

# Lone Star Conference Outdoor Track and Field Champions and All-Time Awards

## LSC OUTDOOR TRACK & FIELD

### CHAMPIONS (MEN)

1932.. North Texas State
1933.. North Texas State
1934.. Southwest Texas State
1935.. North Texas State
1936.. North Texas State
1937.. North Texas State
1938.. North Texas State
1939.. East Texas State
1940.. North Texas State
1941.. North Texas State
1942.. East Texas State
1943.. North Texas State
1944.. No Champion (WWII)
1945.. No Champion (WWII)
1946.. North Texas State
1947.. East Texas State
1948.. East Texas State
1949.. North Texas State
1950.. East Texas State
1951.. Southwest Texas State
1952.. East Texas State
1953.. East Texas State
1954.. Southwest Texas State
1955.. East Texas State
1956.. East Texas State
1957.. East Texas State
1958.. East Texas State
1959.. East Texas State
1960.. East Texas State
1961.. Howard Payne
1962.. Howard Payne
1963.. Lamar
1964.. East Texas State
1965.. East Texas State
1966.. East Texas State
1967.. East Texas State
1968.. Stephen F. Austin
1969.. Texas A&I
1970.. Texas A&I
1971.. Sul Ross State
1972.. Angelo State
1973.. Howard Payne
1974.. Angelo State
1975.. Howard Payne
1976.. Angelo State
1977.. Angelo State
1978.. Abilene Christian
1979.. Abilene Christian
1980.. Abilene Christian
1981.. Abilene Christian
1982.. Angelo State
1983.. Angelo State
1984.. Abilene Christian
1985.. Abilene Christian
1986.. Abilene Christian
1987.. Abilene Christian
1988.. Abilene Christian
1989.. Abilene Christian
1990.. Abilene Christian
1991.. Abilene Christian
1992.. Abilene Christian
1993.. Abilene Christian
1994.. Abilene Christian
1995.. no championship
1996.. Abilene Christian
1997.. Abilene Christian
1998.. Abilene Christian
1999.. Abilene Christian
2000.. Abilene Christian
2001.. Abilene Christian
2002.. Abilene Christian
2003.. Abilene Christian

### 1990.. Angelo State

1991.. Angelo State
1992.. Angelo State
1993.. Abilene Christian
1994.. Abilene Christian
1995.. No Championship
1996.. Abilene Christian
1997.. Abilene Christian
1998.. Abilene Christian
1999.. Abilene Christian
2000.. Abilene Christian
2001.. Abilene Christian
2002.. Abilene Christian
2003.. Abilene Christian

### 2004.. Angelo State

2005.. Angelo State
2006.. Abilene Christian
2007.. Abilene Christian
2008.. Abilene Christian
2009.. Angelo State
2010.. Angelo State
2011.. Angelo State
2012.. Angelo State
2013.. Angelo State

### CHAMPIONSHIPS (WOMEN)

Abilene Christian .....	23
Angelo State .....	7

### MEN'S COACH OF THE YEAR

1964..J.H. "Cap" Shelton, Howard Payne
1967.. Delmer Brown, Texas A&M-Commerce
1968.. Joe Richardson, Stephen F. Austin
1969.. Ken Kelley, Texas A&I
1970.. Ken Kelley, Texas A&I
.....Al Reeh, Southwest Texas State
1971.. Frank Krhut, Sul Ross State
1972.. David Noble, Angelo State
1973.. Don Hood, Howard Payne
1974.. David Noble, Angelo State
1975.. Don Hood, Howard Payne
1976.. David Noble, Angelo State
1977.. David Noble, Angelo State
1978.. Don Hood, Abilene Christian
1979.. Don Hood, Abilene Christian
1980.. Don Hood, Abilene Christian
1981.. Don Hood, Abilene Christian
1982.. David Noble, Angelo State
1983.. Clint Ramsey, Angelo State
1984.. Reid Harter, Texas A&M-Kingsville
1985.. Don Hood, Abilene Christian
1986.. Don Hood, Abilene Christian
1987.. Don Hood, Abilene Christian
1988.. Don Hood, Abilene Christian
1989.. David Noble, Angelo State
1990.. David Noble, Angelo State
1991.. David Noble, Angelo State
1992.. David Noble, Angelo State
1993.. Wes Kittley, Abilene Christian
1994.. Wes Kittley, Abilene Christian
1995.. Wes Kittley, Abilene Christian
1996.. Wes Kittley, Abilene Christian
1997.. Wes Kittley, Abilene Christian
1998.. Wes Kittley, Abilene Christian
1999.. Wes Kittley, Abilene Christian
2000.. Jon Murray, Abilene Christian
2001.. James Reid, Angelo State
.....Freddie Williams, Abilene Christian
2002.. Jon Murray, Abilene Christian
2003.. Jon Murray, Abilene Christian
2004.. Jon Murray, Abilene Christian
2005.. Pat Ponder, Texas A&M-Commerce
2006.. Brent Erickson, Texas A&M-Kingsville
.....Don Hood, Abilene Christian

