



LONE STAR CONFERENCE OUTDOOR TRACK & FIELD

WEEKLY RELEASE | APRIL 23, 2014

We're the One.

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WEEKLY AWARDS

DATE MEN'S TRACK

M-12 Luis Romero, A&M-C
M-19 Andrew Evans, HU
M-26 Tim Price, TAMUK
A-2 Chase Rathke, TSU
A-9 Luis Romero, A&M-C (2)
A-16 Michal Idziak, TAMUK
A-23 Michal Idziak, TAMUK (2)

DATE MEN'S FIELD

M-12 Asael Arad, ASU
M-19 No nominees
M-26 Jeron Robinson, TAMUK
A-2 Jordan Yamoah, TAMUK
A-9 Zach Weatherly, WT
A-16 Paul Davis, McM
..... Keaton Hatch, ASU
A-23 Josh Syrotchen, HU

DATE WOMEN'S TRACK

M-12 Jasmine Ambowode, ASU
M-19 No nominees
M-26 Kaina Martinez, TAMUK
A-2 Sharon Kwarula, WT
A-9 Jasmine Ambowode, ASU (2)
A-16 Libby Strickland, WT
A-23 Ewa Zaborowska, HU

DATE WOMEN'S FIELD

M-12 Chesney Neely, ASU
M-19 No nominees
M-26 Shykilla Sheppard, TAMUK
A-2 Kristen Celsor, HU
A-9 Jordan Gray, ASU
A-16 Kearah Danville, ASU
A-23 Amanda Haven, TAMUK

TOP TIMES

LSC Performance list available here:
<http://www.tfrs.org/lists/1270.html>



May 1-2-3, 2014 | Kingsville, Texas



LSC OUTDOOR TRACK AND FIELD

Lone Star Conference Outdoor Track & Field athletes have recorded 10 NCAA Division II Automatic qualifying marks (6 men, 4 women) and 149 provisional efforts (83 men, 66 women). See the LSC performance list here: <http://www.tfrs.org/lists/1270.html>.

The LSC has four men's and three women's teams in the top 25 in the national team computer rankings (April 22) conducted by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA). The men are represented by No. 3 Texas A&M-Kingsville, No. 9 Angelo State, No. 15 Tarleton State, and No. 17 Texas A&M-Commerce. On the women's side, ASU is No. 7, followed by No. 16 WT, and No. 19 TAMUK.

The postseason starts with the LSC Championships May 1-2-3 in Kingsville, Texas. The NCAA Division II Outdoor Track and Field National Championships are May 22-24 in Allendale, Mich.

ATHLETES OF THE WEEK

MEN'S TRACK

Michal Idziak, Texas A&M University - Kingsville, SO, Mosina, Poland, Fork Union Military Academy

Idziak broke a Texas A&M-Kingsville record in the men's 800m run that has been standing since 1986 at the LSU Alumni Gold Meet. The sophomore finished third in the men's 800m run final with a time of 1:49.64, which ranks second in the nation in the event.

MEN'S FIELD

Josh Syrotchen, Harding University, SO, Spokane, Wash., Lewis and Clark HS

Broke the 17-year-old Harding school record with a discus throw of 169-2 (51.57m) ... now ranks 14th in the discus in NCAA Division II and second in the Lone Star Conference.

WOMEN'S TRACK

Ewa Zaborowska, Harding University, JR, Wejherowo, Poland

Zaborowska ran the fastest 1,500 meter time in the Lone Star Conference this season and third fastest in NCAA Division II with a 4:25.59 at the Mt. SAC Relays.

WOMEN'S FIELD

Amanda Haven, Texas A&M University - Kingsville, SR, Calallen, Texas, Calallen HS

Haven finished in the women's high jump with a mark of 5-7.25 (1.71m) at the LSU Alumni Gold meet and is a provisional qualifier for the national meet.

OTHER TOP PERFORMERS

John David Rollins, Texas A&M University - Commerce, set a new school record with a 47.40 in the 400m dash. The junior is now provisionally qualified for nationals with the time. The time puts Rollins second in the LSC on the season and is 12th in Division II in the event.

Taylor Lively, Harding University, placed second of 33 runners in the 1,500 meters at the UCA Open. Ran a season-best 3:59.20.

Isaiah Samoei, Eastern New Mexico University, posted a 5,000-meter time of 14:04.92 at the Mt. Sac Relays, which was the fastest in the Lone Star Conference this season and set an Eastern New Mexico record. His time is the seventh fastest in the nation and was fourth best at the meet for Division II runners.

