



LONE STAR CONFERENCE OUTDOOR TRACK & FIELD

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WEEKLY AWARDS

DATE MEN'S TRACK

M-11 No nominees
M-18 Courtney Macon, Texas A&M-Kingsville
M-25 Randall Kadlacek, Tarleton State
A-1 Lorenzo Johnson, West Texas A&M

DATE MEN'S FIELD

M-11 Masoud Moghaddam, Texas A&M-Commerce
M-18 Derek Tesch, Texas A&M-Kingsville
M-25 Seth Pearson, Angelo State
A-1 Hendrik Nungess, Texas A&M - Commerce
..... Lutalo Boyce, Texas A&M - Kingsville

DATE WOMEN'S TRACK

M-11 No nominees
M-18 Kathy Trevino, Texas A&M-Kingsville
M-25 Jaylen Rodgers, Angelo State
A-1 Sharon Kwarula, West Texas A&M

DATE WOMEN'S FIELD

M-11 Rebecca Mueller, Texas A&M-Commerce
M-18 Valerie Vrana, Texas A&M-Kingsville
M-25 Jordan Gray, Angelo State
A-1 Euphemie Edem, Tarleton State

PERFORMANCE LIST

<http://www.tfrs.org/lists/1465.html>



SAN ANGELO, TEXAS | MAY 7-8-9



LSC OUTDOOR TRACK AND FIELD

Lone Star Conference Outdoor Track & Field athletes have recorded five NCAA Division II Automatic qualifying marks (4 men, 1 women) and 54 provisional efforts (35 men, 19 women). See the LSC performance list here: <http://www.tfrs.org/lists/1465.html>.

ATHLETES OF THE WEEK

MEN'S TRACK

Lorenzo Johnson, West Texas A&M University, JR, Mineral Wells, Texas, Mineral Wells HS

Johnson had a busy weekend for WT between the Texas Relays and Bobcat Invitational. It was highlighted by his Automatic qualifying time in the 110m hurdles at Texas State on Friday where he won the event with a 13.81 time. That leads the LSC and the entire nation currently while he broke a school record in the event as well. He placed second in the same event the day prior at the Texas Relays, the same day he helped the 4x100m relay team to a provisional qualifier, finishing with a 41.07 time, leading the LSC and ranked 7th in the country.

CO-MEN'S FIELD

Hendrik Nungess, Texas A&M University - Commerce, SO, Neu-Isenburg, Germany, LG Neu-Isenburg - Heusenstamm

To say that Nungess stole the show for the Lions at the Nike Clyde Littlefield Texas Relays would be a profound understatement. The sophomore heaved the javelin a whopping 240-3 (73.24m), which was good enough to stand atop all performances in both the A and B groups at the Texas Relays, a field made up of almost exclusively Division I athletes. In doing so, Nungess shattered the Lone Star Conference record in the event, surpassing the 27 year-old mark of 233-3 (71.10m) set by Angelo State's Mike Smierciak in 1988. To top it all off, the native of Germany's effort was the fifth-greatest javelin throw in NCAA Division II history dating back to the redesign of the javelin in 1986. Nungess now has an NCAA automatic qualifier, and is on top of Division II by nearly five meters.

Lutalo Boyce, Texas A&M University - Kingsville, SO, Westbury, N.Y., Westbury HS/Nassau CC

Boyce recorded an automatic qualifying leap of 25-3.5 (7.71m) in the long jump at the Nike Clyde Littlefield Texas Relays. He finished fourth in the section A group against the top Division I leapers. His distance is the best not only in the conference but in Division II as well.

WOMEN'S TRACK

Sharon Kwarula, West Texas A&M University, SR, Boroko, Papua New Guinea, Goroka Grammar School

Kwarula is the LSC and the NCAA Division II leader in the 100m hurdles after her performance at the Bobcat Invitational in San Marcos on Saturday. The senior won the event with a provisional qualifying time of 13.67. Kwarula also led the 4x400m relay team to an event win as the Lady Buffs finished first with a time of 3:49.18 at the meet.

