



# LONE STAR CONFERENCE CROSS COUNTRY

## WEEKLY RELEASE | SEPTEMBER 18, 2014

Contact: Melanie Robotham | Assistant Commissioner | Office: 972-234-0033 x. 103 |  
E-mail: [melanie@lonestarconference.org](mailto:melanie@lonestarconference.org) | [www.lonestarconference.org](http://www.lonestarconference.org) | Twitter: @LoneStarConf

### LSC CROSS COUNTRY RUNNERS OF THE WEEK

#### MALE

**Brett Villarreal, West Texas A&M University, SR, Amarillo, Texas, Tascosa HS**

Villarreal led the way for the Buffs in their 2014 debut at the Texas Tech Red Raider Open in Lubbock, Texas. With a third place team finish overall at the event, Villarreal was the top DII finisher, crossing the line at 24:37.15 in the 8K race.

#### FEMALE

**Michaela Johnson, West Texas A&M University, SR, Carlsbad, N.M., Carlsbad HS**

Johnson had another excellent race for the Lady Buffs on Friday evening at the Texas Tech Red Raider Open in Lubbock, Texas. She helped her team to a second place overall finish for the second-straight season as she placed second overall with a time of 20:47.15 in the 5K event, which actually ended up being 5,400m instead of the scheduled 5,000m due to a re-route from inclement weather. She was the top DII finisher in the race.

### OTHER TOP RUNNERS

Emanuel Ibanez, Texas A&M University - Kingsville, placed eighth in the Strohm Dental/MSU Stampede at Midwestern State over the weekend. He led the Javelinas with a time of 20:29.90 over the 6K course.

### LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

#### Angelo State

#### Cameron

#### Eastern New Mexico

The Greyhounds and Zias will return to action on September 27, for the Oklahoma State University Jamboree

#### Midwestern State

Midwestern State opened the season with a team-high at the 4K Strohm Dental/MSU Stampede last week although no official records are available... The Mustangs compete in the 5K Missouri Southern Stampede Saturday in Joplin...

#### Tarleton State

#### Texas A&M-Commerce

#### Texas A&M-Kingsville

The Texas A&M University-Kingsville men's cross country team competed at the Strohm Dental/MSU Stampede on Saturday. The Javelinas came in second place with a score of 55. The top runner for Kingsville was Emanuel Ibanez who came in eighth place with a time of 20:29.90. Francisco Solis was second for the Javelinas and came in 10th with a time of 20:33.30. Jorge Alanis and Damian Feeney came in 11th and 12th place with times of 20:37.00 and 20:55.50, respectively. Michal Idziak was 14th with a time of 21:13.7. Pulling up the rear for Kingsville was Ty Ramos in 16th with a time of 21:18.80. The Javelinas rest this coming week to prepare for the Texas A&M-Corpus Christi Islander Invitational on Sept. 26th.

#### West Texas A&M

The West Texas A&M men's and women's cross country teams competed last Friday at the Texas Tech Red Raider Open in Lubbock, Texas. The No. 12 Lady Buffs finished second in the event for the second straight season while their race ended up being 5,400m instead of the scheduled 5K due to inclement weather conditions. Senior Michaela Johnson led the way with a second-place overall finish as she crossed the line at 20:47.15. The No. 13 Buffs would place third in the 8K event and were led by senior Brett Villarreal who finished fifth with a time of 24:37.15. WT will return to action in two weeks as it hosts its annual intrasquad meet at The Range in Canyon on Friday, Sept. 26. The Buffs will also be traveling to Oklahoma State on Saturday, Sept. 27 to run in the Cowboy Jamboree.

### SCHEDULE

#### Friday, September 19, 2014

Tarleton State at UTSA Ricardo Romo Classic

#### Saturday, September 20, 2014

Midwestern State at Missouri Southern Stampede

Texas A&M-Commerce at Texas Wesleyan Ram Ramble

### WEEKLY AWARDS

#### Male Runner

S-11 Jacob Lozano, Eastern New Mexico

S-18 Brett Villarreal, West Texas A&M

#### Female Runner

S-11 Michaela Johnson, West Texas A&M

S-18 Michaela Johnson, West Texas A&M



Nov. 8, 2014 | Wichita Falls, Texas