## LSC OUTDOOR TRACK & FIELD

### CHAMPIONS (WOMEN)

1983.. Abilene Christian
1984.. Abilene Christian
1985.. Abilene Christian
1986.. Abilene Christian
1987.. Abilene Christian
1988.. Abilene Christian
1989.. Abilene Christian
1990.. Abilene Christian
1991.. Abilene Christian
1992.. Abilene Christian
1993.. Abilene Christian
1994.. Abilene Christian
1995.. no championship
1996.. Abilene Christian
1997.. Abilene Christian
1998.. Abilene Christian
1999.. Abilene Christian
2000.. Abilene Christian
2001.. Abilene Christian
2002.. Abilene Christian
2003.. Abilene Christian

## Lone Star Conference Outdoor Track and Field Champions and All-Time Awards

2007..Glen Sefcik, Texas A&M-Kingsville  
2008..Pat Ponder, Tarleton State  
2009..Don Hood, Abilene Christian  
2010..Ryan Dall, Texas A&M-Kingsville  
2011..Ryan Dail, Texas A&M-Kingsville  
2012..Roosevelt Lofton, Abilene Christian  
2013..James Reid, Angelo State

### CAP SHELTON AWARD

#### (Outstanding Male Track Athlete)

1961..Dick Watson, Texas A&M-Kingsville  
1962..R.L. Lasater, Texas A&M-Commerce  
1963..R.L. Lasater, Texas A&M-Commerce  
1964..Morris Kyser, Texas A&M-Commerce  
1965..David Bonds, McMurry  
1966..Morris Kyser, Texas A&M-Commerce  
1967..Jim Ewing, Howard Payne  
1968..Jimmy White, Stephen F. Austin  
1969..Earnest Haynes, Texas A&M-Kingsville  
1970..Charles Callihan, Southwest Texas  
1971..Junior Lee, Howard Payne  
1972..Billy Fordjour, Howard Payne  
1973..Kofi Okyir, Angelo State  
1974..Kofi Okyir, Angelo State  
1975..Albert Lomotey, Howard Payne  
1976..Albert Lomotey, Howard Payne  
1977..Hughie Shaw, Texas A&M-Kingsville  
1978..Wylie Turner, Angelo State  
1979..Elton Francis, Southwest Texas  
1980..Elton Francis, Southwest Texas  
1981..Charles Philips, Sam Houston  
1982..Darrell Green, Texas A&M-Kingsville  
1983..Darrell Green, Texas A&M-Kingsville  
1984..Freddie Williams, Abilene Christian  
1985..Samsom Obwocha, East Texas State  
1986..Agapius Amo, East Texas State  
1987..Michael Moloto, Abilene Christian  
1988..Ian Morris, Abilene Christian  
1989..Michael Moloto, Abilene Christian  
1990..Aaron Phillips, Abilene Christian  
1991..Kyle Skartwed, Central Oklahoma  
1992..Brian Amos, Abilene Christian  
1993..Joseph Tengelei, Abilene Christian  
1994..Brian Amos, Abilene Christian  
1995..none selected  
1996..Kevin Dilworth, Abilene Christian  
1997..Sayon Cooper, Abilene Christian  
1998..Lindel Frater, Tarleton State  
1999..Reggie Hill, Abilene Christian  
2000..Nic Alexander, Abilene Christian  
2001..Christie VanWyk, Abilene Christian  
2002..Olan Coleman, Tarleton State  
2003..Olan Coleman, Tarleton State  
2004..Bernard Manirakiza, Abilene Christian  
2005..Marvin Bien-Aime, Abilene Christian  
.....Nicodemus Naimadu, Abilene Christian  
2006..Marvin Bien-Aime, Abilene Christian  
.....Shaunte Lovings, Tarleton State  
2007..Justin Boyd, Angelo State  
2008..Jeremy Jones, Angelo State

