOOR TRACK & FIELD

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WEEKLY AWARDS

DATE MEN'S TRACK

M-11 No nominees
M-18 Courtney Macon, Texas A&M-Kingsville
M-25 Randall Kadlacek, Tarleton State
A-1 Lorenzo Johnson, West Texas A&M
A-8 Wala Gime, Angelo State

DATE MEN'S FIELD

M-11 Masoud Moghaddam, Texas A&M-Commerce
M-18 Derek Tesch, Texas A&M-Kingsville
M-25 Seth Pearson, Angelo State
A-1 Hendrik Nungess, Texas A&M - Commerce
..... Lutalo Boyce, Texas A&M - Kingsville
A-8 Masoud Moghaddam, Texas A&M-Commerce (2)

DATE WOMEN'S TRACK

M-11 No nominees
M-18 Kathy Trevino, Texas A&M-Kingsville
M-25 Jaylen Rodgers, Angelo State
A-1 Sharon Kwarula, West Texas A&M
A-8 Jasmine Ambowode, Angelo State

DATE WOMEN'S FIELD

M-11 Rebecca Mueller, Texas A&M-Commerce
M-18 Valerie Vrana, Texas A&M-Kingsville
M-25 Jordan Gray, Angelo State
A-1 Euphemia Edem, Tarleton State
A-8 Euphemia Edem, Tarleton State (2)

PERFORMANCE LIST

<http://www.tfrs.org/lists/1465.html>



SAN ANGELO, TEXAS | MAY 7-8-9

LSC OUTDOOR TRACK AND FIELD

Lone Star Conference Outdoor Track & Field athletes have recorded nine NCAA Division II Automatic qualifying marks (6 men, 3 women) and 90 provisional efforts (56 men, 34 women). See the LSC performance list here: <http://www.tfrs.org/lists/1465.html>.

ATHLETES OF THE WEEK

MEN'S TRACK

Wala Gime, Angelo State University, SR, Papua New Guinea

Gime ran the fastest time in the nation in the 400-meter hurdles this past weekend at David Noble ASU Relays and contributed three NCAA Division II provisional marks. The senior clocked a 52.38 in the 400-meter hurdles to win the event and improve his provisional mark. Gime also ran a NCAA Division II provisional-qualifying mark of 14.13 in the 110-meter hurdles which ranks No. 5 nationally. He capped the meet off anchoring the 4x400-meter relay that won the event with a 3:10.09. The time is second fastest in Division II and a provisional mark.

MEN'S FIELD

Masoud Moghaddam, Texas A&M University - Commerce, SR, Mashhad, Iran, Shahid Beheshti

For the third time so far this season, Moghaddam reset the A&M-Commerce school record in the hammer throw, only this time a significant milestone was involved. Per his usual, Moghaddam eviscerated the competition at the ASU David Noble Relays with a throw of 214-4 (65.34m), beating the next-best opponent by well over 13 meters. The Iranian's throw becomes the second automatic qualifying mark for the Lions on the season, which sits well-atop the LSC, and is currently the third-best throw in Division II.

WOMEN'S TRACK

Jasmine Ambowode, Angelo State University, JR, Lyon, France, Frederic Fays

Ambowode recorded three NCAA Division II provisional-qualifying marks in the 400-meter hurdles, triple jump and 4x400-meter relay. The junior ran the second-fastest time in Division II this season with a 59.18 in the 400-meter hurdles. The junior also recorded her first triple jump provisional mark of the season with a jump of 40-5.50 (12.33-meters). She ranks No. 7 in the triple jump. The Lyon, France native was a member of the 4x400-meter relay team that clocked a 3:44.89 which is the fastest time by an ASU relay since 2010. The NCAA Division II provisional-qualifying time is No. 4 in Division II.

WOMEN'S FIELD

Euphemia Edem, Tarleton State University, SR, Calabar, Nigeria, University of Calabar Secondary School

All-American Euphemia Edem stole the show in the long jump, finishing with an NCAA automatic qualifying mark of 20-3.5 (6.18m), breaking the 37-year-old school record of Michelle Dunn (19-9.5) that was set back in 1978 to take first-place. Edem is currently ranked No. 2 in the nation in the long jump.

OTHER TOP PERFORMERS

John David Rollins, Texas A&M University - Commerce, would have walked away with one of every color if medals had been awarded at the ASU David Noble Relays. The reigning outdoor All-American got the win in the 100m dash with a provisional qualifying time of 10.48, while finishing second in the 200m dash, with his preliminary time of 21:23 getting him yet another provisional qualifier. Both times are top-marks in the Lone Star Conference, and each one ranks tenth overall in the country. For his crescendo, Rollins was part of a 4x400m relay team that finished third overall with a provisional qualifying time of 3:14.22. It was the third different 4x4 team-composition for the No. 4 ranked Lions that earned a qualifying mark on the season, and all three have included Rollins.

