



LONE STAR CONFERENCE CROSS COUNTRY

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LSC CROSS COUNTRY RUNNERS OF THE WEEK

MALE

Kevin Roa, Eastern New Mexico University, SR, Salinas, Calif., North Monterey County HS

Roa's first-place finish at the West Texas A&M Buffalo Stampede marked the first time a Greyhound had won a meet since October 15, 2013, when Kaspars Briska won the ENMU/WT dual meet. It also marked the first for Roa, when he crossed the finish line at 26:03. His performance propelled the ENMU men's cross country team to a first-place finish in the team standings, by almost 30 points.

FEMALE

Michaela Johnson, West Texas A&M University, SR, Carlsbad, N.M., Carlsbad HS

Johnson earned her second win of the season as she placed first overall in the Lady Buffs' final home meet of the season, the Buffalo Stampede, at The Range in Canyon, Texas on Saturday morning. She topped the 6K field with a time of 22:39.00.

OTHER TOP RUNNERS

Dylan Willett, Tarleton State University, collected his second individual win of the season Tuesday at the ASU Blue & Gold Classic in San Angelo, TX. The junior helped his team to a first-place finish with his time of 26:17.37 in the 8K. This is the first time under Pat Ponder that the Texans have won three consecutive meets. This is Willett's second win this season and his third top-three finish. His win was in comeback fashion, as he worked his way back to the front after his shoe come off to start the race.

Luis Romero, Texas A&M University - Commerce, led all Lions runners in the 8k ECU Tiger Chase Invitational held in Ada, Oklahoma this weekend, finishing third overall with a time of 26:46. Romero's strong finish helped propel the Lions to a second place overall finish in a field of four teams, and is the third time this year he's finished first among his teammates.

Matthew Schleder, West Texas A&M University, crossed the line first for the Buffs in the Buffalo Stampede (8K) at The Range in Canyon, Texas on Saturday. He placed 28th overall with a time of 29:05.00.

Michelle Krezonoski, Midwestern State University, led 16th-ranked Midwestern State to its third team meet win of the season by claiming third at the East Central (Okla.) Tiger Chase. The senior from Thunder Bay, Ontario covered the 5K course at the Pontotoc Technology Center in 19:11.00. It was her fourth Top 10 finish of the season including a trio of top three placements.

Tylo Farrar, Tarleton State University, earned her first win of the season Tuesday at the ASU Blue & Gold Classic in San Angelo, TX. The junior from Spearman set a personal best in the 6K (23:01.53) helping her team to a fourth consecutive top-three finish claiming second.

Terra Truitt, Texas A&M University - Commerce, made her 2014 debut by finishing ninth overall with a time of 19:48 in the 5K ECU Tiger Chase Invitational, held in Ada, Okla, after battling injury for the first half of the season. Truitt was the top-runner for the Lions in 2013, and looks to be back to form in her first action of the season.

Beth Blind, Eastern New Mexico University, finished third at the West Texas A&M Buffalo Stampede led the Zias to a first-place finish in the team standings. She crossed the finish line at the 23:02 mark, seven seconds ahead of the next finisher.

LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

Angelo State

Cameron

Eastern New Mexico

The Eastern New Mexico University cross country teams both registered first-place performances at the West Texas A&M Buffalo Stampede, last weekend. The Greyhounds were led by Kevin Roa's first-place performance dominated competition with a score of 34 points. Roa's first-place finish marked the first time a Greyhound had won a meet since October 15, 2013, when Kaspars Briska won the ENMU/WT dual meet. It also marked the first for Roa, when he crossed the finish line at 26:03. The Zias also dominated with a score of 39 points and were led by Beth Blind's third-place finish at 22:37. She paced four ENMU runners in the top ten. The ENMU cross country teams will return to action on November 8, for the Lone Star Conference Championship meet.

Midwestern State

Midwestern State remained at No. 4 in the final regular season USTFCCCA South Central Region rankings, but dropped one spot to No. 16 in the NCAA Division II Top 25... The Mustangs claimed their third team meet win of the season Saturday at the 5K East Central (Okla.) Tiger Chase with 36 total points to outdistance ECU (66 points)... Senior Michelle Krezonoski finished third overall with a time of 19:11.00 to lead the Mustangs... Senior Gabby Ruiz (19:12.00/4th), junior Ana Lopez (19:49.00/10th), senior Cara Mack (19:53.00/11th) and senior Kim Krezonoski (20:04.00/13th) turned in countable times for MSU... Midwestern State plays host to the Lone Star Conference Championship on Saturday, Nov. 8 at the former Hawk Ridge Golf Course in Wichita Falls...

SCHEDULE

Saturday, November 8, 2014

LSC Championships, Wichita Falls, Texas

Saturday, November 22, 2014

NCAA South Central Regional, Denver, Colo.

Saturday, December 6, 2014

Division II National Championships, Louisville, Ky.

WEEKLY AWARDS

Male Runner

- S-11 Jacob Lozano, Eastern New Mexico
- S-18 Brett Villarreal, West Texas A&M
- S-25 Peyton Heinig, Tarleton State
- O-1 Thomas Toth, Cameron
- O-9 Geoffrey Kipchumba, West Texas A&M
- O-16 Dylan Willett, Tarleton State
- O-23 Thomas Toth, Cameron (2)
- O-30 Kevin Roa, Eastern New Mexico

Female Runner

- S-11 Michaela Johnson, West Texas A&M
- S-18 Michaela Johnson, West Texas A&M (2)
- S-25 Gabby Ruiz, Midwestern State
- O-1 Candida Chairez, Angelo State
- O-9 Michaela Johnson, West Texas A&M (3)
- O-16 Michaela Johnson, West Texas A&M (4)
- O-23 Gabby Ruiz, Midwestern State (2)
- O-30 Michaela Johnson, West Texas A&M (5)



Nov. 8, 2014 | Wichita Falls, Texas



Tarleton State

Texas A&M-Commerce

Texas A&M-Kingsville

West Texas A&M

The West Texas A&M women's and No. 15 men's cross country teams closed out the regular season on Saturday as they hosted the Buffalo Stampede at The Range in Canyon, Texas. The women finished third in the event while running four of their top-five runners. Seniors Michaela Johnson and Emma Love topped the field in first and second place, respectively. The men only raced two runners in the 8K event and did not contribute to team scoring. WT will return to action on Nov. 8 for the LSC Championships in Wichita Falls, Texas.