

Lone Star Conference • Outdoor Track and Field Champions

Men's Best-Ever Performances

100	10.08, Darrell Green, Texas A&M-Kingsville, San Angelo, April 14, 1983.
200	20.34, Patrick Delice, Texas A&M-Kingsville, Abilene, May 29, 1993.
400	44.58, Patrick Delice, Texas A&M-Kingsville, Abilene, May 29, 1993.
800	1:44.44, Joseph Tengelei, Abilene Christian, Rieti, Italy, Aug. 28, 1994.
1500	3:40.53, Thomas Korir, Abilene Christian, Turku, Finland, June 12, 1997.
5000	13:34.98, Nicodemus Naimadu, Abilene Christian, Walnut, Calif., April 13, 2006.
10,000	28:06.26, Nicodemus Naimadu, Abilene Christian, Palo Alto, Calif., March 31, 2007.
110H	13.37, Brian Amos, Abilene Christian, Abilene, May 12, 1994.
400H	48.28, Tranel Hawkins, Angelo State, Los Angeles, June 18, 1984.
3kSC	8:14.17, Samson Obwocha, Texas A&M-Commerce, Koblenz, Aug. 6, 1986.
4x100	39.20, Abilene Christian, Cape Girardeau, Mo., May 25, 1984. (Greg Johnson, Mark Witherspoon, Arthur Williams, Albert Lawrence)
4x400	3:03.38, Abilene Christian, Cape Girardeau, Mo., May 26, 1984. (Arthur Williams, Freddie Williams, Ladrick Trusty, Mark Witherspoon)
HJ	7'5" (2.26), Jeron Robinson, Texas A&M-Kingsville, Kingsville, April 13, 2013.
PV	18'10.25" (5.75), Brad Pursley, Abilene Christian, Abilene, March 29, 1983.
LJ	27'9.5" (8.47), Kevin Dilworth, Abilene Christian, Abilene, May 9, 1996.
TJ	54'3.75" (16.55), James Browne, Abilene Christian, San Angelo, April 12, 1990.
SP	64'2.5" (19.57), Nick Jones, Abilene Christian, Commerce, May 04, 2012.
DT	211'5" (64.44), Andy Kokhanovsky, Abilene Christian, Abilene, May 9, 1996.
HT	218'0" (66.45), Baptiste Kerjean, Abilene Christian, Pueblo, Colo., May 24, 2013.
JT	233'3" (71.10), Mike Smierciak, Angelo State, San Angelo, May 21, 1988.
Dec	8,037, Stephen Moore, Abilene Christian, Aachen, Germany, Aug. 7-8, 1999. (10.61, 7.60, 12.57, 2.13, 48.27 [4,371] 14.56, 39.64, 4.70, 53.14, 4:44.51)

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Men's Meet Records

100	10.24, Darrell Green, Texas A&M-Kingsville, Huntsville, April 24, 1982.
200	20.67, Darrell Green, Texas A&M-Kingsville, Huntsville, April 24, 1982.
400	45.58, Ian Morris, Abilene Christian, San Angelo, April 26, 1986.
800	1:48.32, John Kemboi, Abilene Christian, Commerce, April 20, 2002.
1500	3:45.00, Salem Messaoui, Abilene Christian, Kingsville, April 18, 1998.
5000	14:26.71, Alfred Rugema, Abilene Christian, Stephenville, April 21, 2001.
10,000	29:52.66, Michael Moloto, Abilene Christian, Commerce, April 24, 1987.
110H	13.61, Brian Amos, Abilene Christian, Kingsville, May 9, 1992.
400H	50.09, Tranel Hawkins, Angelo State, Kingsville, April 28, 1984.
3kSC	8:47.37, Nicodemus Naimadu, Abilene Christian, San Angelo, April 23, 2005.
4x100	39.71, Texas A&M-Kingsville, Commerce, May 5, 2012. (Anthony Washington, C.J. Griggs, Jonathan Woodson, Tim Price)
4x400	3:07.35, Abilene Christian, San Angelo, April 26, 1986. (Darren Williams, Freddie Williams, Alan Randle, Ian Morris)
HJ	7'4.25" (2.24), Jeron Robinson, Texas A&M-Kingsville, Canyon, May 4, 2013.
PV	18'8" (5.69), Dale Jenkins, Abilene Christian, Abilene, April 27, 1985.
LJ	25'10" (7.87), Darren Session, Angelo State, Commerce, April 20, 1996.
TJ	52'6.75" (16.02), Vladyslav Gorbenko, Abilene Christian, Stephenville, April 22, 2006.
SP	64'2.5" (19.57), Nick Jones, Abilene Christian, Commerce, May 4, 2012.
DT	199'2" (60.72), Nick Jones, Abilene Christian, Commerce, May 5, 2012.
HT	209'10" (63.95), Baptiste Kerjean, Abilene Christian, Canyon, May 3, 2013.
JT	232'6" (70.86), Mike Smierciak, Angelo State, San Angelo, April 27, 1989.
Dec	7,056w, Chris Pounds, Abilene Christian, Commerce, May 4-5, 2007. (11.30, 6.80w, 12.85, 1.77, 50.77 [3,601w] 15.28w, 41.13, 4.69, 43.64, 4:46.55)