Terrance Gross, Tarleton State University, would finish Saturday's ASU David Noble Relays as the No. 14 quarter-miler in the nation after his performance in the finals of the one lap sprint. Gross led from start to finish, as he would go the distance in a season best 47.86 finishing in first-place. The freshman would return in the 4x400m relay and once again record a provisional time clocking a season best 3:13.18 that is currently ranked No. 4 in Division II.

Lorenzo Johnson, West Texas A&M University, had another strong showing last weekend in the men's 110m hurdles. He placed second overall in the event at the Texas Tech Open, running a 13.83, just shy of his 13.81 automatic mark from last week. Johnson also helped the 4x100m relay team to a fifth place finish, running a 41.21.

Tanaka Pfpupajena, Eastern New Mexico University, competed in the men's javelin throw at the Texas Tech Open over the weekend, finishing third with a distance of 52.22 meters. The senior competed for the first time this season, focusing on the outdoor only event of the javelin toss.

Kenny Odunaiya, Tarleton State University, finished the ASU David Noble relays on a high note by breaking his own school record in the hammer throw in a second-place finish Saturday. Odunaiya finished the hammer event with a best throw of 169-6 (51.67m) breaking his own school record by over four feet. The senior from Round Rock also finished second in the shot put with an NCAA provisional best throw of 51-1 (15.57m). Odunaiya is currently ranked No. 10 in the nation in the shot put.

Benoit Nadin, West Texas A&M University, picked up a strong provisional qualifying mark in the triple jump last weekend at the Texas Tech Open. He won the event with a 49-11.25 (15.22m) distance, a mark that leads



the Lone Star Conference and ranks fourth nationally.

Amber Saiz, Eastern New Mexico University, competed in two events at the Texas Tech Open over the weekend, finishing second and seventh in the competition. Saiz finished seventh in the women's 800 meter run with a time of 2:17.70. She finished second in the women's 1500 meter run with a time of 4:41.38. Neither event is her focus in track, yet the talented athlete managed to finish in the top ten in both events.

DeAijha Hicks-Boyce, Tarleton State University, once again led the way for the TexAnns Saturday at the ASU David Noble Relays in San Angelo. Hicks-Boyce would finish the day with a personal best and provisional time of 11.99 in the 100m finishing second, a season best time of 24.76 in the 200m finishing second, and ran the anchor leg of a 4x100m relay that finished first in a time of 47.09.

Sharon Kwarula, West Texas A&M University, earned her second provisional qualifier of the season at the Texas Tech Open on Saturday as she won the women's 400m hurdles competition. She ran a 1:00.31, converted to 1:00.42, in the event, a time that ranks second in the LSC and fifth in the nation.

Ally Salata, Eastern New Mexico University, placed in the top 10 in two events at the Texas Tech Open over the weekend. The sophomore earned her third place finish in the women's javelin throw with a distance of 39.96 meters and a 10th place finish in the women's hammer throw with a distance of 34.56 meters.

Emma Thompson, Angelo State University, won both the javelin and discus event titles at the David Noble ASU Relays. The sophomore threw the discus a NCAA Division II provisional mark of 153-3 (46.72-meters). The Midland native threw a personal-best mark of 114-5 (34.87-meters) to win the javelin. She has the 11th best discus throw in the nation.

NOTES (Submitted by LSC SID's)

Angelo State

Eastern New Mexico

The Eastern New Mexico University track and field team took 11 top 10 finishes at the Texas Tech Open Saturday, led by Amber Saiz who took second place in women's 1500 meter run with a time of 4:41.38. Beth Blind also competed in the 1500 meter run, placing sixth with a time of 4:52.65. In the women's 800 meter run Saiz also took a top ten finish, placing seventh with a time of 2:17.70. Klaudia Szych ran a 2:17.80 in the event, placing eighth. Adrian Gomez put in the top performance in for the men on the track, with a fifth place finish in the 400 meters hurdle with a time of 55.91. Darrence Taylor and Jared Bachman finished in sixth and eighth place, respectively, in the shot put with distances of 13.49 and 11.35 meters. Ally Salata finished third in the women's javelin with a throw of 39.96 meters. Laura Grube placed fourth in the event with a throw of 38.33 meters. Tanaka Pfupajena had a third place finish in the javelin throw with a distance of 52.22 meters. In the women's hammer throw Jenae' Wolfram threw 43.48 meters for a fifth place finish. Clarissa Salazar and Ally Salata also competed in the hammer throw, finishing eighth and tenth respectively. Karissa Stinson finished eighth in the javelin as well.

Harding

Midwestern State

Tarleton State

Texas A&M-Commerce

Texas A&M-Kingsville

West Texas A&M

The West Texas A&M No. 10 men's and No. 6 women's track & field teams competed last weekend in the Texas Tech Open in Lubbock, Texas. The meet experienced a lengthy delay late on Saturday, forcing the Buffs and Lady Buffs to head home early as the meet was halted for a considerable amount of time. Before the departure; however, WT recorded seven new or improved provisional times/marks and three event wins. WT will return to action this weekend, April 10-11, as it hosts the WTAMU Classic & Multi in Canyon.