.....Jared McNeil, Tarleton State  
.....Raymond Radway, Abilene Christian  
2009..Jared McNeil, Tarleton State  
2010..Amos Sang, Abilene Christian  
2011..Desmond Jackson, Abilene Christian  
2012..Jordan Geary, Abilene Christian  
2013..Tommy Brown, Incarnate Word

### OSCAR STAHLAN AWARD

#### (Outstanding Male Field Athlete)

1961..Alfred Holcomb, Howard Payne  
1962..Colin Raidgway, Lamar  
1963..Bob Shirey, Texas A&M-Kingsville  
1964..Charles Lorenz, Sam Houston  
1965..Russell Polhemus, Texas A&M-Commerce  
1966..William Black, Sam Houston  
1967..Freddie Fox, McMurry  
1968..Dwight Harrison, Texas A&M-Kingsville  
1969..Wayne Rathke, Howard Payne  
1970..Rickey Parris, McMurry  
1971..Josh Owusu, Angelo State  
1972..Josh Owusu, Angelo State  
1973..Syd Gilzow, Southwest Texas  
1974..Josh Owusu, Angelo State  
1975..Tom Klaerner, Howard Payne  
1976..Carl Williams, Abilene Christian  
1977..Terry Cosby, Howard Payne  
1978..Billy Olson, Abilene Christian  
1979..John Burch, East Texas State  
1980..Billy Olson, Abilene Christian  
1981..Martin Guerrero, Abilene Christian  
1982..Mike Gallagher, East Texas State  
1983..J.R. Hanley, East Texas State  
1984..Lennart Flyman, Angelo State  
1985..Dale Jenkins, Abilene Christian  
1986..Cam Miller, Abilene Christian  
1987..Cliff Felkins, Abilene Christian  
1988..Kyle Freeman, Angelo State  
1989..Mike Smierciak, Angelo State  
1990..James Browne, Abilene Christian  
1991..Eric Cole, Angelo State  
1992..Eric Cole, Angelo State  
1993..Harrison Carrington, Texas A&M-Kingsville  
1994..Carlos Johnson, East Texas State  
1995..none selected  
1996..Chris Weilert, Central Oklahoma  
.....Andy Kokhanovsky, Abilene Christian  
1997..Darrin Session, Angelo State  
.....Glenn Griffin, Abilene Christian  
1998..Andy Kokhanovsky, Abilene Christian  
1999..Stephen Moore, Abilene Christian  
2000..Curry Dawson, Angelo State  
.....Robert Garza, Texas A&M-Kingsville  
2001..Freddie Cates, Tarleton State  
2002..Manuel Brandenborn, Abilene Christian  
2003..Manuel Brandenborn, Abilene Christian  
2004..Will Littleton, Angelo State  
.....Marc Evans, Texas A&M-Kingsville  
2005..Marques McCullough, Texas A&M-Commerce  
2006..Spencer Tyler, Angelo State

2007..Spencer Tyler, Angelo State  
2008..Davy Manga, Abilene Christian  
2009..Nick Jones, Abilene Christian  
2010..Eldon Grimslid, West Texas A&M  
2011..Ramon Sparks, Abilene Christian  
2012..Nick Jones, Abilene Christian  
2013..Seth Pearson, Angelo State

