



# LONE STAR CONFERENCE CROSS COUNTRY

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### LSC CROSS COUNTRY RUNNERS OF THE WEEK

#### MALE

**Thomas Toth, Cameron University, JR, Lakefield, Ontario, Lakefield District Secondary**

Toth ran the third quickest time for a 8K race in Cameron history en route to a fourth place finish at the Southern Stampede in Joplin, Mo. last weekend with a time of 24:51.00. Toth's time was quicker than the entire Oklahoma and Tulsa squads who competed at the event as well. In both events this season he has placed fourth for the Aggies.

#### FEMALE

**Mireia Guarner, West Texas A&M University, SO, Catalonia, Spain, Collegi Diocesa` Sagrada Familia**

Guarner led the Lady Buffs to a fifth-place finish at the WTAMU Buffalo Stampede. She came in third overall with a time of 23:03.15 in the 6K, less than one second behind second-place.

### OTHER TOP RUNNERS

Hugo Aquinaga, West Texas A&M University, crossed the line first for WT at 21st overall with a time of 27:34.23 in the 2013 WTAMU Buffalo Stampede 8K.

Justin Samaniego, Eastern New Mexico University, turned in a sixth-place performance in the 8K run at the West Texas A&M Buffalo Stampede. He ran a season-best 26:29.40, to lift ENMU to a fourth-place finish.

Ashley Flores, Midwestern State University, paced 18th-ranked MSU to its second meet win of the season Saturday at the West Texas A&M Stampede. The senior front runner from Haltom covered the 6K course in 23:09.42 to claim a fourth-place showing in her first try at the championship distance this season.

Alesha Jones, Eastern New Mexico University, registered an eighth-place performance for the Zias at the West Texas A&M Buffalo Stampede. She finished with a time of 23:24.63 and lifted Eastern to a third-place finish.

### LSC CROSS COUNTRY NOTES (Submitted by LSC SID's)

#### Angelo State

#### Cameron

The Cameron University cross country team continued to impress with having five runners finish an eight kilometer race under 27 minutes for the first time in program history at the Southern Stampede. Cameron finished the race in 10th place with 213 points running a team time of 2:11:05.49. Thomas Toth led the Aggies with a fourth place finish, running the 8000m race at 24:51. His time was third on the CU all-time list. Janis Pastars came away with a 28th place finish (25:54.18), Cody Campbell placed 66th (26:37.86), and Kilian Schreiner in his first race finished in 75th (26:46.96). Steve Orwell came away with an 86th place finish, while Methuselah Lagat placed 92nd. Rounding out the Aggie group was Cole Atchison who finished 149th and Antonio Moreno placing 153rd. The Aggies will travel to Stillwater for the Oklahoma State Jamboree on Sept. 28.

#### Eastern New Mexico

The Eastern New Mexico University cross country teams turned in strong performances at the West Texas A&M Buffalo Stampede. Alesha Jones and Amber Saiz opened the season strong and paced the Zias to a third-place finish in the 6k run. The duo placed eighth and ninth respectively, with times of 23:24.63 and 23:30.15. Five Greyhounds registered their top 8k of the season, paced by Justin Samaniego's sixth-

place finish at 26:29.40. The performance lifted the men's team to a fourth-place finish. The Eastern New Mexico University cross country teams will return to action on Saturday, October 5th, for the South Plains College Invitational.

#### Midwestern State

Midwestern State claimed its second team meet win of the season amassing 54 points at the 6K West Texas A&M Stampede Saturday in Canyon... The Mustangs finished ahead of LSC foes Eastern New Mexico (3rd/75), Tarleton State (4th/98) and West Texas A&M (5th/99)... MSU moved ahead two spots to No. 16 in the USTFCCA Division II Poll and climbed to fifth in the South Central Region... Midwestern competes at the Oklahoma State Cowboy Jamboree Saturday in Stillwater. The Mustangs face a competitive field in the University Division which includes Abilene Christian, Drury, Furman, Incarnate Word, Kentucky, Missouri State, Northern Arizona, Oklahoma Christian, Oklahoma State, Oral Roberts, Southwestern Oklahoma, Stephen F. Austin, Texas Tech, Texas Wesleyan, Texas-Arlington and Tulsa...

#### Tarleton State

#### Texas A&M-Commerce

#### Texas A&M-Kingsville

#### West Texas A&M

The West Texas A&M men's and women's cross country teams hosted the WTAMU Buffalo Stampede on The Range, WT's new on-campus cross country course, last Saturday in Canyon, Texas. The event featured an 8K on the men's side and a 6K for the women. The Buffs rested their top-10 runners in the event. They completed the day with a total team time of 2:21:49.87 and 136 total points for sixth place. Their average time per runner was 28:21.98. Senior Hugo Aquinaga crossed the line first for WT at 21st overall with a time of 27:34.23. Freshman Matthew Schleder finished next for the Buffs at 23rd with a time of 28:01.47. The Lady Buffs finished with 99 points overall and boasted a total team time of 1:59:49.73. Their average time per runner was 23:57.95. Sophomore Mireia Guarner came in third overall with a time of 23:03.15, less than one second behind second-place. Junior Emma Love completed the run in 11th place, crossing the line at 23:31.14. The Lady Buffs had seven runners finish in the top-40. WT will return to action on Saturday, October 5th when it travels to Fayetteville, Ark. to compete in the 2013 Chili Pepper Cross Country Festival.

### THIS WEEK'S SCHEDULE

**Friday, September 27, 2013**

Texas A&M-Kingsville at Islander Splash

**Saturday, September 28, 2013**

Cameron at Oklahoma State Cowboy Jamboree  
Midwestern State at Oklahoma State Cowboy Jamboree  
A&M-Commerce at Oklahoma State Cowboy Jamboree  
Angelo State at Hardin-Simmons University

### WEEKLY AWARDS

#### Male Runner

S-12 Thomas Toth, CU  
S-19 Dorian McCradic, A&M-C  
S-26 Thomas Toth, CU

#### Female Runner

S-12 Gabby Ruiz, MSU  
S-19 Terra Truitt, A&M-C  
S-26 Mireia Guarner, WTAMU



October 26, 2013 | Portales, NM