Jamin Goecker, Angelo State University, was the first division II runner to finish in the 5,000-meter run at the Michael Johnson Dr. Pepper Classic Saturday. Goecker finished fourth with a time of 15:29.42.

Dylan Doss, West Texas A&M University, recorded a provisional qualifying time in the men's 3000m steeple chase where he placed third in the collegiate field at the Kansas Relays in Lawrence, Kan. with a time of 9:22.62. His mark tops the LSC in the event with the only provisional time.

Chase Rathke, Tarleton State University, was dominant in his efforts last weekend at the 56th annual Mt. SAC Relays and Beach Invitational. The distance runner from Crawford hit NCAA provisional marks to improve his national rankings in the 1500m and 800m runs while also becoming the new school-record holder in the 1500m. Rathke began the weekend by breaking a five-year old school record in the 1500m with a fourth place finish in a personal best time of 3:46.22. He followed up his career performance by setting a personal best time of 1:50.60 for fourth place in the 800m at the Beach invitational. He moved up to No. 7 in the nation in the 800m and No. 3 in the nation in the 1500m.

Cody Schulz, Angelo State University, finished second in the long jump at the Michael Johnson Dr. Pepper Classic on Saturday. The freshman hit a mark of 7.13 meters (23' 4.75").

Amber Perry, Texas A&M University - Kingsville, placed fourth in the women's 400m dash with had a time of 54.56 at the LSU Alumni Gold meet. Perry's time makes her a provisional qualifier for the national meet. It also places her at fifth in the nation for the event.

Alesha Jones, Eastern New Mexico University, compete twice last weekend in the 800-meter run at the Mt. Sac Relays and Long Beach Invitational with two great races. At the Mt. Sac Relays on Friday, she went from 17th to eighth over the final 200m of the race to finish with a time of 2:13.37. She followed up the next day at the Long Beach Invitational with an even better time of 2:13.21 to placed fifth in her heat and 45th overall out of 140 runners. Her time at the Long Beach Invitational is the third best in the LSC this season is a NCAA DII provisional qualifying time.

Allison Agbasoga, Angelo State University, won the afternoon heat of the 400-meter dash clocking in a 56.06 (.06 away from a NCAA Division II provisional mark). The time is a new seasonal-best for the Leader native.

Mireia Guarner, West Texas A&M University, recorded provisional times in both her races in the 1500m last weekend. Her top mark came on Friday at the Mt. SAC Relays where she set a new school record in the event with a time of 4:31.29. That ranks her second in the LSC and 13th in the country. She also ran a 4:33.24 at the Beach Invitational on Saturday.

Lindsey Hinton, Tarleton State University, had a dominant weekend on the west coast, breaking two school records and improving her national standings with NCAA marks in the 1500m and 5000m runs at the Mt. SAC Relays and Beach Invitational. Hinton began her weekend with a school-record setting time of 4:32.31 in the 1500m for the 19th best time in the nation through the Division II season so far. She followed up with a fourth-place effort in the 5000m at the Beach Invitational where she broke her own school record with a personal-best time of 16:52.50. Her PR in the 5K moved her to No. 9 in the nation in the 5000m.

Brikel Bailey, Texas A&M University - Commerce, set a new school record in the women's 800m with a time of 2:10.14. The senior broke the previous mark by over five seconds and beat the field on Saturday by more than eight seconds. It was the first time Bailey competed in the 800m this season. The Fontana native was also a member of the 4x400m relay team that set a new school record (3:38.89). Bailey is fifth nationally in the 800m along with ranking first in the LSC by over two seconds.

Rachael Domeyer, Harding University, broke her own school record and posted the third-best javelin mark in the Lone Star this season with a throw of 134-10 at the UCA Open.

Jasmine Ambowode, Angelo State University, finished fifth in the triple jump and first for division II with a NCAA Division II provisional mark of 12.05 meters (39' 6.5").

NOTES (Submitted by LSC SID's)

Angelo State

Eastern New Mexico

Eastern New Mexico had just two runners compete last week at meets in California. Isaiah Samoei posted a school record time of 14:04.92 in the 5,000-meter run at the Mt. Sac Relays. His time is the fastest in the Lone Star Conference this year and the seventh best in the nation. Alesha Jones ran the 800-meter run at the Mt. Sac Relays and the Long Beach Invitational. She posted a time of 2:13.37 at Mt. Sac and followed with an even better finish of 2:13.21 at Long Beach. She holds the third best 800m time in the LSC, which is also a provisional qualifying time. This weekend, the whole team will compete at the West Texas A&M Classic on Saturday.