### WOMEN'S COACH OF THE YEAR

1983..Burl McCoy, Abilene Christian  
1984..Wes Kittley, Abilene Christian  
1985..Wes Kittley, Abilene Christian  
1986..Wes Kittley, Abilene Christian  
1987..Wes Kittley, Abilene Christian  
1988..Wes Kittley, Abilene Christian  
1989..Wes Kittley, Abilene Christian  
1990..Wes Kittley, Abilene Christian  
1991..Wes Kittley, Abilene Christian  
1992..Wes Kittley, Abilene Christian  
1993..Wes Kittley, Abilene Christian  
1994..Wes Kittley, Abilene Christian  
1995..Wes Kittley, Abilene Christian  
1996..Wes Kittley, Abilene Christian  
1997..David Noble, Angelo State  
1998..Wes Kittley, Abilene Christian  
1999..Wes Kittley, Abilene Christian  
2000..Lonnie McMillan, Tarleton State  
2001..Lonnie McMillan, Tarleton State  
2002..Brent Erickson, Texas A&M-Kingsville  
2003..James Reid, Angelo State  
2004..James Reid, Angelo State  
2005..James Reid, Angelo State  
2006..Don Hood, Abilene Christian  
2007..James Reid, Angelo State  
2008..James Reid, Angelo State  
.....Don Hood, Abilene Christian  
.....Pat Ponder, Tarleton State  
2009..James Reid, Angelo State  
2010..James Reid, Angelo State  
2011..James Reid, Angelo State  
2012..James Reid, Angelo State  
2013..James Reid, Angelo State

### WES KITTLEY AWARD

#### (Outstanding Female Track Athlete)

1983..Laurie Taylor, Abilene Christian  
1984..Jennifer Nichols, Abilene Christian  
1985..Camille Coates, Abilene Christian  
1986..Yolanda Henry, Abilene Christian  
1987..Andrea Ratkovic, Texas A&M-Kingsville  
1988..Tracy Mayfield, Abilene Christian  
1989..Sylvia Dyer, Abilene Christian  
1990..Yolanda Straughn, Abilene Christian  
1991..Helen O'Sullivan, Angelo State  
1992..Patricia Rivers, Texas A&M-Kingsville  
1993..Hermin Joseph, Abilene Christian  
1994..Hermin Joseph, Abilene Christian  
1995..none selected  
1996..Karen Vann, Abilene Christian  
1997..Delloreen Ennis, Abilene Christian

## **Lone Star Conference Outdoor Track and Field Champions and All-Time Awards**

1998.. Vivian Ruijters, Abilene Christian  
1999.. Tracey Barnes, Abilene Christian  
2000.. Leittia Knight, Angelo State  
2001.. Shavon Jackson, Angelo State  
..... Kate Wright, Tarleton State  
2002.. Justine Nahimana, Abilene Christian  
2003.. Yuliya Stashkiv, Abilene Christian  
2004.. Lashawndra Ratcliff, A&M-Kingsville  
2005.. Trina Cox, Abilene Christian  
2006.. Trina Cox, Abilene Christian  
2007.. Trista McIntyre, Angelo State  
2008.. Yvette Pender, Angelo State  
..... Winrose Karunde, Abilene Christian  
2009.. Kim Prather, Abilene Christian  
2010.. Celethia Byrd, Angelo State  
2011.. Elodie Barre', Incarnate Word  
2012.. Chloe Susset, Abilene Christian  
2013.. Portia Bell, Harding

### **DAVID NOBLE AWARD**

#### **(Outstanding Female Field Athlete)**

1983.. Carla Jackson, Abilene Christian  
1984.. Robin Gordon, Texas A&M-Kingsville  
1985.. Barbo Sjoberg, Angelo State  
1986.. Mazel Thomas, Abilene Christian  
1987.. Ann Foster, Abilene Christian  
1988.. Mazel Thomas, Abilene Christian  
1989.. Mazel Thomas, Abilene Christian  
1990.. Jackie Alford, East Texas State  
1991.. Denise Lewis, Abilene Christian  
1992.. Denise Lewis, Abilene Christian  
1993.. Laura McClelland, Angelo State  
1994.. Charlotte Flye, Abilene Christian  
1995 . none selected  
1996.. Lindsey Welsh, Abilene Christian  
1997.. Monique Kuenen, Abilene Christian  
1998.. Monique Kuenen, Abilene Christian  
1999.. Geraldine George, Abilene Christian  
2000.. Lara Woods, Tarleton State  
2001.. Lara Woods, Tarleton State  
2002.. Kristie Williams, Angelo State  
2003.. LaTasha Mosley, Angelo State  
2004.. Lacey Adkisson, Tarleton State  
2005.. Alissa Miller, Angelo State  
2006.. Adree Lakey, Angelo State  
..... Jessica Withrow, Abilene Christian  
2007.. Adree Lakey, Angelo State  
..... Jessica Withrow, Abilene Christian  
2008.. Adree Lakey, Angelo State  
2009.. Aisha Adams, Angelo State  
2010.. Chrystal Ruiz, Angelo State  
2011.. Elodie Barre', Incarnate Word  
2012.. Morgan Shelton, West Texas A&M  
2013.. Kimberly Williams, Angelo State

