



LONE STAR CONFERENCE CROSS COUNTRY

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LSC CROSS COUNTRY RUNNERS OF THE WEEK

MALE

Dylan Willett, Tarleton State University, JR, San Antonio, Texas, Smithson Valley HS

Willett led his team to a second straight first-place finish at the UIW Cross Country Invitational this past weekend in San Antonio. Willett, who finished second overall in a meet consisting of 22 teams from Division I, II, III and NAIA, set a personal best in the 8-kilometer race crossing the line in 24:49.1 to help the Texans win the meet in their division with 51 total points. The junior from San Antonio has had top-three finishes in every meet he has run this year with his new PR of 24:49.1 ranking him third in the Lone Star Conference at that distance.

FEMALE

Michaela Johnson, West Texas A&M University, SR, Carlsbad, N.M., Carlsbad HS

Johnson grabbed a first-place finish last weekend at the Wagonwheel Dual, hosted by WT at The Range in Canyon, Texas. She finished the 6K with a time of 22:04.83.

OTHER TOP RUNNERS

Cameron Gifford, West Texas A&M University, led the way for the No. 18 Buffs last weekend at the Wagonwheel Dual (8K), hosted by WT at The Range in Canyon, Texas. He crossed the line first for WT in fifth place overall with a time of 26:35.46

Emanuel Ibanez, Texas A&M University - Kingsville, finished the eight-kilometer race ninth overall with a time of 26:07.05 at the Ninth Annual University of Incarnate Word Cross Country Invitational. The men's squad recorded 76 points to finish behind Tarleton State University (51 points).

Jacob Lozano, Eastern New Mexico University, paced the Eastern New Mexico University men's cross country team with a third-place finish at West Texas A&M's Wagon Wheel Meet. He was the first ENMU or WT runner to finish the race and crossed the finish line with a season-best time of 25:57.06.

Tylo Farrar, Tarleton State University, led the women's team, in a strong downpour of rain which started approximately a mile into the race, to a third straight top-three finish. Farrar, who has led the women in each of the two previous meets with fifth and third place finishes, continued to lead the TexAnns with an eighth-place finish in San Antonio on Saturday. Farrar, a junior transfer from Midwestern State, crossed the line in 23:28.5 less than a minute behind Diana Garcia of Abilene Christian who won the 6K in 22:54.2.

Beth Blind, Eastern New Mexico University, turned in a third-place performance at West Texas A&M's Wagon Wheel Dual Meet. She crossed the finish line at the 22:35.32 and paced the Zias to a win over the Lady Buffs.

LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

Angelo State

Cameron

Eastern New Mexico

The Eastern New Mexico University cross country teams turned in strong performances at the West Texas A&M Wagon Wheel meet, with both teams finishing ahead of WT (the men's race was won by third participant Colby CC). Beth Blind led the Zias in their first 6k competition of the season, while Jacob Lozano was ENMU's top finisher in the men's 8k race. The ENMU cross country teams will return to action on October 25, for the West Texas A&M Stampede.

Midwestern State

Midwestern State remained at No. 14 in the United States Track & Field and Cross Country Coaches' Association Top 25 poll... The Mustangs also stayed at No. 4 in the South Central Region rankings behind Adams State (Colo), Western State Colorado and Colorado-COLORADO SPRINGS... The Mustangs play host to the MSU Cross Country Carnival Saturday at the former Hawk Ridge Golf Course in Wichita Falls...

Tarleton State

The men's cross country team has finished in the top three in every meet they have run, finishing first in the last two meets. On the men's side Dylan Willett has been the consummate leader for the Texans. The junior from San Antonio has had top-three finishes in every meet he has run this year and set a new personal record in the UIW Cross Country Invitational this weekend. His new PR of 24:49.1 ranks him third in the Lone Star Conference at 8-Kilometers. Also

running well for head cross country coach Pat Ponder is freshman Peyton Heinig who was LSC runner of the week after fifth-place finish at UT-San Antonio on Sept. 19. Tylo Farrar has set the pace for the women's team which has three top-three finishes. The women finished second in the OBU/Bob Gravett Invitational and UTSA Ricardo Romo Classic, while taking third in this past weekends UIW Invitational.

Texas A&M-Commerce

Texas A&M-Kingsville

Texas A&M University-Kingsville men's cross country team placed second among non-Division I programs in Saturday's Ninth Annual University of Incarnate Word Cross Country Invitational at Live Oak City Park. The women's team finished eighth. The men's squad recorded 76 points to finish behind Tarleton State University (51 points). Junior Emanuel Ibanez and senior Jorge Alanis finished the eight-kilometer race ninth and 10th, respectively, with times of 26:07.05 and 26:08.7.

West Texas A&M

The West Texas A&M women's and No. 18 men's cross country teams hosted the annual Wagonwheel Dual last Saturday at The Range in Canyon, Texas. The Lady Buffs narrowly placed second to Eastern New Mexico in the 6K race though were led by the top two finishers, seniors Michaela Johnson (first) and Emma Love (second). The Buffs rested the majority of their top runners and placed third in the event. WT will have this weekend off before hosting the Buffalo Stampede on Saturday, Oct. 25.

SCHEDULE

Saturday, October 18, 2014

Angelo State at MSU Cross Country Carnival
Cameron at Fort Hays State Tiger Open
Midwestern State at MSU Cross Country Carnival

WEEKLY AWARDS

Male Runner

- S-11 Jacob Lozano, Eastern New Mexico
- S-18 Brett Villarreal, West Texas A&M
- S-25 Peyton Heinig, Tarleton State
- O-1 Thomas Toth, Cameron
- O-9 Geoffrey Kipchumba, West Texas A&M
- O-16 Dylan Willett, Tarleton State

Female Runner

- S-11 Michaela Johnson, West Texas A&M
- S-18 Michaela Johnson, West Texas A&M (2)
- S-25 Gabby Ruiz, Midwestern State
- O-1 Candida Chairez, Angelo State
- O-9 Michaela Johnson, West Texas A&M (3)
- O-16 Michaela Johnson, West Texas A&M (4)



Nov. 8, 2014 | Wichita Falls, Texas

