



LONE STAR CONFERENCE OUTDOOR TRACK & FIELD

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WEEKLY AWARDS

DATE MEN'S TRACK

M-11 No nominees

M-18 Courtney Macon, Texas A&M-Kingsville

DATE MEN'S FIELD

M-11 Masoud Moghaddam, Texas A&M-Commerce

M-18 Derek Tesch, Texas A&M-Kingsville

DATE WOMEN'S TRACK

M-11 No nominees

M-18 Kathy Trevino, Texas A&M-Kingsville

DATE WOMEN'S FIELD

M-11 Rebecca Mueller, Texas A&M-Commerce

M-18 Valerie Vrana, Texas A&M-Kingsville

PERFORMANCE LIST

<http://www.tfrs.org/lists/1465.html>



SAN ANGELO, TEXAS | MAY 7-8-9



LSC OUTDOOR TRACK AND FIELD

Lone Star Conference Outdoor Track & Field athletes have recorded six provisional efforts (5 men, 1 women).
See the LSC performance list here: <http://www.tfrs.org/lists/1465.html>.

MEN'S TRACK

Courtney Macon, Texas A&M University - Kingsville, JR, Dallas, Texas, David W. Carter HS/West Texas A&M

Macon won the 110m hurdles at the Islander Open in a provisional qualifying time of 14.40. His time is the fastest not only in the Lone Star Conference but all of Division II. He won the event by over half a second.

MEN'S FIELD

Derek Tesch, Texas A&M University - Kingsville, SR, Blanco, Texas, Blanco HS

Tesch recorded a first and third place finish at the Islander Open in the hammer and discus throw, respectively. He throw the hammer 154-8 (47.14m), the third best in the Lone Star Conference. His discus toss of 155-10 (47.51m) ranks first in the conference.

WOMEN'S TRACK

Kathy Trevino, Texas A&M University - Kingsville, SR, Rio Grand City, Texas, Rio Grand City HS

Trevino had a successful Islander Classic in the 100m and 200m dashes. She won the 200m in a time of 25.15 and is the fastest in the Lone Star Conference. Trevino followed by finishing third in the 100m, crossing the line in 12.75. It was her first time running the fastest event for Trevino in her career.

WOMEN'S FIELD

Valerie Vrana, Texas A&M University - Kingsville, JR, Seguin, Texas, Navarro HS

At the Islander Open Vrana took the shot put title with a toss of 43-10.5 (13.37m). The distance is the best in the Lone Star Conference by over a foot and a half.

OTHER TOP PERFORMERS

None.

NOTES (Submitted by LSC SID's)

[Angelo State](#)

[Eastern New Mexico](#)

[Harding](#)

[Midwestern State](#)

[Tarleton State](#)

[Texas A&M-Commerce](#)

[Texas A&M-Kingsville](#)

Texas A&M-Kingsville opened their outdoor season at the Islander Classic that was hosted by Texas A&M-Corpus Christi. The Javelinas had multiple title winners and saw a few competitors reach the school's top 10 list. Courtney Macon won the 110m hurdles in a time of 14.40, the fifth fastest ever by a Blue and Gold athlete. Javan Gray now holds the second and third best javelin throws in TAMUK history after a 206-4 (62.90m) toss. Valerie Vrana ranks seventh following a distance of 43-10.5 (13.37m) in the shot put. Francisco Solis ran the 1500m in 3:59.50 to become the eighth Hog ever to run the race in a sub 4-minute. Kathy Trevino came away with a first and third place finish in the 200m and 100m dashes, respectively. Colt Labay and Taylor McCumber won the pole vault for the men and women. In the men's long jump, Malcolm Cameron posted the best leap of the day at 22-2.25 (6.67m) and won by a foot. This Saturday the Javelinas host their annual Cactus Cup beginning at 11 a.m. with the field events.

[West Texas A&M](#)