### **LSC OUTDOOR TRACK & FIELD ATHLETE OF THE YEAR**

#### **Male Track**

2008.. Raymond Radway, Abilene Christian  
2009.. Jared McNeil, Tarleton State

2010.. Amos Sang, Abilene Christian  
2011.. Desmond Jackson, Abilene Christian  
2012.. Tommy Curry, West Texas A&M  
2013.. Cameron Lacour, West Texas A&M

#### **Male Field**

2008.... Camille Vandendreissche, Abilene Christian  
2009.... Camille Vandendreissche, Abilene Christian  
2010.. Ramon Sparks, Abilene Christian  
2011.. Nick Jones, Abilene Christian  
2012.. Nick Jones, Abilene Christian  
2013.. Jeron Robinson, Texas A&M-Kingsville

#### **Female Track**

2008.. Winrose Karunde, Abilene Christian  
..... Ashley Painter, Angelo State  
2009.. Aisha Adams, Angelo State  
2010.. Celethia Byrd, Angelo State  
2011.. Elodie Barre', Incarnate Word  
2012.. Jaylen Rodgers, Angelo State  
2013.. Jaylen Rodgers, Angelo State

#### **Female Field**

2008.. Adree Lakey, Angelo State  
2009.. Adree Lakey, Angelo State  
2010.. Aisha Adams, Angelo State  
2011... Samantha Alvarez, Texas A&M-Kingsville  
2012.. Morgan Shelton, West Texas A&M  
2013.. Kim Williams, Angelo State

## **Lone Star Conference Indoor Track and Field Champions and All-Time Awards**

### **LSC INDOOR TRACK & FIELD CHAMPIONS**

#### **(MEN)**

2013.. Abilene Christian

2014.. West Texas A&M

### **LSC INDOOR TRACK & FIELD CHAMPIONS**

#### **(WOMEN)**

2013.. Abilene Christian

2014.. West Texas A&M

#### **MEN'S COACH OF THE YEAR**

2013.. Roosevelt Lofton, Abilene Christian

..... Ryan Dall, Texas A&M-Kingsville

2014.. Darren Flowers, West Texas A&M

#### **Outstanding Male Track Athlete**

2013.. Jordan Geary, Abilene Christian

..... Isaiah Samoei, Eastern New Mexico

2014.. Luis Romero, Texas A&M-Commerce

#### **Outstanding Male Field Athlete**

2013.. Jordan Yamoah, Texas A&M-Kingsville

2014.. Jeron Robinson, Texas A&M-Kingsville

#### **WOMEN'S COACH OF THE YEAR**

2013.. Roosevelt Lofton, Abilene Christian

2014.. Darren Flowers, West Texas A&M

#### **Outstanding Female Track Athlete**

2013.. Ewa Zaborowska, Harding

2014.. Aly Coughlin, Tarleton State

#### **Outstanding Female Field Athlete**

2013.. Amanda Ouedraogo, Abilene Christian

2014.. Jordan Gray, Angelo State

### **LSC INDOOR TRACK & FIELD ATHLETE OF**

#### **THE YEAR**

##### **Male Track**

2013.. Kenny Jackson, West Texas A&M

2014.. Isaiah Samoei, Eastern New Mexico

##### **Male Field**

2013.. Jordan Yamoah, Texas A&M-Kingsville

2014.. Jordan Yamoah, Texas A&M-Kingsville

##### **Female Track**

2013.. Ewa Zaborowska, Harding

2014.. Jaylen Rodgers, Angelo State

##### **Female Field**

2013.. Kearah Danville, Angelo State

2014.. Kearah Danville, Angelo State