



LONE STAR CONFERENCE OUTDOOR TRACK & FIELD

WEEKLY RELEASE | APRIL 2, 2014

We're the One.

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WEEKLY AWARDS

DATE MEN'S TRACK

M-12 Luis Romero, A&M-C
M-19 Andrew Evans, HU
M-26 Tim Price, TAMUK
A-2 Chase Rathke, TSU

DATE MEN'S FIELD

M-12 Asael Arad, ASU
M-19 No nominees
M-26 Jeron Robinson, TAMUK
A-2 Jordan Yamoah, TAMUK

DATE WOMEN'S TRACK

M-12 Jasmine Ambowode, ASU
M-19 No nominees
M-26 Kaina Martinez, TAMUK
A-2 Sharon Kwarula, WT

DATE WOMEN'S FIELD

M-12 Chesney Neely, ASU
M-19 No nominees
M-26 Shykillia Sheppard, TAMUK
A-2 Kristen Celsor, HU

TOP TIMES

LSC Performance list available here:
<http://www.tfrrs.org/lists/1270.html>



May 1-2-3, 2014 | Kingsville, Texas



LSC OUTDOOR TRACK AND FIELD

Lone Star Conference Outdoor Track & Field athletes have recorded four NCAA Division II Automatic qualifying marks (2 men, 2 women) and 79 provisional efforts (44 men, 35 women). See the LSC performance list here: <http://www.tfrrs.org/lists/1270.html>.

The LSC has five men's and three women's teams in the top 25 in the national team computer rankings (April 1) conducted by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA). The men are represented by No. 2 Texas A&M-Kingsville, No. 5 Angelo State, No. 12 Tarleton State, No. 13 West Texas A&M, and No. 16 Texas A&M-Commerce. On the women's side, ASU is No. 3, followed by No. 7 TAMUK, and No. 15 WT.

The postseason starts with the LSC Championships May 1-2-3 in Kingsville, Texas. The NCAA Division II Outdoor Track and Field National Championships are May 22-24 in Allendale, Mich.

ATHLETES OF THE WEEK

MEN'S TRACK

Chase Rathke, Tarleton State University, JR, Crawford, Texas, Crawford HS

Rathke dominated two different events at two different track meets over the weekend. The junior from Crawford began his weekend at the Texas Relays where he won the College Division 1500m run and hit an NCAA provisional mark with a time of 3:49.87. Rathke then headed to San Marcos for the Bobcat Invitational where he won the 800m run and notched his second NCAA qualifying mark of the weekend with a time of 1:51.78.

MEN'S FIELD

Jordan Yamoah, Texas A&M University - Kingsville, SO, Poughkeepsie, NY, Arlington HS

Yamoah ranks first in the conference in the men's pole vault with his NCAA Division II automatic and provisional mark of 17-6.5 (5.35m) at the Clyde Littlefield Texas Relays.

WOMEN'S TRACK

Sharon Kwarula, West Texas A&M University, JR, Boroko, Papua New Guinea, Goroka Grammar School

Kwarula set the tone for the Lady Buffs last weekend with her performances in the Texas Relays and Bobcat Invitational. She gained two provisional qualifiers off of two school records, one of which she broke twice, in the hurdle events. She started with the school record 400H time of 1:00.53 in Austin where she placed 15th in the prelims in the college/university field. The next day she broke the school mark in the 100H in Austin at 13.94 before topping it again the next day in San Marcos with a time of 13.88 where she placed third overall.

WOMEN'S FIELD

Kristen Celsor, Harding University, SR, Searcy, Ark., Searcy HS

Celsor won the high jump at the Bison Invitational with a jump of provisional mark of 5-6, which ranks 11th in NCAA Division II.

OTHER TOP PERFORMERS

Tim Price, Texas A&M University - Kingsville, ranks first in the men's 100m dash with a time of 10.35 after competing in the Clyde Littlefield Texas Relay in Austin this past weekend. He still ranks first in the 200m dash with his time of 21.15 from the IBC Bank Cactus Cup.

Isaiah Samoei, Eastern New Mexico University, crossed the finish line with a time of 3:59.23, to earn a second-place finish in the men's 1,500-meter run at the Bobcat Invitational. He finished just 1.05 behind first-place finisher Matt Rice, from University of Louisiana-Lafayette.

Donatella Luckett, Harding University, won both the 100 meters (11.04) and 200 meters (23.04) at the Bison Invitational ... also ran the anchor leg on the winning 4x100 relay team (43.00).