Harding

McMurry

Midwestern State

Tarleton State

Texas A&M-Commerce

The Lions made the most of their last meet before the conference championships by setting four new

school records while hosting the East Texas Invite. Luis Romero set a new mark in the 800m, Brikel Bailey shattered the record in the women's 800m, John David Rollins set a new mark in the 400m and the women's 4x400 relay team set another school mark. The Lions also set numerous personal records and hit provisional marks in front the hometown crowd. Dorian McCradic (5000m) and Fredrick Kipsang (3000m Steeple) recorded two wins for the men's team while freshman Lauren Peavy tied for first in the High Jump.

Texas A&M-Kingsville

Texas A&M Kingsville track & field teams competed at the LSU Alumni Gold Meet last Saturday...Michal Idziak broke a school record in the men's 800m run that has been standing since 1986. He finished third in the men's 800m run final with a time of 1:49.64 and is second in the nation for the event...In the men's 400m hurdles final, Sergio Rios finished first with a time of 50.27. Rios broke a school record that was set in 2003 by Ben Clark (50.34). His time earns him an automatic qualifying mark for the national meet. Rios is third in the nation for the men's 400m hurdles...Tim Price finished with a time of 20.75 in the men's 200m dash and is first in the Lone Star Conference. His time makes him an automatic qualifier for the national meet...In the men's triple jump final, C.J. Griggs finished in second with a mark of 51'-5.7" (15.69m). His mark places him atop the LSC in the event and makes him a provisional qualifier for the national meet. Griggs is fourth in the nation in the event...Kingsville (Corbin Whalum, Anthony Washington, Jonathan Woodson, Tim Price) finished sixth in the men's 4x100m relay final with a time of 40.76. The team is sixth in the LSC and is a provisional qualifier for the national meet...Amber Perry and Kathy Treviño finished second and third in the women's 400m dash final. Perry had a time of 54.56 and Treviño had a time of 55.02. Both athletes' times are provisional times for the national meet. Perry's time places her at fourth in the nation for the event, and Treviño's time places her at 10th in nation for the women's 400m run...Amanda Haven finished in the women's high jump with a mark of 5'-7.25" (1.71m) and is a provisional qualifier for the national meet...Valerie Rodriguez finished in the women's 800m run final (B Section) with a time of 2:18.61. Rodriguez holds the fifth fastest time for the event in Javelina women's outdoor history...Claudia Fernandez was third in the women's 1500m run final with a time of 4:45.50. Fernandez holds the third fastest time in Javelina women's outdoor history...Jeron Robinson finished second in the men's high jump final with a mark of 7'-3. 8" (2.23m). Javan Gray finished third in the men's javelin final with a mark of 206'-7.53" (62.98m). Jordan Yamoah finished fourth in the men's pole vault final with a mark of 16'-3.2" (4.96m)...Anthony Washington competed in the men's 100m dash final (B Section) and placed fifth with a time of 10.76. In the men's 110m hurdles final, Macario Zarate finished third with a time of 14.55. In the men's 4x400m relay final, Kingsville (Tim Price, Anthony Washington, Tyler Garibay, Sergio Rios) finished fifth with a time of 3:13.65...Kaina Martinez competed in the women's 200m dash final and came in second with a time of 24.26. Kingsville (Logan Nelson, Kathy Treviño, Amber Perry, Kaina Martinez) finished seventh in the women's 4x100m relay finals with a time of 46.70.

West Texas A&M

The West Texas A&M men's and women's track & field teams sent 10 middle distance and distance runners to compete in three meets last weekend with the Kansas Relays, Mt. SAC Relays and Beach Invitational.

provisional qualifying times and three school records. Junior Emma Love started things off on the women's side in Lawrence with a school record and provisional time in the 10,000m run. Junior Dylan Doss then hit provisional in the men's 3000m steeple chase on the final day at Kansas. Juniors Baptiste Moreu and Haley Sparks and sophomore Mireia Guarner competed at Mt. SAC and Long Beach State University. Moreu recorded a provisional in the men's 1500m while Guarner hit provisional while breaking her own school record in the women's side of the event. Sparks then finished things off with another school record and provisional in the women's 5000m. WT will host the WT Classic this Saturday in Canyon with events starting at 1 p.m.