WOMEN'S FIELD

Euphemie Edem, Tarleton State University, SR, Calabar, Nigeria, University of Calabar Secondary School

Edem returned to Stephenville Friday night as a Nike Clyde Littlefield Texas Relays champion. Edem competed in the long jump and the triple jump finishing first and sixth, respectively. The senior won the long jump on her first jump covering 19-8.75 (6.01m) – missing the 37-year-old school record by .75 – and had a best jump of 39-10 (12.14m) in the triple jump.

OTHER TOP PERFORMERS

Dylan Doss, Angelo State University, ran the second-fastest time in NCAA Division II in the 3,000-meter steeplechase at the Texas Relays. The senior transfer's 8:59.64 is a personal best and it was the Division II time at the meet. It is also the third-fastest among any division.

Javier Lopez, Texas A&M University - Kingsville, ran the fourth fastest 110m hurdle time in Texas A&M-Kingsville history at the Nike Clyde Littlefield Texas Relays. He punched his ticket to the NCAA Championships in May with a time of 13.91 in the finals of the event to place sixth. The Spaniard was the lone Division II athlete to make the finals of the 110m hurdles.

Adrian Gomez, Eastern New Mexico University, turned in a strong performance in the hurdles for the Greyhounds last weekend at the Texas State Bobcat Invitational. He placed ninth in the 400m hurdles with an ENMU-record time of 54.60. Gomez also placed sixth in the 110m hurdles with a time of 15.26. The times rank 5th (400m) and 14th (110m) in the Lone Star Conference.

Chase Rathke, Tarleton State University, performed on one of the biggest stages in track and field this past weekend at the Nike Clyde Littlefield Relays in Austin, TX. Rathke, who is no stranger to the spotlight after winning a national championship last year in the 1500m, finished second in the Jerry Thompson Invitational Mile in a personal best 4:07.85 trailing only Christopher Gowell of Adidas.

Zach Weatherly, West Texas A&M University, had a strong weekend for the Buffs in the field as he recorded two provisional qualifiers and broke a school record in three throwing events at the Bobcat Invitational in San Marcos. He started off with a provisional 170-5 (51.95m) throw in discus, placing eighth overall. That mark ranks second in the LSC and sixth in the nation. On Friday, he would break his own hammer throw school record with a 52.36m toss. Then on Saturday, Weatherly capped off the weekend with a provisional 53-2.75

(16.22m) toss in shot put, placing seventh in the field. That mark ranks him third in the LSC and 17th in the nation.

Tanaka Pfupajena, Eastern New Mexico University, registered a third-place finish in the men's javelin at The Texas State Bobcat Invitational. His throw of 171-0.36 was the longest by a non-NCAA Division I Athlete and ranks fifth in the Lone Star Conference.

Kenny Odunaiya, Tarleton State University, continued to add to his provisional mark count Friday at the Nike Clyde Littlefield Texas Relays in Austin, TX. Odunaiya finished the day with a fifth-place finish after recording a best throw of 55-2.75 (16.83m) in the shot put.

Jasmine Ambowode, Angelo State University, ran her first NCAA Division II provisional-qualifying time in the 400-meter hurdles. The junior's time of 1:01.24 is a seasonal best and the fourth fastest in NCAA Division II.

Kaina Martinez, Texas A&M University - Kingsville, ran the 100m dash in 12.04 at the Nike Clyde Littlefield Texas Relays, the best in the Lone Star Conference this year. Her time was the best among all Division II runners. She was also part of the 4x400m relay team that set a school record in 3:44.38 and came in 17th at the Texas Relays. Their time is the best in the conference and ranks second in the nation as well. Martinez also ran as a member of the 4x100m relay squad in Austin, Texas, helping the team cross the line in 47.97.

Beth Blind, Eastern New Mexico University, turned in a stellar performance for the Zias at the Texas State Bobcat Invitational. Her time of 17.22.99 in the women's 5,000-meter run earned a second-place finish in the event and is the top time in the Lone Star Conference.