Wala Gime, Angelo State University, got on the award stand for the Rams with his third place finish in the 110-meter hurdles with a new personal-record time of 14.29 at Texas Relays. That time gives Gime the third fastest time currently in division II this year. The junior also placed fourth in the 400-meter hurdles the previous day clocking in a 53.39 which is currently in the top-15 in division II.

Arnau Erta, West Texas A&M University, raced to provisional qualifying times in both his runnings of the men's 110m hurdles at the Texas Relays. On Friday, the junior set the mark at 14.57 in the preliminaries with a fifth place finish. The following day he topped that time with a 14.53, also for fifth place, in the finals.

Josh Syrotchen, Harding University, recorded an NCAA provisional mark in winning the discus at the Bison Invitational ... his throw of 164-00 was just four inches short of the school record and was eighth-best discus throw in NCAA II this season.

Zach Weatherly, West Texas A&M University, got more than enough work in last weekend as he threw for provisional marks in two events for three days in a row between the Texas Relays and Bobcat Invitational. On Thursday, the sophomore placed sixth overall in discus with a toss of 166-7 (50.78m) in San Marcos. The following day, Weatherly qualified for the finals in his section in Austin and finished ninth in the shot put with a throw of 54-6.75 (16.63m). He was back at it Saturday at Texas State throwing 55-0.75 (16.78m) for third place. Weatherly currently leads the LSC in both events.

Aly Coughlin, Tarleton State University, broke the school record in the 1500m run in her race at the Texas State Bobcat Invitational by finishing second in the race with a time of 4:36.42.

Beth Blind, Eastern New Mexico University, registered an eighth-place finish in the women's 1,500-meter run at the Bobcat Invitational. She crossed the finish line with a time of 4:42.38. She was also part of the Zias 4x800 relay team at the Texas Relays, which was the top non-NCAA Division I finisher, with a time of 9:15.25.

Ewa Zaborowska, Harding University, won the 800 meters at the Bison Invitational in 2:12.25, the fifth-fastest time in NCAA II this season.

Jordan Gray, Angelo State University, ran a career-best in the 100-meter hurdles this past weekend at the 2014 Clyde Littlefield Texas Relays. The junior ran a time of 14.08 and was the third division II athlete to cross the line in a field of a majority of division I athletes.

Kaina Martinez, Texas A&M University - Kingsville, ran in the Clyde Littlefield Texas Relays and had time of 11.84 in the women's collegiate/university 100m dash. Martinez's time was the best of any Lone Star Conference women's runner in the meet.

Valerie Vrana, Texas A&M University - Kingsville, ranks first in the women's shot put with an NCAA Division II Provisional mark of 45-4.25 (13.82m) from the Trinity Relays.

Laura Grube, Eastern New Mexico University, turned in a strong performance at the Bobcat Invitational, last weekend. She placed 11th in the javelin (125-2), 16th in the discus (140-0) and 20th in the hammer throw (135-7).

Jasmine Ambowode, Angelo State University, J placed 11th in the B section of the triple jump with a leap of 37-11.5 (11.57m), which is a NCAA Division II provisional mark for the junior. Ambowode also is on the provisional list for three other events for the Rambelles. 4X400-meter relay, heptathlon and the 400-meter hurdles.

Malika Ouedraogo, West Texas A&M University, broke a school record in the triple jump on Friday at the Texas Relays in Austin. She leaped 39-0.5 (11.90m) for ninth place and a provisional qualifying mark. She topped the previous record by .26m in her first outdoor jump of the season.

NOTES (Submitted by LSC SID's)

Angelo State

Eastern New Mexico

The Eastern New Mexico University outdoor track & field teams registered strong performances last weekend at both the University of Texas Relays and the Bobcat Invitational. In Austin, the Zia quartet of Alesha Jones, Sabrina Huelga, Amber Saiz and Beth Blind, were the top non-NCAA Division I finishers in the women's 4x800 relay, with a seventh-place performance. In San Marcos, Isaiah Samoei paced ENMU with a second-placed performance in the men's 1,500-meter run. This weekend, the ENMU track & field teams will head to Lubbock, Texas, for the Texas Tech Open.

Harding

McMurry

Midwestern State

Tarleton State

Tarleton had runners compete at the Texas Relays as well as the Texas State Bobcat Invitational last weekend. Chase Rathke highlighted the weekend by hitting NCAA marks at both meets, in two events. He hit the 1500m mark in Austin before hitting the 800m

mark in San Marcos. Randall Kadlacek also topped his previous NCAA mark in the 110m Hurdles while Aly Coughlin broke the school record in the 1500m run.

