



# LONE STAR CONFERENCE CROSS COUNTRY

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### LSC CROSS COUNTRY RUNNERS OF THE WEEK

#### MALE

**Jacob Lozano, Eastern New Mexico University, SR, Hobbs, N.M./Hobbs HS**

Lozano took seventh at the Joe Vigil Open and led the Greyhounds to a third-place finish. He crossed the finish line in the men's 8k with a time of 25:58.57 and was almost four seconds ahead of Adams State's Dominic Cabada.

#### FEMALE

**Michaela Johnson, West Texas A&M University, SR, Carlsbad, N.M./Carlsbad HS**

Johnson had an excellent start to her final season with the Lady Buffs. At the Joe I. Vigil Open at Adams State, Johnson led the Lady Buffs to a fourth place team finish as she placed fifth overall individually with a new personal record time of 18:35.44 in the 5K event.

### OTHER TOP RUNNERS

Dylan Willett, Tarleton State University, won the OBU/Bob Gravett Invitational in Arkadelphia, Arkansas. His meet winning time of 26:33.43 in the 8K helped his team finish second in the season opening meet for Tarleton State.

Thomas Toth, Cameron University, finished runner up at the UCO Land Run with a time of 20:09.08 under heavy rains and muddy fields slowing down overall times. Toth was neck-and-neck for the overall win until the last quarter mile of the event before slipping seven seconds back of first. Despite the slower times by runners due to the weather, Toth was only one second behind his time from last year's event which was held under clear skies.

Francisco Solis, Texas A&M University - Kingsville, was second as an individual in 17:03.62 in the Texas Lutheran University Invitational in the men's 5k. He led the team to a perfect score of 15 at the race.

Chelsea Gonzalez, Texas A&M University - Kingsville, was second in the women's 5k with a time of 20:21.91 to lead the Javelina women's cross country team to their victory at the TLU Invitational. Kingsville finished in first place with a score of 32.

Amber Saiz, Eastern New Mexico University, registered the 11th-best 8k time in team history and led the Zias to a third-place finish at the Joe Vigil Open. She crossed the finish line at 19:08.38, the fourth time in her career she posted a sub-20 minute time. Saiz finished 11.20 ahead of the 13th-place finisher, Maddie Krueger from Fort Lewis.

Tylo Farrar, Tarleton State University, finished fifth at the OBU/Bob Gravett Invitational in Arkadelphia, Arkansas. Her time of 18:41.21 in the 5K helped her team to a second place finish in the opening meet of the season for Tarleton State.

### LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

#### Angelo State

#### Cameron

Cameron finished second at the UCO Land Run last weekend behind Oklahoma City University who was ranked #1 in NAIA, and won their affiliations national title in 2013. Teams battled a delayed start with rain and muddy fields during the meet to slow down times. Despite the weather, Cameron had three runners in the top ten with Thomas Toth as the teams top finisher with a second place time of 20:09.08.

#### Eastern New Mexico

The Eastern New Mexico University cross country teams both turned in third-place finishes at the Joe Vigil Open at Adams State. Jacob Lozano paced the Hounds with a seventh-place finish, while Amber Saiz led the Zias with a 12th-place performance. The Eastern New Mexico University cross country teams will return to action on Saturday, September 27, for the Oklahoma State University Jamboree.

#### Midwestern State

#### Tarleton State

The men and women of Tarleton State competed at the OBU/Bob Gravett Invitational in Arkadelphia, Arkansas this past weekend. The men had three top ten finishers including a one-two finish from Dylan Willett and James Polasek. The men finished second with a total time of 2:17:26.71 and an average time of 27:29.35.

On the women's side Tarleton had three top 10 finishers with Tylo Farrar (18:41.21) leading the way in a fifth place finish. The women's team finished second with a total time of 1:37:34.37 and an average of 19:30.88.

#### Texas A&M-Commerce

#### Texas A&M-Kingsville

The Texas A&M-Kingsville men's and women's cross country team traveled to Seguin to compete in the Texas

### SCHEDULE

#### Friday, September 12, 2014

West Texas A&M at Red Raider Open  
Angelo State at Red Raider Open

#### Saturday, September 13, 2014

Midwestern State at Strohm Dental/MSU Stampede  
Texas A&M-Kingsville at Strohm Dental/MSU Stampede

### WEEKLY AWARDS

#### Male Runner

S-11 Jacob Lozano, Eastern New Mexico

#### Female Runner

S-11 Michaela Johnson, West Texas A&M



Nov. 8, 2014 | Wichita Falls, Texas



Lutheran University Invitational. Led by Frank Solis, the Javelina men placed four runners in the top six and five runners in the top ten to finish with a perfect score of 15 points. Solis was second as an individual in 17:03.62 as Kingsville had six runners finish within one to two seconds of each other. Emmanuel Ibanez was third in 17:19.92, Jorge Alanis fourth (17:20.80), Ty Ramos fifth (17:22.96) and Damian Feeney sixth in 17:24.02. Shane Stehle was seventh in 17:31.75 and Edward Aguilar eighth in 17:33.11. Manny Rivera finished 10th in 17:51.01. On the women's side of things, Kingsville finished in first place with a score of 32. The women had four runners finished in the top 10. Chelsea Gonzalez was second in 20:21.91 to lead the team. Amy Mendoza was third in 20:24.54, while Alex Lichtenberger crossed the line sixth (21:04.14). Chelsea Williams was ninth with a time of 21:45.22. The Javelinas will return to action on Sept. 15 when both men and women run at Midwestern State in Wichita Falls, Texas.

### **West Texas A&M**

The LSC preseason favorite and No. 12 ranked West Texas A&M women's cross country team opened up its season last Saturday at the Joe I. Vigil Open, hosted by Adams State in Alamosa, Colo. The Lady Buffs placed fourth as a team at the meet and were led by senior Michaela Johnson who ran a personal best 18:35.44 in the 5K race, placing fifth individually. The men's team will make its season debut, along with the Lady Buffs, this Friday evening at the Texas Tech Red Raider Open. The meet is scheduled to begin at 5:30 p.m. and will take place at Meadowbrook Golf Course in Lubbock, Texas.