DeAijha Hicks-Boyce, Tarleton State University, competed in her first Texas Relays like a seasoned veteran. The freshman from Waco sprinted her way to a personal best 12.21 finish in the 100m – currently ranked No. 2 in the LSC – and anchored the TexAnn 4x100m relay to a 48.86.

Valerie Vrana, Texas A&M University - Kingsville, won the shot put with a distance of 45-3.5 (13.80m) at the Trinity Tiger Invite. Her distance is the best in the conference. She also surpassed the provisional qualifying mark and currently ranks ninth in Division II.

Malika Ouedraogo, West Texas A&M University, finished second overall in the triple jump competition on Friday at the 88th running of the Nike Clyde Littlefield Texas Relays. She leaped for a school record and provisional distance of 40-11.75 (12.49m). That mark leads the LSC currently and ranks third in the nation.

Laura Grube, Eastern New Mexico University, was Eastern's top performer in the field events during last weekend's Texas State Bobcat Invitational. Her throw of 140-2 in the javelin earned a fourth place finish, along with provisional qualification to the NCAA Championships and was the top distance in the Lone Star Conference. Grube also ranked fifth in the LSC in the hammer throw and eighth in the discus after her performances at Texas State.

NOTES (Submitted by LSC SID's)

Angelo State

Eastern New Mexico

The Eastern New Mexico University outdoor track & field teams got off to a strong start, as they opened the season last weekend at Texas State. Highlights of the meet included Laura Grube earning provisional qualification to the NCAA Championships in the

women's javelin and Adrian Gomez setting a team record in the men's 400-meter hurdles. Beth Blind registered a strong performance in the 5,000m run and holds the top time in the conference, while Klaudia Szych is fourth in the 800m with a time of 2:17.06. For the Hounds, Tanaka Pfupajena stands at fifth in the LSC with a throw of 171' in the javelin. Next up for the Greyhounds and Zias is the Texas Tech Open, this weekend.

Harding

Midwestern State

Tarleton State

Texas A&M-Commerce

Texas A&M-Kingsville

Texas A&M-Kingsville competed at the Nike Clyde Littlefield Texas Relays and Trinity Tiger Invite last week. Both Lutalo Boyce and Javier Lopez automatically qualified for the NCAA Championships in the long jump and 110m hurdles, respectively. Boyce uncorked a leap of 25-3.5 (7.71m), the best in Division II, to finish fourth in the A section. Lopez ran 13.91 in the 110m hurdles finals to place sixth and has the second best time in the nation and conference. Also posting provisional qualifying marks for the men were Javan Gray (javelin throw) and Jeron Robinson (high jump). For the women, Valerie Vrana posted the ninth best shot put distance (45-3.5; 13.80m) and a provisional mark at the Trinity Tiger Invite while winning the event. Chelsea Gonzalez won the 3000m steeplechase in 12:59.42. Recording two runner-up finishes in the 400m hurdles and high jump at the meet was Tarah Aliceacosta. Kaina Martinez came away with the best 100m dash time in the LSC in 12.04 at the Texas Relays. She, along with Amber Perry, Jasmine Miller and Kathy Trevino set a school record in the 4x400m relay in 3:44.38. It is the best in the league, second in the nation and a provisional qualifying mark. This week the Javelinas travel to compete in the Angelo State Relays on Thursday.

West Texas A&M

The West Texas A&M men's and women's track & field teams capped off a successful three-day opening weekend for the outdoor season between two meets on Saturday as they combined for 12 provisional qualifiers, one automatic qualifier and three broken school records. Leading the way in the strong finish was junior Lorenzo Johnson who earned WT's first automatic qualifier this outdoor season, punching his ticket to the NCAA National Championship later in May. WT now has two athletes leading the nation and six leading the LSC in their respective events after their first weekend. The Buffs and Lady Buffs will be back in action this Friday and Saturday, April 3-4, as they compete in the Texas Tech Open in Lubbock, Texas. The meet will be held at the Fuller Track & Field Complex on TTU's campus.