

Lone Star Conference • Indoor Track and Field

Men's Best-Ever Performances

60	6.77, Johnathan Farquarshon, Abilene Christian, Albuquerque, Feb. 9, 2013.
200	21.32, Jordan Geary, Abilene Christian, Lubbock, Feb. 23, 2013.
400	48.33, Jordan Geary, Abilene Christian, Lubbock, Feb. 23, 2013.
800	1:50.84, Alexander Korn, West Texas A&M, Birmingham, Ala., March 7, 2013.
Mile	4:11.31, Dylan Doss, West Texas A&M, Albuquerque, NM, Feb. 1, 2013.
3,000	8:28.84, Dylan Doss, West Texas A&M, Colorado Springs, Colo., Dec. 7, 2012.
5,000	14:35.66, Isaiah Samoei, Eastern New Mexico, Lubbock, Feb. 23, 2013.
60H	7.90, Cameron Lacour, West Texas A&M, Albuquerque, NM, Feb. 1, 2013.
4x400	3:16.06, Abilene Christian, Lubbock, Feb. 23, 2013. (Osei Allyene-Forte, Johnathan Farquarshon, Bango Jayesimi, Jordan Geary)
DMR	9:55.87, West Texas A&M, Albuquerque, NM, Feb. 1, 2013. (Baptiste Moreu, Jerell Banks, Alexander Korn, Dylan Doss)
HJ	7'4.25" (2.24), Jeron Robinson, Texas A&M-Kingsville, Birmingham, Ala., March 7, 2013.
PV	17'4.5" (5.30), Jordan Yamoah, Texas A&M-Kingsville, Birmingham, Ala., March 7, 2013.
LJ	23'8.75" (7.23), Paul Alongo, West Texas A&M, Lubbock, Feb. 23, 2013.
TJ	50'1.75" (15.28), CJ Griggs, Texas A&M-Kingsville, Lubbock, Jan. 18, 2013.
SP	54'3.25" (16.54), Zach Weatherly, West Texas A&M, Lubbock, Feb. 23, 2013.
WT	60'6.5" (18.45), Baptiste Kerjean, Abilene Christian, Lubbock, Feb. 2, 2013.
Hep	4,807, Matthew Stark, Abilene Christian, Colorado Springs, Colo., Jan. 24, 2013. (7.51, 6.27, 11.53, 1.83, 8.97, 4.30, 2:49.97)

###

Lone Star Conference • Indoor Track and Field Men's Championship Records

55	6.32, Johnathan Farquarshon, Abilene Christian, Lubbock, Feb. 24, 2013.
200	21.25, Jordan Geary, Abilene Christian, Lubbock, Feb. 24, 2013.
400	48.22, Jordan Geary, Abilene Christian, Lubbock, Feb. 24, 2013.
800	1:51.67, Michael Idziak, Texas A&M-Kingsville, Lubbock, Feb. 24, 2013.
Mile	4:14.73, Dylan Doss, West Texas A&M, Lubbock, Feb. 24, 2013.
3,000	8:37.05, Isaiah Samoei, Eastern New Mexico, Lubbock, Feb. 24, 2013.
5,000	14:47.21, Isaiah Samoei, Eastern New Mexico, Lubbock, Feb. 23, 2013.
55H	7.59, Courtney Macon, West Texas A&M, Lubbock, Feb. 23, 2013.
4x400	3:15.62, Abilene Christian, Lubbock, Feb. 24, 2013. (Osei Allyene-Forte, Johnathan Farquarshon, Bango Jayesimi, Jordan Geary)
DMR	10:31.10, West Texas A&M, Lubbock, Feb. 23, 2013. (Lucas Marquez, Taylor Johnson, Martin Puga, Dylan Doss)
HJ	6'8" (2.03), Jeron Robinson, Texas A&M-Kingsville, Lubbock, Feb. 23, 2013.
PV	16'9.25" (5.11), Jordan Yamoah, Texas A&M-Kingsville, Lubbock, Feb. 23, 2013.
LJ	23'8.75" (7.23), Paul Alongo, West Texas A&M, Lubbock, Feb. 23, 2013.
TJ	48'4.5" (14.74), CJ Griggs, Texas A&M-Kingsville, Lubbock, Feb. 24, 2013.
SP	54'3.25" (16.54), Zach Weatherly, West Texas A&M, Lubbock, Feb. 24, 2013.
WT	60'2.5" (18.35), Baptiste Kerjean, Abilene Christian, Lubbock, Feb. 23, 2013.
Hep	4,520, Luke Woods, Abilene Christian, Lubbock, Feb. 24, 2013. (6.99, 6.20, 11.47, 1.71, 8.10, 3.50, 2:50.26)

