



LONE STAR CONFERENCE OUTDOOR TRACK & FIELD

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WEEKLY AWARDS

DATE MEN'S TRACK

M-12 Luis Romero, A&M-C

DATE MEN'S FIELD

M-12 Asael Arad, ASU

DATE WOMEN'S TRACK

M-12 Jasmine Ambowode, ASU

DATE WOMEN'S FIELD

M-12 Chesney Neely, ASU

TOP TIMES

LSC Performance list available here:
<http://www.tfrs.org/lists/1270.html>



LSC OUTDOOR TRACK AND FIELD

Lone Star Conference Outdoor Track & Field athletes have recorded 11 NCAA Division II provisional qualifying marks (6 men, 5 women). See the LSC performance list here: <http://www.tfrs.org/lists/1270.html>.

ATHLETES OF THE WEEK

MEN'S TRACK

Luis Romero, Texas A&M University - Commerce, SO, El Paso, Texas, Montwood, HS

Romero won the 800m at the Tarleton State Invitational with a time of 1:52.49, the time is also a provisional mark for nationals ... The sophomore was also a member of the 4x400 relay team that won in Stephenville with a time of 3:13.12 ... That time is also fast enough for a provisional mark.

MEN'S FIELD

Asael Arad, Angelo State University, SO, Shapira, Raanana, Israel

Arad won the javelin at the Tarleton State Invitational while improving his provisional mark with a toss of 60.02 meters (196' 11").

WOMEN'S TRACK

Jasmine Ambowode, Angelo State University, SO, Lyon, France

Ambowode won the 400-meter hurdles at the Tarleton State Invitational with a provisional time of 1:02.72.

WOMEN'S FIELD

Chesney Neely, Angelo State University, SO, Goldthwaite, TX, Goldthwaite HS

Neeley took first in the discus with a provisional mark of 46.38 meters (152' 2"). This is the sophomore's first time hitting a provisional mark.

OTHER TOP PERFORMERS

Chase Rathke, Tarleton State University, made his outdoor track and field debut last Thursday by winning the 1500m in a time of 3:54.99. His time was 1.14 faster than his teammate, Tye Doty, in second place and 16.37 faster than the next closest non-Tarleton athlete. The junior, who is also preparing for the NCAA Indoor Track and Field meet next weekend, also competed in the men's Mile Relay which finished in the top-10 with a time of 3:21.59.

Luis Perez, Angelo State University, won his second 400-meter race this season at the Tarleton State Invitational. The sophomore ran a 48.10 to win the race. Last meet at Trinity Perez won the 400-meters clocking in a 48.02.

Anthony Harris, Texas A&M University - Commerce, won the men's Long Jump with a jump of 7.13m ... Harris' margin of win was .09 ... The mark is the second best for Harris for both indoor and outdoor seasons so far.

Kenny Odunaiya, Tarleton State University, competed in three field events in Tarleton's outdoor debut last Thursday and earned three top-10 finishes, including a win in the Shot Put and second-place in the Hammer Throw. Odunaiya launched the shot put 51-2.25 for the win and threw the hammer 149-10. He also finished seventh in the Discus with a throw of 134-7.

Jesus Rivera, Eastern New Mexico University, was the runner-up in the men's javelin at Tarleton State. His toss of 180'-7", was more than two-feet further than third-place finisher, Seth Pearson from Angelo State.

Lindsey Hinton, Tarleton State University, made her outdoor track and field debut with a win in the 1500m. She ran the 1500m in 4:40.22, which is 2.14 faster than her Tarleton teammate Aly Coughlin, who finished in second place.

Ashley Ross, Texas A&M University - Commerce, won the Hammer Throw last week in Stephenville with a 46.51m throw ... Ross' winning margin was .8m ahead of the second place finisher ... The junior was also fifth the discus and sixth in the shot put.

Marissa Westbrook, Tarleton State University, had a career-best finish as she took second place in the shot put at the Tarleton State Invitational last Thursday. The sophomore from Shallowater took silver with a launch of 40-9.75. She also added a 16th place finish in the Hammer with a throw of 97-3.

Laura Grube, Eastern New Mexico University, took first in the women's javelin at the Tarleton State Invitational. Her throw of 134'7" in the javelin was nearly a foot beyond runner-up Britni Smith's from South Plains. Grube also placed fourth in the discus, with a throw of 135'-7" and sixth in the hammer, with a toss of 142'-6".

NOTES (Submitted by LSC SID's)

Angelo State

The Angelo State track and field teams collected four NCAA Division II provisional marks in the first outdoor meet of the season. Hakeem Regis in the triple jump (14.50m), Asael Arad in the javelin (57.13m), Emma Thompson in the discus (45.54m) and Lexi Brooks in the 400-meter hurdles (1:02.22). The Rambelles won four different events at Trinity and the Rams won eight.

Eastern New Mexico

The Eastern New Mexico University outdoor track & field teams opened their season, last week at Tarleton State, with Laura Grube and Jesus Rivera, leading the way. Grube took first in the women's javelin, while Rivera was second in the men's javelin. Grube's throw of 134'7" in the javelin was nearly a foot beyond runner-up Britni Smith's from South Plains. She also placed fourth in the discus, with a throw of 135'-7" and sixth in the hammer, with a toss of 142'-6". Rivera's toss of 180'-7" , was more than two-feet further than third-place finisher, Seth Pearson from Angelo State. Next up for the Eastern New Mexico University track & field teams will be the NCAA Division II Indoor Championships, which will be held in Winston-Salem, N.C., tomorrow. The next outdoor event will be the McMurry State Warhawk Classic, on Friday, March 21, in Abilene, Texas.

Harding**McMurry****Midwestern State****Tarleton State**

Tarleton State found success in the first outdoor meet of the season Thursday at Memorial Stadium in Stephenville. Tarleton hit one NCAA mark, earned three victories and had 28 top-10 finishes. They also were in complete control of the men's and women's 1500m run. Tarleton had a 1-2-3 finish in the men's race, with Chase Rathke, Tye Doty and Dylan Willett coming across in that order, while Lindsey Hinton and Aly Coughlin took 1 and 2 in the women's race.

Texas A&M-Commerce

The Lions competed at the Tarleton State Invitational in their first outdoor meet of the season ... Luis Romero and Ashley Ross collected victories for the Lions ... The 4x400 relay team of Dubose, David Rollins, Harris and Lee provisionally qualified for nationals ... Koto recorded top five finishes in the Long and Triple jumps and Peavy was fourth in the Pole Vault ... Select Lions will head to North Carolina for nationals with rest of the Lions resuming the outdoor season next week at Angelo State.

Texas A&M-Kingsville**West Texas A&M**