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Women's Best-Ever Performances

100	11.25, Camille Coates, Abilene Christian, Tempe, Ariz., April 4, 1987.
200	22.97, Tracey Barnes, Abilene Christian, Abilene, April 17, 1999.
400	50.67, Tracey Barnes, Abilene Christian, Kingston, Jamaica, June 27, 1998.
800	2:06.37, Andria Nussey, Angelo State, Charlotte, N.C., May 29, 2010.
1500	4:20.00, Rachida Asname, Abilene Christian, Cape Girardeau, Mo., May 23, 1987.
5000	16:27.69i, Yuliya Stashkiv, Abilene Christian, Fayetteville, Feb. 14, 2003.
10,000	34:07.75, Casi Florida, Abilene Christian, Philadelphia, April 25, 1996.
100H	12.71, Delloreen Ennis-London, Abilene Christian, Kingston, Jamaica, June 19, 1999.
400H	56.93, Aisha Adams, Angelo State, Charlotte, May 29, 2010.
3kSC	10:05.19, Trina Cox, Abilene Christian, Philadelphia, April 27, 2006.
4x100	44.10, Abilene Christian, Austin, April 8, 1995. (Hermin Joseph, Mary Tombiri, Amara Ezem, Revoli Campbell)
4x400	3:33.66, Abilene Christian, Charlotte, N.C., May 26, 2007. (Keva Wilkins, Kim Prather, Denise Morgan, Azraa Rounds)
HJ	6'4.75" (1.95), Maresa Cadienhead, Abilene Christian, San Angelo, May 25, 2002.
PV	13'3.5" (4.05), Angie Aguilar, Abilene Christian, Abilene, May 18, 2006; El Paso, March 31, 2007; Des Moines, April 27, 2007; 13'7" (4.14i), Angie Aguilar, Abilene Christian, Norman, Okla., Feb. 24, 2007.
LJ	21'2" (6.45), Carla Seldon, Angelo State, Cape Girardeau, Mo., May 26, 1984.
TJ	44'0.75" (13.43), Amanda Ouedraogo, Abilene Christian, Pueblo, Colo., May 23, 2013.
SP	52'10" (16.10), Adree Lakey, Angelo State, San Angelo, May 22, 2009.
DT	177'11" (54.22), Monique Kuenen, Abilene Christian, Abilene, March 22, 1997.
HT	184'4" (56.18), Adree Lakey, Angelo State, Charlotte, N.C., May 24, 2007.
JT	184'6" (56.25), Linda Brivule, Abilene Christian, Austin, April 4, 2009.
Hep	5,795w, Aisha Adams, Angelo State, Austin, March 31-April 1, 2010. (13.80w, 1.77, 11.10, 24.48w [3485w] 6.23w, 35.09, 2:20.53)

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100	11.46, Mary Tombiri, Abilene Christian, Commerce, April 20, 1996.
200	22.97, Tracey Barnes, Abilene Christian, Abilene, April 17, 1999.
400	51.35, Tracey Barnes, Abilene Christian, Abilene, April 17, 1999.
800	2:09.58, Karen Vann, Abilene Christian, Commerce, April 20, 1996.
1500	4:29.89, Karen Vann, Abilene Christian, Commerce, April 20, 1996.
5000	17:26.83, Andrea Ratkovic, Texas A&M-Kingsville, Commerce, April 25, 1987.
10,000	35:53.86, Cindy Farris, Angelo State, Abilene, April 16, 1999.
100H	13.10, Delloreen Ennis-London, Abilene Christian, Abilene, April 17, 1999.
400H	58.64, Aisha Adams, Abilene Christian, San Angelo, May 9, 2010.
3kSC	10:43.99, Trina Cox, Abilene Christian, San Angelo, April 22, 2005.
4x100	44.55, Abilene Christian, Abilene, April 17, 1999. (Delloreen Ennis-London, Louise Ayetotche, Juanita Robertson, Tracey Barnes)
4x400	3:41.71, Abilene Christian, Stephenville, April 22, 2006. (Mary Mwangi, Keva Wilkins, Brooklyn Hunt, Azraa Rounds)
HJ	6'1.25" (1.86), Mazel Thomas, Abilene Christian, Abilene, April 28, 1988.
PV	13'1.75" (4.01), Val Gorter, Abilene Christian, Kingsville, May 8, 2004.
LJ	20'10.75" (6.37), Dawnyel Newhouse, Abilene Christian, Kingsville, April 17, 1998.
TJ	42'11" (13.08), Kearah Danville, Angelo State, Canyon, May 3, 2013.
SP	51'10.5" (15.81), Adree Lakey, Angelo State, Kingsville, May 8, 2009.
DT	175'0" (53.34), Culley Dawson, Angelo State, Kingsville, May 9, 2009.
HT	175'9" (53.58), Shalania Lakey, Abilene Christian, Canyon, May 3, 2013.
JT	162'11" (49.65), Linda Brivule, Abilene Christian, Abilene, May 4, 2008.
Hep	5,373w, Chrystal Ruiz, Angelo State, San Angelo, May 7-8, 2010. (14.08, 1.69, 10.23, 24.97w [3244w] 5.81, 28.68, 2:15.57)

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