###

Lone Star Conference • Indoor Track and Field

Women's Best-Ever Performances

60	7.45, Reyare Thomas, Abilene Christian, Birmingham, Ala., March 7, 2013.
200	23.51, Reyare Thomas, Abilene Christian, Birmingham, Ala., March 7, 2013.
400	54.57, Elea Diarra, Abilene Christian, Albuquerque, Feb. 9, 2013.
800	2:06.83, Jaylen Rodgers, Angelo State, Birmingham, Ala., March 7, 2013.
Mile	4:49.88, Ewa Zaborowska, Harding, Birmingham, Ala., Feb. 8, 2013.
3,000	9:46.39, Ewa Zaborowska, Harding, Birmingham, Ala., Jan. 28, 2013.
5,000	17:59.60, Brenda Sindet, West Texas A&M, Lubbock, Feb. 23, 2013.
60H	8.69, Jordan Gray, Angelo State, Birmingham, Ala., March 7, 2013.
4x400	3:45.40, Abilene Christian, Birmingham, Ala., Jan. 28, 2013. (Shennae Steele, Reyare Thomas, Ayesha Rumble, Elea Diarra)
DMR	11:54.87, Harding, Birmingham, Ala., Feb. 8, 2013. (Dallis Bailey, Portia Bell, Tammy Kim, Ewa Zaborowska)
HJ	5'7.75" (1.72), Libby Strickland, West Texas A&M, Lubbock, Feb. 24, 2013.
PV	11'9.75" (3.60), Tiffany Chambers, Harding, Lubbock, Feb. 24, 2013.
LJ	19'2.75" (5.86), Theresa Sue, Angelo State, Birmingham, Ala., March 7, 2013.
TJ	43'2.25" (13.16), Kearah Danville, Angelo State, Birmingham, Ala., March 7, 2013.
SP	46'0" (14.02), Kimberly Williams, Angelo State, Lubbock, Feb. 2, 2013.
WT	56'11.5" (17.36), Shalania Lakey, Abilene Christian, Lubbock, Feb. 23, 2013.
Pen	3,790, Jordan Gray, Angelo State, Birmingham, Ala., March 7, 2013. (8.69, 1.57, 11.67, 5.60, 2:25.90)

###

Lone Star Conference • Indoor Track and Field Women's Championship Records

55	6.96, Reyare Thomas, Abilene Christian, Lubbock, Feb. 24, 2013.
200	23.97, Reyare Thomas, Abilene Christian, Lubbock, Feb. 24, 2013.
400	55.47, Elea Diarra, Abilene Christian, Lubbock, Feb. 24, 2013.
800	2:09.55, Jaylen Rodgers, Angelo State, Lubbock, Feb. 24, 2013.
Mile	5:10.93, Ewa Zaborowska, Harding, Lubbock, Feb. 24, 2013.
3,000	10:10.99, Ewa Zaborowska, Harding, Lubbock, Feb. 24, 2013.
5,000	18:13.83, Brenda Sindet, West Texas A&M, Lubbock, Feb. 23, 2013.
55H	8.16, Lexus Williams, Abilene Christian, Lubbock, Feb. 24, 2013.
4x400	3:45.41, Abilene Christian, Lubbock, Feb. 24, 2013. (Shennae Steele, Reyare Thomas, Ayesha Rumble, Elea Diarra)
DMR	12:19.11, Harding, Lubbock, Feb. 23, 2013. (Dallis Bailey, Portia Bell, Tammy Kim, Ewa Zaborowska)
HJ	5'7.25" (1.71), Libby Strickland, West Texas A&M, Lubbock, Feb. 24, 2013.
PV	11'9.75" (3.60), Tiffany Chambers, Harding, Lubbock, Feb. 24, 2013.
LJ	19'0.5" (5.80), Kearah Danville, Angelo State, Lubbock, Feb. 23, 2013.
TJ	43' 0.5" (13.12), Amanda Ouedraogo, Abilene Christian, Lubbock, Feb. 24, 2013.
SP	43'7" (13.28), Kimberly Williams, Angelo State, Lubbock, Feb. 24, 2013.
WT	56'11.5" (17.36), Shalania Lakey, Abilene Christian, Lubbock, Feb. 23, 2013.
Pen	3,638, Jordan Gray, Angelo State, Lubbock, Feb. 23, 2013. (8.20, 1.51, 12.16, 5.34, 2:26.91)

###