Texas A&M-Commerce

The Lions competed at the 87th Texas Relays over the weekend and came away with some solid finishes ... The 4x400m relay team of John David Rollins, Dexter Lee, Anthony Harris & Adam set a new school record with a 3:11.50 ... The previous school record had stood since 2004 ... Harris, Lee, Rollins and Luis Romero also medaled in the 1600m Sprint Medley with a third place finish ... Dorian McCradic and Luis Romero both finished in the Top 10 in the 1500m ... Tyler Cottingham, Briel Bailey, Ashley Bassett and Broke Odom posted a 3:53.89 in the women's 4x400m Relay, which is the fastest time by the women in the event this season.

Texas A&M-Kingsville

The Javelinas competed at the Clyde Littlefield Texas Relays in Austin and the Trinity Relays in San Antonio last week...In the Texas Relays, Jordan Yamoah came in fourth place in the men's pole vault with a mark of 5.35m (17'6.5"). It was Yamoah's second-best mark in his Javelina career... Sergio Rios came in first for the men's college 400m hurdles finals with a time of 51.55 at the Texas Relays... In the Texas Relays, Kingsville (Price, Jonanthan Woodson, Rios, Michal Idziak) finished second in the finals of the men's 1600 Sprint Medley Relay (College Invitational) with a time of 3:19.74... In Austin, Jeron Robinson finished second in the finals of the men's university/collegiate high jump with a mark of 2.26m (7'5")...Kingsville (Anthony Washington, Corbin Whalum, Jonathan Woodson, Tim Price) also finished second with a Lone Star Conference best time of 40.31 in the men's 400m relay collegiate final at the Texas Relays...In the finals of men's collegiate 100m dash at the Texas Relays, Tim Price finished fourth with a time of 10.35. Price's time has moved him to the number one spot in the conference for the 100m dash...Macario Zarate finished fourth in the finals of the men's collegiate 110m hurdles with a time of 14.32, while Sergio Rios finished seventh with time of 14.59. Zarate and Rios move to second and third in the LSC with their times from this weekend at the Texas Relays...Meanwhile at the Trinity Relays, Jesus Garza won first place in the men's hammer throw with a mark of 46.75m. Derek Tesch came in second with a mark of 45.95 and Kenny Zamorano finished in fifth place with a mark of 44.60m...Kingsville (Luis Gonzales, Tyler Garibay, Erwin Oliva, and Raul Cervantes) finished in first place in the men's 4x400m relay with a time of 3:14.22. Garibay and Gonzales finished, second and third, in the men's 400m dash. Garibay came in with a time of 49.17 while Gonzales finished with 49.58. Cervantes came in second place with a time of 22.22 in the men's 200m dash...In the men's 100m dash, Jerome Brooks finished fifth with a time of 11.05. Dylan Dimock came in fifth place in the men's 400m hurdles with a time of 56.15 at the Trinity Relays...In the men's discus throw, Zamorano finished in fifth place with a mark of 41.90m in San Antonio... At the Trinity Relays, Valerie Vrana finished second in the women's shot put with a mark of 13.82m...She also placed seventh in the women's discus throw with a mark of 35.42m...In the women's 10,000m run in the Trinity Relays, Rebekah Jimenez came in fifth with a time of 41:46.98...Alexis Williams also came in fifth for the women's pole vault with a mark of 3.45m...Kingsville (Logan Nelson, Stephania Garcia, Claudia Fernandez, Valerie Rodriguez) finished fifth in the women's 4x400m relay with a time of 4:16.27...Fernandez also

finished third in the women's 1500m run with a time of 4:59.39....The Javelinas will compete next at the David Noble Angelo State Relays.

West Texas A&M

The West Texas A&M men's and women's track & field teams competed last weekend in the 87th Clyde Little Field Texas Relays along with the Bobcat Invitational hosted by Texas State University. Both teams combined to set nine provisional qualifying marks, four for the men and five for the women, and broke three school records on the weekend. Junior Sharon Kwarula set the new school mark in the women's 400mH on the first day in Austin. She followed up with a new school record in the 100mH in Austin on Friday before breaking it again at Texas State on Saturday. Malika Ouedraogo also set a new school record in the women's triple jump at the Texas Relays with a 11.90m mark on Friday. The Buffs and Lady Buffs will return to action this Saturday, April 5, as they compete in the David Noble Relays at Angelo State.